

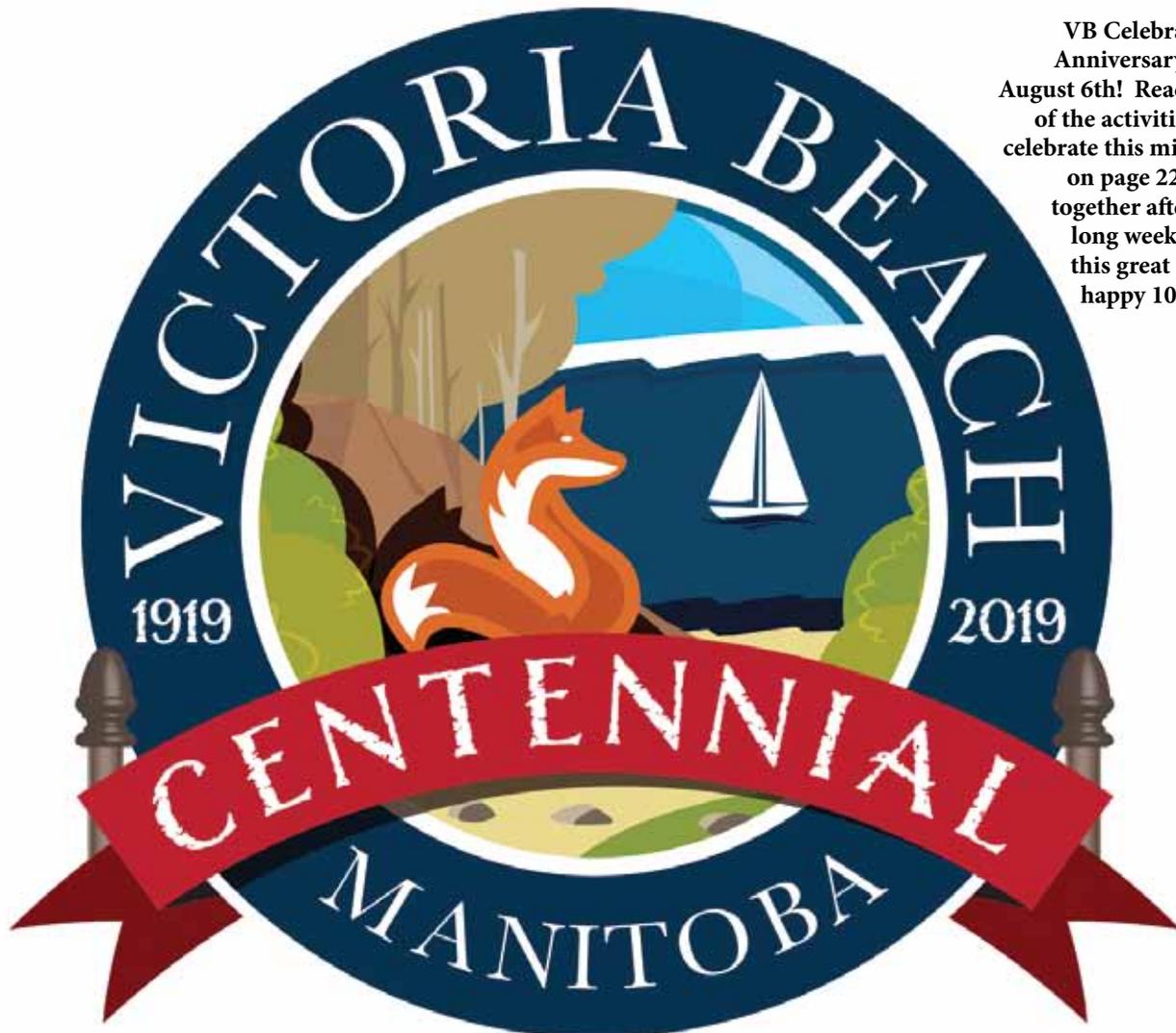
Victoria Beach HERALD

94th year • Issue No. 2

A non-profit service of the Victoria Beach Club

Friday, June 28, 2019

HAPPY 100TH VB!



VB Celebrates it's 100th Anniversary this coming August 6th! Read about some of the activities planned to celebrate this milestone event on page 22. Let's all get together after the August long weekend and wish this great community a happy 100th birthday!

VICTORIA BEACH CLUB SPECIAL ACTIVITIES 2019

ACTIVITY	DATE	TIME	LOCATION	CONVENOR
Tennis Manitoba Day Doubles Clinic	Tues., July 2	11:00 AM-1:00 PM		Tennis Courts
Girls' Tennis Day	Wed., July 3	3:00-5:15 PM		Tennis Courts
Teen Movie Night	Wed., July 3	9:00 PM		Clubhouse
Flea Market	Sat., July 6	12:30-2:30 PM, 8:00AM-12:00PM (setup)		Clubhouse
Flea Market Clean-Up & Charity Drive	Sat., July 6	3:00-5:00 PM		Clubhouse
Book Sale	Sun., July 7	1:00-3:00 PM		Clubhouse



Fireworks THIS Weekend!

Mark your calendars for this year's VB Canada Day fireworks show! Commencing at or just after 10.45PM on Monday, July 1st. As usual the fireworks are set up on the Pier so best views from land are from Yacht Club Beach or Redwing Park. People on the water are cautioned to keep well away from the pier.

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DAY

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JULY 2019						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

VICTORIA BEACH CLUB

2019 - SUMMER ACTIVITIES - 2019

Membership wristbands are required at all activities.

*Certain activities may require extra fees

Follow us on Twitter @Vclubwb

See Map on Back

AUGUST 2019						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

REGULAR ACTIVITIES

CLUBHOUSE ACTIVITIES

Yoga (Adults & Teens):	Mon & Fri 9:00-10:15 AM / 10:45 AM-Noon Wed. 10:00-11:30 AM	Mairen Kops
Fitness Classes:	Tues. & Thurs. 10:00-11:00 AM	Julie McPetrie
Arts & Crafts:	Tuesdays 12:30-2:00 PM	Lily Massé & Rec Assistants
Bike Hikes:	Wed. 10:00 AM-Noon (Ages 7-12)	Rec. Assistants
Duplicate Bridge:	Mon. 6:30 PM	Ken Capelle, Gail & Bob Henderson, Henry Krahn
Mixed Bridge:	Wed. 1:15 PM	Joan Irving & Tammy McIntosh
Movies:	Tues. & Thurs. (see movie times below)	Rec. Assistants
Swimming Lessons:	July 1 - Aug. 9	Safe Swim Team
Swimming Inquiries:	Mon. - Fri. 9:30-10:00 AM	Tess Poulton
French Lessons:	Tues. 7:00-9:00 PM (In the Library)	Sophie McGoey
*ART Thursday:	Thurs. 12 Noon-3:00 PM	Barbara Pritchard
*Paint Night:	Friday July 19, 7:00 PM	Stephanie Schultz
Trivia Night:	Fri., Aug 2, 7:00-10:00 PM	Bryan & Lisa Yagi
*VB Film Festival:	August 3 & 4, 7:30-9:30 PM	Ida Smith
North 59 Artist Collective Exhibition & Sale:	August 4, 11:00 AM-4:00 PM	Dianne Cameron, Jane Yagi, Jeff Blanchard

LIBRARY HOURS: Mon. & Wed. 11:00 AM-Noon, 7:00-8:00 PM Library Assistants
Tues., Thurs., Fri., Sat. 10:00 AM-Noon
Sun. Noon-1:00 PM

SPORTS GROUND ACTIVITIES

Children's Games:	Mon. & Fri. 10:00-11:00 AM (Ages 4-10)	Recreation Assistants
Family Fitness:	Mon. Wed. Fri. 8:15-8:50 AM (details and dates in the Herald)	
Golf Lessons:	Tuesdays 10:00-10:45 AM (ages 6-11) Sports Field Thursdays 5:30 PM (ages 12-16) VB Golf Course	
Youth Sport:	Mon. & Fri. 10:00-11:00 AM (Ages 10-14)	
Boot camp with Julie:	9:00-10:00 AM (See details and dates in The Herald)	
Kayaking Meetup:	Thursdays July 11- Aug 15 6:30 PM (details in The Herald)	

TENNIS COURT ACTIVITIES

Youth Tennis Lessons:	Wed., 11:30 AM-12:15 PM and Fri., 12:30-1:15 PM (Ages 5-6) Tues. & Thurs. 1:00 -2:00 PM (Ages 7-9) Mon., 12:30-1:30 PM & Thurs., 2:00-3:00 PM (Ages 10 & over)	Tennis Court Attendants
Tennis MB Doubles Clinic:	Tues., July 2, 11:00-1:00 PM	
Kirbyson Junior Doubles Clinic:	Mon., July 8, 2:00-5:00 PM	
Kirbyson Adult Doubles Clinic:	Wed., July 10, 2:00-5:00 PM	
Robert Kennedy Adult Lessons:	Tues., July 16, 2:00-6:00 PM	
Junior Tennis Nights:	Mon. & Wed. 6:00-7:30 PM (Ages 11-18)	
Adult Tennis Round Robin:	Mon. & Fri. (Register) 10:45 AM; (Play) 11:00 AM-12:30 PM (ground stroke, volley, smash)	
Adult GVS:	Tues., Thurs. & Saturdays 11:30 AM-1:00 PM Tues. & Thurs. 6:15-7:15 PM / August 6:00-7:00 PM	
Family Tennis:	Tues. & Thurs. 6:15-7:15 PM / August 6:00-7:00 PM	
10 & Under GVS:	Tues. & Thurs. 6:15-7:15 PM / August 6:00-7:00 PM	

VICTORIA BEACH CLUB SPECIAL ACTIVITIES 2019

ACTIVITY	DATE	TIME	LOCATION	CONVENOR
VB Membership Blitz	Fri., Sat., Sun. / June 28, 29, 30		Door to Door	Dayna Carter, Monica White and Heather Wallace
Bike Auction	Sat., June 29	1:00 PM	Police Station	Stuart McPherson
VB Fireworks	Mon., July 1st	10:45 PM	Best views from Yacht Club Beach or Redwing Park	Rob Hester
Swim Registration	Sun., June 30	10:00 AM - Noon	Clubhouse	Edwards Family
Tennis Manitoba Day Doubles Clinic	Tues., July 2	11:00 AM-1:00 PM	Tennis Courts	Tennis Manitoba
Girls' Tennis Day	Wed., July 3	3:00-5:15 PM	Tennis Courts	Nancy Sarchuk, Robert Kennedy
Teen Movie Night	Wed., July 3	9:00 PM	Clubhouse	Rec Staff
Flea Market	Sat., July 6	12:30-2:30 PM, 8:00AM-12:00PM (setup)	Clubhouse	Lyndsi da Roza
Flea Market Clean-Up & Charity Drive	Sat., July 6	3:00-5:00 PM	Clubhouse	Ira van den Berg
Beach Events	Sun., July 7	10:30 AM - Noon	Clubhouse	Rec Staff
Book Sale	Sun., July 7	1:00-3:00 PM	Clubhouse	Verras & Wilson Families (Librarians)
Kirbyson Junior Doubles Clinic	Mon., July 8	2:00-5:00 PM	Tennis Courts	
Teen Night	Mon., July 8	8:45-10:00 PM	Clubhouse	Rec Staff
Ladies' Movie Night	Wed., July 10	7:00 PM	Clubhouse	Carol Falkenberg & Chris Kulas
Kirbyson Adult Doubles Clinic	Wed., July 10	2:00 AM - 5:00 PM	Tennis Courts	Geoff Kirbyson
Sports Day	Sat., July 13	10:00 AM - Noon	Sports Ground	Poulton Family
Sandcastle Building	Sun., July 14	10:00 AM - Noon	Clubhouse	Rozzi-Hughes Family
Adult Soccer Tournament	Sun., July 14	10:00 AM	Sports Ground	Ted Geddert
Robert Kennedy Tennis Lessons	Tues., July 16	2:00 - 5:00 PM	Tennis Courts	Robert Kennedy
Rogers Rookie Tennis Tournament	Wed., July 17	2:00 - 5:00 PM	Tennis Courts	Tennis Staff
Teen Movie Night	Wed., July 17	9:00 PM	Clubhouse	Rec Staff
Paint Night	Fri., July 19	7:00 PM	Clubhouse	Stephanie Schultz
Men's Golf Tournament	Fr., July 19		Golf Course	Karl Huchison
200 Metre Open Swim	Sat., July 20	2:00 PM	Pier	Lori and Greg Edwards
Children's Masquerade	Sat., July 20	10:00 AM - Noon	Art Vincent Memorial	Doug & Kristie Pollard
Bike Day/Race	Sat., July 20	12:30 - race 7:00 PM Adult ride	Sports Ground	Sylvia Furtado , Mark Buchholz, James Hilland
Masters Tennis Tournament	Sat., Sun., July 20 & 21	All Day	Tennis Courts	Bill Turk & Margaret Meulendyk
Fishing Derby	Sun., July 21	9:00-11:00 AM	Pier	Jeff Lailey
Junior Tennis Tournament	Wed., & Thurs., July 24, 25	All Day	Tennis Courts	Goetz & Bru Families
Teen Bonfire on the Beach	Wed., July 24	9:00 PM	Clubhouse	Rec Staff
Volleyball Tournament	Sat July 27	9:00 AM	Sports Field	Mike Lesiuk
30+ Dance	Sat., July 27	8:00 PM	Clubhouse	Geoff Kirbyson
Duplicate Bridge Tournament	Wed., July 31	6:30 PM	Clubhouse	Fran Pollard & Donna Thain
Ladies Golf Tournament	Wed., July 31	All Day	Golf Course	Patti Ulrich
Teen Scavenger Hunt	Thurs., Aug 1	9:00-11:00 PM	Clubhouse	Rec Staff
Triva Night	Fri., Aug 2	7:00-10:00 PM	Clubhouse	Brian & Lisa Yagi
Seniors Tennis Tournament	Fri., Sat., Sun., Aug 3,4,5	All Day	Tennis Courts	Allan Morrish, John Heppenstall
800 Metre Open Swim	Sat., Aug 3	2:00 PM	Pier	Lori and Greg Edwards
VB Club Raffle	Sat., Aug 3	10:00 AM-4:00 PM	Village Green	Suzy Blunderfield & Shannon Bowden
VB Film Festival	Sat., Sun. Aug 3,4	7:30-9:30 PM		Ida Smith
North 59 Art Show	Sun., Aug 4	11:00 AM-4:00 PM		Dianne Cameron, Jane Yagi, Jeff Blanchard
Youth Soccer Tournament	Mon., Aug 5	9:30-11:30 AM	Sports Ground	Kae Edwards & Marnie Kaul
Teen Movie Night	Wed., Aug 7	9:00 PM	Clubhouse	Rec Staff
Rogers Rookie Tennis Tournament	Wed., Aug 7	2:00-5:00 PM	Tennis Courts	Robert Kennedy & Tennis Staff
Junior Golf Tournament	Fri., Aug 9		Golf Course	Adam & Ed Boge
VB Volunteer Appreciation	Fri., Aug 9	7:00-9:00 PM	Clubhouse	Barb Hansford & Shannon Bowden
Cross Country Run	Sat., Aug 10	9:00 AM (registration)	Clubhouse	The Johnson Family/Wiebe Family
Dog Show	Sat., Aug 10	11:00 AM	Art Vincent Memorial	Barb Hansford & Trish Nesbitt
Lake Winnipeg Foundation Walk for Water	Sun., Aug 11	9:15 AM (registration)	Clubhouse	Team LWF
Teen Windup Extravaganza	Wed., Aug 14	9:00-11:00 PM	Clubhouse	Rec Staff
VB Annual Meeting	Sun., Aug 18	4:00 PM	Clubhouse	Suzy Blunderfield
Novelty Tennis Tournament	Sat., Sun., Aug 17,18	All Day	Tennis Courts	Duane Lucht & Frank Manning
55+ Golf Tournament & Dinner	Mon., Sept. 9	All Day-Dinner 5:00 PM	Golf Course	Ken & Peggy Maeren, Gail & Harry Radtke

President's Message

Happy summer! My name is Jennifer Engbrecht, and I will be finishing my second year as VP of the VB Club this year! We are starting off our summer with a lot of activities right away, so check the event list that you receive with your membership so you don't miss your favourites, as well as checking out a few new ideas! Our new Kayaking Meet Up will be continuing this year, as well as having added there will be kayaking lessons with Alex Martin! You may remember that he was the young man who kayaked around Lake Winnipeg last summer!

This weekend is the membership blitz! If you bought your passes etc. online then you can

pickup your passes as stated on our Facebook page, and in last week's Herald. This weekend is also the Bike Auction on Saturday at 1pm, Swim Registration on Sunday at 10am, Fireworks on Monday at 10:45pm, the Tennis Manitoba Day Doubles Clinic on Tuesday at 11am, Girls' Tennis Day on Wednesday starting at 3pm and Teen Movie Night on Wednesday at 9pm. You can read more about many of these events in this Herald.

As well, all of the weekly activities start up, for all ages and interests. Whether this is your first year trying out the club activities, or you have been attending for years (or generations), it looks like it will be busy with lots to do for everyone!



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About the Victoria Beach Herald

One of the longest continuously publishing community newspapers in Canada, now in our 94th year, the Victoria Beach Herald is a service of the Victoria Beach Club. The Herald prints nine issues each summer on Fridays from late June to mid-August. The Herald welcomes submissions from readers focused on family events, beach happenings, community issues, etc. Letters to the Editor are always welcome: they must be signed with the author's name and be written with the understanding that many people read the Herald, including youngsters.

Submissions should be sent via email to vbherald@shaw.ca. Those without access to email can place written submissions in the VB Herald mailbox behind the cash counter at the Victoria Beach General Store. Submission deadline is 4PM Fridays with the exception of VB Club event convenor submissions for events occurring on weekend days.

Editor



2019 CHILDREN'S MOVIE LIST • Tues. & Thurs. • Movies start at 7:30 pm for July, 7:00 pm for Aug.

DATE	MOVIE	DATE	MOVIE
July 2	Dogs Way Home PG, 96 Minutes	July 25	Spiderman in the Spider-Verse PG, 117 Minutes
July 4	Lego Movie 2-The Second Part PG, 107 Minutes	July 30	Bolt PG, 96 Minutes
July 9	Incredibles 2 PG, 118 Minutes	Aug 1	Christopher Robin PG, 104 Minutes
July 11	Jurassic World-Fallen Kingdom PG, 2 hours 13 Minutes	Aug 6	The Grinch PG, 86 Minutes
July 16	Mary Poppins Returns PG, 2 hours 10 Minutes	Aug 8	Goosebumps 2-Haunted Halloween PG, 90 Minutes
July 18	Hotel Transylvania 2-Summer Vacation PG, 97 Minutes	Aug 13	How to Train your Dragon-the Hidden World PG, 104 minutes
July 23	Ralph Breaks the Internet PG, 111 Minutes	Aug 15	ET_The Extra-Terrestrial PG, 105 Minutes

Council Corner

What an excellent start to the summer season! Friends and family have been enjoying each other's company, and the beach has been rejuvenated with people enjoying the Farmers Market, cinnamon buns, ice cream, Social Scene events, and community breakfasts at the Community Centre. We are proud to serve such a wonderful and welcoming community.

It is with this in mind that the RMVB Council has made the move to relocate the garbage and recycling depot. In the spirit of resident safety, municipal aesthetics, and fiscal responsibility, the garbage and recycling depot will soon be located in the Public Works yard off of highway 59. This change will ensure that garbage trucks will no longer be in the way of pedestrian or vehicular traffic, and any bear issues will be further far away from a populated area. It also prevents a redundancy of work which until this time has been adding costs to the program. Finally, residents and or visitors to the VRA (Vehicle Restricted Area) will no longer be greeted by a garbage depot.

Please note that when the garbage bins have been moved to their new location, signs will be posted in order to re-direct users to the new location. To avoid highway traffic and for ease of access by bicycle and pedestrian traffic, residents may use the MTS trail that runs from the existing garbage and recycling site just north of and parallel to Highway 59 will take you to the new garbage and recycling site. Signs will be posted to help residents find this trail should they be unfamiliar with it.

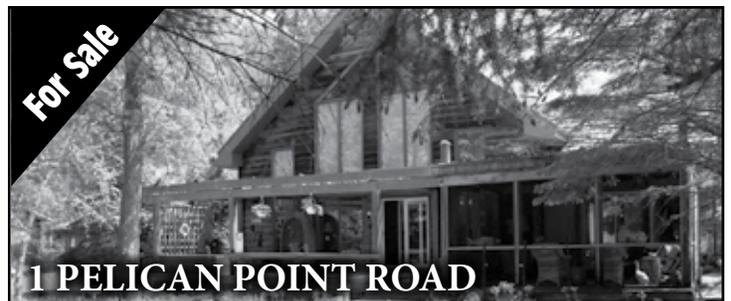
With respect to our recycling efforts, the current market for recyclables has meant that our long-time recycling depot in Lac du Bonnet is closing their doors and are not able to accept our recycling. We have contracted with Green For Life in Winnipeg to provide us with a 20 cubic yard roll-off bin for glass only and 60 cubic yard roll off bin for co-mingled recycling. This means your paper, tin, cardboard and plastic recycling will be mingled together in the large roll-off bin and glass will remain separate in the smaller roll-off bin. These bins will be picked up when full and taken to Winnipeg for recycling.

Door to door garbage pick-up has begun. Please ensure your garbage is in a closed container (bear proof bins would be preferable) and place it at the edge of your property on your

garbage day. If you are leaving the cottage one or two days prior to your garbage pick-up day please take your garbage out with you to avoid wild life getting into your garbage and spreading it all over your yard and your neighbour's yard. It would also be appreciated if your recycling and garbage go in the proper bins. We are charged for inappropriate debris that goes into the bins.

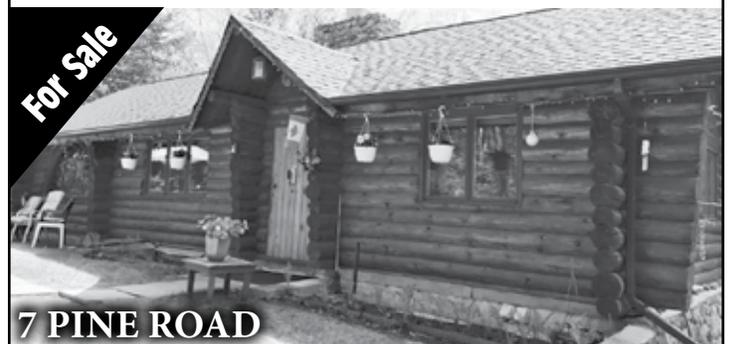
Until next week, enjoy the amenities our lovely home has to offer. Live, laugh, and gather together in the spirit of friendship, and celebrate our centenary with by heading out to one of the many community events.

Your Reeve & Council



1 PELICAN POINT ROAD

Words cannot describe the beauty and features of this lakefront home. Resting on a maintenance free lawn, this 1-3/4 storey, 3 BR year round home presents breathtaking views of Lake Winnipeg. Every consideration has been taken to provide the utmost comfort from the well-appointed kitchen; separate dining area; cozy sitting area upstairs; fireplace in living room; brightly lit sunroom; screen porch to escape the elements, and hot tub on the enormous deck. Capture the sunset from almost anywhere in the home. This is a must see to appreciate everything this wonderful home offers.



7 PINE ROAD

This year round, 3BR bi-level, log home with timber frame construction & stone foundation offers over 4,400 SF of living space and rests on 3 parcels. Stained glass feature window, insets, custom built cabinets and sauna are just some of the features in this extraordinary home. Just walk across the green space at the back of the property & go left to access the lake or take a right & walk 5 min. down to "Club House Beach". This one of a kind home is an ABSOLUTE must see!



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VB Yacht Club

Spring has sprung and the summer sailing season is not far behind. Sailing is inspirational, excites the imagination, teaches teamwork, leadership, navigation, decision-making under changing conditions, and competition. No wonder the sport of sailing continues to persevere, and we anticipate a busy year in 2019.

The sailing school program is the foundation of our club as it fulfils our mission to continually get youth involved in our sport. Our homegrown instructors Tallon Sparks, Olivia Thompson, and Andrew Thompson are motivated for a summer of sharing their experience and expertise with sailing school students. This year we are offering several weeks of lessons:

- July 8 – 12
- July 15 – 19
- July 22 – 26
- July 29 – August 2
- August 5- 9

Morning and afternoon sessions are offered in Opti's and Laser II's. Every year someone misses out by waiting too long, so consider this a warning: sign-up early before they fill up. Register online at <https://www.vbyc.ca/sailing-lessons/programs-offered>

We are excited to be hosting the East Region Manitoba Games Qualifier in conjunction with our Sail Manitoba Development Clinic August 24 & 25. In anticipation of the qualifier, our club will be hosting weekend junior racing, starting mid-July with a focus on recruiting interested sailors from our sailing school.

For everyone else, club racing is held on weekends throughout the summer, with regattas on the long weekends. Our schedule is TBA but will be up on our website before the lake gets to tolerable temperatures. We are always looking for crew, so come down and see what weekend catamaran racing all is about. Hint, it's fun.

In addition to sailboat regattas, VBYC will be hosting several events and clinics for Windsurfers, Kiters and Paddlers. Local Kiting and Paddling legends Danny Gibson and Alex Martin are excited a roll out the 2nd Annual Waterman Challenge and introduce kayaking clinics. The club has all the gear and enthusiasm you will need to get on a boat or board and have a blast. Dates are TBA at this point, for more information, please email commodore Brad Scott at vbyccommodore@gmail.com.

The club has the facilities that you need including boat storage, canoe/ kayak/windsurfer/ SUP board storage. Inside, the club offers a sailing school classroom, kitchen facilities, storage lockers, a sunny deck, and BBQ. For membership and other information check out: www.vbyc.ca.

For anyone contemplating a lesson, I would say do it. Those with a boat and the know how, see you out on the water. Have a great summer!

Thank you,
Brad Scott
Commodore
(204)228-2929

Attention Lake Lovers!

The 2019 Victoria Beach and District Walk for Water in support of the Lake Winnipeg Foundation (LWF) will take place on Sunday, August 11th. Mark your calendars!

As usual, registration will begin at 9:15 AM at the VB Clubhouse and the 2.5 km walk will start at 10. All ages are welcome at this fun and worthwhile event! (Note: participants from outside the VB area will be allowed **free parking** in the Victoria Beach lot that morning.)

LWF speaks out on behalf of Lake Winnipeg on such issues as the draining of wetlands and agricultural and municipal sewage practices that release excess phosphorus into our waterways. (Phosphorus is the culprit responsible for potentially harmful algae blooms.) Also, LWF leads important programs such as the Lake Winnipeg Community-Based Monitoring Network. This network (which has grown considerably this past year) recruits and trains citizen scientists to collect water samples across Manitoba in order to identify phosphorus hotspots and help target action. In 2019, more than 2,500 water samples will be collected.

Please plan to support our wonderful lake by being a part of this year's **Walk for Water**, either as a participant, a pledger or a donor. Pledge forms will become available during the first week in July at several Victoria Beach locations, at Saffie's in Albert Beach and online at lakewinnipegfoundation.org (If you choose simply to donate to LWF by cheque or online, please indicate that your donation is being made in connection with the VB and District Walk for Water campaign).

For more information, contact either Deanne McDonald (204 232 2656; deamcd@mymts.net) or Sandy McCaig (204 756 8855; sandy.mccaig@gmail.com).

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Victoria Beach Club Swim Program 2019

Welcome VBers to Swim Safe 2019! Your Victoria Beach Club is proud to continue its support of this long-standing and vital VB tradition. The VB Swim Program has two main goals:

As a Swim Program: to provide high quality swim instruction on par with city programs while appreciating the differences between lake and pool swimming and to teach water safety in general and lake safety in particular

As a program of the Victoria Beach Club: to teach respect for our beautiful lake and beach areas and to build our beach community by providing an avenue for our kids to make and build friendships with other kids their age

Fees and session dates are as follows:

Red Cross Preschool and Swim Kids, Sea Otter (Preschool I/II) to Level 10

- Two three-week sessions at a fee of \$35.00 per session; lessons are ½ hour every weekday

- Students may be registered for either or both sessions on registration day.

- Preschool programs are for ages 3-6; Swim Kids Levels 1-10 are for ages 5 and up

Private and semi-private lessons for Red Cross Preschool and Swim Kids, Sea Otter to level 10 will also be available upon request, time permitting.

Lessons are ½ hour. The fee for private lessons is \$60.00/swimmer/week and for semi-private lessons (maximum two students at the same level), \$45.00/swimmer/week. We will make every effort to accommodate requests for private lessons, but there are no guarantees.

Lifesaving Society programs will also be offered: Bronze Star, Bronze Medallion* and Bronze Cross, in one - six-week session from July 1 – August 9.**

Lesson length varies from ½ to 1 hour depending on the course. The fees are as follows: Bronze Star - \$80.00; Bronze Medallion* & Bronze Cross** - \$170.00 plus book fees.

First Aid Certification Bonus - Bronze Medallion* is taught with Emergency First Aid, Bronze Cross** will be taught with Standard First Aid (The cost of this addition is included in course fee). Bronze Medallion and Cross Exam is tentatively booked for August 9.

* To register for this course you must have your Bronze Star AND/OR be 13 years old by the last day of the course.

** To register for this course, you must have your Bronze Medallion.

Red Cross Babysitting Course

Will not be offered for the 2019 season.

Back by Popular Demand: Fun + Fitness Class. For kids who have already achieved Level 10 but who are not old enough or are not able to take the Bronze Medallion/Cross programs. A way to stay swim fit and make friends at the beach. No badge.

Two three-week sessions at a fee of \$35.00 per session; lessons are ½ hour/day.

Greg and Lori Edwards

Get Ready for Beach Events

You can feel the excitement building! Beach Events will take over Clubhouse beach next weekend, Sunday July 7th starting at 10:30 and wrapping up at Noon. We're looking for another great summer day for this so it's time to get your sunscreen and hats ready! Here's what you need to know to make Beach Events an awesome day:

1. Upon arrival at the beach, please check in at the "Awards" table as you pass by the Clubhouse to pick up an Event Guide/Score Card.
2. Each activity station will have an "event judge". The event judge will check off your scorecard as you complete each event.
3. Once a child has completed as many events as they can, the score card can be taken back to the Awards table for a prize!
4. Don't forget to stick around for the group picture at noon! Your chance to shine in the next Herald edition!

Call for Volunteers!

There will be up to 24 events set up along the length of the beach. Each event will require at least 1-2 volunteers. We are also seeking enthusiastic volunteers with special talents in face painting, juggling or other worldly abilities.

We would love to fill these positions with VB's best. Positions are open for anyone at least 10 years old (...no upper age limit!). Walk up volunteers are accepted day of as well!

Volunteers are requested arrive at Clubhouse Beach between 9:30-10:00am for station/event training before families begin to arrive.

See you there!

The Rec Staff

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Mutual** 

Art Thursday

Is a creative program design to inspire and unite the community. All instructors teach at the same time in the same location. If you would like to attend a program, please contact the instructors directly. This year due to popular demand we have expanded and now have a Wellness and Fitness section.

- Artist and Crafter to share their talents with the community.
- Bridge instructors.
- VB Book Club group leader.

Artists and Crafters

Each week this list changes depending on artist availability.

Class Roster:

1. Watercolour Painting with Nancy-Lou Ateah. \$60 Supplies Included, \$50 Bring your supplies. Contact via Facebook or text 204-999-4397 Teaching each of the 6 weeks.
2. Moccasin Making- Ashleigh Wheatley. \$60 One pair of Moccasin. Message Ashleigh to Contact via email: awheatley1985@gmail.com
3. Cooking with Sophie Saboureau (3 Weeks) Donation. (contact via Facebook) - Students are to supply their own ingredients
4. Embroidery – Sophie Saboureau (3 Weeks) \$10 (contact via Facebook) - Students are to supply their own ingredients
5. Felting- Melissa Jane Tichborne Class date and cost -TBA (Contact on Facebook) melissatichborne@gmail.com

Residential/Cottage Property Valuations Local Market Specialist



Laura Kemp, CRA
Owner/Appraiser
Office: 204-415-8584
laura@kempappraisal.ca

Financing
Estate
Divorce/Separation
Relocation
Tax Assessment Appeal
Investment Analysis

www.kempappraisal.ca

6. Class date TBA
Painting - Cori Jaye
(July 12th, 26th Aug 2nd and 9th) Cori Jaye contact at www.corijaye.com
7. Knitting- Debra Kulba
Knitting and Crochet \$15.00 all supplies included.
Text 403 608 4525. All skill levels welcome.
8. Book Folding- Leanne Van Bergen \$10.00
Text 204 481 2125 (Unlimited class size)
9. New artists - If you have an idea please send a message to artthursday@shaw.ca
Creative new ideas – TBA

Wellness and Fitness

1. Healing our hearts with Mindfulness, Movement Yoga.
Hedy Heppenstall BN, YTT. Cost \$10. Age 18+ limited to 6 students. (Class time 2:30)
2. Personal Trainer fitness programs and more. Contact Julie McPetrie at 204 979 2707 Price varies depending on program.
3. Check all forms of VBC media for program updates



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Charles Sherbo

TEL (204) 957 8332
csherbo@fillmoreriley.com

Daniel St-Jean

TEL (204) 957 8344
dcst-jean@fillmoreriley.com

Kelly Beattie

TEL (204) 957 8342
kbeattie@fillmoreriley.com

Fillmore Riley LLP

LAWYERS AND TRADEMARK AGENTS

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Rural Municipality of Victoria Beach

Reeve: Penny McMorris

Councillors: Graham Randle, Mike Bartmanovich, Steve Axworthy, Irwin Kumka

CAO: Raymond Moreau, 705-1661 Portage Ave, Winnipeg Phone: 204-774-4263

Toll Free: 1-800-513-3839 (MB only) Fax: 204-774-9834

Chief Police Constable: Gary Clarke 204-756-2322

Public Works Lead Hand: Trevor Halgren 204-756-2286

Public Works (after hours emergency): 204-756-2568

Building Inspector: Curtis Beaudoin Wpg Cell 204-291-8207

Website: www.rmofvictoriabeach.ca

Email: vicbeach@mymts.net

PLEASE PRACTICE WATER SAFETY AT ALL TIMES. PREVENT FIRES – TAKE CARE

PLEASE STAY OFF THE BANKS & EXERCISE EXTREME CAUTION ON LAKEFRONT PATHS

VB Membership

Welcome Back Everyone! I am so pumped to get summer going and to see you all!

CONTINUING ONLINE MEMBERSHIP PURCHASE this year! Please go to <http://www.victoriabeachclub.com> and click on the MEMBERSHIP link. There you will be able to purchase your membership, tennis shoe tags, and yoga pass with your credit cards. You will also be able to make a donation to the club to help us keep it in great shape for you and your families! After all, what would the beach be without all these great activities that we get at such a great rate!

The site will be available until June, 27, 2019. After this time period you can purchase your membership through the regular channels; Tennis Courts, Library and Victoria Beach Gate during regular business hours.

On July long, we will have a table to pick up your wristbands. Please ensure you bring a print out copy of your purchase, or the email confirmation on your smart phone to show us. Times are as follows;

Table by bicycle racks at the Parking Lot - Saturday from 9 am – 12 noon, June 29, 2019

Clubhouse – Sunday from 9 am – 12 noon, June 30, 2019

Memberships \$50.00 per family

Tennis (after membership purchased) \$15.00 per person

Yoga (after membership purchased) \$15.00 per person

Individual day passes \$5.00 per person

(These passes will entitle the wearer to participate in all Club activities (including yoga and tennis) offered on that particular day and will replace the tennis guest pass. Passes may be bought in advance, but must be dated for the appropriate day at the time of purchase)

Now, you are probably wondering about those amazing canvassers that come visit you every year? There will still be some, however, not for every route. The online membership is easing the work of those dedicated canvassers that would like a break. We know you all love the door to door service of the membership drive; however, we need to conserve volunteer energy. We strongly encourage you to purchase your membership online before June 28th, 2019. We are always accepting volunteers though, if you would like to ever help out. Just send me a email to monlywhite@hotmail.com.

See you on the beach!

Monica White

Phone /Text: 1 204 461 1694 q

Email monlywhite@hotmail.com

Book Sale:

Sunday, July 7th, 1-3 pm.

Book Donations Collected

Saturday, July 6th in the Morning

The summer is just getting started, but maybe there's still some spring cleaning to be done at your cottage! We don't judge! In fact, we welcome with open arms any and all books hanging around from last season or seasons long gone! Make sure to pass on the power of organized words, ideas, and information to your fellow VBers by donating your books to the Victoria Beach Club Book Sale.

The sale will be at the Clubhouse on Sunday, July 7th from 1-3 p.m. The profits will go towards the improvement and stocking of the VB Club Library, as well as various other VB Club initiatives.

The Flea Market team will be collecting your books that are ready for new hands along with your Flea Market donations. Please make sure to put out the items before 8 a.m. in a secure container like a box or a plastic bag. Remember to be mindful of the weather so that if it's rainy, you can cover your donations accordingly. We would appreciate a clear separation between Flea Market and Book Sale donations.

Last but not least, we're putting out a call for volunteers! If you have some time to spare on Saturday evening or Sunday morning for set-up or after 3 for clean-up, then come on down to the Clubhouse! New and returning volunteers are welcome. Extra hands make light work!

Thank you for supporting the Victoria Beach Library!

Your VB Library Staff

VB Community Church

The beach season has begun and it's so great to see everyone again. If you are looking for a place to worship and connect with others, give the Victoria Beach Community Church a try. We meet Sunday mornings from 10 - 11am at the corner of 8th & Pine. All are welcome to our services. Speakers from various backgrounds and denominations enrich and broaden our worship experience.

Our first service is July 7th at 10am with Kris Taylor, Deacon from the Lutheran Church, leading our worship. Check us out on Facebook Victoria Beach Community Church.

The Anglican Parish of St. Michael

VICTORIA BEACH

The Anglican Parish of St. Michael 8th and Pine,
VB invites you to worship with us each Sunday
throughout the year at 11:30am.

Please join us... all are welcome!

www.stmichaelsvb.ca

RMVB Garbage Pickup Summer Schedule

Door-to-door pickup is as follows (June 24 to Sept. 4, 2019):

MONDAY - Albert Beach, all areas south of Arthur Road and west of Ateah Road, including Ateah Road

TUESDAY - All avenues in Restricted Area north of Arthur Road including Sunset Boulevard

WEDNESDAY - Municipal garbage enclosures in all areas.

Garbage is to be placed in garbage bags and left in containers (preferably bear-resistant ones). Containers are to be placed in the front yard - not on the road allowance - by no later than 8:30 am. PICK-UP IS FOR HOUSEHOLD GARBAGE ONLY.

TRAVERSE BAY LANDFILL: PTH#11 - 3 miles east of PTH#11 & #59 intersection. Summer Hours OPEN DAILY - 9 am to 5 pm.

A pass is required, they can be picked up at the gate, public works, or the municipal office.



VB FLEA MARKET

Saturday, July 6
12:30pm–2:30pm
Victoria Beach Clubhouse

Welcome back to Victoria Beach...Our happy place! Once again, here is your opportunity to donate to the Victoria Beach Club by gifting us your treasures. Last year, with the help of our Vb Community & all the Volunteers we had the most successful Flea Market ever by raising \$4,000 for the Victoria Beach Club.

As the flea market convener, I was overwhelmed & privileged to have so many members of the community come out & support this important Vb Club event. The success of the Flea Market begins with Volunteers who provide their own trucks to help with the early morning pick-up along with more Volunteers for unloading, setting-up, sorting, pricing & to work at the Flea Market event in the afternoon.

Our 8:00am Sunrise Set Up:

If you are able to join us early in the morning, please "Come on Down" and help with pick up, unloading, sorting, set-up & pricing items as this all begins at 8:00 am ... *the earlier you can come the better*, as we are in desperate need of your help. If you have past flea market experience, please identify yourself & your area of expertise... antiques, artwork, electrical, furniture, linens, pricing, sporting goods, toys, etc... but please take note that **DUE TO SAFETY, ALL Volunteers between 8:00am–12:00pm (whether or not accompanied by an adult) MUST be of teenage years 13+ with NO EXCEPTIONS. Children 12 and younger are more than welcome to volunteer at the event from 12:30pm-2:30pm accompanied by their parent.**

If you are a Volunteer with a truck, please contact Joanne Parker Gibson at 204-891-1602 or jparkergibson@icloud.com by Thursday, July 4th to register as you'll be assigned a special gate pass & then on the Saturday please feel free to bring a buddy or crew and pick up your assigned route.

A very important reminder to **only** put out your donated items in front of your property on Saturday, July 6th between 5:00am - 8:00am. **Unfortunately donations put out on the avenues Friday evening disappear and never make it to the Flea Market which then prevents us from receiving your fabulous donations.** If you are going to be away that weekend and have items to donate in advance please email: lyndsidr@telus.net Also, very important if you are donating items to the Flea Market & the Book Sale please keep them in a SEPARATE box/bag and label them either Flea Market or Book Sale. Please note we **ONLY** accept small electrical appliances that are CSA approved. **Unfortunately we can NOT PICK UP: life jackets, mattresses, sofas, large appliances, TVs, microwaves, car seats, bed frames, cribs, toilets, carpets, BBQs and please ... NO clothing or broken items!**

Environmentally Friendly Clean Up

This year the Clean-up will be from 3:00pm-5:00pm (30 minutes after the Flea Market closes). In order to save items from going to the landfill, we are looking to have as many unsold items donated to other organizations therefore we need volunteers with a truck or van to help. If you would like to volunteer with the clean up please contact Ira van den Berg at 204-228-5499, or email: iravandenberg@gmail.com

Once again, I hope everyone is looking forward to this year's Flea Market & I'm confident with the ongoing support and encouragement of this wonderful Vb community, our 2019 Vb Flea Market will be a resounding success for the Victoria Beach Club!

See you at the Beach,
 Lyndsi da Roza
Flea Market Convener
lyndsidr@telus.net

Victoria Beach Car Park

"HAVE A GREAT SUMMER"
 from Kevin, Sandra and Parking Lot Staff

Season	Month	3 Weeks	2nd Car	2 Weeks	1 Week	Weekend	Daily
\$40.00	\$33.00	\$31.00	\$35.00	\$28.00	\$19.00	\$10.50	\$7.00

Season Stickers valid only if attached to
Left Side Window

2019 Victoria Beach Golf Course Rates

MEMBERSHIPS:	Seasonal	Monthly	Two Weeks
Family - Adult Couple	\$ 560.00	\$ 305.00	\$ 225.00
Single - Adult	\$ 310.00	\$ 200.00	\$ 160.00
Junior - 13 to 17	\$ 185.00	\$ 120.00	\$ 115.00
Family (Max 2)	\$ 400.00	\$ 185.00	\$ 150.00
1 Adult & 1 Child			
12 & under	\$ 130.00	\$ 90.00	\$ 75.00

GREEN FEES: 9 holes Weekdays - \$ 15.00 Weekends - \$ 17.00
 Children (12 & Under) - Weekdays \$7.00/round Weekends \$10.00/round

LOCKERS:	Lower Locked	Upper Locked	Lower Open	Upper Open
Seasonal	\$ 35.00	\$ 30.00	\$ 30.00	\$ 25.00
Monthly	\$ 30.00	\$ 25.00	\$ 30.00	\$ 20.00
Daily -	\$ 5.00			
3 Wheeled Carts -	\$40.00			

Manager: Karl Hutchison
PHONE – 204-756-2435

All above fees / memberships include GST. Children 12 & under may not tee off Saturday, Sunday or Holidays until after 10:00 am and must be accompanied by an adult. Small tournaments welcome. Gift Certificates & Debit Payment available. Golfers can drive into the golf course May, June, September & October.

VB COUNTRY MARKET

Welcome to Summer 2019 at the VB Country Market!

The VB Country Market started Saturday June 15 and runs each Saturday ending August 31. The VB Country Market hours are 10:00 AM to 1:00 PM and you can find us in the parking lot of the Victoria Beach Community Centre.

The long weekend includes all your favourite vendors and will run rain or shine. To date there are 22 vendors registered to participate on the long weekend. You are sure to find something special from fresh vegetables, smoked fish, Home Town Sausage products and wild rice or you may wish to purchase a gift for yourself or someone special and unique from the crafters, artisans, and clothing vendors.

There is room for more vendors, so please give anyone who is interested the VB Country Market email vbcountrymarket@gmail.com or text or call Carol at 204-880-0025. The weekly fee is \$20 this year with additional fees of \$5 for table rental if vendors don't have their own.

Please join us each week to see what products are available, to support our community, and to visit with neighbours and friends -- especially as we all join in the celebration of this beautiful municipality's 100th anniversary!

For more information, contact Carol Bartmanovich at vbcountrymarket@gmail.com.

See you soon!

JULY 10 **VICTORIA BEACH CLUBHOUSE**

LADIES
Movie Night

Doors Open at 7:00 pm
Movie Starts at 7:30 pm

Join us for an evening of **FUN & LAUGHTER!!**
Great movie, prizes, wine & coolers!
\$10.00 (exact change appreciated).
Wear your wristband!!

"It's snack time"
SUMMER'S ON!
AT YOUR SELKIRK SAFEWAY
MAIN ST. (HWY. 9) & MANITOBA AVENUE

Your Voice in Government
Wayne EWASKO
MLA for Lac du Bonnet
204.268.3282
wayne@wayneewasko.com

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Winnipeg National Bank Challenger brings “Wimbledon to Winnipeg”

If you are a tennis fan, you will soon have the opportunity to watch a world class tournament right here in Manitoba.

The Winnipeg National Bank ATP (Association of Tennis Professionals) Challenger Tour is bringing amazing young talent to Winnipeg from July 8-14 at the Winnipeg Lawn Tennis Club.

Tournament players are ranked 45-300 in the world. Previous competitors in this event include: Alexander Zverev (ranked 4), Johanna Konta (ranked 4), Kyle Edmund (ranked 26), and Felix Auger-Aliassime.

From the level of play by Canada’s up and coming tennis stars, to the referees/umpires who have officiated at Wimbledon and at Indian Wells CA, this tournament is a world class event.

Local Victoria Beach cottagers, John Heppenstall, and Lisa Lucht are both excited about the tournament. “I’m definitely planning on watching a few matches as the level of play will be fantastic. Maybe I’ll learn a thing or two to improve my game!” says Heppenstall.

Lucht, who volunteered at the Indian Wells CA tournament in the spring says, “I had the opportunity to shuttle officials to and from matches, and learned they had officiated at Wimbledon, and would also be officiating at the Winnipeg tournament. We don’t have to travel far this summer to see an amazing week of high level tennis.”

Affordable ticket prices range from \$10 a day, to \$15 a day for the finals weekend. A tournament pass is also available for \$75. Tickets can be purchased on line at National Bank Challenger Cup website, and on the ATP Tour website. Check out the Winnipeg National

Bank Challenger Cup Facebook page or Instagram account for more tournament details. You can also find information on the Tourism Winnipeg website.

Bring the whole family out to see these young stars in action.

Shopping at the Beach!

Merry Makers Artisan Show & Sale

Saturday July 13th - 10am to 4pm
VB Community Centre Hwy 59

Many of your favorites and new vendors!
For Vendor Registration contact
Merrilee Green 204-756-3398
merrileegreen@gmail.com
We still have room available.
 VBCC Fundraiser event

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Walk for Water 2019

This annual Victoria Beach and District fundraising event in support of the *Lake Winnipeg Foundation (LWF)* will take place on Sunday, August 11th. Watch the Herald for information on both the *VB and District Walk for Water* and the important work LWF does towards improving the health of our wonderful lake.

What better way to honour Victoria Beach's 100th Anniversary than to support the organization dedicated to making a healthier Lake Winnipeg a reality.

Aerobics & Total Body Conditioning Classes in the Clubhouse

Please bring a mat, towel and water with you to each class.
Julie McPetrie

DATE	INSTRUCTOR
July 2	Julie
July 4	Janice
July 9	Julie
July 11	Julie
July 16	Laurel
July 18	Laurel
July 23	Laurel
July 25	Laurel
July 30	Julie
August 1	Janice
August 6	Julie
August 8	Julie
August 13	Janice
August 15	Janice



TUXEDO

Animal Hospital

Dr. P Dorval Dr. J Watson **204.488.1843**
 Dr. S Iacovides Dr. J Stewart-Hay 192-2025 Corydon Avenue
 Dr. J Bongiorno Dr. K Torske Winnipeg, MB R3P 0N5
 Dr. K Wiebe



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 www.quadrantprivate.com

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 FAX 204.756.3798



Family Fitness

Whether you have a stroller or a child/ children all ages are welcome to Family Fitness! It is run exactly like a bootcamp class only shorter with some modifications for the children or adults if needed.

I hope to see you at my Bootcamp classes this summer!! For more information please call or text Julie McPetrie #204-979-2707

Where: We will meet at the Memorial Stage (by play structure)

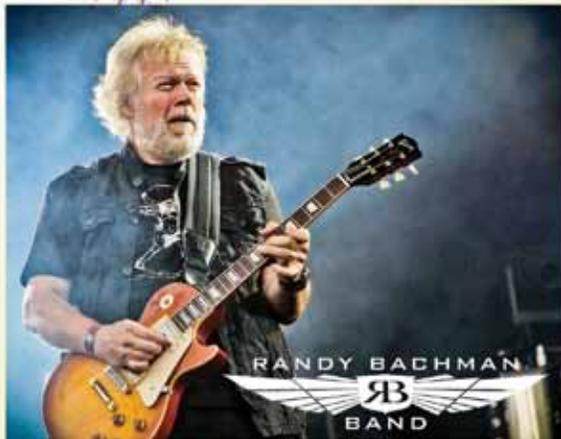
Time: 8:15-8:50am (classes may be subject to change so please check out the VB Herald weekly)

When: July 3, 5, 8, 10, 12, 19, 22, 26, 29, 31 & August 2, 7, 9, 12, 16



As it is with any VB activity the classes are free with membership or day pass. Please wear your wristbands! Yes it's early for some but it needs to be before the regular bootcamp class at 9am and before the other children's activities at 10am. There are no excuses for neglecting your fitness this summer...and now you can justify that snack at the bakery! Hmmm possibly Julie McPetrie, CFC, BA Kinesiology

FEATURING RANDY BACHMAN!
13th Annual July 19 & 20, 2019
Summer Winds
FAMILY MUSIC FESTIVAL
 Victoria Beach Community Centre Grounds, Hwy 59



Frankie & The Poor Boys



Rattlesnake Suitcase



Whole Lotta Angus

- Friday July 19 -**
 Gates open at 6:30 pm
- Jesse Bandura
 - Wonderland
 - Frankie & The Poor Boys (CCR Tribute)
 - Rattlesnake Suitcase (Guns & Roses Tribute)

- Saturday July 20 -**
 Gates open 6:00 pm
- Ray Martin Band
 - Daylin James (Elvis Tribute)
 - Whole Lotta Angus (AC/DC Tribute)
 - Randy Bachman

GET YOUR TICKETS BEFORE THEY'RE GONE!

- **BEST VALUE! Advance Sales:** Weekend Ticket \$50 until July 14th, 2019
- After July 14th: \$70 (Friday tickets \$30, Saturday tickets \$60)
- Children 12 and under accompanied by an adult free. • Each Additional Child (age 12 and under) Ticket \$5

For more information go to summerwindsmusic.com Follow us on Facebook!



No Ticket Refund. Event runs rain or shine. **ID IS REQUIRED TO PURCHASE OR CONSUME ALCOHOL!**



Back by popular demand!

YOU make these classes a success! Everything and anything that we do can be modified so are you ready for a challenge?

I hope to see you at my Bootcamp classes this summer!! For more information please call or text Julie McPetrie at 204-979-2707

Where: We will meet at the Memorial Stage (by play structure)

Time: 9-10am (classes may change so check in the VB Herald weekly)

When: July 3, 5 8, 10, 12, 19, 22, 26, 29, 31
August 2, 7, 9, 12, 16

As it is with any VB activity the classes are free with membership or day pass. Please wear your wristbands! Minimum age is 13 years old to attend with a parent/guardian's signature. Don't worry though, if you are younger you may attend "Family Fitness" at 8:15am with a parent or guardian.

Julie McPetrie, CFC, BA Kinesiology

SAVE THE DATE!

Solo Voyage Around Lake Winnipeg

Presenter: Alex Martin

When: Wednesday,

July 24, 2019, 7:00 pm

Where: Social Scene (Senior Scene)

**Educational evening organized by
LWF - VB Walk-for-Water Committee**

Kickit
dance studio

2 LOCATIONS!

ISLAND LAKES 204-254-2277 UNIT 3-20 ISLAND SHORE BLVD.	STERLING LYON 204-269-9003 UNIT 3-986 LORIMER BLVD.
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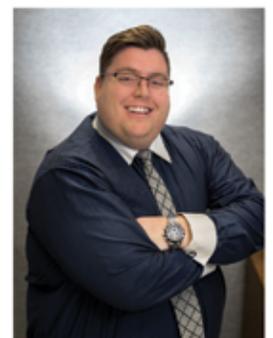
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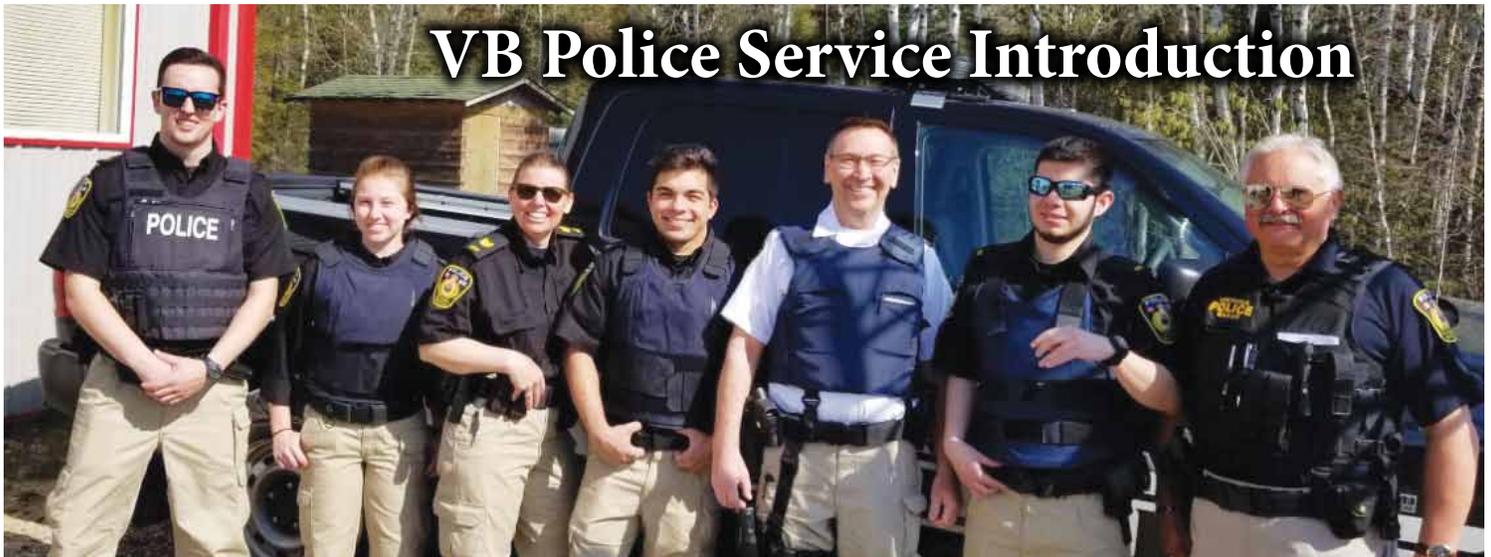
- Cottage Succession Planning
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- Risk Management



Kevin McIntyre B.A. RRC, CFP

Division Director
Investors Group Financial Services Inc.

(204) 999-1997
kevin.mcintyre@investorsgroup.com



VB Police Service Introduction

As the Victoria Beach Police Service Chief, I wish everyone an enjoyable and safe summer.

The Victoria Beach Police Service has hired a great crew this year. It's with great pride that I introduce to everyone the officers of the Victoria Beach Police Service;

- Stu Macpherson #1244
- Jen Halley #1877
- Jessica Nichols #4000
- Melvin Flores # 4001
- Mohit Merha # 4002
- Nick Bruneau # 4003

All of these officers come with a wide range of knowledge and expertise. They are very eager to assist you all in any way they can. Please don't hesitate to say hello to them on your travels this summer.

A reminder that your Police Service can be contacted at 204.756.2322.

Always be safe and have fun!
Sincerely,
Chief Gary Clarke

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Ladies Golf Tournament 2019

**Mark your calendars for this year's
VB Ladies Golf Tournament, July 31**

Come play, mingle, and make new golf buddies on our favourite beach course! The 2019 Ladies VB Golf Tournament is traditionally the last Wednesday in July — so, July 31st this year with sign-up beginning early July at the golf course.

Enter soon as the draws (8:30 AM and 11:30 AM) for this popular and relaxed nine-hole event fill up quickly. With limited space, registration is open only till noon on July 26. All participants must be 18 and over, and payment is required at registration (non-members also pay green fees).

Create your own team or sign up as a single; it's a great way to meet new friends. This year's tournament fee is only \$25 — an excellent deal as it includes two glasses of wine, a wind-up party full of prizes and surprises at the Victoria Beach Community Centre on Hwy 59, plus delicious treats from the Merry Makers.

The golf tournament committee is currently soliciting donations for prizes and silent auction items, which can be dropped off to any of the organizers below, or at the golf course up to July 26. Donors are, as always, gratefully acknowledged at the event and in the Herald online and in print. All proceeds from this fun beach event go to charity.

Submitted on behalf of the 2019 Organizing Committee:

Patti Ulrich (patti.ulrich@mymts.net)

Stephanie Schultz (slschultz@mymts.net)

Margo Goodhand (margogoodhand@gmail.com)

Laura Ateah (lauraateah@gmail.com)

Ruth Lindsey-Armstrong (cliff.armstrong81@gmail.com)





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HOSPITAL**

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stonewallvetclinic.com**




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Saffies has been happy for the past 8 years to supply the Victoria Beach Store with fresh produce, dairy, a wide variety of grocery items and so much more!

Open **8am-8pm everyday** until September 2nd
open weekends until Thanksgiving Weekend.

**Order your Victoria Beach 100th
Anniversary T-Shirts at the store!**

204-756-3425

Deliveries available Friday afternoons \$5 surcharge

8 at the Gate

A few of our riders got a head start on this years' riding season. Mike Sampson, Wayne Sato (Wpg) Bob Marshall, Kerri Guralnick and Phil Murray (missing from picture – finished early, drank his beer and left), participated in a Gran Fondo in Minneapolis in May. We have had a slow start to the season at VB with cool weather and lots of other activities keeping us off the roads.

We ride for fun, fitness and conversation. Some of our riders are training for other events: triathlons, fundraising rides and other Gran Fondos (Big Rides).

There are two features on our annual calendar at VB. One is participation in the VB Club Raffle through the purchase of bikes with the assistance of Walter Jozwiak of Lifesport on Pembina, and generous donation from our riders. The other event is our annual Gran Fondo Gran Colazione (Big Ride Big Breakfast) on the August long weekend. This event is becoming more popular over the years with riders from Switzerland, Scotland, California, British Columbia and Alberta. We even allow riders from Saskatchewan.

Please watch for us on the roads in our area. As it says on the shirt we ride leaving from the "Gate" at 08:00 every morning – weather permitting. Riding through Albert Beach, Hillside Beach to Lester Beach at moderate pace (25 – 30 km/h,) we welcome riders of all levels. Contact Bob Marshall: cell 204 261-4292, VB land line 204 756-8255, email jmarsha@mymts.net. Facebook "eightatthegate"



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Kayak Meet-ups Are Back in 2019

Thursday evenings from mid-July to late August offer a chance to kayak with a group and join in a safe and sociable water sport on the lake. If you have a kayak, you can paddle around to the Yacht Club on the bay (across the road from the VB clubhouse) and get right into it. Alternatively, as an arm of the Victoria Beach Yacht Club, we are pleased to advise that you have the opportunity to join the Club for a modest rate and store your kayak in the secure

compound beside the famed 'sailing shack', which is actually a pretty fun facility. See <https://www.vbyc.ca> for details.

We head out on the water at 6:30, after prepping the kayaks. Once launched, we start together, chatting as we go, and spread out according to circumstances. It is a friendly and supportive event. Anyone wanting accompaniment has only to ask, but paddlers are not able to instruct. For a chance to learn from a pro, watch for a notice by VBer Alex Martin, offering a series of training and skills development opportunities. Alex is the young adventurer who circumnavigated Lake Winnipeg in his kayak in the summer of 2018. He is certified to instruct safe kayaking techniques. Alex will be hosting a slide show and talk on his adventures and experiences on the lake later in July.

If you don't have access to a kayak and would like to try out the sport, come about 15 minutes early (times and dates are below) and we'll hopefully have a craft available for you. You must be 18 years or older, be able to swim, and sign a waiver. Life jackets (PDFs) are a must so always bring one. A power boat accompanies all outings, with a driver trained and certified in rescue.

Kayak meet-up dates are Thursdays July 11, 18, 25, and August 8, 15 and 22. We launch at 6:30 so come in good time to get ready before that. See you there!

For information, contact Greg Thomas (204-756-2367) or Susan Hall (756-3318)

Kayak FUN-damentals

Interested in learning how to kayak? Want to improve your skills? Victoria Beach's own Paddle Canada sea kayaking instructor Alex Martin will be running kayaking courses and clinics this summer here at the beach! Get into kayaking with the Waterfront course, start your sea kayaking career with the Basic Sea Kayak course, or improve your skills for day tripping on the Level 1 Sea Kayak course. Not enough time in the summer? Consider attending a quick clinic to improve your forward paddling, learn rescue techniques, or learn to use a spray skirt and wet exit. Come on in, the water's fine! For more information, contact Alex at (204) 803 - 7520.

Thanks so much,
Alex Martin
204 803 7520

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for all 4L locations visit
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Victoria Beach Community Centre

All Season Recreation Before the Gates



VB Country Market Open June 15-August 31
 Vendors can register online
vbcommunitycentre.com/country-market or contact
 Carol at vbcountrymarket@gmail.com or 204-880-0025

Sun Country Arts & Craft Sales
 Saturday, June 29 & Saturday, August 10
 9:30 AM-2:30 PM. Vendor registration contact
 Barb Batulla barbdoug@mymts.net 204-794-7627

Merry Makers Artisans Sale - Saturday, July 13
 10:00 AM-4:00 PM. Vendor registration contact
marileegreen@gmail.com

VBCC Annual Golf Tournament Friday, August 9
 Hole Sponsorship, Amazing Prizes, Silent Auction & BBQ
 Steak Dinner. Early Bird Registration. Register at
www.vbcommunitycentre.com or contact John
 Heppenstal 204-229-0777

Merry Makers Rummage Sale September 20-22
 Biggest rummage sale this side of Lake Winnipeg!
 If you have items to donate please drop off in cage located
 on the north side of skating warm up shack or contact Lynn
 Anderson 204-754-7557.

Fall Fish Fry Saturday, October 12
 Hosted by VB Firefighters and VB Community Centre.
 Serving fresh Lake Wpg Pickerel, homemade fries, salads
 and a variety of pies. Silent auction, cash bar, VBCC
 memberships. 2 seating's at 4:00 & 6:30.



This Years Headliner
RANDY BACHMAN

For festival details visit www.summerwindsmusic.com

Book your wedding, social, shower, anniversary or family-get-together with us. Detailed rates on our website or contact Bruce Morrison 204-756-6463.



www.vbcommunitycentre.com

Breakfast Club

Saturday's 9 AM—Noon
 Every Saturday from May-
 Thanksgiving serving pancakes,
 bacon & eggs, cinnamon buns
 and breakfast sandwiches! We are
 always looking for volunteers to
 help set up, serve coffee, take or-
 ders & dishes. If you would like to
 help please call
 Gloria 756-6900 or Cec 756-6465



Monday from May-Sept. 2
 Doors Open 6:30 PM
 Games Start 7:00 PM
 Canteen is Open
 serving burgers, dogs,
 fries & treats.
 Bar Open

YOGA & Zumba

Tuesday & Thursday
 Zumba 5:30-6:30 PM
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 Lorine Mason 204-250-6466



LEARN TO SAIL IN 2019

Sailing Lessons for all ages at the Victoria Beach Yacht Club

VBYC will be hosting four weeks of CANSail Certified Sailing Lessons for all ages. The CANSail Program is instructed by Sail Canada & Sail Manitoba Certified Coaches. The VBYC CANSail Program uses the Optimist Vessel (shown above) for kids and the Laser II (2 person boat) for Youth and Adults. Let this be the summer you get on the lake and learn to sail! To Register online, please visit WWW.VBYC.CA or for more information, please contact Ryan Van Berkel.



July 8 - 12
 July 15 - 19
 July 22 - 26
 July 29 - Aug. 2
 August 5 - 9

Youth & Adult (Ages 13 +)
 Kids (Ages 7 - 13)

Kids - \$160
 Youth/Adults - \$210

3 Hr. Sessions
 9 AM - 12 PM or
 1 PM - 4 PM

VICTORIA BEACH YACHT CLUB
 Victoria Beach, MB
 204 291 1775
vbycsailinglessons@gmail.com
 Online Registration at:
WWW.VBYC.CA



VB Celebrates it's 100th Anniversary Aug. 6, 2019!

What a week we have planned for our residents. Please join us in Albert Beach on Monday, August 5th as Lise at Saffie's puts on an amazing day of French, Metis and Indigenous cultural events. Bike or hike over and join in the festivities.

Tuesday, August 6 is our actual 100th Anniversary as a municipality. Join us on the Village Green in the vehicle restricted area for a full day and evening of events. We have face painters, musical entertainment in the afternoon and evening as well as an Elder's History Story Telling event in the early evening under the big event tent. We will be unveiling our Legacy monument and our VB interpretive panels at noon and welcoming speeches from our local government representatives. Bring a blanket, a lawn chair

and a picnic lunch. Transportation will be provided from parking areas to the Village Green and our local merchants at the Store, the Bakery and the Moonlight Inn look forward to serving your food and beverage needs.

Ron Hampton will be organizing tours of the Faith Bible Camp site on Olafsson Boulevard on August 3 and 4th and we're checking with Sustainable Development for permission to tour the old Faith Bible Camp site on Elk Island. Ron will also be giving tours and sharing stories of the Pioneers resting at the VB Cemetery on McCawley Road and PR 504, tentatively scheduled for the evenings of August 7 and 9 and the afternoon of August 8.

Two talented and committed ladies, Margaret Murray-Haddad and Joanne Parker-Gibson are thrilled to be presenting a VB musical covering 100 years of our history on Saturday, August 10 and Sunday, August 11. The local cast and crew are gearing up for rehearsals and getting ready to put on a great show to cap off our week of anniversary festivities at the East Beaches Social Scene. Stay tuned for information on ticket sales.

We are also encouraging families to put together a history board of their VB home or cottage, with photos and special events in their VB life. Set the board on your boulevard when you are in residence, bring it with you on August 6 to the Village Green and share it with your beach neighbours as you learn their stories and their history! Be creative and proud of your VB story.

Please check out the Victoria Beach 100th Anniversary Face Book page for updates on times, events and activities. Volunteers can contact me directly at pmmcormis@victoriabeach.ca, or you can contact the folks putting on the events noted above. Special thanks to the Federal Building Communities through Arts & Heritage grant program for their support and to the RM of Victoria Beach and our amazing volunteers, planners, contractors and other supporters of this event. Thanks to talented local graphic designer Steve Boyd for his 100th Anniversary logo.

Penny McMorris, Reeve

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2019 Rec Staff



Hi, my name's Karissa Bowden and I'm very excited to be a Head Rec Assistant this summer! I recently graduated from Kelvin High School and this fall I will be attending the University of Manitoba in the Faculty of Science. I am a competitive dancer at Kickit Dance Studio where I am also an assistant teacher. Some of my favourite things to do in VB are going for bike rides and spending time at the beach with a good book. In my free time I enjoy sketching and painting. I am looking forward to another amazing summer!



Hi! My name is Tia Davison and I am very excited to be returning for my third year as a Rec Assistant and first year as a Head Rec! This past June I graduated from Shaftesbury High School and I will be starting my first year of University at the U of M in the Asper School of Business. I love playing both indoor and outdoor soccer and I can't wait for lots of Spikeball tournaments on the beach! If we haven't met yet please don't be shy and come say hi! I can't wait for another fun-filled summer at Victoria Beach and am looking forward to seeing everyone participate at the activities!



Hey fellow VB'ers! My name is Jack Menec and I am once again a Rec. Assistant for the summer of 2019! I am 17 years old and going into grade 12 at St. Paul's High School. Some things that I enjoy doing during my free time include playing hockey, fishing, tennis, going on long bike hikes and hanging out with friends! Growing up at Victoria Beach and participating in the Rec. activities is something that I've always enjoyed and I cannot wait to be a part them for yet another summer! If I'm not at the Rec. events you can usually find me at the beach playing spike ball or catching some rays. I am quite excited to see everyone at the Rec. events this year and can already tell that this summer will be fantastic!



My name is Declan Bowden and I am excited for my first summer working as a Rec Assistant. I'm going into Grade 11 at St. Paul's High School. I play AAA hockey as well as lacrosse and basketball. Some of the rec activities I've enjoyed while coming to the beach are Yoshi's Island, the soccer tournament and sports day. Other things I like to do during the summer are hanging with friends at the beach and getting treats from the bakery. I can't wait to have a great summer and look forward to meeting all the VB kids!



Hi, my name is Linnea and this is my second summer as a Rec Assistant. I had so much fun last year, and I'm so excited to see everyone again. This fall, I'll be starting grade 12 at St. Mary's Academy. During the school year, I play soccer and I have a job at an escape room. I've been coming to VB my whole life, and summer here is the best part of my year. I love to play tennis, go to the beach and visit the bakery every day. So come say hi if you see me around. I hope this summer is the best one yet and I can't wait to see everyone at all the activities!

CONTINUED



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**RECYCLE THIS
 NEWSPAPER!**

2019 Rec Staff



Hi, I'm Dana Poulton. I'm super pumped to be returning for my second summer as a Rec Assistant. I just graduated from Oak Park High School and will be attending the University of Manitoba in sciences in the fall. I love playing all different kinds of sports and mainly just being active. I have been coming down to Victoria Beach for as long as I can remember and have always enthusiastically participated in all the activities Victoria Beach has to offer. My favourite memories from summer were all from when I was participating

with the Victoria Beach Club activities. I'm looking forward to another wonderful summer filled with trips to the bakery, pier jumps, beach days, tennis games, and spikeball. I hope that I can help make your summer as special and memorable as mine are, here at Victoria Beach. See you at the games field!



Hello, my name is Andrew Kaul and I am back for my second summer of Rec-Staff. I have just recently graduated from St.Paul's High School and I am attending the University of Winnipeg this upcoming fall for Education. Over the winter break, I did some traveling over in Europe and the States. I am so excited for ;summer to start up again so I can participate in my favorite events: sports day, the soccer tournament, the volleyball tournament, and the cross country run! Just to warn some of you I have improved my dodgeball skills over

the winter and have been compared to White Goodman the greatest dodgeball player to ever live. Some other activities I enjoy doing in the summer are playing tennis and pier jumping. I am so excited to be back at the cabin relaxing on the beach and stuffing my face with Pizza Buns and I hope that this summer can be even more amazing than last summer!!

Tennis Bios



Sam Drybrough
(Head Tennis Attendant)
School: University of Alberta
Career goal: Dentist
Who's someone you admire, and why?
Lebron James, because of his outstanding work ethic.
Where do you see yourself, 10 years from now? Still playing tennis at Victoria Beach.
List three words that you describe you best.
Hard-working, Athletic, Caring

What is the first item on your bucket list? Travel in Australia.
What's a goal you have for yourself that you want to accomplish in the next year? Survive my first year of university. What is your personal motto? "Just do it."



Brooke Oxenforth
School: St. Mary's Academy
Career Goal: Doctor of Medicine
Who's someone you admire and why?
Someone I admire is Michelle Obama. I admire her because she is an advocate for so many causes, including showing girls they can do whatever they want when they grow up as well, she is an advocate for poverty awareness, education, nutrition and more!
Where do you see yourself 10 years from now? I see myself graduating with a Doctor of Medicine and a set career

path in front of me. Spending time with my family enjoying summers out at Victoria Beach. List three words that describe you best. Outgoing, Fun, Caring. What's the first item on your bucket list? To travel to Europe with my best friend. What's a goal you have for yourself that you want to accomplish in the next year? A big goal I want to accomplish in the next year is winning the ESSO cup with my hockey team. (ESSO Cup is the Canadian national women's midget AAA hockey club championship). What's your personal motto? "Life's what you make of it."

CONTINUED

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Tennis Bios Continued



Meghan Pidskalny
 School: Shaftesbury High School
 Career goal: Pharmacist or Forensic Pathologist
 Who's someone you admire, and why? Someone I admire is Malala Yousafzai because she is a strong advocate for young girls being allowed to get an education and even after she was shot, she continued to fight for women's rights. Where do you see yourself, 10 years from now? Being successful in whatever career I choose, and hopefully married with kids.

List three words that you describe you best. Adventurous, Considerate, Compassionate What is the first item on your bucket list? Going to Antarctica. What's a goal you have for yourself that you want to accomplish in the next year? Passing my driver's test and getting my driver's license. What is your personal motto? "Mistakes are proof that you are trying."



Christopher Edwards (Assistant Head)
 School: St. Michael's College School
 Career goal: Engineering
 Who's someone you admire, and why? Jaromir Jagr, because he has been able to pursue his dream of playing hockey for his entire adult life and is one of the best to ever do it. Where do you see yourself, 10 years from now? Graduated from university and hopefully well into establishing my career. I would have also liked to have traveled in that time span.

List three words that you describe you best. Funny, hard-working, charismatic What is the first item on your bucket list? Visit the Olympics somewhere foreign to me. What's a goal you have for yourself that you want to accomplish in the next year? Get into a good university. What is your personal motto? "Hard work beats talent when talent doesn't work hard"



Arabella Zeilstra
 School: Niverville Collegiate Institute
 Career goal: Engineer or doctor.
 Who's someone you admire, and why? Kyle Connor, because he's a legend in the making.
 Where do you see yourself, 10 years from now? Putting off studying to go buy a dream cookie because that's more important. List three words that you describe you best. Embarrassing blonde moments...
 What is the first item on your bucket list? Throwing a dart on a map and travel

to wherever it lands as long as it's Hawaii! What's a goal you have for yourself that you want to accomplish in the next year? Work on my tennis bio earlier than the night before it's due! What is your personal motto? "If at first you don't succeed...watch me do it."



Brynn Psooy
 School: Kelvin High School
 Career Goal: To be successful.
 Who's someone you admire and why? Serena Williams, because she continues to raise her game and never gives up.
 Where do you see yourself 10 years from now? Starting a career.
 List three words that describe you best. Relaxed, Fun, Persistent. What's the first item on your bucket list? Scuba Diving What's a goal you have

for yourself that you want to accomplish in the next year? Earn a scholarship to University. What's your personal motto? "It never gets easier, you get better."



Ryland Nechwediuk
 School: Dakota Collegiate
 Career goal: Engineer or Architect
 Who's someone you admire, and why? I admire Blake Jones because he's 2 years younger than me and I can't beat him. Where do you see yourself, 10 years from now? Dating the girl of my dreams and hopefully starting my career.
 List three words that describe you best. #fullsend, #nohalfsend, #sendit What is the first item on your bucket list?

Go on a vacation to somewhere that I can surf. What's a goal you have for yourself that you want to accomplish in the next year? Save up enough money to buy a car. What is your personal motto? "Get 'er done."



Andreas Davison
 School: Shaftesbury High School
 Career Goal: Marine Biologist
 Who's someone you admire and why? Jenia Grebennikov, because he won the world's best Libero two years in a row and I would some day like to be as good as him. Where do you see yourself 10 years from now? Working in a marine biology lab and playing volleyball. List three words that describe you best. Enthusiastic, Fun, Kind. What's

the first item on your bucket list? To travel to New Zealand What's a goal you have for yourself that you want to accomplish in the next year? I would like to complete my grade 11 year with academic honours. What's your personal motto? "If Plan A doesn't work, the alphabet has 25 more letters."



Thomas Partridge
 School: Royal DePauw University
 Career goal: To be happy in whatever I am doing. Who's someone you admire, and why? Roger Federer, because he is the GOAT of tennis. Where do you see yourself, 10 years from now? Hopefully working somewhere I like. List three words that you describe you best. Fun, Friendly, Athletic What is the first item on your bucket list? Working at the VB Tennis club for two

years in a row. What's a goal you have for yourself that you want to accomplish in the next year? To be successful in my first year of university. What is your personal motto? "You can't score without goals."

TRIVIA NIGHT

FRIDAY AUGUST 2
AT THE CLUBHOUSE

Choose nine of your smartest friends and compete against other teams in the ultimate trivia contest. The cost to register a team of ten is \$100.00. Get your team together early as tables are limited.

Tickets will be sold on a first come first serve basis. No tables may be pre-ordered. Tickets must be paid for at the time of purchase (cash or cheque). Only one table per person may be purchased. Tickets will go on sale Saturday, July 13 at 9:00 am, at the tennis kiosk.

Swimming lessons begin on Monday, July 1st.

Registration Day - Sunday, June 30th from 10am-12pm @ the Clubhouse

All registration will be first-come, first-served.

Payment is due upon registration.

Session 1: July 1 – July 19 • Session 2: July 22 – August 9

Registration Day:

- Bring your copy of VB Club membership form (memberships available on-site; wristbands will NOT be accepted as proof of VB Club membership)
- Bring cash or cheque
- Know relevant medical conditions of each registrant (asthma, allergies, etc.). We will not be collecting medical numbers this year.
- Know expected date of arrival/departure
- Bring your own pen or pencil

TENTATIVE SCHEDULE:

9:00	Registration	Bronze Cross & Medallion	7/8	1/2	4	
9:30			1/2	Preschool 1	9/10	
10:00		5/6	Preschool 2	3	7/8	
10:30	5/6	4	9/10	Private	3	
11:00	Preschool 1	9/10	5/6	4	1/2	
11:30	Parent + Child	7/8	Bronze Star	3	Preschool 2	
12:00	Fun + Fitness	Preschool 1	9/10	5/6	1/2	
LUNCH						
1:30	5/6	3	7/8	Preschool 2		4
2:00	9/10	Preschool 1	4	5/6		Private
2:30	Bronze Cross & Medallion	7/8	1/2	3		Preschool 2
3:00		Private	Preschool 1	9/10		1/2

See you on Sunday!

Greg and Lori Edwards



HOWDY VB KIDS!

Rec Program July 1-5

Arts & Crafts
Map mobiles/
pinwheels
Tuesday at the Clubhouse
at 12:30

Bike
Hike



SPORTS GROUND
ACTIVITIES

to
Albert Beach

Children's Games:

Mon. & Fri.

10:00-11:00 am (Ages 4-10)

Youth Sport:

Mon. & Fri.

10:00-11:00 am (Ages 10-14)

Family Games:

Mon. Wed. Fri.

7:30-8:30 pm

Golf Lessons

Tues. 10:00-10:45 am

Ages 6-11

Thurs 530 ages 12-16

VB Golf Course



Golf Lessons

*Tuesday: 10:00-10:45
am ages 6-11 at the
Sports Field)*

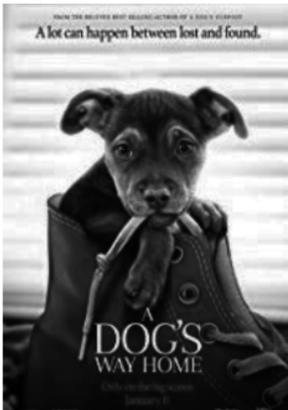
*Thursday ages 12-16
5:30 pm at the
VB golf Course*

Teen Movie Night

*Wednesday July 3
9PM at the Clubhouse.
All those born in 2006 and
earlier welcome!
Free Popcorn and prizes*

KIDS MOVIE NIGHTS

**EVERY TUESDAYS & THURSDAYS at
7:30 PM**



Tuesday July 2
Dogs Way home
G | 93 Min

Thursday July 4
Lego Movie Part 2
PG | 107 min



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Lake Winnipeg East Beaches UNITE! Connecting Communities To Protect our Lake & Forests

East Beach Residents and cottagers have enjoyed the peace, tranquility and beauty of Lake Winnipeg and the surrounding Boreal Forest's natural environment for generations. The sense of wellness, comfort and positive connections with family and friends is part of our lakeside experience. Unfortunately, Lake Winnipeg and the Boreal Forest surrounding it are threatened. Zebra mussels, annual toxic algal blooms, high E. coli counts, endangered wildlife and disappearing wetlands are just some of the challenges that our lake and forest areas are facing. These threats put both our place of peace and property values at risk. Join us to find out what we can do individually and as communities to protect and preserve our natural spaces. Together we can revive a respectful, healthy co-existence with Lake Winnipeg and the Boreal Forest and preserve our treasured sanctuaries for future generations. Saturday, July 6th 2019, 10 a.m. Grand Marais Recreation Centre
Presentation by: Lake Winnipeg Foundation Dr. Alexis Kanu, PhD Executive Director - Lake Winnipeg Foundation Marlo Campbell Communications Director - Lake Winnipeg Foundation

*Additional Presenters TBA

VB Girls' Tennis

with Robert Kennedy

Wednesday, July 3rd



tennis games, friends and fun...
for girls 5-14 years old

3:00 - 3:45 (ages 5-7)

3:45 - 4:30 (ages 8-12)

4:30 - 5:15 (ages 13-14)

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- ◆ 18 holes with different challenges and many flavors of ice cream!
- ◆ Birthday parties, field trips, special events!
- ◆ Fun for all ages!

puttersdreamminigolf@gmail.com 1.204.461.1694

A Victoria Beach Builder & Decorator



- Building repair and building leveling
- All types of building and painting
- Design & drafting services available

Satisfaction Guaranteed

Scott Thain Ph: 756-8130

CLASSIFIEDS

Classified ads are an affordable way of selling new or used items; Expanding your business; Sending your loved one a congratulations message or announcing the birth of your baby, grand baby or engagement. Cost is \$12 for 25 words and \$.25 for each additional word and can be paid by visa or m/c. Please contact Lana at 204-292-2128 or email: jmeier@highspeedcrow.ca before Friday 4 p.m.

BIKES WANTED - Please text 204 963 6659 if looking to discard bikes. Will haul away for free (preferably in fall) those which are salvageable.

NEED A HANDYMAN? For prompt, courteous, and reliable help call Mike's Handyman Service at 204-799-1703.

18' HOBIE CAT CATAMARAN for sale, \$4900, top shape and ready to sail. Located on Yacht Club Beach. For complete details call 204-250-5875.

RECYCLE THIS NEWSPAPER!

Personal Training

Are you interested in...

1. One on one with a personal trainer
2. Partner training
3. Individualized exercise programs

Please contact Julie McPetrie at #204-979-2707 for more info.



ateahrealty
professional service, professional results

Welcome back everyone - for another great summer!

VB/Wanasing Beach LAKEFRONTS	5 Clearwater\$34,900
51 Wabanong REDUCED ..\$388,000	2 sheds,driveway in, cleared
27 Wabanong\$349,000	1 Evergreen.....\$24,900
*21 McCord Dr.\$489,900	15 Mike Bay.....\$27,900
*WATCH FOR OPEN HOUSE NEXT WEEK-END	26 Evergreen.....\$49,900
Victoria Beach Restricted Area	insul bunkie, hydro, well
221 6th Ave SOLD\$159,900	32 Zeglinski\$59,900
64 Gibson Dr.....\$169,900	Custom wood framed core-plast bldg on
3 Thomas Dr. REDUCED ..\$154,900	concrete footing, driveway in, cleared
220 8th Ave\$179,900	Solds in Victoria Beach 2018
Victoria Beach Non-Restricted Area	8 Balsam21 Irving
7 Ateah Rd.....\$249,000	6 Balsam28 Mike
2 Irving Dr\$209,900	211 1st Ave62 Hampton
75 Zeglinski REDUCED ..\$209,900	214 5th Ave57 Bayview
16 King Edward SOLD ..\$249,900	304 8th Ave6 Eastshore
25 Stucky Dr. SOLD\$199,900	204 5th Ave22 Lakeview
Lots , Land & Acreage	4 Ateah78 Gibson
3 Christopher REDUCED ..\$62,900	59 Hwy.....32 Ateah PTH
Albert Beach, insul bunkie, hydro,	1 Elm14 Ajax
seasonal water, 2 sheds	10 Elm38 Wabanong

WE THANK YOU KINDLY FOR YOUR BUSINESS!

204-756-3749 ateahrealty.com
39004 Hillside Beach Rd

Come & enjoy paradise at VB!

Don't dump it
Recycle it!

Do your bit
for the
environment
and recycle
your paper



Welcome to Beautiful Albert Beach!



Crêperie Grill Pizza Ice Cream

*A Summer Tradition!
in the East Beaches for 10 years
running!*

Weekends 10am - 9pm

Weekdays 11am - 9pm

40-107 Saffie Road, Albert Beach
(Just off of HWY 59)

Open Mic Night Every Tuesday 7-9pm

Game Board Night Every Thursday 7-9pm

Dine In/Take Out 204-756-2878



SUMMER



SHACK

A Fun Summer Store!

**Summer Dresses, Bathing Suits,
Hats, Jewelry, Kids Clothes and
More!**

10am—8pm Daily!

431-260-0025

Next to Le Gôûter

Canada Day Celebrations

In Albert Beach



**Free Concert
8pm –11:15
Fireworks at
Dusk !**



Convenience the old fashioned way!

**Groceries , Fresh Produce, ...
great atmosphere and lots of fun!**

8am –9pm Sunday Thru Thursday

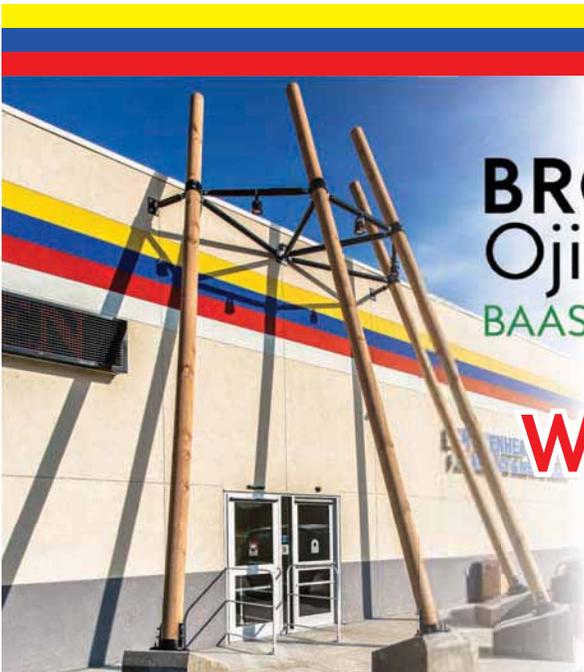
8am-10 Friday & Saturday

204-756-3846

For Events and Specials
Check us out on **Facebook**

Check out our Summer events on





BROKENHEAD Ojibway Nation BAASKAANDIBEWIZIIBING



Welcome Back Cottagers!!

We are here when you need us!!

--Located across from South Beach Casino--



Wavers Gas Bar

– Open 7 Days a week 6am - Midnight

204-766-2233

Propane! Fishing License! Live Bait!



Open 7 days a week

Mon – Tues

11am to 9pm

Wed – Sunday

11am to 10pm

**Daily Specials -
Pizza, Chicken, Wings**

Call in your order on the way to the Beach!

204-766-2244

BON GROCERY STORE

*Weekly Flyer Specials!
Summer BBQ Special!
Weekly In Store Deals!*

Open 7 Days a Week

Mon – Wed 8am to 8pm Thurs – Sat 8am to 9pm
Sunday and Holiday Hours 9am to 6pm

204-766-7080

Canada Day -- July Long Weekend **GET FIRED UP!!!**

**Wonder Hot Dogs
& Hamburger Buns**

2 for \$5 (off Ad)

-- 2 for \$4 (on Ad)



Burns Weiners

2 for \$5 (off Ad)

2 for \$4 (on Ad)



ALL SUMMER LONG!!

**WE CARRY
PREMIUM
QUALITY**



Products delivered every
Thursday

- Hot dog and hamburger buns
- Cinnamon buns
- Pies (Apple, Blueberry, Raisin)
- Kaiser buns, Crusty buns & Dinner rolls • Breads



**We also carry
Winnipeg
Old Country
products**

BON PHARMACY

We are here for all your
Pharmacy needs. Stop in and See Us!

Open Monday to Friday 9am- 6pm

We accept drug plans and out-of-town prescriptions!

204-766-2336