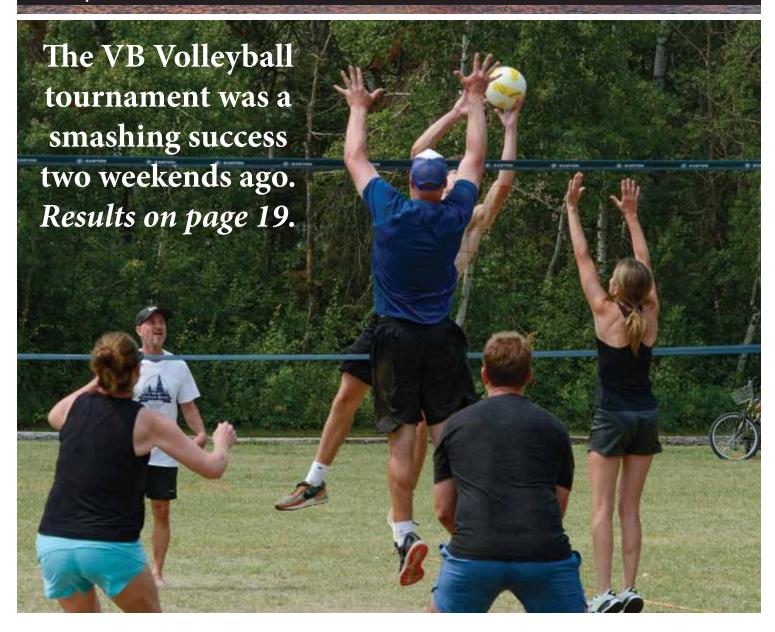
Victoria Beach THE REAL TO THE PROPERTY OF TH

98thyear • Issue No. 7

A non-profit service of the Victoria Beach Club

Friday, August 4, 2023



VICTORIA BEACH CLUB SPECIAL ACTIVITIES 2023								
ACTIVITY	DATE	TIME	LOCATION	CONVENOR				
Karaoke Night Senior Tennis Tournament VB Club Raffle	Fri., Aug 4 Aug 4 - 7 All Day Sat., Aug 5	7:00 PM 6:00 PM Friday 10:00 AM - 4:00 PM	Clubhouse Tennis Courts Village Green	Jane & Jon Manness John Heppensstall & John Blair Suzy Blunderfield & Shannon Bowden				
VB Art Show VB Kids Soccer Tourn (ages 8-14)	Sun., Aug 6 Sun., Aug 6	11:00 AM - 4:00 PM 9:00 AM	Clubhouse Sports Field	Dianne Cameron & James Culleton Sergio & Andy Almeida				

Walk for Water: Focus on the McDonald Family

Each summer, the Victoria Beach Walk for Water team of Lake Winnipeg Foundation highlights a local family that has shown long-term commitment the annual Walk. We need a rather large spotlight to capture this year's family-well, more like a Klieg light-those Hollywood high beams that swirl around the sky to let you know that there's a big event shaking. Into our spotlight is the McDonald Family, long-time summer residents, where three generations Walk for Water each year, as well as contributing so much more.

Let's back up the story to the founding generation, Bill and Deanne McDonald. Way back in 1980, they had the great joy of watching their three small children scamper on the beach and splash in the water. Appreciation for all the community had to offer led Bill to serve as president of the Victoria Beach Community Club, which then as now is a big and comprehensive commitment. This led to Bill, an engineer by profession, to being voted in as what was then called 'Reeve' [now mayor] of the Rural Municipality of Victoria Beach. Then as now, local issues were numerous, varied and complex but one challenge came to dominate: drinking water. The VB municipal water system had been established in a simpler time, with standards and volumes that were now outdated. Water quality came into much sharper focus when it became clear that the water of Lake Winnipeg was changing, and not for the better. Bill's legacy is taking the lead in the creation of a new, safe municipal water system that serves the RMVB to this day.

What Bill McDonald learned about the many challenges of Lake Winnipeg's water translated into his appointment as a long-serving and valued member of the Board of Lake Winnipeg Foundation in 2014. Meanwhile Deanne McDonald, freed of the intensity of getting kids to swimming lessons and games and rec jobs, immediately stepped into co-leading the Victoria Beach team for Walk for Water, with friend Sandy McCaig. This activity re-starts literally the day of the Walk, with assessing and planning, note-taking and recruiting for the next year. Somehow, they schemed to keep us safe during Covid, while still facilitating what is Lake Winnipeg Foundation's signature community event for the east side of our troubled lake.

Bill walks in the event every year, now accompanied by a grandchild or two. He still enjoys an hour of his 'quiet time' on the beach. Who doesn't?

And now son Scott McDonald has created another huge signature event for LWF, Bike to the Beach! A lifelong athlete, Scott took up cycling in a big way with a European Grand Fondo (Big Race) in 2019. Could that be something that Lake Winnipeg Foundation could get behind locally? With a little trepidation, the LWF Board and exec said, hmm, ok, let's try it! Fast-forward, once again through those challenging Covid times that struck for the 'founders' ride' of Bike to the Beach in the summer of 2020. Scott gathered support from local family foundations which strongly believe in the helping





the lake, spliced into the 'Eight at the Gate' crowd and pulled off a very successful inaugural event with about 40 gnarly bike riders. And now, in 2023, Scott and sister Jane will ride proudly with a contingent of between 60 and 70 committed riders who will tackle the awesome challenge of literally biking from Winnipeg to Victoria Beach while raising amazing financial support for the activities of Lake Winnipeg Foundation.

And who is there to attend to assist with some of the many details of pulling off this complex challenge? Scott's family, especially Deanne and Bill, who know and understand how important the lake is to Victoria Beach, and to the one agency fully dedicated to the health of the lake, Lake Winnipeg Foundation.

Please join us in the family-friendly Walk for Water in Victoria Beach on Sunday August 13, 2023. Hope to see you there to show your support for the lake we all love. The Walk is about 2.5 kms., and is kid and dog friendly. Please check in at 9:30 am at the Art Vincent stage, and the Walk begins at 10:00. With the bikers heading out two days before, on Friday August 11, we could also call it the 'Weekend for Water'.

We encourage you to follow Deanne and Bill's example, and support the following local LWF events:

Bid for Lake Winnipeg Art Auction: July 14 – Aug 13, 2023

Art displayed in various locations at VB, Albert Beach and Grand Beach

Bike to the Beach: August 11, 2023

Cheer on this determined group of cyclists who will pedal from Winnipeg to Victoria Beach raising funds for a healthy Lake Winnipeg!

Walk for Water: August 13, 2023, 10:00am, VB Village Green Join us at our annual fundraising walk – all ages!

For more info:

lakewinnipegfoundation.org Janet Sampson (204) 756-8276 Brenda Hearson (204) 792-6186



Pin Up For Reference

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VICTORIA BEACH CLUB

2023 SUMMER ACTIVITIES

Membership wristbands are required at all activities. Follow us for changes/updates on Instagram & Facebook

ΑU	GUS	ST			2023		
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Mairen Kops

Julie McPetrie

Julie McPetrie

Julie McPetrie

Tennis Court Attendants

REGULAR ACTIVITIES

Rec. Assistants

KIDS ACTIVITIES (All Ages)

Kids Games: (Village Green & Sports Field)

Family Games:

(Sports Field) Arts & Crafts:

Bike Hikes:

(Leaves from Clubhouse)

Golf Lessons:

(Clubhouse)

OTHER ACTIVITIES

Duplicate Bridge:

(*Various dates/locations)

LIBRARY HOURS:

(Clubhouse) **Art Thursdays:**

Mon. & Wed. 9:00 AM-Noon, 7:00-8:00 PM

Tues. Thurs. Fri. & Sun. 10:00 AM-Noon, 6:00-8:00 PM Sat. 10:00 AM-Noon

Mon. 6:30 PM

Mon. & Fri. 10:00-11:00 AM

Mon. Wed. & Fri. 7:30-8:30 PM

Wed. 10:00 AM-Noon (ages 7+)

Tues. 10:00-10:45 AM (ages 6-11)

Thurs. 5:30 PM (ages 12-16)

Tues. drop in between 12:00-2:00 PM

Thurs. 12:00-3:00 PM Barb Pritchard *Other fees may apply

Peggy Ansons & Sally Lawler

Library Assistants

(Sports Field)

(VB Golf Course)

FITNESS ACTIVITIES

Yoga (Adults & Teens): (Clubhouse)

Mon. Wed. & Fri. 9:00-10:00 AM, 10:15-11:00 AM

Tues. & Thurs. 9:00-10:00 AM

Power Hour: (Memorial Stage or Clubhouse *weather dependent)

Strength & Stretch: Tues. & Thurs. 10:15-11:00 AM

(Memorial Stage or Clubhouse *weather dependent)

Boot Camp: Mon. Wed. & Fri. 9:00-10:00 AM

(Memorial Stage or in front of VB Store)

TENNIS COURT ACTIVITIES

Family Tennis:

Youth Tennis Lessons: Ages 5-6 Wed. 11:30 AM-12:15 PM & Fri. 12:30-1:15 PM

Tues. & Thurs. 1:00-2:00 PM

Ages 10 & over Mon. 12:30-1:30 PM & Thurs. 2:00-3:00 PM

Junior Tennis Nights: Mon. & Wed. 6:00-7:30 PM

Adult Tennis Round Robin: Mon. & Fri. (Register) 10:45 AM (Play) 11:00 AM -12:30 PM Adult GVS:

Tues. Thurs. & Sat. 11:30 AM-1:00 PM (except July 1 & 8) Tues. & Thurs. July 6:15-7:15 PM / August 6:00-7:00 PM

10 & Under GVS: Tues. & Thurs. July 6:15-7:15 PM / August 6:00-7:00 PM

ACTIVITY	DATE	TIME	LOCATION	CONVENOR
VB Membership Blitz	Sat., July 1	10:00 AM - 1:00 PM	Parking Lot	Yvette Wilson
Summer Celebration Tennis Social	Sat., July 1	8:00 PM	Clubhouse	Joe & Dawn Cyr
Swim Registration	Sun., July 2	10:00 AM - Noon	Clubhouse	Lindsay & Dave Proteau
Beach Events	Sun., July 2	12:00 PM - 2:00 PM	Clubhouse Beach	Andrew Kaul
Big VB Clean Up	Sun., July 2	All Day	Community	Barb Pritchard, Grayce Dubé & Julie McPetrie
Kirbyson Doubles Tennis Clinic	Tues., July 4	2:00-3:30 PM Junior / 3:30-5 PM Adult	Tennis Courts	Geoff Kirbyson
Teen Kickoff to Summer	Wed., July 5	9:30 PM	Clubhouse	Rec Staff
Mega GVS	Sat., July 8	11:00 AM - 1:00 PM	Tennis Courts	Tennis Staff
Book Sale	Sun., July 9	1:00 PM - 3:30 PM	Clubhouse	Library Staff & Families
Soccer Tournament 15+	Sun., July 9	9:30 AM Registration	Sports Field	TBD
Sandcastle Building Contest	Sun., July 9	10:00 AM - Noon	Clubhouse Beach	TBD
Robert Kennedy Singles Tennis Clinic	Mon., July 10	2:00 PM - 4:30 PM	Tennis Courts	Robert Kennedy
Kirbyson Doubles Tennis Clinic	Tues., July 11	2:00-3:30 PM Junior / 3:30-5 PM Adult	Tennis Courts	Geoff Kirbyson
Junior Golf Tournament	Wed., July 12	9:00 AM	Golf Course	Catherine Delaguis & Jon Manness
Girl's Tennis Day	Thurs., July 13	3:00 PM - 5:15 PM	Tennis Courts	Ainsley Clayton
Teen Movie Night	Thurs., July 13	9:30 PM	Clubhouse	Rec Staff
Bike Races	Sat., July 15	10:00 AM	Sports Field	SvIvia Furtado & Laura Hilland
Adult Bike Jam	Sat., July 15	6:30 PM	Village Green	Stephen Carroll, Sylvia Furtado, Jamie Hilland & Aileen Hunt
Masters Tennis Tournament	Fri Sun., July 14 - 16	6PM Fri., All Day Sat & Sun.	Tennis Courts	Gavin Adamson, Geoff Kirbyson & Maureen Walker
Children's Masquerade	Sun., July 16	10:00 AM - Noon	Art Vincent Memorial Stage	Dawson Family
VBCOA AGM	Sun., July 16	11:00 AM - 2:00 PM	Clubhouse	VBCOA
Ladies Movie Night	Wed., July 19	6:30 PM	Clubhouse	Rachelle Schott
Teen Movie Night	Thurs., July 20	9:30 PM	Clubhouse	Rec Staff
		TBD		
Men's Golf Tournament	Fri., July 21		Golf Course	Karl Hutchison
Sports Day	Sat., July 22	10:00 AM - Noon	Sports Field	TBD
Kids Fishing Derby	Sun., July 23	9:00 AM - 11:00 AM	Pier	Pat Yarnell & Tanis Knowles
Volleyball Tournament	Sun., July 23	9:00 AM Registration	Sports Field	Mike Lesiuk
Robert Kennedy Adult Singles Clinic	Mon., July 24	2:00 PM - 4:30 PM	Tennis Courts	Robert Kennedy
Junior Tennis Tournament	Wed Thurs., July 26 - 27	All Day	Tennis Courts	Vinh Nguyen, Daryn West, Mike Bru, Mike Lesiuk, Jenny Hasenack & Meaghan and Anders Strom
Ladies Golf Tournament	Wed., July 26	All Day	VB Golf Course	Patti Ulrich
Teen Scavenger Hunt	Thurs., July 27	9:30 PM	Clubhouse	Rec Staff
Trivia Night	Fri., July 28	7:00 PM	Clubhouse	Andrika Tittenberger
Kids' Bike Jam	Sat., July 29	10:30 AM - Noon	Village Green	Catherine Delaquis & Maggie Bonnetta
30+ Dance	Sat., July 29	7:30 PM	Clubhouse	Suzy Blunderfield
Swim Races	Sun., July 30	9:30 AM Registration Opens	Clubhouse Beach	Swim Instructors
Teen Movie Night	Thurs., Aug 3	9:30 PM	Clubhouse	Rec Staff
Karaoke Night	Fri., Aug 4	7:00 PM	Clubhouse	Jane & Jon Manness
Senior Tennis Tournament	Fri Mon., Aug 4 - 7	All Day (Starts 6:00 PM Friday)	Tennis Courts	John Heppensstall & John Blair
VB Club Raffle	Sat., Aug 5	10:00 AM - 4:00 PM	Village Green	Suzy Blunderfield & Shannon Bowden
VB Art Show	Sun., Aug 6	11:00 AM - 4:00 PM	Clubhouse	Dianne Cameron & James Culleton
VB Kids Soccer Tournament (ages 8-14)	Sun., Aug 6	9:00 AM Registration	Sports Field	Sergio & Andy Almeida
Kirbyson Doubles Tennis Clinic	Tues., Aug 8	2:00-3:30 PM Junior / 3:30-5 PM Adult	Tennis Courts	Geoff Kirbyson
Robert Kennedy Rogers Tennis Tournament	Wed., Aug 9	2:00 PM - 5:00 PM	Tennis Courts	Robert Kennedy
Duplicate Bridge Tournament	Wed., Aug 9	6:30 PM	Clubhouse	Mary McIntosh & Helen Forrest
Teen Farewell to Summer	Thurs., Aug 10	9:30 PM	Clubhouse	Rec Staff
LWF Bike to the Beach	Fri., Aug 11	12:00 PM	Village Green	Scott McDonald & volunteers
Volunteer Appreciation Night	Fri., Aug 11	7:00 PM - 9:00 PM	Clubhouse	Doug Stewart
Cross Country Run	Sat., Aug 12	9:00 AM Registration	Clubhouse	Johnson & Wiebe Family
Dog Show	Sat., Aug 12	11:00 AM Registration	Village Green	Barb Hansford, Paul Infuso, Trish Nesbitt & Al Keith
Novelty Tennis Tournament	Sat Sun., Aug 12 - 13	All Day	Tennis Courts	Brad Nechwediuk, Gavin Adamson & Stino Siragusa
LWF Walk For Water	Sun., Aug 13	10:00 AM	Art Vincent Memorial Stage	Brenda Hearson, Janet Sampson & VB Walk for Water Committee
VB Annual Meeting	Sun., Aug 13	1:00 PM-3:00 PM	Clubhouse	Heather Turzak
55+ Golf Tournament	Mon., Sept 11	All Day	Golf Course	Stuart Mcpherson

Victoria Beach Club BOARD

PAST PRESIDENT Suzy Blunderfield

PRESIDENT Heather Turzak (204) 509-6164

VICE PRESIDENT Liz Kaye 204-588-7498

> SECRETARY Doug Stewart (204) 612-5556

TREASURER Dave Wilson 756-2757

DIRECTOR AT LARGE Shannon Bowden

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SWIMMING Lindsay & Dave Proteau victoriabeachswimming@gmail.com

> TENNIS Barbara Hientzsch Alice Russell Allan Morrish

VB Club Executive Message

Wow, I can't believe it's August already. July has blown by as usual. I hope that you and your family have enjoyed the summer so far as much as I have and that you have had an opportunity to participate in some of the activities that the VB Club has put on.

I would like to send out a special thanks to the volunteers that make all of our VB Club activities possible. The Club truly does not work without volunteers. By way of an update from my last message, we did end up finding convenors for all of our events. So extra thanks to those people that stepped up at the last minute and helped out. As a small token of our appreciation, the Club puts on Volunteer Appreciation Night every year to thank everyone who has volunteered with the Club throughout the summer. So, if you've volunteered this summer, or even if you are thinking about volunteering next year, come down to the Clubhouse on Friday, August 11 any time after 7:00 for a drink and a snack. It's usually a really good time.

Even though it's already August, we've still got some big Club activities left to come. The Senior Tennis Tournament is going on over this August Long Weekend and the VB Club Raffle takes place at the Village Green on Saturday, August 5. There is also the Art Show at the Clubhouse and the Kids Soccer Tournament at the Sports Field on Sunday, August 6.

The event I'm most looking forward to is the second annual Karaoke Night on Friday August 4 at the Clubhouse. John and Jane Manness created this event last year and we are lucky that they have agreed to put it on again. I can tell you that last year's was an absolute blast and the amount of talent (and lack of talent) on display is truly amazing.

Enjoy the rest of summer, it's not over yet.

Doug Stewart VB Club Secretary

VB Police Update

As I'm writing this article on July 26th it appears as though our Fishy Fly friends have just had another hatch. It was like rain on the windshield as I drove down the cause way (Hwy 59) after dark.

Police have been getting complaints about people putting up tents on the beaches. BY-LAW 1609-Regulate Use of Public Property, states:

(6) The use and/or installation of tents or other temporary or permanent shelters, including camping activities, on public property including on any beach within the Municipality shall be prohibited;

Please do not erect tents or wood shelters on the beaches in the RM of Victoria Beach.

Next...Dogs on the beach....BY-LAW 1581. I have

been asked numerous times if there is a dog beach in the RM of Victoria Beach, the answer is not at the present time. REMEMBER you can only take your dog to the beach after 8:00 PM and before 10:00 AM and when you do take your dog to the beach they must be on a leash. This is until after Labour Day when the hours change, but please keep you dogs on a leash.

The weather has been great, Enjoy the summer. Thanks

Kevin Pawl Chief of Police

Victoria Beach Police Service

About the Victoria Beach Herald

One of the longest continuously publishing community newspapers in Canada, now in our 98th year, the Victoria Beach Herald is a service of the Victoria Beach Club. The Herald prints nine issues each summer on Fridays from Late June to mid-August. The Herald welcomes submissions from readers focused on family events, beach happenings, community issues, etc. Letters to the Editor are always welcome: they must be signed with the author's name and be written with the understanding that many people read the Herald, including young people.

Submissions should be sent via email to vbherald@shaw.ca. Submission deadline is 4PM Fridays with the exception of VB Club event convenor submissions for events occurring on weakends.

The Herald can be found in bright orange VB Herald boxes throughout the community. Digital issues of the Herald can be found on the VB Club website or by scanning the QR Code. Please also visit and subscribe to the VB Herald Facebook @vbherald and Instagram @victoriabeachherald.



Victoria Beach HERALD August 4, 2023 5

Council News

Council would like to thank those of you who took time to attend the Zoning By-Law Public Open House on July 29th at the Social Scene. Your input is important on this vital piece of legislation that governs land use and development in our municipality. We will keep you apprised of next steps as we work with our experts from Landmark Planning and our residents, to keep this by-law moving forward. While many residents generally want things to stay the same, we also have to appreciate that some changes need to be made as well. Thanks again for your input and continued interest in this by-law.

Did you get the messages from the RM on July 26 advising you of a tornadowatch/warningthat thankfully did not impact our community? If you didn't get those messages by phone, text or by email you must not be on VB Connect, our emergency/communication system. If you are on VB Connect and didn't get the messages, please go into VB Connect and update your information or contact our municipal office if you need assistance. Please go to our website at https://victoriabeach.ca/ and scroll down the home page to the VB Connect box. Click on the box and fill in your information using your VB address. Tornados, fires and floods are our biggest threats so please be prepared when you receive our warnings. Take the time to download and print off the Family Emergency Plans on our website. Use the QR Code beside this article or type in the following address: https://victoriabeach.ca/Home/DownloadDocument?docId=19fbc587-5ec0-4ea6-b1d5-688532370f97.

We get comments every summer about too many vehicles in the vehicle restricted area. We restrict vehicles but we are certainly not

vehicle free in the VRA. Contractors and service providers generally don't come into the VRA, or other areas in the municipality, looking for work, they are here because we ask them to come in and do something for us. Remember that there are taxis, Public Works, Fire, Police and CSO vehicles, septic trucks, delivery and contractor vehicles that are making a living coming into the community. Please consider if the work you need done can happen before or after the busy summer season. And please slow down, you're at the Beach - be aware of vehicles and obey traffic signs – for everyone's safety. A reminder that contractors are allowed in to the VRA starting at 8 am and must be out of the area by 7 pm.

Please note our next Council Meeting is at the EB Social Scene on Tuesday, August 22 at 4:30 pm. Residents are encouraged to attend. Delegations can present to Council by registering with the CAO a minimum of 7 days prior to a Council Meeting and providing an outline of their discussion topic.

Enjoy the August long weekend – it's the busiest weekend of the summer and as always, there is no shortage of activities to keep you occupied.

RMVB Council







Let me help make your financial game plan a winning strategy!

- Take your financial planning experience from typical to optimal
- Create a living plan that shows you where you are and what you need to do to achieve your goals
- Ace your cottage succession planning

Come find me in VB and present this coupon for a free can of Wilson US Open Tennis Balls

Kevin McIntyre B.A. RRC, CFP Division Manager Investors Group Financial Services Inc. (204) 999-1997 24 Mike Bay kevin.mcintyre@ig.ca



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 $oldsymbol{6}_{August}$ Victoria Beach HERALD

The VB Club Raffle is THIS Saturday, August 5!

Make time on Saturday, August 5th to come down to the Village Green to admire our fantastic prizes and purchase tickets from 10:00am till 4:00pm. Our famous "VB Extravaganza" is back, along with the tower of games, a beer fridge, cruiser bike, paddleboard and so many other prizes that are perfect for cottage life.

Draw is at 4:00pm sharp and as long as we have your contact info, we will find you! At draw time, please answer your phone and pick up your prize promptly as we have nowhere to store them.

This is the major fundraiser for the Club so we are relying on our Victoria Beach community to come out and support us! ALL proceeds go towards funding the VB Club activities that we all enjoy.

We thank everyone who generously donated funds that went towards purchasing all the amazing prizes!

Thanks in advance for your support and see you on Saturday, August 5th.

Your raffle conveners:

Suzy Blunderfield and Shannon Bowden

THANK YOU SO MUCH TO OUR RAFFLE PRIZE SPONSORS!

Allan Morrish
Andrew Stelmack
Audrey Bennigen
Chris Ford
Darcey Cameron &
Gord Poulton
Dawn Kirbyson
Duncan & Judy Jessiman
Eleanor & Harvey Cramp
Gord & Pamela Beazley
Heather Jessiman
Holly & Cory Chernick
Leslie Sarchuk

John & Hedy Heppenstall
Judy & Phillip Klassen
Kae & Perry Edwards
Keri Wersh
Kevin McIntyre
Kim Powell –
Rock Star Jewelry
Kristie Pearson &
Doug Pollard
Sophie McGoey
TENTEN Kitchens
Trish Nesbitt & Paul Infuso
VB Parking Lot

Cross Country Run

One of the last events on the calendar so you have had all summer to train! We have run this event for a zillion years and are ready to pass the torch – if you are interested in running this illustrious event and want some guidance as to how we do it – let us know!

Date: Saturday August 12th

Time: 9:00 am Registration at the clubhouse

If you have a trophy, please bring it to the race or drop off at the Johnson cottage - 309 3rd avenue

Looking forward to VB's own Chariots of Fire!

Cheers - Grace, Shannon + Paul





Beaches Community Centre August NEWS!

Join us on SATURDAY August 5th for...

- The BIGGEST Market of the Season from 10am till 1:00pm
- Merry Makers and BCC Artisan Sale indoors
- The East Beaches Best Breakfast served 9am till noon

Looking to Get Fit? Join us to build a Fitness Centre!

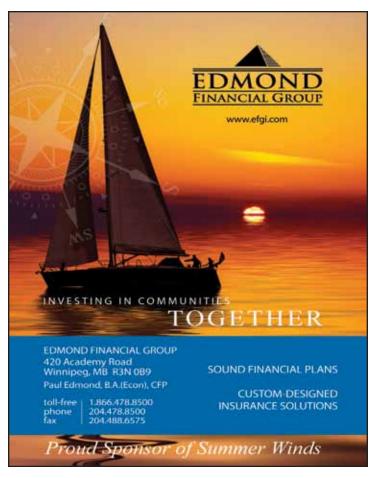
Picture a quality, modern fitness facility, complete with showers, lockers, and wheelchair access right outside the VB Gates! Beaches is starting on a capital campaign to raise \$270,000 to create an opportunity for a matching grant to fund the building expansion and facility construction. If you are interested in supporting this community initiative, please contact John Heppenstall at johnheppenstall204@gmail.com. Check: Beachescc.ca/capital-campaign for details. All donations are eligible for a CRA tax receipt.

More Happening in August at Beaches

- Indoor Pickleball most days check website for times
- Glow pickleball -Aug 24
- Yoga with Rhonda Thursdays at 10:00am

Check out Beachesc..ca for details on everything Beaches! Beaches CC is located on Hwy 59 about 1/2 mile before the VB Gates. Come Grow With Us!

John Heppenstall



Victoria Beach HERALD

August 4, 2023

Derby News - Highlights from the VB Fishing Derby











Sunday July 23rd was not too hot, not too cold, and very light winds - a perfect day for a little pier fishing, but somebody forgot to tell the fish!

Fifteen minutes in we had a bunch of activity at both ends of the pier, and a tie for First Fish, with others right behind. The bite cooled somewhat in the 2nd hour. While last year's winner of Most Fish had 8, nobody managed to land more than 2 fish this year and was a 5-way tie. This year's derby saw 33 kids catch a total of 16 fish, which is a relatively quiet ratio.



Winners of First Fish at 9:14 were: Jacob F. (age 10) – 14.5" drum Carter M. (age 12) – 11" pickerel

Winner of the biggest fish (the fish was about as big as Milo, who was among our youngest fishers!):

Milo K. (age 3) – 22.5" pickerel

The hotly contested award for smallest fish (we had to stop others from using it for bait!) goes to:

Logan N. (age 11) - 6" pickerel

Winners of Most Fish were:

Milo K. (age 3), Zachary C. (age 5), Will T. (age 5), Levi R. (age 10), Carter M. (age 12)

If there were a prize for the ugliest fish, it would've gone to Levi's bullhead catfish. If there were a prize for the biggest jackfish to break a line, it would've gone to Ben D. Other than the jack/pike that got away, we had a smattering of the usual species, with pickerel (walleye, including sauger) out-pacing perch this year for most common.

After the horn sounded and all the rigs were reeled in, we met for prizes. Big thanks to the Village Green Bakery and Beachstickers for classing-up the draw prizes with their generous contributions of mugs, shirts, and more. Special thanks also to Wayne and Liz Alsip of Alsip's Building Products & Services for renewing their tradition of sponsoring an ice cream cone for every participant in the derby, and to the Moonlight Inn for scooping all those cones. Alex, Katie, Kal, and Emma were the Rec Staff who helped with setup bright and early, got the fish measured and kept the tunes pumping – thanks to them too!

Great to see the pier busy for the fishing derby - for every kid participating, we probably had a couple of parents and grandparents cheering them on. Thanks to all for managing it without falling in or hooking a friend!

CONTINUED ON NEXT PAGE





Victoria Beach HERALD

DERBY NEWS CONTINUED



2023 Kids Fishing Derby Participants:

Particip	ants:
Nathaniel B.	8 yrs
Olivia P.	8 yrs
Nash G.	5 yrs
Jacob F.	10 yrs
Leo	3 yrs
Logan N.	11 yrs
Declan M.	12 yrs
Ben D.	12 yrs
Milo K.	3 yrs
Abby F.	12 yrs
Miles W.	12 yrs
Stella W.	9 yrs
Nakoma A.	10 yrs
Zachary C.	5 yrs
Will T.	5 yrs
Ailish B.	3 yrs
Carter M.	12 yrs



River M.	6 yrs	
Eric Y.	11 yrs	
Nolan R.	8 yrs	
Levi R.	10 yrs	
Felix L.	12 yrs	
Colton S.	12 yrs	
Connor S.	9 yrs	
Chloe O.	10 yrs	
Jack S.	10 yrs	
Xavier D.	12 yrs	
Will S.	10 yrs	
Holden W.	7 yrs	
Matthew M.	9 yrs	
Sawyer B.	11 yrs	
Cole O.	16 yrs	
Clara L.	4 yrs	
See you next	year!	
Pat, Tanis,	Olivia and E	ri
Yarnell		





Victoria Beach HERALD

August 4, 2023

Eight at the Gate - Gran Fondo Gran Colazione

After a three year virus-related gap the "Gate" crew resumed our annual "Big Ride/Big Breakfast". A few riders were missed due to prior commitments, and a few who were unable to ride due to injury made it over for pancakes. Note to Graham: two big wheels are safer than four small ones. With the slightly smaller group we combined the shorter and medium rides and added an extended loop for the speedier group to chase the rest and catch us just before the "top of the hill" at Lester Beach. On our return we reconvened at Bob and Joan's for pancakes and mimosas. It was great to catch up with riders from near and far.

For more information contact Bob Marshall cell: 204 261 4292, email rmarsha@mymts.net or find us on Face Book: Eight at the Gate. You can also pick up a copy of our routes at the gate office or Village Green Bakery.









Duplicate Bridge

PLEASE NOTE: Please arrive at 6:15, game will start at 6:30 Monday evening bridge on July 24th was well attended with 34 players! Congratulations to Liz Foster & Judy Hodgson who placed first North/ South and Fran Pollard & Donna Thain who placed second North/South, Susan Flanders & Elgin Zelinski who placed first East/West and Mary

McIntosh & Rod Bollman who placed second East/West. Please bring a partner and your own beverage. Cost is \$2. See you Monday at 6:15 at the VB Clubhouse. Sally and Peggy







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Welcome back everyone - for another great summer!



























Victoria Beach HERALD

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Optimist (kids)

- Monday Friday Morning Classes from 9AM - 12PM or afternoons 1PM - 4PM
- July 3 August 18
- 6 or 8 Sailors to 2 Coaches
- · Beginner Advanced
- Ages 8 13
- Optimist Sailboats

\$200 / Person

Register Today

REGISTER ONLINE AT WWW.VBYC.CA

For inquires contact Sailing School Director & Head Coach Olivia Thompson at vbycsailinglessons@gmail.c om or 204 981 9392

CANSail

- Monday Friday Afternoon Classes from 1PM - 4PM
- July 3 August 18
- · 4 Sailors to 1 Coach
- · Beginner Advanced
- Ages 14 & Up
- Laser II (two person)
 Sailboat

\$250 / Person



INFORMATION

204 914 9528 vbycsailinglessons@gmail.com WWW.VBYC.CA



In support of a healthy Lake Winnipeg

Victoria Beach & District | Sunday, August 13 | 2.5 km

Village Green Stage | Check-in 9:30 am | Walk starts 10:00 am Paper pledge forms are available throughout Victoria Beach. Donate online using QR code or at lakewinnipegfoundation.org.



Victoria Beach HERALD

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New Swimming Race Format a Hit!

The annual Swim Races were held this last Sunday at Clubhouse Beach. The new location and the introduction of a new Family Fun Floatie Race were both very well received by the increased number of participants and the crowd gathered to cheer them on. Additionally, the introduction of prizes from our friends at Pepsi and The Village Green Bakery made the event even more enjoyable to all.

We hope these new changes bring on even more participants

The annual Swim Races were eld this last Sunday at Clubhouse even more excitement to the new Family Fun Race! - See you then!

Results: 200 Meter Open Category

1 - Erika Handregan - 2'59"

2 - Alexis Bru - 3'08"

3 - Connor Eliuk - 3'15"

Senior Men

1 - Israel Mendez - 4'11"

2 - Dan Gibson - 4'26"

3 - Rick Demetrioff - 4'39"

Senior Ladies

1 - Amanda Brown - 4'56"

2 - Jenny Hasenark-Bru - 5'15"

Youth Boys

1 - Luke Stibbard - 3'53"

2 - Stanley Strome - 4'24"

3 - Sam Becker - 4'25"

Youth Girls

1 - Helga Epp - 5'05"

2 - Natalie Becker - 5'55"

3 - Taryn Moisey - 6'45"

800 Meter Open Category

1 - Erika Handregan - 13'06"

2 - Alexis Bru - 14'11"

3 - Jordan McCombe - 16'55"

Senior Category

1 - Israel Mendez - 18'20"

Youth Category

1 - Luke Stibbard - 17'47"

2 - Sydney Stiobbard - 19'34"

VB Ladies Golf Celebrated 100 Years of Golf

With 104 golfers in attendance and well over a dozen volunteers the VB Ladies Golf Tournament was a great success. The creative costumes celebrating 100 years of VB golf were outstanding. The generosity of RMVB allowed for an amazing cake supplied by Saffies Store and served all day long by Mayor McMorris. Pamilya Bistro supplied fantastic Filipino food for everyone. The VBGC staff had the course in amazing condition and mother nature provided the best weather possible for the day. There were many raffle winners, trivia contest winners, and 50/50 draw winners.

There was some great golf played with Maureen Hancock winning the VBGC Member Low Gross at a score of 41 beating Leslie McLeod on a countback. This left Leslie Mcleod as the Flight 1 winner. Norma Purdy took home the Open Low Gross trophy with a score of 43 beating Nonnie Parisian on a countback. Flight 2 was won with a score of 48 by Laura Ateah on a countback over Dorotea Cassels. Flight 3 had Kae Edwards edging out Maggie Tagliaferri on a countback with 55 as a score. Long Drive winner was Sharon Blanchard, Peggy Maeren took home the prize for Closest to the Pin. Longest Putt was won by Jen Ash with a 26 foot putt for a birdie on Hole 4. Shortest Drive was Carolyn Eva Meadows and Closest to the Line Prize was won by Peggy Maeren.

We have amazing donors from the East Beaches area as well as the greater part of Manitoba. Please take a moment to look at our Donor List below and consider supporting each of these businesses as they support us so generously. The on-course games and Silent Auction yielded \$1300 which will be donated to our charity – The Heart and Stoke Foundation. See you all again next year. On behalf of our amazing committee; Stephanie Schulz, Melanie Charbonneau, Ruth Armstrong, Laura Ateah, Patti Ulrich. Donors for prizes were:





- Ken and Peggy Maeren
- Saffies Store
- Heart and Stroke Foundation
- Bernie and Rhonda Plett
- Plett and Associates
- Victoria Beach Yacht Club
- Anna Caron
- Pine Greenhouse
- Stephanie Schulz
- Patti Ulrich
- Beach Stickers (Rick Demitrioff)
- Village Green Bakery
- RMVB
- Mark Strople
- Grand Pines Golf
- CAA Manitoba
- Birchwood Motor Hotel
- Glenn Torgerson
- Hillside Hub Eatery and Store
- Audrey Benningen
- Allison Bloomer
- VB Parking Lot
- Carol's on Leon

- Anderson Septic
- Wayne's Backhoe
- The Cottager Magazine
- Shrugging Doctors Wine by the Willows Family
- Gordon Melnyk Puzzles
- Arlene Thurston Aloette Cosmetics
- Carmen Bewcyk Norwex
- Chris and Spice
- Dave's Letter Creations
- Golden Bay Honey
- Brooke's Garden
- Starlight Bath Company
- Mike Lodewyks
- Hand Crafted Gifts by Margaret
- Ever So Lovely Art
- Juniper Elementary
- L-Heart-L Designs
- Jen Ash
- Erin Kiyomi Art
- Stell n Pop
- Holly Glew
- Melanie Charbonneau





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Oh, what a night!! With a sold-out crowd the competition was stiff at the 2023 VB Trivia Night.

Congratulations go out to all the teams who vied for "VB's Smartest", but after a flurry of questions and a careful tallying of the scores, the top prize went to Bats in the Belfry!

Without an amazing group of volunteers, an event like this cannot happen...From ticket design, sales, bartending, snacks, prize packages and more, I must thank my volunteer crew who made the night a success. A round of applause to Eloise Lamont, Jordon Yvon-Moreau, Sharon August, Alex, Katie and the Reynolds and Tittenberger families. Of course, an enormous thank also goes to Bruce and the Rec Staff - their help and support for our VB Club events is invaluable!

For their donations of the amazing prizes: The Moonlight Inn, The Village Green Bakery, VB Store & Saffie's, VB Parking Lot, Victoria Beach Golf Course, Majella Coyne and Mark Strople – thank you, thank you, thank you! Pat Findlay and her crew who are so creative and cunning in organising and providing the Trivia questions – many thanks for coming out to VB, sharing your talents and "breaking" our brains!

The monies raised from this event go to Rosser Grosse Isle United Church and the VB Club.

Looking forward to seeing you all again next year, Andrika Trivia Night Convener











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Sports Day

























































Senior Tennis Open on for the August Long Weekend - CONTINUED NEW FORMAT

The sign-up sheets will be available on Friday morning of July 28 and removed by noon on August 2.

Tournament details on the format, rules, etc. will be posted with the sign-up sheets on Friday July 28.

**The Senior Tennis Open is scheduled to start play on Friday AUGUST 4 at 6:00pm. **

This change will allow for just the finals to be played on Monday (weather permitting). If you enter the tournament, please be aware that you may have to play a match on Friday night.

Draws for the tournament will be put up on the boards at the courts on Thursday morning August 3 and will be posted on VB tennis social media accounts. Each event will cost \$5.00 to enter and

non-VB Club members will be charged \$25 to enter the tournament. Please pay before you play your first match.

Electronic and cash payment will be accepted at the tennis Kiosk before you enter the courts.

If you are playing in multiple matches, please be prepared to play back-to-back matches.

We look forward to a great long weekend of high-level tennis competition.

Senior Tournament Committee:

John Heppenstall, John Blair, Stephen Dubienski

VICTORIA BEACH COTTAGER OWNERS ASSOCIATION (VBCOA) ANNUAL GENERAL MEETING

A huge thanks to everyone who turned up at the VBCOA Annual General Meeting on July 16th at The Clubhouse. We had almost a hundred cottage owners attend and take a couple hours out of their cherished beach time to make sure they were kept informed of things going on in the RM that could affect the lifestyle of the VRA (vehicle restricted area.) It is hard to believe that it was only a few years ago that barely twenty members turned up and the thought of mothballing the Association was contemplated. The VBCOA is clearly back and stronger than ever!

As always, great conversations and discussions were had and meetings like this remind us that when we get together as a group it is always very constructive, as we have such a large pool of people and experience to draw from for both insight and solutions.

We had various presentations – one on the ongoing accessibility issues and positive developments in that area, one on having a safety plan in place in case of a natural disaster such as a forest fire, as well as the newly proposed subdivision in the RM that poses issues as it appears to encroach the VRA and could possibly affect some VRA property owners off of Ateah Rd. As well, we reminded everyone to pay attention to the new Zoning By-law being proposed that can dramatically affect not only the interior of the VRA but the shorelines within it as well. We strongly encourage our members – and all members of the community – to attend the Open House at the Beaches Social Scene on July 29th from 1:00-3:30 to see what is being proposed and have any of your questions or concerns answered.

Finally, all of the Executive Board agreed to stay on and were re-elected, with Sean and Blake Taylor now sharing the President role.

If you are a cottage owner in VRA or are a spouse, legal age child or grandchild of the owner, you can be a VBCOA member. (The owner(s) is designated as a voting member(s) – able to vote on certain issues — and the others are designated as Associate members. Associate members cannot vote on certain issues but are able to be a part of all discussions and have a voice.) You can learn more about us at our website www.vbcoa.ca . As well, all members can be a part of our private Facebook page by requesting



access and answering the questions to join. If you want to be on our mailing list for when important issues arise, reach out to us at vbcoaexec@gmail.com with your name and VB address.

See you next year and have a wonderful rest of the summer in our special place!

VBCOA Executive



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2023 Volleyball Tournament Results

The 2023 VB volleyball tourney had great participation as twelve teams jumped, bumped and dove around the courts at the sports field on July 23rd.

The amazing skills, efforts full and sportsmanship that demonstrated was during the event was truly impressive. Spectators treated to plenty of action and many ooh's and aah's were heard over the 6 hours of play.

The winners of each division were:

Recreation
Division: Block Party
- Kim Willoughby,
Abbie Straus, Caitlin
Straus, Jeremie
Kuypers, Maddy
Kuypers, Anders
Strome, San Strome,

Ryler Rosenblat

C o m p e t i t i v e
Division Winners:
Bloody Knees –
Nancy McCartney,
Glenn Hollins,
Beza Geddert,
Lucas Robertson,
Aaron Geddert and
Dewayne Osborn.

Thanks to all the fans that came out to cheer on and support the players. A huge thanks goes to Duane Lucht for setting up the nets and helping work the draw sheet all day long and to the Recreation Staff for all of their assistance.

PS. Trophies from the previous years are missing. If anyone knows the whereabouts of them please let me know me asap. You can contact me at 204-791-2912.

Mike Lesiuk – VB Vball convenor.





Bootcamp

9-10am (Mon, Wed & Friday)

Date	Instructor
Friday August 4 th	Laurel
Sunday August 6 th (10-11am)	Laurel
Monday August 7 th	Julie
Wednesday August 9 th	Julie
Friday August 11 th	Julie
Sunday August 13th (8:30-9:30am)	Julie

Power Hour

9-10am (Tuesday & Thursday)

Date	Instructor		
Tuesday August 8 th	Laurel		
Thursday August 10 th	Laurel		

Summer Fitness at Victoria Beach 2023

Seniors Strength & Stretch 10:15-11am (Tuesday & Thursday)

Date	Instructor		
Tuesday Aug 8th	Julie		
Thursday Aug 10 th	Karen		

Victoria Beach Tennis Information and News 2023

Summer seems to be flying by! We are already at the beginning of August. Last week we held our Robert Kennedy Singles clinic, and we hosted our annual Junior tennis tournament! A big thanks to all the volunteers who ran the tournament.

The Senior Tennis Tournament will be starting today. Come down to the courts to watch some high-level tennis and cheer on friends and family. We wish all players good luck and keep

your fingers crossed for no rain delays.

Also in August we have two more exciting events to look forward to. The first is on Tuesday, August 8th we are holding the Kirbyson Adult Doubles Clinic, there will be two sessions from 2:00-3:30 and 3:30-5:00. The second event is the infamous Novelty Tournament which will be held on August 12-13th. Sign-up sheets will be at the kiosk about one week before each event so please drop by to sign up if interested.

Unfortunately, we will be cancelling the Rookie Tournament,

which was to be held on Wednesday, August 9th.

A reminder for players that shoe tags are required for everyday playing as well as GVS, round robin, tournaments, and tennis pro clinics. For kids lessons and family tennis nights, only orange wristbands are required. Victoria Beach Tennis t-shirts are continuing to be sold at the kiosk for \$10-\$15.

Here are our Round Robin results for the last two week:

- July 17th winners: Jacquie Schultz & Karl Ruban, with 3 teams tied for second
- July 21st winners: John Stapleton & Karl Ruban
- July 24th winners: Pat Yarnell & Ken Capelle; Second Place: Bruce Ryford & Jacquie Schultz; Third Place: Rick Carlson & Rob
- \bullet July 28th winners: Loni & Todd; Second Place: Ron & Derek and Glynnis & Kristen

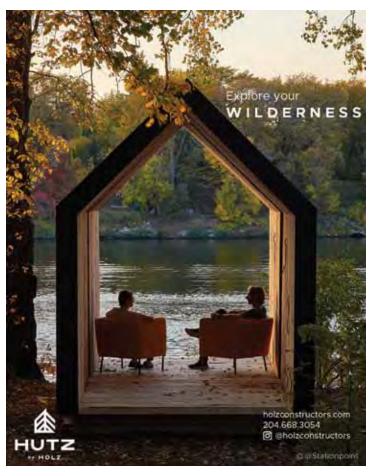


Library Corner

Hi everyone! Everyone in the library is talking about popular books these days, and we've been thinking: if you like these popular books, we've got similar recommendations for you –that you can find right here in our library!

Do you like Disney's Mulan? Read Iron Widow by Xiran Jay Zhao! Do you like Five Feet Apart? The movie was made after the book, written by Rachel Lippincott, Miki Daughtry, and Tobias Iaconis. If you enjoyed that movie and book, try The Fault In Our Stars by John Greene! Did you like Harry Potter by J. K. Rowling? Read Six of Crows Leigh Bardugo! Or Fantastic Beasts and Where to Find Them, also by J. K. Rowling! Do you like the Hunger Games Suzanne Collins? Try the series of Divergent by Veronica Roth! Do you like A Series of Unfortunate Events Lemony Snicket? Try The Mysterious Benedict Society by Trenton Lee Stewart! Have you read Romeo and Juliet or They Both Die In The End Adam Silvera? Try You've Reached Sam Dustin Thao! Have you watched The Outer Banks on Netflix? Try The Outsiders by S.E Hinton! Did you read the Nancy Drew series growing up? You should try A Good Girl's Guide To Murder Holly Jackson! Have you red read The Blackthorn Key by Kevin Sands? Try The Mystery of Black Hollow Lane by Julia Nobel! And my final recommendation; looking for something similar to Heartstopper by Alice Oseman? You should try Simon VS the Homo Sapien Agenda by Becky Albertalli! We have all these books, feel free to come check them

If you're looking for some activities in the library, you're still invited to our children's story time at 10:00 am on Thursdays or, if you're around age 10-14, our youth book club at 11:00 am on Fridays where we discuss books, play games, and eat snacks! But hold on, we've got even more activities coming up! Right now we're holding our long-awaited candy counting contest, so be sure to swing by and guess the amount of candy! Next week, tune in for our book scavenger hunt, where you'll be on the hunt for books with specific titles, covers, themes and more! Hope to see you all soon! Your librarians, Izzy and Mililani



Victoria Beach HERALD

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Forest Room Ukulele



Forest Room Ukulele meets in the "Forest Room" behind my cottage at 308-7th Ave every Wednesday at 3:00PM during July and August to play songs, chat, trade tips and techniques and have a few laughs. It's BYOU (bring your own ukulele), and players of all levels of ability, including complete beginners, are welcome on a relaxed basis (no regular attendance required) so turn up when you can. If you don't have a ukulele, there are a couple of egg shakers available!

A songbook is provided for each session. We play a wide range of styles of music that works for the ukulele, and which is likely to encourage a good sing-a-long. Typical song choices range from tin pan alley numbers from the '20s, '30s and '40s to jazz standards to folk, rock and pop, and even comic or novelty songs. We are planning to take our sing-along to the Bakery sometime soon, and may show up in other locations around the beach from time to time. Forest Room Ukulele is run in support of Bike to the Beach to help save Manitoba's mighty Prairie Ocean, Lake Winnipeg. No donation is too big or too small! For more information, please text me at 204-990-4361 or email to: russell.alice@gmail.com.







Bike Jam 2023 Recap

July 15th saw the return of the popular summer classic – the VB Bike Jam! This year marks the 5th anniversary of this fundraising event for the WRENCH in Winnipeg and for a cycling repair station here in Victoria Beach. The volunteer Bike Jam team did want to say how much they enjoyed all of the costume, music, pit stop, and bike decorations chatter that happened in the weeks leading up to the event. It was also wonderful to see the new relationships and community connections being formed as folks worked together to create memorable pit stops and colorful teams complete with cheers and team games.

This year's version of the bike jam saw the biggest event yet, with 180 tickets sold in just a few minutes two weeks prior to the event. We had six wonderful Pit Stop hosts this year and wanted to give a HUGE Thank you to all of our amazing hosts! This event does not happen without them taking the time and effort to plan and execute. Our amazing hosts this year were Andrika Tittenberger, Pam & Ian Lawrence, Barb Hansford & Al Keith with Greg & Lori Edwards, Cathy Bizruchak and Joel Carlson , Andrea and Rhos Dyke, and Connie MacDonald & Tom Robinson. So much gratitude amongst Bike Jam participants for the wonderful games, drinks, music, food, and hospitality that they all provide every year.

For those wondering how our fundraising efforts are going, over the past 5 years we have raised a total of \$4096.60 towards the projected \$7,000 cost of a Bike Repair Station here at Victoria Beach. We have also donated over \$2,000 to the WRENCH in Winnipeg, and the projected funds raised from this year's event look to be around \$2,000, with 50% of funds raised from this event always going to the WRENCH in Winnipeg.

Big thanks to all of the hard-working volunteers over the past 5 years who have not only created one of the biggest community building events in Victoria Beach, but also provided valuable funding for inner city kids to be able to enjoy cycling in Winnipeg and beyond. Here's a shout out to the volunteers who make all the Bike Events (including the Bike Jam, Bike Races, and Kids Jam) the amazing events they are. The list is long, but this year's Bike Events organizing team includes Aileen Hunt, Lindsay McLeod, Jason Ateah, Sylvia Furtado, Laura Hilland, Catherine Delaquis, Stephen Carroll, Jamie Hilland, Andy Almeida, Maggie Bonetta, Scott Palmer, Brad Nechwediuk, and Suzy Blunderfield.

Big events like these take MANY hands to make happen, so thanks to all that have stepped up to give freely of their time, labour, and expertise.

For those looking to be a part of this event next year you can mark August 10th in the calendar for Bike Jam 2024. Tickets will go on sale in early July, and look for new teams, hosts, and games next August!













VB Art Show

ART@VB proudly presents the annual Fine Art Sale and Exhibition on Sunday, August 6 from 11am - 4pm at the VB Clubhouse! The Exhibition brings prominent, established and emerging fine artists from across Manitoba. Lifetime resident of Victoria Beach and Vice Chair of the Victoria Beach Manitoba Metis Federation Local Angel Kraft offers the following words.

We acknowledge we are gathered on Treaty #1 Territory and that Manitoba is located on Treaty and ancestral lands of the Anishinaabeg, Cree, Oji-Cree, Dakota Dene and home land of the Metis people.

Victoria Beach (formally Little Elk Island) was once occupied by the Ojibwe peoples of Sagkeeng First Nation. A rare arrowhead was found a few years ago in the sand along Pelican Point. Many Sagkeeng community members are able to recall the oral history of their family members who lived here. The history of our community has always been a strong bond with the Ojibwe peoples and all nations of people on Treaty #1 lands. We must respect and acknowledge Reconciliation.

Aboriginal art is highly sought after all over the world. Our community is extremely fortunate to have two of Manitoba's finest,

KC Adams and Jackie Traverse, at the ART@VB Exhibition.

The water of Mother Earth, she carries life to us, and as women we carry life through our bodies. We as women are life givers, protectors of the water, and that's why we are very inclined to give Mother Earth the respect that she needs for the water. - Grandmother Josephine Mandamin.

We must respect Mother Earth, for she nourishes us, she feeds us, we drink from her, she gives us life. Miigwetch

We are excited to present 23 artists, offering a variety of mediums ranging from painting, sculpture, ceramics, photography and printmaking. Come celebrate our local VB fine artists, including James Culleton, Mitchell Fenton, Andrew Stelmack, Nancy-Lou Ateah, Aaron Vincent, Alan Adamson, Jane and Roger Gateson. Our prominent Manitoba based artists include Miriam Rudolph, Chris Pancoe, Robert Tatie, and more! A raffle for an original artwork will be held with all proceeds donated to the Lake Winnipeg Foundation. Hope to see you all there!

Dianne Cameron

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Art Thursday Returns!

Each week on Thursday various artists and crafters will be sharing their talents with the community. Each artist/crafter will provide a class description and fee (if applicable) along with how you can register. Watch the VB Herald and the VB Club Facebook page for classes and updates!

On rainy days we will meet in the clubhouse. Otherwise, we will meet beside the Village Green Bakery.

NOTE: Some artists have limited space and some require advance signup on their websites.

We are always looking for new ideas for classes. If you have an idea or would like to teach, please send an email to artthursdays@shaw.ca For the latest updates on classes and times you can follow on Instagram:

• @Victoriabeachherald • @VBclubmb

Name	Class	Price	Date	Time	Location	Contact
Raymond Lyttle	Hope Clouds Painting	550	August 03	2:00 - 4:40PM	VB Clubhouse	ray-lyttle@outlook.com
Cori Jaye	Painting Butterflies	\$59.99	August 10	12:30 to 3:30	VB Clubhouse	corijaye.com
Raymond Lyttle	Write, Illustrate & Bind a Mini Book	550	August 10	2:00 - 4:40PM	VB Clubhouse	ray-lyttle@outlook.com
Heather Wallace	Sourdough Bread with Heather	TBA	TBA	TBA	TBA	TBA
Raymond Lyttle	Faces and Places - Painting	550	August 17	2:00 - 4:40PM	VB Clubhouse	ray-lyttle@outlook.com
Ellie Tapnik	Art with Elie Topnik	TBA	TBA	TBA	TBA	TBA





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Councillors: Graham Randle, Steve Axworthy, Irwin Kumka, Ian Chadsey CAO: Lon Turner, 705-1661 Portage Ave, Winnipeg Phone: 204-774-4263

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Police Chief: Kevin Pawl 204-756-2322

Public Works Lead Hand: Trevor Halgren 204-756-2286 Public Works (after hours emergency): 204-756-2568

Building Inspector: Curtis Beaudoin Wpg Cell 204-291-8207

Website: www.rmofvictoriabeach.ca Email: info@victoriabeach.ca

PRACTICE WATER AND FIRE SAFETY. PLEASE STAY OFF THE BANKS & EXERCISE EXTREME CAUTION ON LAKEFRONT PATHS



Unlocking the Sport of Tennis: Mastering the Four Games within High-Level Tournament Tennis

(PART 2) Winning the Four Games within the Game of Tennis:

To achieve victory on the tennis court, players must recognize that each category influences the other. Mental strength bolsters physical endurance, emotional regulation enhances tactical decision-making, and refined tennis skills build confidence. Drawing inspiration from "Winning Ugly" by Brad Gilbert and "The Inner Game of Tennis," players can leverage the following strategies:

Self-Awareness - Understand personal strengths and weaknesses in each category, working diligently to improve shortcomings. Use focused breathing as a tool to discover the self.

Preparation - Develop a comprehensive training regimen, encompassing physical conditioning, mental skills training, and tactical drills.

Mental Conditioning - Engage in visualization exercises, positive affirmations, and mindfulness techniques to sharpen mental acuity.

Focus on Process, Not Outcome - Concentrate on executing one point at a time, trusting that victories will follow when the process is sound.

Learn from Every Match - Embrace wins and losses as learning opportunities, analyzing performance to identify areas of growth.

When a tennis player conquers the four games within the game, they ascend to a level of excellence that leaves opponents feeling like they are battling an insurmountable force. The impact of mastering these domains is profound:

Mental Dominance - Opponents sense a relentless determination and unyielding belief in the winning player, leading them to question their own mental fortitude.

Physical Intimidation - Opponents find themselves chasing down seemingly unreachable balls and succumbing to the sheer physicality of the dominant player.

Emotional Overwhelm - The passionate and competitive demeanor of the winning player can be overwhelming for opponents, creating doubts and frustrations.

Tennis Skills Mastery - The diverse and polished skill set of the dominant player leaves opponents struggling to find weaknesses to exploit.

By winning the mental, physical, emotional, and tennis skills games, players can elevate their game to unprecedented levels. True excellence in tennis comes from harmoniously integrating these four domains, culminating in a player who is not only formidable on the court but also a testament to the beauty and complexity of this sport.

In the breathtaking arena of high-level tournament tennis, where every stroke carries the weight of dreams, mastering the four games within the game is the gateway to unparalleled achievement. Players who grasp the intricacies of the Mental, Physical, Emotional, and Tennis Skills domains hold the key to unlocking a realm of excellence that transcends boundaries and redefines the sport.

As players conquer the Mental Game, opponents witness an unyielding spirit that refuses to falter under pressure, making the indomitable player a force to be reckoned with. The Physical Game

creates a spectacle of speed, strength, and finesse, leaving rivals chasing shadows and questioning their own endurance.

The Emotional Game weaves a tapestry of passion, focus, and respect, impacting both player and spectator alike. Emotions become the unspoken language that dictates the ebb and flow of the match, and players who wield this language with precision shape the narrative of victory.

Lastly, the Tennis Skills Game reveals an artist at work, a player who paints the court with their strokes and dances with the ball as if in perfect harmony. Their tactical acumen and mental toughness carve pathways to success, leaving opponents perplexed and defenseless.

The journey to conquering the four games within the game is not an easy one, but the rewards are immeasurable. It is a pilgrimage that demands relentless dedication, unwavering commitment, and an unshakeable belief in one's abilities. By integrating the wisdom from "Winning Ugly" and "The Inner Game of Tennis," players can unlock the dormant potential within, elevating their game to celestial heights.

Playing tennis at a high level for the past 25 years I have not always performed these strategies to my fullest potential, however, I have always been willing to learn and evolve to try and achieve winning the games within the game of tennis and thus try and be the best version of myself. Victoria Beach is blessed with a beautiful tennis facility and a passionate community of tennis enthusiasts that makes it an amazing place to play the game we all love.

Thank you, Stephen Dubienski



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2023 NOVELTY TENNIS EVENT

The Novelty Tennis Event will be held on Saturday, August 12 and Sunday, August 13. This year, we are trying a **NEW** format with different competitions each day. Each player will be scheduled for a two-hour session of tennis starting at either 9:00 or 11:30. Please note, players must be available to play on both days.

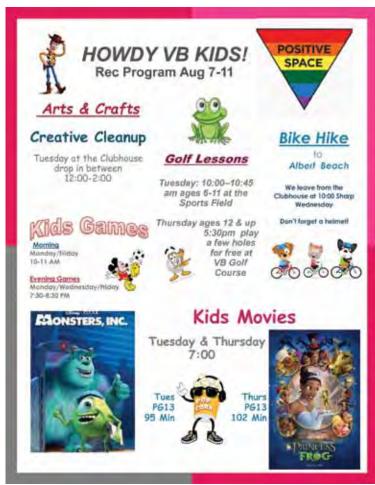
What are you signing up for??? Fun tennis games in different (novel) formats.

Please be advised that all entrants to the Novelty Tennis Event must be Victoria Beach Club members and have their own shoe tag number. Registration will be limited to 48 participants, so sign up early to avoid disappointment.

Sign up sheets will be posted at the kiosk beginning on Thursday, August 3rd at noon.

Give it a try, we think it will be fun!

Stino Siragusa, Brad Nechwediuk and Adrian Frost





anordal-budinsky@tmlawyers.com



Kid's Market













Golf Report

Hello from the golf world at Victoria Beach, what another fantastic week at the golf course. We had the junior tournament, and the turnout was fantastic! The men's tournament had 63 competitors, with the winning score of 70 put up by the winner Cory Chernick! Congratulations Cory! It was a beautiful sunny day for golf. Other prizes were long drive and closest to the pin, both won by Conner Doell congrats to Conner. Bob Vincent won close to the line. Everyone was treated to a burger and a refreshment cooked by Mr. Barry Schrivel, thanks Barry.

The putting contest raised money for Junior Golf, a big thanks to Alice Whyte for volunteering. Also to my score keepers Carol and Bonny, thanks for an excellent job! Thank you to All my staff inside and out for helping with registration and preparing the course. There is still time for golf we would love to see you down here. Small groups

welcome, call 756-2435 for info.

Your golf course is a full-service shop with gas carts, pull carts, club rental sand more. Enjoy the little gem we have in our own back yard. Manager

Karl Hutchison

Victoria Beach Community Church Please join us on Sunday Mornings at 10:00 a.m. St. Michael's Church - 8th Avenue & Pine Road

> August 6, 2023 Speaker: Paul Boge (Mennonite)

> > Masks are Optional



EAST BEACHES SEPTIC

Box 30, Belair, MB ROE 0E0

Eastbeachesseptic@gmai







33 Sunrise Bay - \$715,000

Located in the Sand Cliff area of Victoria Beach this 4 bedroom, 3 bath, 2681 sq ft home is picture perfect. You'll be impressed from the minute you pull in the driveway & walk through the door. Recently painted from top to bottom, its like walking into a brand new home. Main floor features 9' ceilings w/wood tongue & groove, a spacious living/dining & kitchen w/soft close cabinets, pull out drawers, an island & woodstove. Primary bedroom w/walk in closet, ensuite w/dual sinks, shower & plumbing for a tub. Office, laundry & 4 pc bath. Upper level is a great secondary living space w/2 pc bath. Built in speakers inside & out. Solid core doors ,custom millwork, triple pane windows. Attached double garage w/in-floor heat & workshop. Well built home on an ICF foundation, interior access to a 4' crawlspace. Screened back deck & covered front porch. Outdoor shower & sink. Lovingly landscaped 1 acre treed private lot. Close to beaches/golf/boat launch/stores. Come enjoy country living!



55 Ash Bay - \$459,900

Picture you and your family in this newly built 1560 sq ft year round cottage located in the Restricted area of Victoria Beach. You will fall in love as soon as you walk through the doors with this well appointed. feel good layout of this cottage. Attention to detail is apparent. Featuring an open living/ dining area and a beautiful kitchen with stone accents on the sit at island, a large pantry and a farm house sink. Patio doors open to the 18 x 12 screened room, an extra space to entertain or just to relax in without those bothersome mosquitoes. Plenty of room for the whole family as there are 3 spacious bedrooms. The primary includes an ensuite and a walk in closet. There is a 4pc main bathroom another 2 pc bath and a laundry room. The covered front porch is the perfect spot to read a summer book! Close to the parking lot. Come enjoy all Victoria Beach has to offer...all year long!



Beach People - TACO 'BOUT A PARTY!!!

On July 8, 2023, Adele Korolyk celebrated her 80th birthday at the family cabin on Gibson Drive in Victoria Beach. Over 30 family members and neighbours gathered for the music festival themed party including daughter Tracy Underwood from Atlanta, Georgia. Partygoers gathered in the yard and on the deck for the afternoon party, complete with blue skies and sunshine.

Thanks to all the party goers who brought delicious appetizers and especially to Adele's nephew John Corona, his wife Claudia Corona, and their children Diana and Carolina. The Corona family "brought the fun" to the party, including setting up a music stage where guests enjoyed music sang by Carolina Corona, and also guitar music by Diana Corona. Neighbours Una and Tessa warmed up the crowd with some tunes played on the piano. The Coronas also brought along Yucatan the Taco Man, complete with a full taco cart with handmade tortillas. The tacos and burritos were enjoyed by all.

In addition to the music and great food, guest enjoyed applying temporary tattoos at the tattoo booth, a flamingo ring toss game, and watched giant bubbles float through the yard. Adele also received a champagne toast and a wonderful rendition of Happy Birthday sang by family members Robin Richards and daughter Braya Richards.

Adele wishes to thank all that joined and helped to create a wonderful afternoon of music, food, family and neighbours for a very memorable 80th birthday!











Victoria Beach HERALD

August 4, 2023 29



August 2 23

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Note: The superscript number ¹ following the event indicates	1 11:30-1:00 Adult GVS ³ 1:00-2:00 7–9 Lessons ³	11:30-12:15 5-6 Lesson2	11:30-1:00 Adult GVS ³ 1:00-2:00 7–9 Lessons ³ 2:00-3:00 10+ Lessons ³	11:00-12:30 Adult RR ⁶ 12:30-1:15 5-6 Lesson ²	Senior Tennis
	the number of courts that will be used.	6:00-7:00 Family Tennis & 10 and under GV\$ ³	6:00-7:30 Junior GV\$3	6:00-7:00 Family Tennis & 10 and under GVS ³	Senior Tennis Tournament 6:00pm Start	Tournament Tournament
Senior Tennis Tournament	Senior Tennis Tournament	11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 2:00 – 5:00 Kirbyson Doubles Clinic2/3	9 11:30-12:15 5-6 Lesson ²	11:30-1:00 Adult GV\$ ³ 1:00-2:00 7-9 Lessons ³ 2:00-3:00 10+ Lessons ³	11 11:00-12:30 Adult RR ⁴ 12:30-1:15 5-6 Lesson ²	Novelty Tennis Tournament
<u>\<u>\</u></u>	<u> </u>	(sign-up required) 6:00-7:00 Family Tennis & 10 and under GVS ³	6:00-7:30 Junior GVS ³	6:00-7:00 Family Tennis & 10 and under GVS ³	6:00-7:30 Junior GV\$ ³	$\overline{\mathbf{Q}}$
Nevelly Toppie	14	15	16	17	18	19
Novelty Tennis Tournament	11:00-12:30 Adult RR ⁶ 12:30-1:30 10+ Lesson ³	11:30-1:00 Adult GVS ³ 1:00-2:00 7–9 Lessons ³	11:30-12:15 5-6 Lesson ²	11:30-1:00 Adult GVS ³ 1:00-2:00 7–9 Lessons ³ 2:00-3:00 10+ Lessons ³	11:00-12:30 Adult RR ⁶ 12:30-1:15 5-6 Lesson ²	11:30-1:00 Adult GVS ³
$oldsymbol{\Phi}$	6:00-7:30 Junior GVS ³	6:00-7:00 Family Tennis & 10 and under GVS ³	6:00-7:30 Junior GVS ³	6:00-7:00 Family Tennis & 10 and under GVS ³	6:00-7:30 Junior GV\$ ³	
20/27	21/28	22/29	23/30	24/31	25	26
	Beginning today, Tennis attendants will no longer be on duty. Please use the ball rack and mark your times on the chalkboard.					9



Visit us on Social Media or on our Website for updates on Hours of Operation.

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RMVB Garbage Pickup Summer Schedule

Door-to-Door pick-up is as follows ((June 26 to Sept. 5, 2023):

MONDAY - Albert Beach, all areas south of Arthur Road and west of
Ateah Road, including Ateah Road

TUESDAY - All avenues in Restricted Area north of Arthur Road including Sunset Boulevard

WEDNESDAY - Municipal garbage enclosures in all areas. Garbage is to be placed in garbage bags and left in bear resistant containers. Containers are to be placed in the front yard near the road allowance – by no later than 8:30 am.

PICK-UP IS FOR HOUSEHOLD GARBAGE ONLY.

TRAVERSE BAY LANDFILL – PTH #11 - 3 miles east of PTH #11 & #59 intersection – Summer Hours OPEN DAILY - 9:00 AM TO 5:00 PM A pass is required, they can be picked up at the gate, public works, or the municipal office.

Putter's Dream Miniature Golf & Ice Cream

Located @ HWY 59 & HWY 11

Open daily 10 am - 6 pm (weather permitting)

- ◆ 18 holes with different challenges and many flavors of ice cream!
- ◆ Birthday parties, field trips, special events!
- ◆ Fun for all ages!

puttersdreamminigolf@gmail.com 1.204.461.1694

CLASSIFIEDS

Classified ads are an affordable way of selling new or used items; Expanding your business; Sending your loved one a congratulations message or announcing the birth of your baby, grand baby or engagement. Cost is \$15 for 25 words and \$.25 for each additional word and can be paid by visa or m/c. Please contact Lana at 204-292-2128 or email:news@stonewallteulontribune.ca before Friday 4 p.m.

NEED A HANDYMAN? For prompt, courteous and reliable help, call Mike's Handyman Service at 204-799-1703.

RECYCLED GOLF BALLS. \$5/dozen, premium \$8/dozen. All proceeds to the Lake Winnipeg Foundation. Will deliver in Victoria Beach area. 204-475-6216.

VICTORIA BEACH GOLF COURSE - 1923 – 2023 **CELEBRATING 100 YEARS OF FAMILY FUN** MEMBERSHIPS: Seasonal Monthly Two Weeks Adult Couple \$ 700.00 \$ 385.00 \$ 290.00 \$ 160.00 Single Adult \$ 396.00 \$ 260.00 \$ 220.00 Junior - 13 to 17 \$ 150.00 \$ 145.00 \$ 160.00 \$ 115.00 \$ 100.00 12 & under **GREEN FEES:** 9 holes Weekdays - \$ 18.00 Weekends - \$ 20.00 Children (12 & Under) - Weekdays \$7.00/round Weekends \$10.00/round LOCKERS: Lower Locked Lower Open Upper Open \$ 40.00 \$ 30.00 \$ 25.00 Seasonal

All above fees / memberships include GST. CHILDREN 12 & UNDER MAY NOT TEE OFF SATURDAY, SUNDAY OR HOLIDAYS UNTIL AFTER 10:00 am AND MUST BE ACCOMPANIED BY AN ADULT. SMALL TOURNAMENTS WELCOME. GIFT CERTIFICATES & DEBIT PAYMENT AVAILABLE. GOLFERS CAN DRIVE INTO THE GOLF COURSE MAY, JUNE, SEPTEMBER & OCTOBER.

\$ 30.00

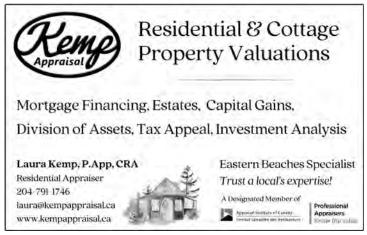
\$ 20.00

Monthly

Daily

\$ 35.00

\$5.00





VB Yoga Update

Yoga has been amazing so far this summer, and still more classes to enjoy! Here are the remaining classes for Monday, Wednesday, Friday at 9am & 10:15am in the clubhouse. Bring your mat, drop in fee is \$5 if you do not have a blue yoga wristband. Have a wonderful August at the beach!

Mon July 31 - Phil Rosario

Wed Aug 2 - Ken Wong

Fri Aug 4 - Dillion Cherrett

Mon Aug 7 - Susie Fisher

Wed Aug 9 - Susie Fisher

Fri Aug 11 - Susie Fisher or Dillion Cherrett





Victoria Beach HERALD

August 4, 2023

VB Medical Clinic

Dr. Ming Minaker is in residence till August 6.

Again, please bring your medical card and cash or cheques for prescriptions. Any cheques must be made out to the RM of Victoria Beach. E transfer has been very popular this year!

We are pleased to say that 2 people have stepped forward to join our committee. Please let us know if you or anyone you know would like to join as well.

The doctors have commented that folks have told them how appreciative they are for their service to VB! We all know how hard our doctors are working these days, so we are doubly grateful!

THERE IS NO DOCTOR FROM August 6 - 20 at this point. Dr. Selena Papetti will be here for a week starting August 20.



Registration: Annual Duplicate Bridge Tournament Wednesday August 9, 2023

The Tournament is open to those who enjoy playing Duplicate Bridge in a fun, friendly atmosphere. All you need is some knowledge of the game and a partner (see below). A nominal fee will be charged.

To assist with planning, we are asking you to tell us you will be attending by:

- •signing up on Monday night at the weekly game or
- •emailing mckojo@gmail.com (Mary) or
- •calling 204 396-5740 (Helen).

Registration is not mandatory. Walk- ins are still possible.

If you are looking for a partner, please contact Helen who will link people together.

See you at Bridge!!!

Helen Forrest and Mary McIntosh Tournament Coordinators



1-204-229-5494 waterfordglobal.com





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