

Victoria Beach HERALD

98th year • Issue No. 5

A non-profit service of the Victoria Beach Club

Friday, July 21, 2023

**Last Man Standing ...
but not the Jenga Tower!**
*Everyone had a blast at the Bike Jam
last weekend ... even Mike Bru!*



VICTORIA BEACH CLUB SPECIAL ACTIVITIES 2023

ACTIVITY	DATE	TIME	LOCATION	CONVENOR
Sports Day	Sat., July 22	10:00 AM - Noon	Sports Field	TBD
Kids Fishing Derby	Sun., July 23	9:00 AM - 11:00 AM	Pier	Pat Yarnell & Tanis Knowles
Volleyball Tournament	Sun., July 23	9:00 AM	Registration Sports Field	Mike Lesiuk
Robert Kennedy Adult Singles Clinic	Mon., July 24	2:00 PM - 4:30 PM	Tennis Courts	Robert Kennedy
Junior Tennis Tournament	Wed. - Thurs., July 26 - 27	All Day	Tennis Courts	See Calendar on P.3
Ladies Golf Tournament	Wed., July 26	All Day	VB Golf Course	Patti Ulrich

Music And Festival Fever Grips The East Beaches In July

by Laura Tutlies
120 Volunteers make Summer Winds Family Music Festival happen

The Juno award winning band, **PRISM** is headlining the 15th anniversary of the Summer Winds Family Music Festival which comes to Victoria Beach Sports Centre in the East Beaches on July 21 and 22 of 2023. **PRISM** will play on Saturday night right after the warm-up bands of **SHE**, **DUST RHINOS**, and **ATOMIC CANDY**. The Friday line-up includes, **WITCH HAZEL**, **STONEWALLED**, **SEAN TAYLOR BAND**, and **INCREDIBLY HIP** (a Tragically Hip tribute group). Check out the Summer Winds website Summer Winds Family Music Festival (summerwindsmusic.com) for times and details.

Expect to be well entertained, not only with and well-rounded selection of music makers, but also the warm fuzzy feeling that comes from the festival fever that dominates the weekend as folks spread out their blankets and lawn chairs on the grounds of the Victoria Beach Sports Centre. Look for food, face painting and games especially for the kids, plus family and friends who descend upon the Beaches at the end of July that mark this event as a summer highlight. Food, liquid delights, facepainting, keepsakes – it is all in Victoria Beach and all in the name of community.

“It is a well-oiled machine” says Glen Halgren who along with his wife Cathy hatched the idea of a family music festival over fifteen years ago. From the beginning the couple have skillfully executed the final product. Tom Aldridge, who takes

over as manager in 2024 for a four-year term, agrees that it is an exceptional group of volunteers. He says, “I am inheriting a wonderful group of committee members who make the job easy.” Not that Aldridge is new to the game. He has been working on the committee nearly since its inception and looks forward to “bigger and better”. Likewise, the same sentiment is shared by Terri Keith who, since 2018, has been booking the bands for the event. She says, “I got “roped-in by my dear friend Tannis Hughes who passed away just over a year ago. Tannis and I had been besties since we were kids and when I retired back in Manitoba, I was happy for the opportunity to give back to the community where I spent all my summers. It is a terrific group of people who are fun to work with.”

The fact is that the Sports Centre has been bought-and-paid-for thanks to the volunteer efforts of the creators of the Summer Winds Family Music Festival. What began with \$12,000 revenue has mushroomed to as much as \$80,000 as the festival has evolved. Private sponsors are largely responsible as the catalyst for the huge overhead involved in producing a show of this caliber. Each year organizers fill the music roster with professional musicians whose talents are known not just in Manitoba but worldwide. For the show, volunteers make it look easy. You can find them wearing their complementary orange T-shirts. Some work just two hours, others work countless hours arranging security, vendors, activity coordinators, food and beverage handlers, bandstand set-up, outdoor biffies, grounds maintenance, parking attendants, to say nothing of stagehands, electrical and technical equipment, and outlets plus community outreach with both the administrators of Victoria Beach and other not-for-profit stakeholders in the area. Regardless, every volunteer earns a shirt. They will be there on July 21 and 22nd on the baseball field along the highway in Victoria Beach.

Victoria Beach Club SPORTS DAY SATURDAY, JULY 22nd, 2023 10:00 a.m. – 12:00 p.m. @ The Sports Field

Sports day is a super fun event for the entire family starting with Sprint races, Sack races, the Family Relay, the ever-popular Sloooooow Bike Race and finishing with the (back by popular demand) entertaining Egg Toss.

Events start at 10:00 a.m. sharp!!
 See you at the Sports Field.

Ice cream will be available for all participants.

This is a Victoria Beach Club sponsored event so please wear your membership wrist bands!!

Pin Up For Reference

JULY							2023
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23/30 ²⁴ /31	25	26	27	28	29		

VICTORIA BEACH CLUB

2023 SUMMER ACTIVITIES

Membership wristbands are required at all activities.
Follow us for changes/updates on Instagram & Facebook

AUGUST							2023
S	M	T	W	T	F	S	
		1	2	3	4	5	
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27	28	29	30	31			

REGULAR ACTIVITIES

KIDS ACTIVITIES (All Ages)

Kids Games: (Village Green & Sports Field)	Mon. & Fri. 10:00-11:00 AM	
Family Games: (Sports Field)	Mon. Wed. & Fri. 7:30-8:30 PM	
Arts & Crafts: (Clubhouse)	Tues. drop in between 12:00-2:00 PM	
Bike Hikes: (Leaves from Clubhouse)	Wed. 10:00 AM-Noon (ages 6-11)	
Golf Lessons:	Tues. 10:00-10:45 AM (ages 6-11) Thurs. 5:30 PM (ages 12-16)	(Sports Field) (VB Golf Course)

OTHER ACTIVITIES

Duplicate Bridge: (Clubhouse)	Mon. 6:30 PM	Peggy Ansons & Sally Lawler
Art Thursdays: (*Various dates/locations)	Thurs. 12:00-3:00 PM	Barb Pritchard *Other fees may apply
LIBRARY HOURS:	Mon. & Wed. 9:00 AM-Noon, 7:00-8:00 PM Tues. Thurs. Fri. & Sun. 10:00 AM-Noon, 6:00-8:00 PM Sat. 10:00 AM-Noon	Library Assistants

FITNESS ACTIVITIES

Yoga (Adults & Teens): (Clubhouse)	Mon. Wed. & Fri. 9:00-10:00 AM, 10:15-11:00 AM	Mairen Kops
Power Hour: (Memorial Stage or Clubhouse *weather dependent)	Tues. & Thurs. 9:00-10:00 AM	Julie McPetrie
Strength & Stretch: (Memorial Stage or Clubhouse *weather dependent)	Tues. & Thurs. 10:15-11:00 AM	Julie McPetrie
Boot Camp: (Memorial Stage or in front of VB Store)	Mon. Wed. & Fri. 9:00-10:00 AM	Julie McPetrie

TENNIS COURT ACTIVITIES

Youth Tennis Lessons:	Ages 5-6 Wed. 11:30 AM-12:15 PM & Fri. 12:30-1:15 PM Ages 7-9 Tues. & Thurs. 1:00-2:00 PM Ages 10 & over Mon. 12:30-1:30 PM & Thurs. 2:00-3:00 PM	Tennis Court Attendants
Junior Tennis Nights:	Ages 11-18 Mon. & Wed. 6:00-7:30 PM	
Adult Tennis Round Robin:	Mon. & Fri. (Register) 10:45 AM (Play) 11:00 AM -12:30 PM Tues. Thurs. & Sat. 11:30 AM-1:00 PM (except July 1 & 8)	
Adult GVS:	Tues. & Thurs. July 6:15-7:15 PM / August 6:00-7:00 PM	
Family Tennis:	Tues. & Thurs. July 6:15-7:15 PM / August 6:00-7:00 PM	
10 & Under GVS:	Tues. & Thurs. July 6:15-7:15 PM / August 6:00-7:00 PM	

VICTORIA BEACH CLUB SPECIAL ACTIVITIES 2023

ACTIVITY	DATE	TIME	LOCATION	CONVENOR
VB Membership Blitz	Sat., July 1	10:00 AM - 1:00 PM	Parking Lot	Yvette Wilson
Summer Celebration Tennis Social	Sat., July 1	8:00 PM	Clubhouse	Joe & Dawn Cyr
Swim Registration	Sun., July 2	10:00 AM - Noon	Clubhouse	Lindsay & Dave Proteau
Beach Events	Sun., July 2	12:00 PM - 2:00 PM	Clubhouse Beach	Andrew Kaul
Big VB Clean Up	Sun., July 2	All Day	Community	Barb Pritchard, Gracey Dubé & Julie McPetrie
Kirbyson Doubles Tennis Clinic	Tues., July 4	2:00-3:30 PM Junior / 3:30-5 PM Adult	Tennis Courts	Geoff Kirbyson
Teen Kickoff to Summer	Wed., July 5	9:30 PM	Clubhouse	Rec Staff
Mega GVS	Sat., July 8	11:00 AM - 1:00 PM	Tennis Courts	Tennis Staff
Book Sale	Sun., July 9	1:00 PM - 3:30 PM	Clubhouse	Library Staff & Families
Soccer Tournament 15+	Sun., July 9	9:30 AM Registration	Sports Field	TBD
Sandcastle Building Contest	Sun., July 9	10:00 AM - Noon	Clubhouse Beach	TBD
Robert Kennedy Singles Tennis Clinic	Mon., July 10	2:00 PM - 4:30 PM	Tennis Courts	Robert Kennedy
Kirbyson Doubles Tennis Clinic	Tues., July 11	2:00-3:30 PM Junior / 3:30-5 PM Adult	Tennis Courts	Geoff Kirbyson
Junior Golf Tournament	Wed., July 12	9:00 AM	Golf Course	Catherine Delaquis & Jon Manness
Girl's Tennis Day	Thurs., July 13	3:00 PM - 5:15 PM	Tennis Courts	Ainsley Clayton
Teen Movie Night	Thurs., July 13	9:30 PM	Clubhouse	Rec Staff
Bike Races	Sat., July 15	10:00 AM	Sports Field	Sylvia Furtado & Laura Hilland
Adult Bike Jam	Sat., July 15	6:30 PM	Village Green	Stephen Carroll, Sylvia Furtado, Jamie Hilland & Aileen Hunt
Masters Tennis Tournament	Fri. - Sun., July 14 - 16	6PM Fri., All Day Sat & Sun.	Tennis Courts	Gavin Adamson, Geoff Kirbyson & Maureen Walker
Children's Masquerade	Sun., July 16	10:00 AM - Noon	Art Vincent Memorial Stage	Dawson Family
VBCOA AGM	Sun., July 16	11:00 AM - 2:00 PM	Clubhouse	VBCOA
Ladies Movie Night	Wed., July 19	6:30 PM	Clubhouse	Rachelle Schott
Teen Movie Night	Thurs., July 20	9:30 PM	Clubhouse	Rec Staff
Men's Golf Tournament	Fri., July 21	TBD	Golf Course	Karl Hutchison
Sports Day	Sat., July 22	10:00 AM - Noon	Sports Field	TBD
Kids Fishing Derby	Sun., July 23	9:00 AM - 11:00 AM	Pier	Pat Yarnell & Tanis Knowles
Volleyball Tournament	Sun., July 23	9:00 AM Registration	Sports Field	Mike Lesiuk
Robert Kennedy Adult Singles Clinic	Mon., July 24	2:00 PM - 4:30 PM	Tennis Courts	Robert Kennedy
Junior Tennis Tournament	Wed. - Thurs., July 26 - 27	All Day	Tennis Courts	Vinh Nguyen, Daryn West, Mike Bru, Mike Lesiuk, Jenny Hasenack & Meaghan and Anders Strom
Ladies Golf Tournament	Wed., July 26	All Day	VB Golf Course	Patti Ulrich
Teen Scavenger Hunt	Thurs., July 27	9:30 PM	Clubhouse	Rec Staff
Trivia Night	Fri., July 28	7:00 PM	Clubhouse	Andrika Tittenberger
Kids' Bike Jam	Sat., July 29	10:30 AM - Noon	Village Green	Catherine Delaquis & Maggie Bonnetta
30+ Dance	Sat., July 29	7:30 PM	Clubhouse	Suzy Blunderfield
Swim Races	Sun., July 30	9:30 AM Registration Opens	Clubhouse Beach	Swim Instructors
Teen Movie Night	Thurs., Aug 3	9:30 PM	Clubhouse	Rec Staff
Karaoke Night	Fri., Aug 4	7:00 PM	Clubhouse	Jane & Jon Manness
Senior Tennis Tournament	Fri. - Mon., Aug 4 - 7	All Day (Starts 6:00 PM Friday)	Tennis Courts	John Heppensstall & John Blair
VB Club Raffle	Sat., Aug 5	10:00 AM - 4:00 PM	Village Green	Suzy Blunderfield & Shannon Bowden
VB Art Show	Sun., Aug 6	11:00 AM - 4:00 PM	Clubhouse	Dianne Cameron & James Culleton
VB Kids Soccer Tournament (ages 8-14)	Sun., Aug 6	9:00 AM Registration	Sports Field	Sergio & Andy Almeida
Kirbyson Doubles Tennis Clinic	Tues., Aug 8	2:00-3:30 PM Junior / 3:30-5 PM Adult	Tennis Courts	Geoff Kirbyson
Robert Kennedy Rogers Tennis Tournament	Wed., Aug 9	2:00 PM - 5:00 PM	Tennis Courts	Robert Kennedy
Duplicate Bridge Tournament	Wed., Aug 9	6:30 PM	Clubhouse	Mary McIntosh & Helen Forrest
Teen Farewell to Summer	Thurs., Aug 10	9:30 PM	Clubhouse	Rec Staff
LWF Bike to the Beach	Fri., Aug 11	12:00 PM	Village Green	Scott McDonald & volunteers
Volunteer Appreciation Night	Fri., Aug 11	7:00 PM - 9:00 PM	Clubhouse	Doug Stewart
Cross Country Run	Sat., Aug 12	9:00 AM Registration	Clubhouse	Johnson & Wiebe Family
Dog Show	Sat., Aug 12	11:00 AM Registration	Village Green	Barb Hansford, Paul Infuso, Trish Nesbitt & Al Keith
Novelty Tennis Tournament	Sat. - Sun., Aug 12 - 13	All Day	Tennis Courts	Brad Nechweduk, Gavin Adamson & Stino Siragusa
LWF Walk For Water	Sun., Aug 13	10:00 AM	Art Vincent Memorial Stage	Brenda Hearson, Janet Sampson & VB Walk for Water Committee
VB Annual Meeting	Sun., Aug 13	1:00 PM-3:00 PM	Clubhouse	Heather Turzak
55+ Golf Tournament	Mon., Sept 11	All Day	Golf Course	Stuart Mcpherson

Victoria Beach Club BOARD

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Barbara Hientzsch
Alice Russell
Allan Morish

VB Club Executive Message

How can it be that we are already at the half-way point of the VB Club program? I hope that you have been able to take in the VB Club activities over the past few weeks. If you have not, no worries, please check out the calendar as there is still so much available to you! Please be mindful that some of the events have age restrictions and recommendations.

Thank you to all who have supported the VB Club by purchasing memberships which are required to participate in the VB Club activities and are so incredibly important for us to be able to offer these incredible programs and special events. VB Club memberships, tennis shoe tags, and daily passes are still available at the tennis courts - both cash and card are accepted.

I also want to say thank you to those who have provided constructive feedback on the events offered, ideas for new events, and the donation of your time to lead the various events for our community. All are appreciated and serve to benefit the VB community!

If you are looking to be more involved in shaping the programming offered by the VB Club and are interested in supporting our vibrant community, the Director at Large position on the VB Club Executive is currently vacant and our Special Events Coordinator will also be vacant this year. You will have the full support of the Executive and our amazing Rec Director, program and event convenors, and coordinators which will make the transition a smooth one. If you are interested in putting your name forward for consideration or have questions about either of these roles, any member of the board would be happy to hear from you! Please reach out - you can find our contact information on page 4 of the Herald under Victoria Beach Club Board.

Take care and enjoy your summer!

Heather Turzak
VB Club President

About the Victoria Beach Herald

One of the longest continuously publishing community newspapers in Canada, now in our 98th year, the Victoria Beach Herald is a service of the Victoria Beach Club. The Herald prints nine issues each summer on Fridays from Late June to mid-August. The Herald welcomes submissions from readers focused on family events, beach happenings, community issues, etc. Letters to the Editor are always welcome: they must be signed with the author's name and be written with the understanding that many people read the Herald, including young people.

Submissions should be sent via email to vbherald@shaw.ca. Submission deadline is 4PM Fridays with the exception of VB Club event convenor submissions for events occurring on weekends.

The Herald can be found in bright orange VB Herald boxes throughout the community. Digital issues of the Herald can be found on the VB Club website or by scanning the QR Code. Please also visit and subscribe to the VB Herald Facebook @vbherald and Instagram @victoriabeachherald.



Council Corner - Emergency Preparedness Edition

This past Wednesday, July 12, we had a tabletop exercise of our Emergency Response Plan. It is important for all of us to be to be diligent and know what to do when an emergency breaks out in our community.

You can find an expanded and more detailed explanation of the following on the Victoria Beach Website under “Municipal Emergency Plan”. In an emergency, listen to the messaging from Council by way of our emergency communication system Connect, messaging on our website, our official municipal Facebook page, and follow all orders from police, community safety officers, Fire department, and local officials.

Connect: It is vital that residents sign up for the RMVB Connect system so that you know what you should be doing in an emergency to keep yourself safe. Ensure you sign up using your Victoria Beach address.

Don't Panic: Be prepared by reviewing the following and the *Emergency Response Plan* on the municipal website. If you hear a verbal command by a local official, ensure you understand their message. If you receive a digital message through Connect, our Facebook page, or website, read the directions given to you fully so that you understand them. When you understand the directions given to you, act in a swift and focused manner.

Emergency Response Plan: Review the Family Emergency Response Plan on the RMVB website. It is also highly recommended that you review the full *Emergency Response Plan* located on the same page.

VRA Parking Lot: If you find yourself in the VRA during a wildfire, do not rush to your vehicle unless directed to do so by local authorities. Follow the directives given to you. You should also know the fastest route to the water from your home, and have a secondary beach chosen as a back up.

Vulnerable residents: If you would need physical assistance during an evacuation contact the RMVB office at 204-774-4263. You will also want to have a primary person to help you evacuate and 2 backups in case emergency personnel cannot reach you.

Have an evacuation plan: In an emergency, Council will be responsible for making the decision for an evacuation and inform residents to do so through Connect, our official Facebook page, and our website. However, if emergency personnel give you orders to evacuate or relocate, do so immediately by following their exact instructions.

Have a “go bag”: An emergency “go bag”: should include everything you need for at least 72 hours. Necessary items include but are not limited to: copies of personal documentation, (if possible) a two-week supply of medication and medical supplies, Freeze-Dried Food, dried pet food (if you have pets), flashlight with backup batteries, candles, matches, a first aid kit, a mini fire extinguisher, emergency water filter, extra keys to your vehicle, an air horn or whistle, mini radio, manual can-opener.

Minimum additions for permanent residents in winter include: multiple thermal blankets and a box of heat pads.

Shelter-in-place: This is a risk reduction strategy that may be

employed in circumstances where remaining in buildings and homes can be an effective barrier to a hazard. During a shelter in place: 1) Do not leave the building until you are told to do so. 2) Close all interior and external doors. 3) Close all windows. 4) Do not use bathroom vents or kitchen vents. 5) Turn off the power to your home. 6) Do not use fireplaces and close all dampers. 7) Shelter in an inside room away from windows and doors. 8) Follow all messaging from local officials. 9) Only use your phone and devices to follow local updates unless you are in imminent danger.

In an emergency, don't call us, we'll call you: Once given an order to evacuate or shelter-in-place, only use your phone or devices to follow updates or to contact emergency services if you are in imminent danger. Council and emergency services need their lines to remain open to resolve an emergency as quickly as possible. Furthermore, non-emergency usage unnecessarily increases data and cell traffic which can congest networks. Staying off your devices will allow for municipal messages and updates to be delivered quicker and those who require emergency assistance to receive life saving aid faster.

Family Muster Point: Ensure you have a family muster point and run several drills a year so that you can take a headcount of your family members in the event you have to evacuate or shelter in place. Think of it in the same way as a school fire drill.

Fire Extinguishers: It is very important that you have the largest manageable fire extinguisher you can on hand and easily accessible in your residence.

Fire Pit Permits: Permits must be completed and approved before use of any fire pit. Go to our website under Forms & Documents or pick up a hard copy at the mailbox on the west side of the Firehall. If a Fire Ban is in effect no outdoor fires are permitted.

Another Drought Year and Ongoing Fire Risk: Our forest is currently a boreal old growth forest, meaning that it has been overgrown with highly flammable coniferous trees (evergreens). The role of coniferous trees in nature is to pave the way (through wildfire) for a revitalization of the forest and birth a new growth deciduous forest.

To reduce our risk of an out of control wildfire, residents are reminded to review the FireSmart initiative and enact all that is reasonable for your property. 1) Regenerate your forest by beautifying your property and remove and replace coniferous trees (evergreens) with drought-resistant deciduous species. 2) Remove all material from under your residence. 3) Ensure you maintain a five-metre gap between your cabin and the surrounding trees where possible. 4) Utilize wood chips and weighty mulch around your trees to reduce moisture evaporation. (Don't set mulch directly against the trunks as doing so can damage them) 5) Clean your eavestroughs. 6) Add non-combustible three millimetre screens to external vents. 7) Move firewood at least ten metres away from your home. Residents can find more information at firesmartcanada.ca.



Beaches Community Centre NEWS!

Fitness Centre Capital Campaign

Beaches Community Centre is planning a quality, modern fitness facility, complete with showers, lockers, and wheelchair access. We need to raise \$270,000 to create an opportunity for a matching grant to fund the building expansion and facility construction. If you are interested in supporting this community initiative, please contact John Heppenstall at johnheppenstall204@gmail.com. Check: Beachesc.ca/capital-campaign for details. All donations are eligible for a CRA tax receipt.

Volunteer Opportunities

Beaches needs volunteers for Canteen service and a volunteer to run the Beaches Country Market next year. Visit: beachesc.ca/volunteer for details.

Upcoming Events - Check Beachesc.ca for details

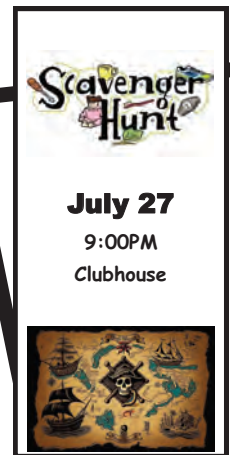
- Summer Winds July 21 and 22nd, featuring PRISM on Saturday
- Beaches Country Market every Saturday 10:00am to 1:00pm
- Breakfast is served every Saturday 9:00am to Noon
- Indoor Pickleball - most days - check website for times
- Yoga with Rhonda - Thursdays at 10:00am

Beaches CC is located on Hwy 59 about 1/2 mile before the VB Gates. Come Grow With Us!



All kids born in 2010 and earlier welcome!

2023 VB Teen Events!



Bike Valet Service returns to Summer Winds

Summer Winds Music Festival is happy once again to offer bike valet services for this year's festival this weekend, July 21-22.

Enjoy the music knowing that your bike will be where you left it at the beginning of the night. Avoid spending your Sunday wandering the avenues looking for your "lost" bike by parking at the conveniently located secure bike valet yard on the festival grounds.

This complementary service is generously sponsored by Richard Adamek of Cottage Appliance Repair and Robb Massey's team from Olympia Cycle and Ski on Portage Ave. Donations are gratefully accepted and much appreciated!

Ivan McMorris
Chef Valet de Velo!

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KARAOKE AT THE CLUB
 SEASON 2
 FRIDAY, AUGUST 4, 2023




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30+ Beach Party Dance

Hit Boss band back again!

8:00 pm - 1:00 am Saturday July 29th

There will be a snack mid dance.

Contact Suzy Blunderfield for tickets (204) 292-0397.



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RMVB Garbage Pickup Summer Schedule

Door-to-Door pick-up is as follows ((June 26 to Sept. 5, 2023):

MONDAY - Albert Beach, all areas south of Arthur Road and west of Ateah Road, including Ateah Road

TUESDAY - All avenues in Restricted Area north of Arthur Road including Sunset Boulevard

WEDNESDAY - Municipal garbage enclosures in all areas.

Garbage is to be placed in garbage bags and left in bear resistant containers. Containers are to be placed in the front yard near the road allowance – by no later than 8:30 am.

PICK-UP IS FOR HOUSEHOLD GARBAGE ONLY.

TRAVERSE BAY LANDFILL – PTH #11 - 3 miles east of PTH #11 & #59 intersection – Summer Hours OPEN DAILY - 9:00 AM TO 5:00 PM

A pass is required, they can be picked up at the gate, public works, or the municipal office.

Kickit dance studio

2 LOCATIONS!

<p style="margin: 0;">ISLAND LAKES 204-254-2277 UNIT 3-20 ISLAND SHORE BLVD</p>	<p style="margin: 0;">STERLING LYON 204-269-9003 UNIT 3-986 LORIMER BLVD</p>
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Ballet | Jazz | Tap | Hip Hop | Pointe
Acro | Contemporary | Musical Theatre
Lyrical | Preschool Programs

REGISTER ONLINE AT: [KICKITDANCE.COM](http://kickitdance.com)

VOTED TOP DANCE SCHOOL
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YACHT CLUB DANCE

08.06.2023

9:00 PM - 1:00 AM

**Beaches Community Center
Victoria Beach, MB**

TICKETS \$30
AVAILABLE @ P-LOT/MOONLIGHT/STORE

FEATURING
ST. BEACH BOYS
DJ JPQ

Swim Program News Hello VB Swimmers!

We are so happy that swimming lessons are well under way! Thank you to all the parents, grandparents, aunt, uncles and friends who bring the kiddos down to swimming lessons every day! It was great to see so many smiling faces participating in the program. The swim staff is truly enjoying teaching your children and getting to know them.

Get Ready, Get Set, Race! This year's Swim Race event will take place on Sunday, July 30th. See below for some exciting changes and additions to the races this year!

- Races will be run from Clubhouse Beach. By doing so, we hope to generate more interest and exposure to our fantastic racers and making them more accessible to different skill levels!

- We have some prizes this year! Village Green Bakery and Pepsi have jumped on board and graciously provided some prizes for our race winners.

- We are having a family friendly race. This will allow some younger swimmers a chance to participate with members of their family. Watch for details in the next Herald.

- We ask that last year's winners bring back the trophies to Blake on any weekday between 9:15-10:15 at the swim docks.

We hope to see you on the 30th to either swim or cheer the swimmers on!

Still want to register for swim lessons for session 2 starting July 24th? See Blake at the swim dock Monday – Friday between 9:15-10:15 am for registration.

Have fun at the beach!

Be safe,

The Proteau Family



**TAYLOR
McCAFFREY**
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YOU ARE INVITED!

The RM of Victoria Beach Zoning By-law Review Project Open House

Landmark Planning & Design Inc. has been retained to assist with the update and revision of the Municipality's Zoning By-law and would like to invite you to attend a Public Open House to provide input into this project.

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Saturday, July 29th, 2023
1:00 PM to 3:30 PM
East Beaches Social Scene
3 Ateah Rd, Victoria Beach, MB

The Open House will be drop-in format with no formal presentation. Representatives from Landmark Planning & Design will be available to answer questions or respond to any concerns.

If you are unable to attend either event or would like to discuss the project in an alternate format, please contact Brennan Johnson at bjohnson@landmarkplanning.ca or at 204-453-8008.

Thank you for your interest in this project!

Advocacy and Action for Lake Winnipeg

A Lake Winnipeg Foundation Education Evening

What is the relationship between collecting small samples throughout Manitoba, walking in the Walk for Water and signing advocacy cards?

To reduce phosphorus loading to Lake Winnipeg, we need to know how, when and from where phosphorus is entering the lake.

The Lake Winnipeg Community-Based Monitoring Network



LWCBMN volunteer citizen scientist Carla Keast (left) and LWF's Megan Mills collecting water samples at Truro Creek; photo: Paul Mutch

(LWCBMN) is a long-term phosphorus monitoring program that mobilizes volunteer citizen scientists and watershed district partners across Manitoba to collect water samples in order to identify “phosphorus hotspots” – localized areas that contribute higher amounts of phosphorus to waterways than other areas.

Because citizen scientists live, work or commute near their sampling sites, they can sample frequently in response to weather events and water conditions. Collected water samples are analyzed in a lab, and this data is then combined with water flow data, enabling LWF to calculate the amount of phosphorus being exported off the landscape and into the waterways that flow into Lake Winnipeg.

LWCBMN has been nationally recognized for its ability to successfully engage citizens in cost-effective, scientifically robust water stewardship, and for its role in addressing Canada’s chronic data gap by supplementing and enriching existing federal and provincial datasets.

Since its establishment in 2016, LWCBMN has been generating the data needed to inform policy, direct research and focus action where it will have the greatest impact.

Targeting phosphorus-reduction initiatives within phosphorus hotspots will reduce the amount of phosphorus entering Manitoba’s lakes and rivers, and improve the health of Lake Winnipeg by addressing the root cause of harmful algal blooms.

To learn more and consider your role in protecting our lake, join

Continued on page 13

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Continued from page 12

us on **July 27th, 7:00pm, at the Social Scene** (3 Ateah Rd). Alexis Kanu, Executive Director of the Lake Winnipeg Foundation (LWF) will be sharing data generated by LWCBMN which is playing a critical role and pointing the way towards advocating for solutions for Lake Winnipeg.



VB Walk For Water Committee Presents:
**Advocacy and Action for
Lake Winnipeg**
An Evening with Alexis Kanu

Thursday, July 27th, 2023
7:00 pm (Doors open at 6:30)
Social Scene (3 Ateah Road)
No ticket required.



This education evening is organized by the Victoria Beach (VB) & District Walk for Water Volunteer Committee in collaboration with the Social Scene volunteers. We are grateful to Randy Thomas, community resident, local businessman, and the current President, Beaches Community Centre Board of Directors, for sharing his time to emcee the evening. Admission is free, with no prior registration required (an optional silver collection will help offset the cost of the venue). There will be an opportunity to chat with Lake Winnipeg Foundation staff, enjoy light refreshments and win door prizes!

Everyone welcome - see you there!

VB & District Walk for Water, August 13, 10:00am, Village Green

lakewinnipegfoundation.org

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VB JUNIOR GOLF TOURNAMENT





ALL KINDS OF FUN

> It was a record breaking turn out for the VB Junior Golf Tournament this year all thanks to the new and very popular recreational division. All 61 golfers and 19 parent volunteers made for a spectacular and memorable morning of fun for all.

SPECIAL THANKS

- > **Victoria Beach Golf Club:**
Offering this free tournament for the kids of VB helps to build interest in golf, practice sportsmanship and meet new friends. Thank you for a great day Karl!
- > **Junior Golf Prize Sponsors:**
Village Green Bakery
Victoria Beach Golf Club
Moonlight Inn
RM of Victoria Beach
- > **Huge thanks to parent volunteers:**
Thank you to our wonderful volunteers for your enthusiasm in chaperoning the kids through the course. You were huge in the fun-factor of the event and we're grateful.

2023 WINNERS

- > **Recreational Division**
Wren Isfeld
Sybil Isfeld
Evelyn Gallagher
- > **Draw Winner**
Charlie Muirhead
- > **Guess the number of balls winners**
Jaelyn + Breadan Walker (pictured)
Spencer Palmer
Shane Martin (please contact catherinedelaquis@yahoo.ca)
- > **Competitive Division**
12U 1st Owen Conrad (37)
2nd Kristjan Bachart (40)
14U 1st Jeremy McCombe (45)
1st Sanna Strome (64)
2nd Will Owens/Asher Ferguson (tie 48)
16U 1st Connor Zuk (38)
2nd Max George/Zack Hulme (tie 39)

Congratulations on a great day everyone.

– Catherine Delaquis & Jon Manness (convenors)

Stop and Get "Fuelled-up" on the way to the beach!

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UPTOWN CAFE

Golf Report

The Men's and ladies' tournaments are coming up and there is still time to sign up for the men's. It is on Friday the 21st. 9am shotgun start info at the golf course. The course will be closed until 3pm on Friday the 21st and Wednesday the 26th for the men's and ladies tournaments. Come down after 3 to enjoy an evening round.

The golf course is in good shape even with the lack of rain this year, greens have come a long way, still working to improve them everyday. Get your golf in when you can, looking forward to seeing you here. Enjoy the gem you have in your own backyard!

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Karl Hutchison

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Councillors: Graham Randle, Steve Axworthy, Irwin Kumka, Ian Chadsey

CAO: Lon Turner, 705-1661 Portage Ave, Winnipeg Phone: 204-774-4263

Toll Free: 1-800-513-3839 (MB only) Fax: 204-774-9834

Police Chief: Kevin Pawl 204-756-2322

Public Works Lead Hand: Trevor Halgren 204-756-2286

Public Works (after hours emergency): 204-756-2568

Building Inspector: Curtis Beaudoin Wpg Cell 204-291-8207

Website: www.rmofvictoriabeach.ca

Email: info@victoriabeach.ca

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Kelly Beattie (204) 957 8342
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100 Years of Golf at Victoria Beach

Mark Strople

This year marks the 100th anniversary of the official establishment of the Victoria Beach Golf Course. The interest in having golf available locally however, had its start a few years prior, when a few of the pioneer cottagers took matters into their own hands. According to a long-time cottager, work on the first course (located on what had been James Paulson's homestead and the site of the Beach's original day-school), began in 1919, with a work bee gathering on Saturday afternoons to clear enough of Paulson's former acreage for two holes of golf; the men cleared brush, while the ladies made tea and moved the cut wood into piles.

Work on the golf course progressed rapidly when Frank Sprague was hired as the General Manager of the Victoria Beach Company. Along with his oversight of the development of the new resort, he was himself an avid golfer. In a 1961 interview, Sprague's daughter described her father as having toured many golf courses before finalizing plans for Victoria Beach's course, including a provision for an additional nine holes should the need arise. The new course was opened in 1923.

The course was the beneficiary of significant investment by the

Continued on page 18



Driving off a tee box, Scott-Vincent photo



Golf Club House, Victoria Beach, Man.



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Continued from page 17

Victoria Beach Company, with improvements under way soon after it opened. By 1926, many of the fairways had been widened and several holes had been moved. Readers of the Victoria Beach News (1926-1929) and the Herald which followed were kept abreast of achievements on the course, with several golfers being lauded for their holes in one...on the second hole. Given that the second hole is a par 5 (502 yards) on the current course, this would indeed be newsworthy. However, in the early years, the second hole was actually today's (much shorter) par 3 third hole on the golf course. Other holes were lengthened over time and reconfigured altogether.

The Victoria Beach News reported on improvements to the course for the 1929 season; perhaps most notably, the 9th hole was moved 50 yards to the east of where the former tennis courts had previously been as it was deemed too close to the golf clubhouse. The Beach's first tennis courts were located at the golf course until they moved (in 1927) to the former air station grounds.

An early groundskeeper was Steve Bouthilier, who Sprague sent to Montreal in 1928 to gather ideas that might enhance the local course. Other improvements would follow: a resident instructor was hired in 1931 to help new golfers improve their skills; a golf clubhouse of log cabin construction, outfitted with grass-woven furniture and originally intended to be the residence of the course superintendent, had been built in 1927, with a refreshment stand conveniently located nearby. In 1927, the News reported that that liquid refreshments were being served at the Clubhouse, with "a dainty French-Canadian lady being in charge."

Golf proved to be a successful venture: in 1925, 2,000 rounds

had been played that season; by 1929, 17,000 rounds had been played at an average cost of 13 cents a round. While the Herald suggested that another course might be an option in 1930 (or an extension of the present course), this was never acted upon.

Affordability has always been a characteristic of the local golf course. In 1929, nine holes could be played for 50c a round, or \$1.00 for all-day play on weekends or holidays. Strip tickets could be purchased in the early 1930s, reducing the per-round cost to 22 cents.

Children were encouraged to take up the game early on, with below-cost pricing offered. Tuesday and Thursday afternoons were set aside in 1931 for young people at a rate of 5 cents per round. Parents were reminded a few years later to provide the young ones with proper golf clubs, "as no amateur-made contrivance will be allowed on the course in place of a club." As late as 1956, children (14 years and under) could golf on Tuesday afternoons for 10c per round. The long-standing tradition of children's golf came under threat early in 1961 when it was announced that revenue of (only) \$67.00 from the previous season's children's golf days would see this long-standing tradition cancelled, albeit briefly before it was reinstated. One hundred years on, children's golf remains an important fixture of the Beach's golf season.


Being the competitive lot that they are, golfers could take advantage of many tournaments. One early match (in 1930) pitted single members against married members of the Victoria Beach Club in a 18-hole tournament. In the years that followed, the McKinney, Fred Porter and Jimmy Grant trophies brought out the best male golfers at the Beach, while the Pratt Memorial Trophy for Juniors was awarded to the top boy or girl golfer. The first Women's Tournament wasn't organized until 1953. Casual golfers had their chance at fame as well: a popular attraction at Victoria Beach's course for many years was the 'hidden hole', where one of the nine holes would be identified (and known only to golf course staff), with prizes awarded for both low and high scores, and names published in the Victoria Beach Herald for all to see.

Everyone was encouraged to enjoy the course, whether they golfed or not. Non-golfing acquaintances were welcome to walk the course after 8:00 p.m., the Herald announced in 1940 and a few years later suggested tongue-in-cheek that "non-golfers (should) just sit around and observe how golf should and should not be played".

Good advice was often offered (but often, likely ignored) by the local newspaper to golfers. In 1936, golfers were encouraged to "Get all the good out of a game of golf without spoiling the exercise through temperamental (sic) explosions." In 1941, 'Hints for Average or Less Golfers' included the admonition to "Please think of the next shot as a new ray of hope."

One hundred years have now passed since the first golf ball has hit off the first tee at Victoria Beach. The porcupine who visited the clubhouse for a week in July 1941 and was fed bread with sugar is now long gone, although the descendants of the family of red deer who roamed the greens in June of 1926 are likely not far away. The horse-drawn mowers of the 1950s have been (thankfully) retired, but the Victoria Beach Golf Course remains a cherished part of this lakeside resort. Here's to the next 100 years!

Mark Strople is author of "Before the Arch", a history of Victoria Beach's early years (1920-1960).



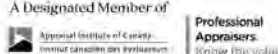
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VICTORIA BEACH GOLF COURSE - 1923 – 2023
CELEBRATING 100 YEARS OF FAMILY FUN

MEMBERSHIPS:	Seasonal	Monthly	Two Weeks
Adult Couple	\$ 700.00	\$ 385.00	\$ 290.00
Single Adult	\$ 396.00	\$ 260.00	\$ 160.00
Junior - 13 to 17	\$ 220.00	\$ 150.00	\$ 145.00
12 & under	\$ 160.00	\$ 115.00	\$ 100.00

GREEN FEES: 9 holes Weekdays - \$ 18.00 Weekends - \$ 20.00
Children (12 & Under) - Weekdays \$7.00/round Weekends \$10.00/round

LOCKERS:	Lower Locked	Lower Open	Upper Open
Seasonal	\$ 40.00	\$ 30.00	\$ 25.00
Monthly	\$ 35.00	\$ 30.00	\$ 20.00
Daily	\$ 5.00		

All above fees / memberships include GST. CHILDREN 12 & UNDER MAY NOT TEE OFF SATURDAY, SUNDAY OR HOLIDAYS UNTIL AFTER 10:00 am AND MUST BE ACCOMPANIED BY AN ADULT. SMALL TOURNAMENTS WELCOME. GIFT CERTIFICATES & DEBIT PAYMENT AVAILABLE. GOLFERS CAN DRIVE INTO THE GOLF COURSE MAY, JUNE, SEPTEMBER & OCTOBER.



**Eight at the Gate - Gran Fondo Gran Colazione
Saturday July 29, 2023**

After a three year Covid 19 affected absence, our “Big Ride Big Breakfast” will return. Although normally occurring on the Saturday of the August long weekend we are moving the date up in the calendar to accommodate a number of conflicts.

This change will allow for a training ride for those of our riders participating in the “Bike to the Beach 2023” two weeks later. Anyone wishing to sponsor riders in this great fundraiser for the Lake Winnipeg Foundation can do so through the Canada Helps “Bike to the Beach 2023” web page and receive a tax-deductible receipt.

For information please contact Bob Marshall, cell 204 261 4292, email rmarsha@mymts.net or find us on Face Book “Eight at the Gate”. You can also pick up a copy of our main cycling route maps at the “Gate” office when you buy your VB bike sticker.



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2023 VB Junior Tennis Tournament

Wednesday, July 26th and Thursday, July 27th

We are looking forward to the VB Junior Tennis Tournament coming up on July 26th and July 27th. If you can hold a tennis racquet you can play! This event is for all ages 18 and under. For the Adult-Child Recreation category we will use junior tennis balls and participants will be in a 2-match event. No minimum age to participate - the goal is to provide beginner tennis players a fun and positive tennis experience! For the Adult-Child competitive category the adult needs to be a parent or grandparent. All players will receive a gift for participating and we will be having random prize draws rewarding great sportsmanship and etiquette on the tennis courts!

You may register in a total of 3 events from the following categories: Singles, Doubles, Mixed Doubles, Adult-Child Recreational and Parent-Child Competitive.

Continued on page 21



North 59 Artist Collective
proudly presents ART@VB fine art sale and exhibition.

Selection includes works from prominent, established and emerging Manitoba based fine artists.

Jackie Traverse
Mitchell Fenton
Robert Taite
KC Adams
James Culleton
Chris Pancoe
Jane Gateson
Roger Gateson
Andrew Stelmack
Alan Adamson
Nancy-Lou Ateah
Pamela Jeffrey

Alan Mutch
Rachel Goossen
Michelle Pereira
Lukas Kost
Miriam Rudolph
Leif Norman
Aaron Vincent
Toludare Toluwalope
David Macri
Charlotte Sigurdson
Huguette Gauthier

ART @VB Sunday, August 6, 2023 . 11 am - 4 pm . VB Clubhouse



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Welcome back everyone - for another great summer!



Continued from page 20

SINGLES

- Girls 12 & under Boys 12 & under (2011+)
- Girls 14 & under Boys 14 & under (2009+)
- Girls 16 & under Boys 16 & under (2007+)
- Girls 18 & under Boys 18 & under (2005+)

DOUBLES

- Girls 12 & under Boys 12 & under (2011+)
- Girls 14 & under Boys 14 & under (2009+)
- Girls 18 & under Boys 18 & under (2005+)

MIXED DOUBLES

- 12 & under (2011+)
- 14 & under (2009+)
- 18 & under (2005+)

Adult/Child: Recreational Round Robin
 Parent /Child: Competitive

Triple Crown Award will go to a player who wins Singles, Doubles and Mixed Doubles Events!

IMPORTANT SIGN UP INFORMATION:

- **Event sign-up sheets will be posted at the tennis courts on Thursday, July 20th and taken down on Sunday, July 23rd at 5 p.m. Deadline to sign up is Sunday, July 23rd at 5 p.m.**
- Pay before your first match and collect your Gatorade and participation gift!
- Please print NEATLY. A bonus prize for the neatest printer!
- **You will need to have a phone number** when you sign up if

we need to reach you for the event. **NO REGISTRATION WITHOUT A PHONE NUMBER.** The draw will be posted at the tennis courts and on Instagram @victoriabeachtennis on Tuesday, July 25th no later than 6pm.

- **COST:** \$5.00 per event and needs to be paid before your first match.

Big thank you to this year's sponsors- Adrian Frost (TDS Law), Kevin McIntyre (IG Wealth Management Inc.), Lisa Zeilstra (Kickit Dance Studio), Sel Tse (Apex Surety & Insurance Ltd.) and Yonex Canada.

See you at the courts!

VB Jr. Tennis Tournament Convenors: Daryn West, Vinh Nguyen, Jenny Hasenack Bru, Mike Bru, Meaghan Strome, and Anders Strome.



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GAMES

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MONDAY JULY 24 TO FRIDAY JULY 28 @ 2:00 PM
VILLAGE GREEN, VICTORIA BEACH
ALL KIDS WELCOME!

YOU ARE INVITED!

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Thank you for your interest in this project!

VICTORIA BEACH TENNIS CLUB SINCE 1925		JULY 2023					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
25	26 11:00-12:30 Adult RR ⁶	27	28	29	30 11:00-12:30 Adult RR ⁶	1 Happy Canada Day! 	
2	3 11:00-12:30 Adult RR ⁶ 12:30-1:30 10+ Lesson ³ 6:00-7:30 Junior GVS ³	4 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 2:00 - 5:00 Kirbyson Doubles Clinic ^{2/3} (sign-up required) 6:15-7:15 Family Tennis & 10 and under GVS ³	5 11:30-12:15 5-6 Lesson ² 6:00-7:30 Junior GVS ³	6 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 2:00-3:00 10+ Lessons ³ 6:15-7:15 Family Tennis & 10 and under GVS ³	7 11:00-12:30 Adult RR ⁶ 12:30-1:15 5-6 Lesson ²	8 MEGA GVS 11:00-1:00	
9	10 11:00-12:30 Adult RR ⁶ 12:30-1:30 10+ Lesson ³ 2:00 - 4:30 Robert Kennedy Singles Clinic ² (sign-up required) 6:00-7:30 Junior GVS ³	11 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 2:00 - 5:00 Kirbyson Doubles Clinic ^{2/3} (sign-up required) 6:15-7:15 Family Tennis & 10 and under GVS ³	12 11:30-12:15 5-6 Lesson ² 6:00-7:30 Junior GVS ³	13 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 2:00-3:00 10+ Lessons ³ 3:00-5:15 Girl's Tennis Day ³ 6:15-7:15 Family Tennis & 10 and under GVS ³	14 11:00-12:30 Adult RR ⁶ 12:30-1:15 5-6 Lesson ²	15 Masters Tennis Tournament	
16 Masters Tennis Tournament	17 11:00-12:30 Adult RR ⁶ 12:30-1:30 10+ Lesson ³ 6:00-7:30 Junior GVS ³	18 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 6:15-7:15 Family Tennis & 10 and under GVS ³	19 11:30-12:15 5-6 Lesson ² 6:00-7:30 Junior GVS ³	20 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 2:00-3:00 10+ Lessons ³ 6:15-7:15 Family Tennis & 10 and under GVS ³	21 11:00-12:30 Adult RR ⁶ 12:30-1:15 5-6 Lesson ²	22 11:30-1:00 Adult GVS ³	
23 Note: The superscript 23 number ¹ following the event indicates the number of courts that will be used for the event	24 11:00-12:30 Adult RR ⁶ 12:30-1:30 10+ Lesson ³ 2:00 - 4:30 Robert Kennedy Singles Clinic ² (sign-up required) 6:00-7:30 Junior GVS ³ 6:00-7:30 Junior GVS ³	25 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 6:15-7:15 Family Tennis & 10 and under GVS ³	26 Junior Tennis Tournament	27 Junior Tennis Tournament	28 11:00-12:30 Adult RR ⁶ 12:30-1:15 5-6 Lesson ²	29 11:30-1:00 Adult GVS ³	

Victoria Beach Community Church
Please join us on Sunday Mornings at 10:00 a.m.
St. Michael's Church - 8th Avenue & Pine Road

July 23, 2023 - Speaker: Rev Judy Whitmore (Anglican)

Masks are Optional

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TRIVIA NIGHT 2023 IS SURE TO BE BETTER THAN EVER!

Does your team have what it takes to beat last year's winners and win the title of "VB's Smartest" for 2023?

Teams of ten should register for Trivia Night - **Friday July 28th at 7pm**. The questions cover a wide range of topics, so varied expertise on your team will be an asset. The cost to register a team is **\$200** (\$20/person). Funds raised support our amazing VB Club activities! Tables are limited, so get your team together early...

Tickets will be sold on a *first come, first served basis*. Registration will be **Saturday July 15th** - beside the VB library in the Village Green from **10am** until noon. Team registration must be paid in full (**cash only**) to reserve a table. Look for the bright orange signs!

*If there are any tables available after registration closes, tickets will be sold via email & e-transfer at andrikat@hotmail.com. Please email for information!

Andrika T. - Trivia Night convener

Victoria Beach TRIVIA NIGHT Friday July 28, 7:00 - 11:00pm. Cash Bar; 50/50; Prizes

Forest Room Ukulele



Forest Room Ukulele is back for a second summer! We meet in the "Forest Room" behind my cottage every Wednesday at 3:00PM during July and August to play songs, chat, trade tips and techniques and have a few laughs. It's **BYOU** (bring your own ukulele), and players of all levels of ability, including complete beginners, are welcome on a relaxed basis (no regular attendance required) so turn up when you can. If you don't have a ukulele, there are a couple of egg shakers available!

A songbook is provided for each session. We play a wide range of styles of music that works for the ukulele, and which is likely to encourage a good sing-a-long. Typical song choices range from tin pan alley numbers from the '20s, '30s and '40s to jazz standards to folk, rock and pop, and even comic or novelty songs. We are planning to take our sing-along to the Bakery sometime soon and may show up in other locations around the beach from time to time. Forest Room Ukulele is run in support of Bike to the Beach to help save Manitoba's mighty Prairie Ocean, Lake Winnipeg. No donation is too big or too small! For more information, please call or email me 204-990-4361 / russell.alice@gmail.com.

Alice Russell

"Full Coverage of the Childrens' Masquerade Next Herald!"

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ATTENTION BOOTCAMPERS!!



Please note the following class which has been cancelled and Rescheduled (date & time change) due to the instructor's availability & the space of the location provided. Sorry for the inconvenience.

Cancelled	Rescheduled	Instructor
Monday July 17 th 9-10 am	Saturday July 22 nd 8:30-9:30am	Julie
Wednesday July 19 th 9-10am	Sunday July 30 th 10-11am	Julie
Monday July 24 th 9-10am	Sunday August 6 th 10-11am	Laurel
Wednesday July 26 th 9-10am	Sunday August 13 th 8:30am-9:30am	Julie

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Art Thursday Schedule

Name	Class	Price	Date	Time	Location	Contact
Nancy-Lou Ateah	Take Home VB Memories Mixed Media	\$30.00	July 06	TBA	TBA	nancylouateah@me.com
Ken Strahl	Garden Tour	\$10	July 13	1:00 PM	TBS	kstrahl49@gmail.com
Earth and Hide	Belt Making	\$70 - \$105	July 13	1:00 to 2:30 PM	Village Green	chuck@earthandhide.com
Cori Jaye	Paint your Pet - Acrylic Paint Class	\$59.99	July 13	Noon to 3:00 PM	VB Clubhouse	corijaye.com
Alex Martin	VB Forest Interpretive Walk	\$25	July 15	1:00 to 4:00 PM	Village Green	alexjfmartin@gmail.com
Doug & Dan Mackie	Walking Sticks, Canes, Pendants	TBA	July 15	11:00am to 5:00PM	Village Green	dmackies@mymts.net
Earth and Hide	Clutch Making	\$95	July 20	1:00 to 4:00 PM	Village Green	chuck@earthandhide.com
Earth and Hide	Tote Making	\$205-305	July 27	1:00 to 4:00 PM	Village Green	chuck@earthandhide.com
Raymond Lyttle	Tiny Worlds - Mixed Media	\$50	July 27	2:00 - 4:40PM	VB Clubhouse	ray-lyttle@outlook.com
Cori Jaye	Parent & Child Paper Marbling	\$89.99	July 27	Noon to 3:00 PM	VB Clubhouse	corijaye.com
Raymond Lyttle	Hope Clouds - Painting	\$50	August 03	2:00 - 4:40PM	VB Clubhouse	ray-lyttle@outlook.com
Cori Jaye	Painting Butterflies	\$59.99	August 10	12:30 to 3:30	VB Clubhouse	corijaye.com
Raymond Lyttle	Write, illustrate & Bind a Mini Book	\$50	August 10	2:00 - 4:40PM	VB Clubhouse	ray-lyttle@outlook.com
Heather Wallace	Sourdough Bread with Heather	TBA	TBA	TBA	TBA	TBA
Raymond Lyttle	Faces and Places - Painting	\$50	August 17	2:00 - 4:40PM	VB Clubhouse	ray-lyttle@outlook.com
Ellie Topnik	Art with Ellie Topnik	TBA	TBA	TBA	TBA	TBA

Summer Fitness at Victoria Beach 2023

BOOTCAMP

9-10am (Mon, Wed & Friday)

Date	Instructor
Friday July 21 st	Julie
Monday July 24 th	Julie
RESCHUELED for Sunday August 6th 10-11am	
Wednesday Jul 26 th	Julie
RESCHUELED for Sunday August 13th 8:30am-9:30am	
Friday July 28 th	Julie
Wednesday August 2nd	Julie
Friday August 4 th	Laurel
Monday August 7 th	Julie
Wednesday August 9 th	Julie
Friday August 11 th	Julie

POWERHOUR

9-10am (Tuesday & Thursday)

Date	Instructor
Tuesday July 18 th	Janice
Thursday July 20 th	Julie
Tuesday July 25 th	Janice
Thursday July 27 th	Julie
Tuesday August 1 st	Julie
Thursday August 3 rd	Julie
Tuesday August 8 th	Laurel
Thursday August 10 th	Laurel

SENIORS STRENGTH & STRETCH

10:15-11am (Tuesday & Thursday)

Date	Instructor
Tuesday July 18 th	Janice
Thursday July 20 th	Julie
Tuesday July 25 th	Janice
Thursday July 27 th	Karen
Tuesday Aug 1 st	Julie
Thursday Aug 3 rd	Karen
Tuesday Aug 8 th	Julie
Thursday Aug 10 th	Karen

Art Thursday Returns!

Each week on Thursday various artists and crafters will be sharing their talents with the community. Each artist/crafter will provide a class description and fee (if applicable) along with how you can register. Watch the VB Herald and the VB Club Facebook page for classes and updates!

On rainy days we will meet in the clubhouse. Otherwise, we will meet beside the Village Green Bakery.

NOTE: Some artists have limited space and some require advance signup on their websites.

We are always looking for new ideas for classes. If you have an idea or would like to teach, please send an email to artthursdays@shaw.ca

For the latest updates on classes and times you can follow on Instagram:

- @Victoriabeachherald
- @VBclubmb



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CLASSIFIEDS

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NEED A HANDYMAN? For prompt, courteous and reliable help, call Mike's Handyman Service at 204-799-1703.

RECYCLED GOLF BALLS. \$5/dozen, premium \$8/dozen. All proceeds to the Lake Winnipeg Foundation. Will deliver in Victoria Beach area. 204-475-6216.

Duplicate Bridge

PLEASE NOTE: Please arrive at 6:15, game will start at 6:30

Monday evening bridge on July 10 was well attended with 32 players!

Congratulations to Sheila Ruban & Ken Capelle who came first North/South and Andrea Moore & Bob Lawler who came second North/South, Marlene Watson & Pat Watson who came first East/West and Dave Jackson & Doug Peterson who came second East/West.

Please bring a partner and your own beverage. Cost is \$2. See you Monday at 6:15 at the VB Clubhouse. Sally and Peggy

**Mark your Calendars:
Duplicate Bridge Tournament
Wednesday, August 9, 2023**

The annual Duplicate Bridge Tournament is scheduled for August 9, 2023 at the Clubhouse; games start at 6:30 p.m. Come and enjoy the breathtaking sunset as you play. Details to follow in future editions of the Herald.

For over 25 years we have been blessed to have two amazing coordinators for this special event: Donna Thain and Fran Pollard. They stepped down after the 2023 tournament. Upon hearing of their long-standing contribution, Heather Turzak, Club President, encouraged the Club Board to recognize their contribution to the Victoria Beach Club and bridge in particular. A plaque commemorating their extraordinary years of service was presented to Fran and Donna and now has a place of honour in the Club House.

Effective 2023, Fran and Donna are replaced by Mary McIntosh and Helen Forrest with support from Fran and Donna.

Doctor Office Update

Dr. Paul Chochinov is at our clinic till Sunday 16th. The new doctor is Dr. Jonathon Brown from the 16th - 23rd. Please welcome him.

NO DOCTOR JULY 23 - 30

Please carry your medical card, payment for prescriptions and fill out the patient card in the waiting room before seeing the doctor.

POISON IVY IS RAMPANT THIS YEAR. PLEASE BE CAREFUL. This can be a very minor affliction but can also be very serious!

July 30 - Aug 6 will be covered by Dr. Ming Minaker.

Aug 6 - 20 NO doctor at this point. However, we have had an interest so hoping this pans out!!!

Aug 20 - 27 Dr. Selena Papetti will be here with her family.

Please consider joining our MEDICAL COMMITTEE. We have had one interested party call us, but really need more. Interested ? Call Kathy McKibbin 204

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VB Police Update

Summer Winds Family Music Festival starts today and all of our Police officers and Community Safety Officers will be working. Please Drink Responsibly and remember the smoking of Marihuana is not allowed in a public place. Any questions regarding safety, please call.

Off Road Vehicle (ORV) use is restricted to the ditches of our Provincial Highways #59 and #504. Ditches does not mean two wheels on the shoulder. This unfortunately limits use in Victoria Beach until after the Thanksgiving Long Weekend when the municipality opens up the AB2VB trail and ORV users are allowed to egress and ingress from their cottages or homes. For more information, please refer to BY-LAW 1643.

I would like to educate and/or remind motorists of the Highway Traffic Act Law which requires them to SLOW DOWN when passing roadside emergency vehicles when their lights are flashing. This includes Police, Community Safety Officers, Tow Trucks, Ambulance & Fire. In Victoria Beach the speed limit is 70 km/hr or lower and there are not any multi-lane roadways so the law is that when passing an emergency vehicle with lights activated you MUST slow down to 40 km/hr. Due to oncoming traffic and other safety concerns it is not always possible to move over so SLOW DOWN and you're good. Move over, if possible, but SLOW DOWN.

On the topic of Slowing Down and Moving Over remember to do the same for cyclists. They have a right to be on the highway, when riding single file and as close to the shoulder as possible.

Thank-you

Kevin Pawl

Chief of Police

Victoria Beach Police Service



VB YOGA

We hope you are enjoying yoga so far! Reminders: There will be 2 classes on Monday, Wednesday, Friday at 9am-10am & 10:15am-11:15am in the Clubhouse. Be sure to add-on your yoga wristband to your VB club membership. You can also do a drop-in class anytime for \$5 cash at the door. Remember to bring your own mat!

Instructors July 24-28:

Monday July 24 - Kelly Cowan's classes are strong yet graceful, fiery yet fluid, she considers all levels of asana, and is driven to have her students feel the flow, gain personal perspectives, & deepen their relationship with themselves.

Wednesday July 26 - Noah Krol is the founder of Peg City Yoga and co-founder of the methodology of Sivatantra Yoga in Winnipeg, Canada. His practice and teaching have a specific focus of Shaivite Philosophy for its simplicity and elegance. With a depth focus on the philosophy of Kashmir Shaivism & the Therapeutic applications of Restorative Yoga.

Friday July 28 - Ash has been teaching yoga for over 12 years. Her classes will be an all-levels flow and will close with a deep stretch and a long savasana. You can find her teaching in Winnipeg, on the water with Kendricks outdoor adventures at Fort Whyte, at South Studio and Shapes. Ash adores her dogs, nature and is excited to be back at the beach. IG: @wldpath



Beach season has its priorities

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