# Victoria Beach TITELLI 97th Year • Issue No. 6 A non-profit service of the Victoria Beach Club Friday, July 29, 2022

# The Agony of Defeat? No!! This is a winner of the Egg Toss at Sports Day. Full results & Photos next Herald.



	VICTORIA BEACH CLUB SPECIAL ACTIVITIES 2022					
ACTIVITY	DATE	TIME	LOCATION	CONVENOR		
Bike Races	Sat., Aug 6	10:00 AM	Sports Field	Sylvia Furtado, Mark Bucholz and Jamie Hilland		
Dog Show	Sat., Aug 6	11:00 AM Registration	Village Green	Barb Hansford Paul Infuso Trish Nesbitt Al Keith		
Kids' Bike Jam Adult Bike Jam	Sat., Aug 6 Sat., Aug 6	1:30 PM 7:00 PM	Village Green Village Green	Sylvia Furtado, Mark Bucholz, Jamie Hilland and Catherine Delaquis		

# Volunteer To Help Prepare for a Healing Ceremony at the Clan Mothers Healing Village on Sunday August 7 from 2-4pm at 53 Maryglen in Belair.

Twice last year volunteers from the Victoria Beach area helped the Clan Mothers get their land ready for a healing ceremony.

VBers volunteered to help cut up downed trees, haul & stack wood, rake, trim trees & saplings, clean up some buildings on the site, clean up the beach, erect a teepee, and build a sweat lodge.

We are once again looking for helpers to join us!

"We have reflected on the day last year, and it brings tears of joy to both of us. Finally, we are at Peace with this project. We are reclaiming the land and Mother Earth herself is shining her life energy back to us ...deep sorrow is finally being released. Miigwetch." Elder Mae Louise Campbell & Jamie Goulet (Co-Founders)

What is the Clan Mothers Healing Village?

The Clan Mothers Healing Village (CMHV) will provide mid/long-term support for women/girls/ 2SLGBTQQIA who have suffered intergenerational trauma, sexual violence, exploitation, and trafficking. This project is Indigenous-led, female-led and led with the guidance of Elders and Lived Experienced women/2SLGBTQQIA. You can also visit www.clanmothers.ca or contact Kristie Pearson (Board Member) for more information about the project (see below for her email).

Teachings will be led year-round by Grandmother Elders with decades of experience related to intergenerational trauma. The Village is also working closely with the Lived Experienced Leadership Council (see www.experientialvoices.ca for more information).

#### Where is the land for the Village?

130 acres of waterfront land has been donated by Réseau Compassion Network (formerly the Catholic Health Authority). The land is in Belair, located just off Lakeshore, less than 10 minutes away.

### What stage is this project at?

Demolition of the old structures on the land has been completed and site works and road works are underway. Construction of the cottages and longhouse begins this fall.

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The first social enterprise is also underway! The Clan Mothers Indigenous led, female construction team will be working closely with the contractors to build the Village and will undergo training (and healing) to become certified to work in construction!

Fundraising has begun. We have raised over half of the \$10 million required to complete the Village. Support from allies and donors such as Réseau Compassion Network, Province of Manitoba, Maple Leaf Construction, Pollard Family Foundation, Johnston Family Foundation, Mahon Family Foundation, PayWorks, Gail Asper Family Foundation, The Winnipeg Foundation, United Way of Winnipeg, PCL Construction, Prairie Architects, and many more have helped build the initial base for our campaign.

#### Why is a Village needed?

Indigenous women have experienced significant trauma, beginning in residential schools, through the sex trade, incarcerations and too often ending in missing/murdered women. Helping these women to heal and become contributing members of society will save society money. Each woman on the streets can cost society between \$1-1.6 million, impacting systems such as health, justice, and child & family services. More importantly, it is a moral imperative to reconciliation.

#### How can I help?

- 1. Visit the Clan Mothers Healing Village website at www. clanmothers.ca .
- 2. Educate yourself by reading reports like the Executive Summaries of the Truth & Reconciliation Report or Murdered & Missing Indigenous Women Report
- 3. Donate to support this initiative. The Clan Mothers Healing Village is a registered charity. Donations can be made online on the website or through Kristie Pearson (see email below).
- 4. Interested in helping at future events? Time, muscles, money? -Contact Kristie Pearson.

Join us on the land Sunday, August 7 from 2-4pm.

Contact Kristie at pollardpearson@gmail.com for more details.

### Rural Municipality of Victoria Beach

Mayor: Penny McMorris

Councillors: Graham Randle, Mike Bartmanovich, Steve Axworthy, Irwin Kumka

CAO: Lon Turner, 705-1661 Portage Ave, Winnipeg Phone: 204-774-4263

Toll Free: 1-800-513-3839 (MB only) Fax: 204-774-9834

Police Chief: Kevin Pawl 204-756-2322

**Public Works Lead Hand:** Trevor Halgren 204-756-2286 Public Works (after hours emergency): 204-756-2568

**Building Inspector:** Curtis Beaudoin Wpg Cell 204-291-8207

Website: www.rmofvictoriabeach.ca

Email: vicbeach@mymts.net

PLEASE ADHERE TO ALL PUBLIC HEALTH ORDERS, PRACTICE WATER AND FIRE SAFETY PLEASE STAY OFF THE BANKS & EXERCISE EXTREME CAUTION ON LAKEFRONT PATHS

Pin Up For Reference

JUI	LΥ				2	022
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24/31	25	26	27	28	29	30

# **VICTORIA BEACH CLUB**

### 2022 SUMMER ACTIVITIES — July 4 - Aug 14, 2022

Membership wristbands are required at all activities. Follow us for changes/updates on Twitter, Instagram and Facebook

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Tennis Court Attendants

See Map on Back

### REGULAR ACTIVITIES

Rec. Assistants

Peggy Ansons & Sally Lawler

Barb Pritchard

### **KIDS ACTIVITIES (All Ages)**

**Kids Games:** (Village Green & Sports Field)

**Family Games:** (Sports Field)

Arts & Crafts: (Clubhouse) **Bike Hikes:** 

(Leaves from Clubhouse)

**Golf Lessons:** 

Tuesdays 10:00-10:45 AM (ages 6-11) Thursdays 5:30 PM (ages 12-16)

Wed. 10:00 AM-Noon (ages 7+)

Tuesdays drop in between 12:00-2:00 PM

Mon. & Fri. 10:00-11:00 AM

Mon. Wed. Fri., 7:30-8:30 PM

(Sports Field) (VB Golf Course)

### **OTHER ACTIVITIES**

**LIBRARY HOURS:** 

**Duplicate Bridge:** (Clubhouse)

**Art Thursdays:** Thursday 12:00-3:00 PM (Clubhouse)

\*Other fees may apply Mon. & Wed.: 9:00 AM-Noon, 7:00-8:00 PM Library Assistants

Tues, Thurs, Fri, Sun: 10:00 AM-Noon, 6:00-8:00 PM Sat.:10:00 AM-Noon

Monday 6:30 PM

**FITNESS ACTIVITIES** 

Yoga (Adults & Teens): (Clubhouse)

**Power Hour:** (Village Green) Senior Strength & Stretch:

(Village Green) **Boot Camp:** 

**Youth Tennis Lessons:** 

(Village Green)

Mon. Wed. Fri., 9:00-10:00 AM, 10:15-11:00 AM Mairen Kops

**28 29** 30 31

Tues. & Thurs. 9:00-10:00 AM Julie McPetrie

Tues. & Thurs. 10:15-11:00 AM Julie McPetrie

Mon. Wed. Fri., 9:00-10:00 AM Julie McPetrie

### **TENNIS COURT ACTIVITIES**

Wed. 11:30-12:15 PM & Fri. 12:30-1:15 (ages 5-6)

Tues. & Thurs. 1:00-2:00 PM (ages 7-9)

Mon., 12:30-1:30 PM & Thurs., 2:00-3:00 PM (ages 10 & over)

**Junior Tennis Nights:** Mon., Wed. 6:00-7:30 PM (ages 11-18)

**Adult Tennis Round Robin:** Mon. & Fri. (Register) 10:45 AM (Play) 11:00-12:30 PM Adult GVS: Tues., Thurs. & Saturdays 11:30 AM-1:00 PM (except July 2 & 9) **Family Tennis:** Tues. & Thurs., July 6:15-7:15 PM / August 6:00-7:00 PM 10 & Under GVS: Tues. & Thurs., July 6:15-7:15 PM / August 6:00-7:00 PM

### VICTORIA BEACH CLUB SPECIAL ACTIVITIES 2022

ACTIVITY	DATE	TIME	LOCATION	CONVENOR
VB Membership Blitz	Fri., July 1	10:00 AM-1:00 PM	Parking Lot	Yvette Wilson
Swim Registration	Sat., July 2	10:00 AM-Noon	Clubhouse	Lindsay and Dave Proteau
VB Bike Auction	Sat., July 2	1:00 PM	Police Station	Police Chief
Great 48 Tennis Capital Campaign	Sat., July 2	10:00 AM-5:00 PM	Tennis Courts	Carol Falkenberg and Carol Loader
Great 48 TennisCapital Campaign Dance	Sat., July 2	8:00 PM	Clubhouse	Carol Falkenberg and Carol Loader
Beach Events	Sun., July 3	10:00 AM-Noon	Clubhouse Beach	Andrew Kaul
Big VB Clean Up	Sun., July 3	All Day	Community	Barb Pritchard and Julie McPetrie
Robert Kennedy Adult Singles Clinic	Mon., July 4	2:00-4:30 PM	Tennis Courts	Robert Kennedy
Kirbyson Junior Doubles Clinic	Tues., July 5	2:00-5:00 PM	Tennis Courts	Geoff Kirbyson
Teen Summer Kickoff	Wed., July 6	9:00 PM	Clubhouse	Rec Staff
VB Mini Tennis Tournament	Thurs., July 7	2:00-5:00 PM	Tennis Courts	Tennis Staff
200 Metre Swim Race	Sat., July 9	9:30 AM Registration	Pier	Proteau Family and Swim Instructors
VB Flea Market Pick Up and Set Up	Sat., July 9	8:00 AM-12 PM	Clubhouse	Lyndsi da Roza and volunteers
VB Flea Market	Sat., July 9	12:30-3:00 PM	Clubhouse	Lyndsi da Roza and volunteers
Mega GVS	Sat., July 9	11:00 AM-1:00 PM	Tennis Courts	Tennis Staff
Soccer Tournament 15+	Sun., July 10	9:30 AM Registration	Sports Field	Ted Geddert
Sandcastle Building Contest	Sun., July 10	10:00 AM-Noon	Clubhouse Beach	Jon and Jane Manness
Book Sale	Sun., July 10	1:00-3:30 PM	Clubhouse	Library Staff and Families
Kirbyson Adult Doubles Clinic	Tues., July 12	2:00-5:00 PM	Tennis Courts	Geoff Kirbyson
Ladies Movie Night	Wed., July 13	6:30 PM	Clubhouse	Rachelle Schott
Girl's Tennis Day	Thurs., July 14	3:15-5:15 PM	Tennis Courts	Natasha Blair/Megan Strome
Teen Event	Thurs., July 14	9:00 PM	Clubhouse	Rec Staff
LWF Walk For Water Online Auction	Fri., July 15 Opens	see Herald for details		Brenda Hearson, Janet Sampson and committee
800 Metre Swim Race	Sat., July 16	9:30 AM Registration	Pier	Proteau Family and Swim Instructors
VB 101st Celebration	Sat., July 16	Noon-5:00 PM	Sports Field	Suzy Blunderfield, Barb Hansford, Yvette Wilson
Masters Tennis Tournament	Sat., Sun., July 16,17	All Day	Tennis Courts	Gavin Adamson/Geoff Kirbyson
30+ Dance	Sat., July 16	7:30 PM	Clubhouse	Monica White
Children's Masquerade	Sun., July 17	10:00 AM-Noon	Art Vincent Memorial Stage	Dawson Family
Robert Kennedy Adult Singles Clinic	Mon., July 18	2:00-4:30 PM	Tennis Courts	Robert Kennedy
Teen Event	Wed., July 20	9:00 PM	Clubhouse	Rec Staff
Junior Tennis Tournament	Wed., July 20 Wed., Thurs., July 20,21	All Day	Tennis Courts	Kim & Kevin Goetz, Mike Bru, Jenny Hasenack Bru, Kerra Mruss & Adrian Frost
Men's Golf Tournament	Fri., July 22	TBD	Golf Course	Karl Huchison
Sports Day	Sat., July 23	10:00 AM-Noon	Sports Field	Poulton Family
Kids Fishing Derby	Sun., July 24	9:00 AM-11:00 AM	Pier	Pat Yarnell and Tanis Knowles
Volleyball Tournament	Sun., July 24	9:00 AM Registration	Sports Field	Mike Lesiuk
VBCOA AGM	Sun., July 24	11:00 AM-2:00 PM	Clubhouse	VBCOA
Teen Event	Wed., July 27	9:00 PM	Clubhouse	Rec Staff
Ladies Golf Tournament	Wed., July 27	All Day	VB Golf Course	Patti Ulrich
Karaoke Night	Fri., July 29	7:00 PM	Clubhouse	Jane and Jon Manness
Senior Tennis Tournament	Fri., Sat., Sun., Mon., July 29, 30, 31, Aug 1	6:00 PM Friday/ All Day Sat-Mon	Tennis Courts	John Blair, John Heppenstall, Stephen Dubienski
Cross Country Run	Sat., July 30	9:00 AM Registration	Clubhouse	Johnson/Wiebe Family
VB Club Raffle	Sat., July 30	10:00 AM-4:00 PM	Village Green	Suzy Blunderfield & Shannon Bowden
VB Film Festival	Sat., Sun., July 30,31	7:00 PM-10:00 PM	Clubhouse	lda Smith
VB Kids Soccer Tournament (ages 8-14)	Sun., July 31	9:00 AM Registration	Sports Field	Sergio & Andy Almeida
VB Art Show	Sun., July 31	11:00 AM-4:00 PM	Clubhouse	Dianne Cameron and James Culleton
Duplicate Bridge Tournament	Wed., Aug 3	6:30 PM	Clubhouse	Fran Pollard & Donna Thain
Junior Golf Tournament	Thurs., Aug 4	All Day	Golf Course	Adam and Ed Boge
Teen Event	Thurs., Aug 4	9:00 PM	Clubhouse	Rec Staff
LWF Bike to the Beach	Fri., Aug 5	12:00 PM	Village Green	Scott McDonald and volunteers
Bike Races		10:00 AM	Sports Field	
	Sat., Aug 6			Sylvia Furtado, Mark Bucholz and Jamie Hilland Barb Hansford Paul Infuso Trish Nesbitt Al Keith
Dog Show	Sat., Aug 6	11:00 AM Registration	Village Green	
Kids' Bike Jam	Sat., Aug 6	1:30 PM	Village Green	Sylvia Furtado, Mark Bucholz, Jamie Hilland and Catherine Delaquis
Bike Jam	Sat., Aug 6	7:00 PM	Village Green	Sylvia Furtado, Mark Bucholz and Jamie Hilland
LWF Walk For Water	Sun., Aug 7	10:00 AM	Art Vincent Memorial Stage	Brenda Hearson, Janet Sampson & VB Walk for Water Committee
Kirbyson Adult Doubles Clinic	Tues., Aug 9	2:00 PM-5:00 PM	Tennis Courts	Geoff Kirbyson
Teen Farewell to Summer	Wed., Aug 10	9:00 PM	Clubhouse	Rec Staff
Volunteer Appreciation Night	TBD	7:00 PM-9:00 PM	Clubhouse	Shannon Bowden & Doug Stewart
Trivia Night	Fri., Aug 12	7:00 PM-10:00 PM	Clubhouse	Andrika Tittenberger
Novelty Tennis Tournament	Sat., Sun., Aug 13,14	All Day	Tennis Courts	Frank Manning
VB Annual Meeting	Sun., Aug 14	11:00 AM-1:00 PM	Clubhouse	Heather Turzak
55+ Golf Tournament	Mon., Sept 12	All Day	Golf Course	TBD

### Victoria Beach Club BOARD

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VICE PRESIDENT Liz Kaye 204-588-7498

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TREASURER Dave Wilson 756-2757

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SWIMMING Lindsay & Dave Proteau victoriabeachswimming@gmail.com

> TENNIS Allan Morrish Gord Bell

# **VB Club Executive Message**

Here we are, at the end of July and heading into the last 2 weeks of our VB Club program, time sure flies when we are having fun! We started the season with a full line up of activities and although we made a couple of adjustments to accommodate the very high-water levels, I am pleased that we have been able to offer a full four weeks of programming.

This past week we had a very well attended sports day, the fishing derby, and a volleyball tournament. Our teens attended a movie night at the Clubhouse and the ladies held their annual golf tournament.

As always, the August long weekend and the week ahead will be busy with something for everyone! If you are new to Victoria Beach or are looking to meet new people, there will be no shortage of things to do starting with a new offering to kick off the weekend - Karaoke at the Klub – with all proceeds going to the Victoria Beach Club!

Over the weekend, you can take in the competition at the senior tennis tournament or participate in the cross-country run on Saturday. The VB kids' soccer tournament is on Sunday along with the ever-popular VB Art show.

On Saturday, stop by the village green between 10:00 and 4:00 to purchase your tickets for the VB Club raffle which is our main fundraiser of the year. You can enter to win fantastic prizes including a cruiser bike, paddle board, Margaritaville, beer fridge, wine prize, game stack, and MORE!

Next week in addition to our regular programming, the duplicate bridge tournament is on Wednesday, the junior golf tournament and teen scavenger hunt are on Thursday, and the Lake Winnipeg Foundation bike to the beach is on Friday.

You may have heard that after four years as our Director at Large, Shannon Bowden will be stepping down at the end of this season. Shannon, you have been outstanding in this role and you will be missed! Thank you for all that you have done for the club and the community, I wish you all the best in your new adventures!

If you enjoy the challenge of securing government funding for our summer student positions so that we can continue to offer the VB Club program, if you enjoy being creative and would like to take a lead role in promoting our program, and if you enjoy recognizing others for their outstanding contributions to the club, then the Director at Large position is for you. If you have an interest in this role, please reach out to me or any of the VB Club board members.

Looking forward, we will have other vacancies to fill including the Special Events Coordinator and the Sports Day Convenor. If you are interested in any of the convenor vacancies or have ideas for new VB Club events that you would like to convene, please reach out to me or any of the VB Club board members.

Take care and enjoy the rest of your summer! Heather Turzak

### Karaoke at the Klub

The first ever Karaoke at the Klub is coming to VB on July 29th. Whether you love being in front of the mic, watching others sing, or you just love music in general - this is the event for you, provided that you are over 18! The VB Clubhouse will be rocking with a cash bar, snacks, and endless choices of songs to sing. The night starts at 8:00 pm and the music won't stop until 1:00 am. Tickets are \$20.00 and all proceeds go to the Victoria Beach Clubhouse. Seating is limited and tickets are selling fast! Get yours now by emailing jonandjane1122@gmail.com.

### **About the Victoria Beach Herald**

One of the longest continuously publishing community newspapers in Canada, now in our 97th year, the Victoria Beach Herald is a service of the Victoria Beach Club. The Herald prints nine issues each summer on Fridays from Late June to mid-August. The Herald welcomes submissions from readers focused on family events, beach happenings, community issues, etc. Letters to the Editor are always welcome: they must be signed with the author's name and be written with the understanding that many people read the Herald, including young people.

Submissions should be sent via email to vbherald@shaw.ca. Submission deadline is 4PM Fridays with the exception of VB Club event convenor submissions for events occurring on weekends.

The Herald can be found in bright orange VB Herald boxes throughout the community. Digital issues of the Herald can be found on the VB Club website or by scanning the QR Code. Please also visit and subscribe to the VB Herald Facebook @vbherald and Instagram @victoriabeachherald.





### Memorial Service for Noreen "Nonnie" Reid January 19, 1934 -January 11, 2022

The Reid family would like to invite the VB Community to celebrate the life of Noreen on August 13th from 12pm to 3pm at the East Beaches Senior Scene, 3 Ateah Road.

Victoria Beach was Nonnie's happy place and she never missed a summer from 1964 to 2019. Summers she shared with husband Dave, children and grandchildren. Full of beach life, bridge, movie nights, swimming lessons, Saskatoon pie making and all of the events this wonderful community has to offer.

After Dad passed away in 2011, Mom carried on with her summer routine. Her mobility facilitated by a souped up scooter had many people suggesting, "Your mom needs to slow down!" More on that later...

We are looking forward to seeing everyone on the 13th.

In light of the latest COVID variant numbers, mask wearing is preferred. Nonnie's obituary can be found in the Winnipeg Free Press published on January 20, 2022. The online link is https://shar.es/afgafv

The Reid Family



### Masters tennis players battled weather again in 2022

Rain and exceptional humidity combined to delay four masters tennis finals results by up to a week.

The latest results came this past weekend when incumbents Lisa Lucht and Michelle Brownell defeated Ainsley Bishop and Brenda Vielhaber in the 40+ women's doubles final. The match was played five days late because the record humidity forced some competitors off the courts on finals day, Sunday July 17.

Congratulations to all competitors who played on a weekend when some parts of the province matched their humidex record, which reached 40 C at that Sunday at the beach. The June Manitoba Marathon was cancelled under similar conditions.

#### More results in random order:

Mini-me (parent child): G. and A. Kirbyson d. V and J Nguyen Men's 55+ singles round robin champ: Scott Clendendan

Men's 40+ doubles: M. Lodewyks and S. Dubienski d. G. Kirbyson and G. Adamson

Mixed Doubles 65+ Round Robin champs:

L. Suderman and G. Poulton

Men's Singles 40+: S. Dubienski d. V. Nguyen Women's Singles 40+: K. Willoughby d. S. Filuk

Mixed Doubles 55+: J. Turk/B. Turk d. L. Lucht/F. Masse

Men's Doubles 55+" F. Masse/M Lesiuk d. J. Cyr/J. Heppenstall Men's Singles 65+: J. Brownell d. S Juzda

Men's Doubles 65+: G. Daniels/T. Walker d. B. Scurfield/ J. Stapleton

Mixed Doubles 40+: A. Bishop/R. Burrell d. M. Meulendyk/M. Bru

Women's Doubles 55+ J. Turk/R. Manning d. L. Sudermann/ A. Manning

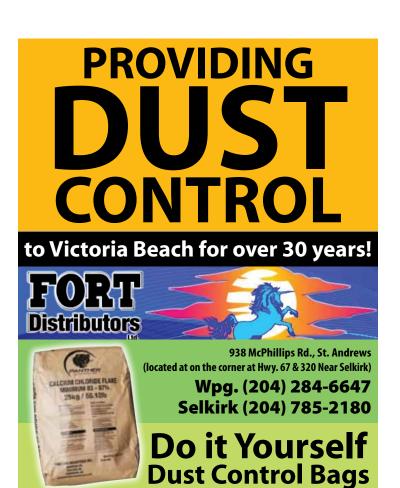
Two events had no entrants at all. Those were both the women's 65+ singles and doubles events.

Watch for long-belated 2021 masters tournament outcomes — also delayed by weather! — next week.

Many thanks to everyone

G. Adamson

G. Kirbyson





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# Victoria Beach Fitness Program Schedule 2022

### Bootcamp 9-10am (Monday, Wednesday & Friday)

This class focuses on strength, ability and speed. Get ready to work the entire body! Sometimes a timer and equipment will be used such as weights, kettlebells, plyo boxes, battle ropes, medicine balls, agility ladder and TRX straps. This is a high intensity class, but all exercises can be modified as well. You can work at your own level. Please bring a water bottle with you to class a mat or towel if you wish.

Please note there will be no class on Friday July 8th however there will be a make-up class on Saturday July 9th.

Date	Instructor
July 29 <sup>th</sup>	Laurel
July 30 <sup>th</sup> *NEW*	Julie
August 1 <sup>st</sup>	Laurel
August 3 <sup>rd</sup>	Julie
August 5 <sup>th</sup>	Julie
August 8 <sup>th</sup>	Julie
August 10 <sup>th</sup>	Julie
August 12 <sup>th</sup>	Laurel

### Power Hour 9-10am (Tuesdays and Thursday)

This class replaces the traditional "old school aerobics," (aThis class replaces the traditional "old school aerobics," (although old school aerobics may still happen) changing the name gives the instructors more flexibility as to what they want to teach you. Tubing bands might be used in this class and will be provided by the instructor; however, participants are encouraged to bring their own in case there is not enough to go around. Please bring a water bottle to class and a mat or towel.

Note: Power Hour and the Seniors Strength & Stretch class will be in the clubhouse if the weather is not permissible, or the mosquitoes are attacking us!

Date	Instructor
August 2 <sup>nd</sup>	Laurel
August 4 <sup>th</sup>	Julie
August 9 <sup>th</sup>	Julie
August 11 <sup>th</sup>	Laurel

### Seniors Strength & Stretch 10:15-11am (Tuesdays and Thursdays)

This class is low intensity but can also be moderate as well. This class is great for anyone who also has mobility issues and are confined to a chair. If you struggle to get up and off the ground all these exercises can be done in a seated position using our stage. This class contains everything from a light cardio session to resistance training using bands (which instructor will provide) followed by a gentle stretch.

Date	Instructor
August 2 <sup>nd</sup>	Julie
August 4 <sup>th</sup>	Karen
August 9 <sup>th</sup>	Julie
August 11 <sup>th</sup>	Karen

### Take a Break and Read This!

There's something about summer. When you spend most of your waking hours looking at the waves, breaks become as reliable and comforting as your gently beating heart - most of the time, it's breaks that you're looking for. In the hot months, even keeled people organize their lives around "breaks."

There's a reason the prefix of "holiday" is "holy." To check out is to dig in. To steal the time is inherently divine. We get to know ourselves best when we remove all pressure. In the breaks we chill, and our spirit can recharge, the meniscus in the great cocktail of the soul rises back to the top. There may be a shake up at the bakery, but yet we are back breaking the same bread. We are drawn here by instinct, but don't feel led.

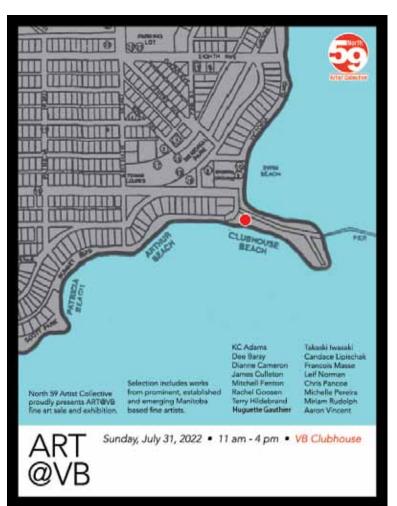
As rainbows shine through a break in the storm. We take this break in the action. A break from the norm. Yet, the result of all this breaking, is to be left with a feeling that we are finally whole again. The avenues we travel are breaks in the land that only those who take a break to can truly understand.

Like the rock that breaks the wave. This is the week that makes the year. The dance. Every year a new chance. We are leaving broken hearts behind. For this long weekend, Summer stands still and admires it's own work. We have caught the break, and we are all superstars.

This captain beams as he sails into familiar shores. To dance with the community, and see the assembled majesty of the VBYC. As the sun winks goodbye to July, the sun seekers make a happy face.

If you're reading this, you're in the right place.

You earned this break.
See you on the dance floor.
Captain James Q Limit
Special Exploratory Envoy
Victoria Beach Yacht Club



# 2022 Volleyball Tournament Results

Great weather, strong participation and lots of cheering fans made for a high energy active VB Volleyball tournament that was held at the VB sports field on July 24th.

It was great to see the players exhibiting their amazing athleticism, skill and great sportsmanship. There was plenty of cheering and lots of big hits, digs and scrambling that kept every point exciting. The effort that all the players put in to keep the ball in play was awesome.

Ten teams of athletes of all ages participated. There were 5 teams in each of the two divisions, competitive and recreational. This was arguably the closest pool of teams that we've seen in years, which made for great games.

In the end, Team "Zoons" won the recreation division beating "Shazam" in the final and in the competitive division, youth beat experience as "Sets on the Beach' won over "Dig Circus.

Recreation Division Winners: Team Zoons - Carter Goetz, Charlsey Goetz, Colby Bru, Maddie Frost, Ayva Findlay, Abbie Staus

Competitive Division Winners: Sets on the Beach – Marcus Zielstra, Kate and Ryland Nechwediuk, Keon Torz, Chloe Minkus, Izzy Frost, Alena Koskie

Thanks to all the fans that came out to cheer on and support the players. A huge thanks goes to the VB Recreation Staff to help set up the nets, to Duane Lucht for lending us his net and helping work the draw sheet all day long and to Glenn Hollins for helping out wherever needed.

Looking forward to more bumps in the sun this time next year, PS. If anyone knows the whereabouts of the Recreation Division trophy, please let me know or if you have it please return it to me asap? You can contact me at 204-791-2912.

Mike Lesiuk - VB Vball convenor











### 2022 VICTORIA BEACH JUNIOR TENNIS TOURNAMENT WINNERS & FINALISTS

















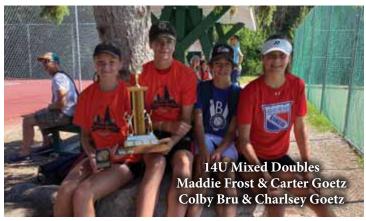
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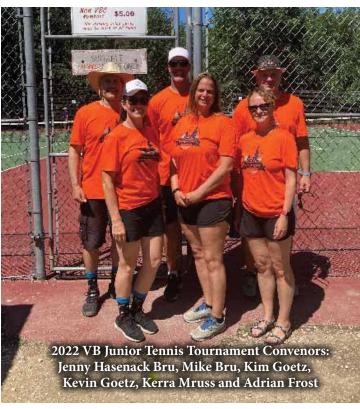


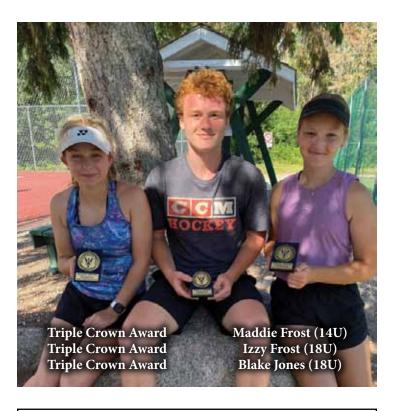




### **2022 VICTORIA BEACH JUNIOR TENNIS TOURNAMENT WINNERS & FINALISTS**







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# Letter to the Editor

"Thank You" to all the many volunteers who are enriching our wonderful Victoria Beach Community this summer. We are all so blessed to have and have had so many caring community members who continue to step up to the plate as either seasoned performers or new initiates. What a wonderful 101st Celebration we all enjoyed for our Victoria Beach Club thanks to the amazing leadership of Suzy Blunderfield, Barb Hansford, Yvette Wilson and their team of volunteers.

What an incredible week and weekend for our community ... Tennis Tournaments, Ladies Movie Night, Swimming Races, Paddle Board Rides, Bouncy Castles, Face Painting, a Photo Booth, Food Trucks, a Beer Garden and The Great VB 101 Challenge to name a few. "Thank You" as well to Monica White for organizing the 30 + Dance once more and to the Dawson Family for running our treasured Children's Masquerade for their very first time. Well done everyone!

Finally, what a lovely touch for our new Village Green Bakery to send to The Children's Masquerade such an adorable Baker who shared their delicious Happy Face Cookies with everyone. So much fun for all the generations and a special "Thank You" also to Barb Pritchard and Kevin Dube whose loyalty continues to capture all these magical moments for us to share and remember in The Herald.

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To all the Unsung Heroes who keep the Volunteering Tradition alive in our Victoria Beach community, "Thank You!"

Joanne Parker Gibson



# **Duplicate Bridge**

PLEASE NOTE TIME CHANGE: Please arrive at 6:15, game will start at 6:30

Monday evening bridge on July 18 was well attended with 24 players! Congratulations to Sheila Ruban and Ken Capelle who came first and Dave Jackson and Doug Peterson who came sec-

Please bring a partner and your own beverage. Cost is \$2. See you Monday at 6:15 at the VB Clubhouse.

Sally and Peggy

DUPLICATE BRIDGE TOURNAMENT will be held on Wednesday, August 3rd. Please arrive at 6:15 with a partner. Entry is \$5.00.

Donna and Fran



### RMVB Garbage Pickup Summer Schedule

Door-to-Door pick-up is as follows (June 27 to Sept. 6, 2022): MONDAY - Albert Beach, all areas south of Arthur Road and west of Ateah Road, including Ateah Road

> TUESDAY - All avenues in Restricted Area north of Arthur Road including Sunset Boulevard

WEDNESDAY - Municipal garbage enclosures in all areas. Garbage is to be placed in garbage bags and left in bear resistant containers. Containers are to be placed in the front yard - not on the road allowance - by no later than 8:30 am.

### PICK-UP IS FOR HOUSEHOLD GARBAGE ONLY.

TRAVERSE BAY LANDFILL – PTH #11 - 3 miles east of PTH #11 & #59 intersection - Summer Hours OPEN DAILY - 9:00 AM TO 5:00 PM A pass is required, they can be picked up at the gate, public works, or the municipal office.

# **Cross Country Run NEW DATE July 30th**

You will need to start training earlier this year! Dry off your runners and put on mosquito spray and get ready to run.

Date: Saturday July 30th

Time: 9:00 am Registration at the clubhouse

If you have a trophy, please bring it to the race or drop off at the Johnson cottage - 309 3rd avenue.

Looking forward to VB's own Chariots of Fire!

Cheers - Grace, Shannon + Paul









# I Hope Everyone Has An Amazing Summer in 2022!

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### Kevin McIntyre B.A. RRC, CFP

Division Director Investors Group Financial Services Inc. (204) 999-1997 24 Mike Bay kevin.mcintyre@ig.ca



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### **14** July 29, 2022

2022

August

# Victoria Beach Club

# ennis Calendar

Format of all events subject to change based on Public Health guidelines.

စ္က 3 ន 11:30-1:00 Adult GVS<sup>3</sup> 27 **Novelty Tennis** Saturday **Senior Tennis** Tournament Tournament 29 12 19 12:30-1:15 5-6 Lesson<sup>2</sup> 12:30-1:15 5-6 Lesson<sup>2</sup> 11:00-12:30 Adulf RR<sup>6</sup> 11:00-12:30 Adult RR<sup>6</sup> 6:00-7:30 Junior GVS<sup>3</sup> 6:00-7:30 Junior GVS<sup>3</sup> Friday 25 38 9 6:00-7:00 Family Tennis 11:30-1:00 Adult GVS<sup>3</sup> 2:00-3:00 10+ Lessons<sup>3</sup> 6:00-7:00 Family Tennis 11:30-1:00 Adult GVS<sup>3</sup> 1:00-2:00 7-9 Lessons<sup>3</sup> & 10 and under GVS<sup>3</sup> 1:00-2:00 7-9 Lessons<sup>3</sup> & 10 and under GVS<sup>3</sup> 2:00-3:00 10+ Lessons<sup>3</sup> Thursday 27 1 24 11:30-12:15 5-6 Lesson<sup>2</sup> 11:30-12:15 5-6 Lesson<sup>2</sup> 6:00-7:30 Junior GVS3 6:00-7:30 Junior GVS3 Wednesday 8 2 6:00-7:00 Family Tennis Doubles clinic<sup>2/3</sup> (sign-6:00-7:00 Family Tennis 11:30-1:00 Adult GVS<sup>3</sup> 11:30-1:00 Adult GVS<sup>3</sup> 1:00-2:00 7-9 Lessons<sup>3</sup> & 10 and under GVS3 & 10 and under GVS3 1:00-2:00 7-9 Lessons<sup>3</sup> 2:00 - 5:00 Kirbyson Tuesday up required) number1 following the 12:30-1:30 10+ Lesson<sup>3</sup> number of courts that no longer be on duty. Tennis attendants will Note: The superscript 6:00-7:30 Junior GVS3 11:00-12:30 Adult RR<sup>6</sup> event indicates the rack and mark your Please use the ball Beginning today, **Senior Tennis** Monday Tournament limes on the will be used. chalkboard. Novelty 1s.
Tournament 7 31 Senior Tennis Sunday **Tournament** 

# **Beaches Community Center and Market Update**

Wow! We are heading into August long weekend. Seems odd that the August long weekend Beaches Country Market is on July 30th. The long weekend is turning out to be another busy market with over 50 vendors registered. Some of your favourites returning this year – Roy Liang from Winnipeg North of Fargo, Gordon Boyd's Lake Winnipeg Glassworks, JoJo Bags, Norwex, Braman's and Dylsey's vegetables, jewelry, pottery, clothing and more. Breakfast available 9-NOON.

- This summer Edgewater Recreation Commission is bringing programs to our Centre. The children are doing crafts, playing T-ball and baseball, learning hip hop dance.

- East Beaches PICKLEBALL is operating out of BCC. Adults 18 years and older are welcome. Details of play can be found at https://www.beachescc.ca/pickle-ball.

- Mondays at Beaches Community Centre we are hosting BINGO. Doors and canteen open at 6:00 PM and games start at 700 PM.

- August 6th BCC is hosting the Sun Country Artisan sale indoors from 9:30 AM to 1:30 PM. The Country Market will be outside as usual from 10AM to 1PM and breakfast will be on 9-NOON.

- The Beaches 6th Annual Golf Tournament is on Friday September 16 at Grand Pines Golf Course. Registration now online at www.beachescc.ca under programming and events. More details will be provided as we get closer to the event.

- The annual Rummage Sale / Flea Market is being held on September 23, 24 and 25. Items can be dropped off and placed in the cages beside the Skating Rink storage. Please consider the person who must retrieve these items so we ask that the items be in suitable containers and easily lifted, free of mouse droppings and mold for public safety reasons. For large amounts, heavy items or questionable items please call/text Lynn Anderson 204.754.7557

All profits from vendor fees, table rentals, canteen sales, festival ticket purchases go directly into the operating of the Beaches Community Centre. Country Market raffles continue to be invested in outdoor child recreation activities.

Thanking all our volunteers and other community members for making the summer of 2022 a success – especially after two years of less activities. It's great to see everyone enjoying all events we host at Beaches Community Centre. The Beaches Community Centre is located on Highway 59N at Ateah Road.

Find Information at www.beachescc.ca or email vbcountry-market@gmail.com



### **Library News**

Hi VB,

It's hard to believe that almost a month has passed since we opened this summer! We've had a successful books sale, youth book club is well underway, and we're going into August with great memories from games night and children's story time.

We'd like to inform everyone that the library will no longer be open on weekend nights, so make sure to drop by in the morning. As a result of this, games night has been moved to Friday nights as advertised at the library. All of the other hours will remain the same. We'd also like to remind you to please return all of your books on time. Don't worry about coming by when we're open because you can drop off returns through the slot in the door. If you aren't done your book by the time the due date comes, you can come down to the library to renew it.

As usual, children's story time will be on Thursdays from 10:00-10:30, youth book club will be on Fridays at noon, and games night will be on Fridays from 6:00 to 8:00!

Without further ado, here's your book of the week:

Title: Heartstopper Author: Alice Oseman Age group: Teen

Genre: Romance (graphic novel)

The Heartstopper series by Alice Oseman has exploded in popularity over the past year among teens, even prompting its own TV show, which was released on Netflix this past April. Written in an easy to digest graphic novel format, Alice Oseman

tells the story of Charlie Spring as he navigates young love and high school as a member of the LGBTQ+ community. While it may seem like just a simple coming of age romance, this book brings diversity in terms of both content and format to the VB library, and we hope you come and check it out!







# Why the Dawson Family Walks For Water

Joan and Dick Dawson and their family have long been foundational supporters of Lake Winnipeg Foundation. They have also been active participants in the annual VB Walk For Water. They definitely know a thing or two about lake health. Three of the extended families have lakefront cottages here, where they experience all the moods of the big lake. At any one time there may be happy hours playing and visiting in the sand and paddleboarding and kiting on the water, watching the storms roll in or big skies of blue with rolling clouds, glorious sunsets and a panorama of brilliant stars. They also deal with the high-water events, invasive species, algal blooms and bank erosion. It's a lived experience that ensures concern and commitment.

Matriarch Joan Isbister Dawson has spent her entire life watching and learning the lake, chalking up five generations in the summer community. Her family's cottage was one of the earliest constructed on the east shore, acquired by her grandmother in 1942. Joan and her brothers and sister have an extensive knowledge through observing Lake Winnipeg over a long continuum; hence their concern.

The family's patriarch Dick Dawson served on the LWF board for many years. Oxford-trained, Dick spent his career as an executive with Cargill grain, which enabled him to bring a professional business perspective to the board. His experience with agriculture and the grain markets assisted the LWF in policy development.

Both senior Dawsons stepped up with the first Walk for Water right in 2007. While Joan worked the desk registering walkers and processing their walk forms and money, Dick had his young daughter Kae and granddaughter Amy on the Walk, talking with them and other walkers about water quality issues and solutions. They are still 'Walking'.

Now the next generation have scattered across the country with one daughter back into England, but all maintain strong ties

### **VB Golf Course**

Hello again, I hope everyone is having a great summer. On Friday the 22nd we had the men's open golf tournament, for the first time in two years. Once again it was a great success, 70 golfers showed up a the winner with a score of 71 was Keith McMurray. Congratulations Keith! The weather was fantastic, the golf course was in great shape thanks to the grounds crew for a great job. A big thanks to my volunteers Alice and Roz for taking care of the putting contest, they raised \$75 for junior golf. My master chef Barry who cooked up hamburger's all day long. Lissa for help with everything inside and my scorers who tallied up the cards and found a winner. it wouldn't have run so well without everyone's help! And Andrew Stelmack for his book donation, everyone made it a huge success.

There is still lots of time left to golf so grab your clubs and a friend, come down to the club that's in your own back yard and play a round. Small groups welcome phone 756-2435 for info, looking forward to seeing you here.

Manager Karl Hutchison to the lake and to Victoria Beach, and all return for long stays each summer. Two of the three Dawson children have acquired lakefront property here and spend as much time as possible with their growing families. And still they 'Walk'.

Joan told me that in her decades living by the lake, she has seen repeated algal blooms, nothing new, but the density and regularity of the blooms has clearly increased. The toxic blue-green algal blooms that can carpet a huge area were previously unknown. Zebra mussels invading the waterways are also an indicator of changes in water quality and characteristics. The flooding of a heavy spring melt such as this year's also ushered in another unwanted feature for lakefront cottagers: erosion. The Isbister property formerly had a wide path between the shore and the cottage, which has been steadily diminished by high water and storms over the years. Climate change may mean more erratic weather patterns in the future producing sporadic storm surges.

Please join Dick and Joan and the Dawson Family as they once again put on their walking shoes to participate in the 2022 Walk for Water in Victoria Beach on Sunday August 7th. Its our most public event, where citizens and stakeholders demonstrate their concern for the health of Lake Winnipeg and their commitment to keeping up the critical work of Lake Winnipeg Foundation.

Many thanks to the Dawson Family for their long-time support!

# **Tennis News**

This past week's tournaments have really brought the courts to life. The Masters Tournament was tons of fun. There was a new parent child addition that seemed to be a hit! The junior tournament was also a success. Congratulations to all the trophy winners, everyone fought hard! Thank you to all the tournament convenors for making these events so great.

We are looking forward to the senior tournament coming up on the long weekend. Also, we apologize for anyone inconvenienced by the girl's tennis day rain cancelations, we hope to make it up some time soon!

Just a reminder that the courts will close at 9pm starting august 1st. Also please remember to avoid parking your bikes in the center areas, and along the side paths. If anybody is willing to donate balls, we would love to have them at the courts. Please feel free to drop by and fill up our donation bin!

We still have lots of shirts for sale if anybody is interested in coming down to grab some! This years new shirts are \$25 and lasts years are still selling for \$10.

Activities have been running great! Kids lessons are tons of fun and GVS is always popular! We encourage everybody to come and give the programming a try if you haven't yet. Thanks for another exciting week of tennis and see you all at the courts!

Amy Edwards Head Tennis

# 2022 Victoria Beach Junior Tennis Tournament

After a hiatus last year (due to COVID-19 restrictions a junior tennis event with prescheduled matches was held in 2021), the traditional Victoria Beach Junior Tennis Tournament was back in full force in 2022! It was great to see so many kids out to play and support each other on and off the court. The two days of tennis did not disappoint, with many close, competitive battles in 18 different categories. Everyone played hard and showed excellent sportsmanship throughout the tournament. Each participant received a gift for entering, and we also had 4 draws for a Yonex tennis backpack for players who demonstrated great sportsmanship at the tournament. The sportsmanship winners were Jacob Franz, Addie Maendel, Ollie Lucas and Maddy Kuypers. Congratulations to Maya Veitch for winning the neatest printer award (on the sign-up sheets) and receiving a bonus prize!

We recognized three players who achieved the Triple Crown Award for winning the singles, doubles and mixed doubles events. These winners received a medallion to keep for their superb accomplishment! Congratulations to our 2022 Triple Crown Winners – Maddie Frost (14U), Isabelle Frost (18U) and Blake Jones (18U)!

Thanks to all the volunteers and tennis court attendants for your help during the tournament, and thanks to VB Tennis Convenors Allan Morrish and Gord Bell for their support. A special thank you to our tournament sponsors Adrian Frost (TDS Law), Kevin McIntyre (IG Wealth Management Inc.), Lisa Zeilstra

(Kickit Dance Studio), and Yonex Canada. Thanks also to Adrian for serving as tournament referee and keeping score during those exciting tie breakers.

This was our final year organizing this event and after four years together we are passing the tournament convenor torch on to Vinh Nguyen, Daryn West, and Mike Lesiuk (Mike Bru will be sticking around for one last year to help with the transition). We are confident they will do a fantastic job going forward. We learned a lot over the past four years and were able to add a few new items to the tournament, including a deciding tie breaker, the U12 doubles and mixed doubles events, the Triple Crown Award (to promote mixed doubles play and encourage more girls to enter the tournament), two timed matches for the parent-child recreational event, and the Sportsmanship Awards. It's been so satisfying to see all the smiling faces, watch the great matches and laughter on the courts, and work with the VB tennis community. For those parents with children that are just starting out at kids lessons or family tennis sessions, think about volunteering to run the VB Junior Tournament when your kids are a little older - it's a wonderful way to give back, meet a lot of new people, and make some great friends along the way. See you at the courts!

Don't forget to check out "victoriabeachtennis" on Instagram for all the winners and many fantastic tournament photos!



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### **Beach Banter**

The Grant Family Cottage at 126 irch Ave turns 100!

Jim and Mary Grant (my grandparents) originally built the cottage in the spring of 1922. It was constructed by Jim Paulson, with additions done by his son Peter and Johnny Ateah. The original structure remains and still the centre core of the cottage. The location on Birch was chosen so that the family would be far from the water and son David would not wander off and possibly get lost in the Great Lake.

My parents Dave and Bobbie (nee: Macleod) as well as my sister Sue and I spent all of our summers growing up at the beach. It was heaven for us as kids. Cruising with our buddies and enjoying the freedom to go as far as your bike and your pedalling legs would take us. Most things haven't changed from my days as a kid down here; ice cream at the Moonlight, swimming lessons, tennis and all the VB Club events especially the infamous VB dances... the list goes on. Maybe one thing is a little different. If I wasn't at the big tree outside the Moonlight after dinner by around 7 I was on my own for the night. The gang would be gone and there no way of connecting and knowing where they were.

My wife Sheila and I have lived in Calgary for many years but have always made the trip back to Victoria Beach with our kids Tori (Victoria) and Cloud (Macleod) every summer. Our kids are now grown but the cottage remains our family gathering spot. After long winters and busy schedules, we all savour the precious moments hanging out together on the veranda or on the deck; coffee or cocktail in hand. My sister Sue and Mark and their kids Callum and Tiegan live in New Zealand and continue to visit VB when possible.

Four generations at 126 Birch and still going strong.

Jamie Grant

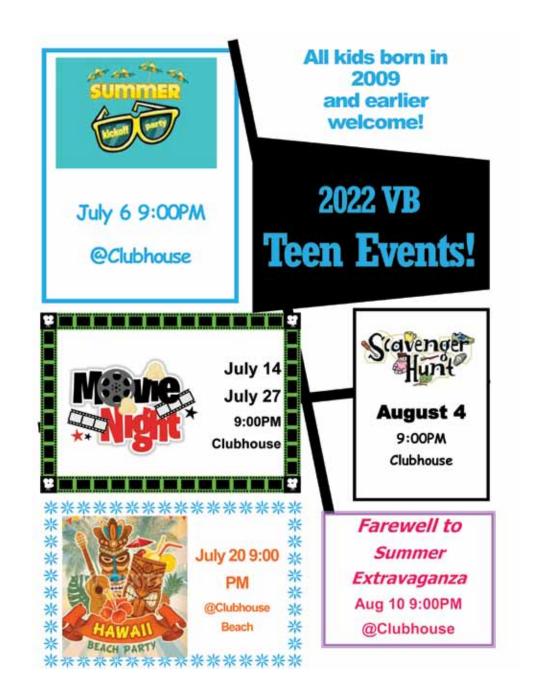
PS: 126 Birch is also known as 126 Arthur Road

# Kids Bike Race – August 6th

Time to tune up your beach bikes kids as coming up on August 6th is the annual Kid's Bike Race, the VB equivalent of the Tour de France. The racecourse leads riders throughout the beach area on three different length courses all which start and end at the sports field. The races start 10 AM, with registration opening at the sports field at 9:30 AM that morning. The races are broken into age groups with the youngest being ages 4-5. Additional age bracket-based races broken in the following groupings: 6-7, 8-9, 10-12, and

13-18. We run the races with staggered starts and riders race on age-appropriate length courses. Registration is free, water is provided but please bring your own water bottle. Remember to wear your helmet, check your tires and oil that chain! And racing fans bring your cowbell down to the avenues to cheer on our little racers as they test their mettle against winding hilly streets of VB!

Laura Hilland and Stephen Carroll Bike Race Convenors



# Message from RMVB Councillor Steve Axworthy

I want to thank you, the residents of Victoria Beach, for your support over the last four years. In this upcoming second term, my focus will continue to be protecting the unique culture of all the areas of our municipality, while also seeking progressive ideas that serve to strengthen our community. I look forward to cooperating with the other members of council, and the newest member of the team Councillor Chadsey. I also want to wish all the best to former Councillor Bartmanovich on all his future endeavours.

It is with great pride that I can report that in this past term, I initiated the following measures:

- 1) introduced provisions in our bylaws preventing lot clearing in order to protect our forest aesthetic heritage, while also ensuring that residents have the ability to replace hazardous trees and conifers.
- 2) ensured that our bylaws continue to keep ORV's off municipal roads in accordance with the ORV Act.
- 3) ensured protective measures against Covid-19 were in place and available for all residents.
- 4) Introduced a single use plastic ban bylaw that is now before Council (awaiting 2nd and 3rd reading)
- 5) Convened Council to have an EMO Emergency trailer and 500+ super sand bags on site for protection against dyke disaster.
- 6) Brought a resolution to the Association of Manitoba Municipalities (which passed 435-23) proposing that they ask the Provincial Government to require the City of Winnipeg to live up to their Environmental Act obligations and update the North End treatment plant in order to stop dumping raw sewage into Lake Winnipeg.

Our work is not done; I welcome your input and ideas.

Sincerely,

Steve Axworthy saxworthy@victoriabeach.ca

# An Update on the Jim August Memorial Golf Tournament, Sept. 9th

Registrations and prize donations have rolled in since we first shared the news in the July 1st edition of The Herald about the memorial golf tournament for Jim August planned for September 9th. Golf will start at 1 PM at the Victoria Beach Golf Course, with a BBQ to follow at the Beaches Community Centre (on Highway 59 by the Public Works Buildings).

The capacity for the scramble, nine-hole golf game is 72 golfers, and over 50 people have registered so far. Non-golfers can also pay the same entry fee to attend just the BBQ and participate in the silent auction.

Many of the merchants at The Forks (which Jim headed up for many years) have generously provided prizes for the golf tournament and silent auction, including the Inn At The Forks with a Platinum Accommodation package for one-night at the Inn.

The family-friendly, fun tournament will let people gather and remember some good times, as well as raise funds for the Jim August Memorial Bursary set up within the University of Winnipeg's Opportunities Fund. That Fund will benefit Indigenous students, new Canadians and refugees, and students from innercity neighbourhoods. The Opportunities Fund will also provide an income tax receipt for the donation portion of the entry fee for those who wish.

Registrations for the tournament and BBQ will remain open until we reach capacity, however registrations after August 8th may not receive a tournament T-shirt. The entry fee is \$50 (plus the green fee to be paid by golfers to the Golf Course).

For more information and for registration forms or information on bursary contributions, please contact one of the Victoria Beach golf tournament committee members: John Gow (204) 250-1744, Bob Lawler (204) 296-3281, Terry Angus (204) 391-2772, or Drew Perry (204) 791-0749.

### No Films, No Festival!

Sad news, Cinephiles. The 2022 VB Film Festival planned for this weekend has been cancelled. Shockingly there were very few films produced during the pandemic and we just couldn't splice together enough footage for even a single evening, let alone two ... We will try, try again in 2023. Here's to all the great independent filmmakers working hard through 2022!

### **Special Events**

I cannot believe most of July is already over... I hope everyone is enjoying the summer and having a great time at all the events the beach has to offer. A huge thanks to all our convenors and volunteers. Please give them a quick thanks if you see them at their events. Also a huge thanks to Dana and Bruce Sirrell and all the rec staff...Allan and Gord and the tennis attendants, Lindsay and David Proteau and the swim instructors as well as the library staff.

Please take a moment to thank Heather and all the executive for all the work they do. Thanks as well to Barb and Kevin at the Herald. Great job in keeping all of these programs going. I want to put a few things out there regarding next year. To all current convenors... please send me an email or text if you are going to convene your event next year as soon as possible. I know as of right now we will need someone to run Sports Day as the fabulous Poulton family is retiring. Thanks Poultons for all you have done over the years on this great event.

If you are able to convene/volunteer next year in any capacity at any event, please let me know. After too many years to count...I would also like to hand the baton off regarding Special Events Coordinator. It could be one or two people. I will help transition everything over for the next year so I will help with next year. Please contact me.

Thanks and Everyone have a Great rest of your Summer! Cathy Bizruchak(Carlson) Cell 204-960-5102 Email cathybiz1969@gmail.com



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# Ladies Movie Night Roundup

Ladies,

Tonight was so much more than a jail break. It was about having uninterrupted time as women to gather. In an informal setting to network whether you realized that was what you were doing or not. Multitasking as always even on a night out but this time it looked different because we were juggling popcorn in one hand and a beverage in the other. We had the opportunity to ask that other mom we see almost every day at swimming or tennis or at the playground what HER name is. Once we found out HER name maybe we even have enough time to make small talk with no screaming/whining children.

As much as tonight was about the wine and the laughs, it is also about taking the time to invite someone sitting alone to join you and your friends to join you out on the beach for the sunset, beverages and laughs. I heard stories of women doing that for one another tonight and it warms my heart. To me, those moments are the reason this event exists, and I thank all of you that showed others kindness and inclusion in our community. To all of you women that did come tonight I hope you felt a warm welcome at the door and were glad you came. I am proud of you for just showing up and I hope each year regardless of who convenes this event the sense of community among women can continue to grow and make it feel like a safe and supportive event for all.

I see you ladies from all the different places and circumstances that brought you here tonight and recognize the sacrifices you had to make just to get here. Having to walk away during a meltdown at the dinner table or when someone started crying when the babysitter walked in. Thanks for putting yourself first for once and making it here for a well-deserved ladies night! Not many of the kids' activities were canceled during the pandemic summers (because of the incredible club exec and community volunteers of course!) but our ladies night took a back seat. All we do as women is put everyone else first. Tonight was our night.

Tonight wouldn't be possible without incredible volunteers!!!

Rita-I wish we could change the calendar and have you listed as a convener! Your planning meeting, neat lists for shopping, beautiful ad creation and racing to get the float and saving the day with that! In no particular order thanks to all the amazing ladies that came early and helped at the door and in various ways that came up (ex rec staff nose bleeds-always helpful to have lifeguards there): Jenny, Joanne, Sarah, Jen M, Jen A, Lindsay, Darcey, Dana, Tess (Gord Poulton you lucky guy!) AND Heather, Suzy, Shannon, Yvette, Cathy and any other exec ladies I might be missing that helped in varying ways. Carol for the incredibly kind hand off as the 2019 convenor that included not telling me off with all my annoying questions right up until hours before the event.

I was trying to only make this about the ladies, but we can't forget about a few gentlemen who contributed...any partner/hus-band/grandpa/uncle/babysitter that helped us escape tonight! Thanks to you guys for showing the support to the women in

your lives for this well-deserved and very much needed time out. JPQ!!!!! I had a feeling with how many women were dancing to the credits at the end of the movie Mama Mia in 2019 that there might be an appetite for some actual tunes, and I am glad we tried this social experiment. Thanks for your patience with all the dancing queens that were so excited to be out with the girls and dancing and tried to request every song on the planet. You are the best. JPQ will also be the DJ at the Yacht Club Dance 18+ July 31st. Tickets are available at the store, moon, and parking lot. Bruce!! When you see him please give him a hug or fists pump (depending on your relationship). His crew set up all of the chairs and helped us load all of the refreshments. We were also provided with three of their 18-year-old staff for the evening to help you have your refreshments. Thank you, Bruce and Dana and your crew, for all that you do for our community! Mark your calendars Ladies Night 2023...

Rachelle Schott



# **Ladies Movie Night Roundup**











### **Art Thursday**

Each week on Thursday various artists and crafters will be sharing their talents with the community. Each artist/crafter will provide a class description and fee (if applicable) along with how you can register. Watch the VB Herald and the VB Club Facebook page for classes and updates!

On rainy days we will meet in the clubhouse. Otherwise, we will meet beside the Village Green Bakery.

We are always looking for new ideas for classes. If you have an idea or would like to teach, please send an email to artthursdays@shaw.ca

For the latest updates you can follow on Instagram

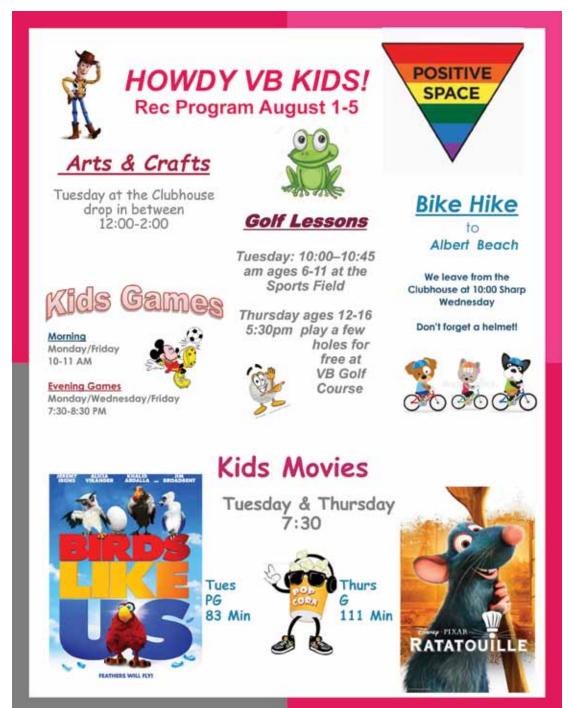
- @Victoriabeachherald
- @VBclubmb

Artists/Crafters who are confirmed as of this writing are:

#### Earth & Hide

- Tablet sleeve/clutch workshop -- \$85. July 21st
- Luella tote workshop -- \$250. August 4th

To register contact chuck@earthandhide.com. Further details at earthandhide.com.



### Creative Art with Ellie and Keira

Explore and experience "art making" with Keira and Ellie Topnik.

Six classes will run Thursday afternoons from 1-3PM beginning July 7th. Cost of classes are 10.00 per class, 60.00 for all six or 15.00 if drop in. A pack of "art supplies" will be available for 30.00.

Drawing boards are 10.00 each. Over the next six weeks we will be building on the foundations of artistic expression and design. You are going to learn composition, patterns, and how to utilize artistic mediums such as watercolour, pen & pencil, and oil pastels.

If you are interested, please register by contacting Ellie Topnik:

Email: ellie@topnik.ca Mobile - 204 771 1644

# Doug Mackie and Dan Raw wood designers

• Will return in August. Stay tuned for details.

# Kids Soccer Tournament – Sunday, July 31

This Sunday we will host the annual kids soccer tournament for kids age 8 to 14. Registration starts at 9:00am. We are registering individuals only – no need to arrange for a full team – but of course we will accommodate friend requests as we arrange everyone into teams. The teams will go through a mini-tournament so please bring plenty of water as there will be multiple games throughout the day.

No prior soccer experience or equipment is required, so come out and enjoy the day! If you have any questions, please call or text 204-333-7774.

-Sergio & Andy Almeida

# Come Watch Senior Open Tennis on the Long Weekend!

Watch some of Manitoba's best tennis this long weekend as the Senior Open returns to the VB Tennis courts. NEW THIS YEAR: Qualifying play will start at 6:00pm on Friday July 29th. This change will allow for players to be better rested which will translate into better tennis throughout the weekend. Weather permitting, the finals only will be played on Centre Court on Monday.

Draws and player code of conduct will be posted on Thursday July 28th by noon and tweeted out @vbtennis. See you at the courts!

John Heppenstall, John Blair and Stephen Dubienski







Victoria Beach Community Church
Please join us on
Sunday Mornings at 10:00 a.m.
St. Michael's Church - 8th Avenue & Pine Road
July 31, 2022 Speaker: Paul Boge (Mennonite)
If you require a taxi, please call Bill Main - 204756-6172 by Saturday evening. Masks are Required

### Victoria Beach Dog Show

11:00 am, Saturday August 6th at the Art Vincent Memorial (Village Green)

This is the place to be if you are a dog, a dog owner, a "someday we are getting a dog" person or just plain love dogs. It's the Victoria Beach Dog Show and you are invited!

We had an incredible turnout last year and we're hoping to top it this year!

Show us a trick, tell us a story or just let us see your favourite hound. Every dog gets a doggy bag full of loot, and everyone is a winner!

Come join us to celebrate and enjoy our furry friends! If you are bringing a dog for the show, please arrive at 10:45 am to register.



Enzo and Philly can't wait to see you!



### Yoga at VB

Thanks for coming out to yoga, there are still plenty of classes to enjoy!

There are a variety of wonderful teachers offering classes 3 days a week at the clubhouse, come practice! Club membership unlimited yoga wristbands are now available for purchase at the tennis court kiosk or for \$25 cash at the door on your way into yoga class. This gives you access to all classes for the summer. If you just want to drop-in for a class or two, no problem! Drop-in classes are available for \$5 cash at the door. Remember to bring a yoga mat and any props you may need (straps, blocks, blanket). Classes are taught to be inclusive, with variations for all levels and abilities. Please note the last class of the season will be August 12th.

**SCHEDULE** 

2 classes every Monday, Wednesday, Friday

9:00-10:00am & 10:15-11:15am

INSTRUCTORS

July 29th: Ash Bourgeois

August 1st: Susie from Alton Yoga August 3rd: Susie from Alton Yoga August 5th: Susie from Alton Yoga

August 8th: Kelly Cowan August 10th: Adrienne Shum August 12th: Andrea Robin

The instructors love coming to VB to teach and there are plenty of interested instructors that are keen to come up and teach each year. Some folks have reached out with instructor recommendations, if you have a teacher in mind that you would like to refer for the 2023 season, please give them my email and have them get in touch. All instructors are usually recruited and confirmed by March.

Thanks,

Mairen - mkops@hotmail.com

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# Masquerade Winners

Name	Age	Costume
Cali Stothers	7.5	Pokemon
Joslyn Moisey	13	Baker
Taryn Moisey	10	Baker
Haelyn Moisey	6	Baker
Brooklyn Whitley	6	Dancing Cousins
Ellie Jessiman	10	Dancing Cousins
Bennett Whitley	3	Luigi
Violet Jessiman	9	Beach Lady
Nora Greenhalgh	10 mont	
Charlie Gagnon	3.5	Jessie from Toy Story
Ines Hieman	5	Princess
Violet MacAulay	8	Alien Musician
Nash Gibson	4	Buzz Lightyear
John Dawson	7	Swimmer
Garrett Dawson	7	Lifeguard
Brynn Dawson	8	Paddleboarder
Hugh Allen	6	Starwars Ninga
Henry Allen	9Pe	et Dragon of Starwars Ninga
Asher LeBaron	5	Sufer Dude
Ben Proteau	3	Batman
Amelia Proteau	5	Batgirl
Abby Franz	11	Wolf
Jacob Franz	9	Big Bad Pig
Julianne Andres	9	Wolf
Evelyne Andres	11	Wolf
Llewyn O'Connor-Thomas	5 mont	hs Baby Skunk
Rose Darling	7	Village Green Bking Fairies
Alice Darling	4	Village Green Bking Fairies
Keira Darling	4	Village Green Bking Fairies
Connor Straus	8	Cowboy Connor
Rayne Kumka	6	Alicorn
Morley Kumka	10	VB Baker
Alice Wheatley	6.5	Mermaid
Clara Wheatley	4.5	Mermaid
Portia Yarema	"5,5"	Hippie
Olivia Phillips	7	VB Artist
Annika Kemp	12	Biker
Olivia Yarnell	12	Bike Part
Eric Yarnell	10	Bike Part
Lauren Adamson	11	Bike Part
Jacob Venderhooft	2	Animal Service Employee
Julie-Anne Vanderhooft	6	Astronaught
Evie Vanderhooft	4	Cowgirl
Chancellor Cushing	8	VB Fairy
Sullivan Cushing	10	VB Rec Staff
William Workman	2.5	Triceratop
Sam Ugrin	4	Skeleton
Stella Schott	5.5	Unicorn
Jack Schott	7	Hockey Player
James Scott	7	Clown

Toby Scott	4	Clown
Lily Wiens	2	Butterfly princess
Clara Laporte	3	Fairy
Mia Barkman	6	Unicorn
June McAuley	7	Rapunzel
Isla McCaig	10	Mind Reader
Teddy Chipman	1.5	Golfer
Braya Richards	2.5	Cinderella
Alice Barth	4	Purple Snowflake
Amelia Duke-Grajewski	8	New Victoria Beach Sign
Braedon Walker	10	VB Bike Jam
Jaelyn Walker	8	VB Bike Jam
Grayson Walker	5	VB Bike Jam
Kaiya Clayton	4	VB Bike Jam
Mila Clayton	3	VB Bike Jam
Tori Clayton	1	VB Bike Jam
Parker Ateah	8	VB Fisherman
Ruby Ateah	6	VB Mermaid
Lucia Almeida	12	SR VB Baker
Henry Almeida	7	JR VB Baker
Teal Walker	3	Recycling Truck
Oliver Viramontes-Smith	3	Batman



### **Council News**

New Council: Thank you to residents who joined the new Council at our swearing in ceremony on Monday, July 25 at the Beaches Community Centre. We look forward to moving ahead with initiatives and projects that will maintain and improve the community for residents and visitors over the next four years. We appreciate the continued confidence and support of the residents as reflected in our recent acclamations to Council. Our next Council Meeting is at 7 pm on Tuesday, August 2 at the Social Scene, #3 Ateah Road. All are welcome to attend.

Brush Pick-Up: If you are signed up for VB Connect you will have received an update on July 22 regarding brush pick-up and chipping. Alpha Forestry started work in the vehicle restricted area on July 25 and we anticipate they will be in the VRA for another week. They are using heavy equipment so for your safety and that of the contractors, we ask that you adjust your route to another street to completely avoid the contractors and their gear. Many of the areas outside the vehicle restricted area have been picked up, or are continuing to be picked up by our Public Works crew, as manpower and equipment allow. Do not add more brush to the piles, please.

VB Connect: Still not signed up for VB Connect? Go to our website, www.rmofvictoriabeach.ca and scroll down to the bottom of the home page to sign up for Connect. Can't access the internet? Please call the RM office at 204-774-4263 or toll free in Manitoba only at 1-800-513-3839 for assistance with this valuable emergency communication service.



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\*Services provided through Blueridge Consulting Ltd.

King Edward Beach: It has come to our attention that the life line on King Edward beach is no longer in good repair and no longer in the proper location in the water. The warning sign is also missing from the shore. Every year on our Information for Residents card (delivered May long weekend to every property with the Cottagers Guide to the Eastern Beaches) we remind residents of the undertow and dangerous conditions on the north end of King Edward beach. There have been several near-drownings in this area and we warn and caution residents and visitors to be aware and vigilant when in the water in this area. Due to the high water and beach conditions the signage and life line may not be able to be replaced this year.

The VB Arch Sign: The Victoria Beach arch sign that was damaged by Manitoba Highways in the winter is still waiting for some necessary cutting, straightening, welding and repainting. Local contractors helping us with the restoration of the sign are busy and we want to ensure it is in good shape for many more years before we put it back up. Getting the sign back into place will require a bucket truck and some manpower. We realize the importance of the sign to many residents and perhaps it could have been put up sooner, however more pressing matters have pushed the sign repairs and reinstallation down the lengthy priority list.

VB Volunteer Emergency First Responders: We regret to advise or remind residents that due in large part to regulatory changes

### 2022 Victoria Beach Golf Course Rates

<u>Seasonal</u>	<u>Monthly</u>	Two Weeks
\$ 700.00	\$ 385.00	\$ 290.00
\$ 396.00	\$ 260.00	\$ 160.00
\$ 220.00	\$ 150.00	\$ 145.00
\$ 160.00	\$ 115.00	\$ 100.00
	\$ 700.00 \$ 396.00 \$ 220.00	\$ 700.00 \$ 385.00 \$ 396.00 \$ 260.00 \$ 220.00 \$ 150.00

GREEN FEES: 9 holes Weekdays - \$18.00 Weekends - \$20.00

All above fees / memberships include GST. CHILDREN 12 & UNDER MAY NOT TEE OFF SATURDAY, SUNDAY OR HOLIDAYS UNTIL AFTER 10:00 am AND MUST BE ACCOMPANIED BY AN ADULT. SMALL TOURNAMENTS WELCOME. GIFT CERTIFICATES & DEBIT PAYMENT AVAILABLE. GOLFERS CAN DRIVE INTO THE GOLF COURSE MAY, JUNE, SEPTEMBER & OCTOBER.



### **Council News**

made by the College of Paramedics of Manitoba, the VB Volunteer Emergency First Responders program is no longer in operation. Many rural municipalities in Manitoba have been affected by the increased training hours and costs associated with maintaining the skills or becoming a volunteer Emergency First Responder. Council has communicated with the Minister of Health, the College of Paramedics of Manitoba and the Association of Manitoba Municipalities to lobby the province to amend these new regulations and to consider a different category for volunteer EMRs, so far to no avail. As always, call 911 for emergencies and

the operator will dispatch the required emergency personnel. Ambulances may come from Selkirk, Beausejour, Pine Falls or other rural areas to attend. During the summer, residents may also contact the VB Doctors Clinic located at 124 Birch Avenue, phone 204-756-6305. Please see their weekly Herald article for opening hours and information.

We hope you take advantage of the many activities going on in the community this August long weekend. Enjoy and be safe. RMVB Council







# **Eight at the Gate Routes**

We are fortunate to have a selection of bike routes available at Victoria Beach. The routes are best suited to road or hybrid style bikes, with the exception of route four and five that are more suited to bikes with wider tires: cyclo-cross, gravel or mountain bikes.

Ride one is our base ride, covering 40 km round trip allowing for a few hills. This ride can accommodate some challenges for the racer types by adding loops over the hills at Hillside, Belair and Sandy Bay. Each loop will add 5 km.

Ride two is a flatter ride that is more suited to smaller groups, no more than four riders. This ride utilises the shoulder on #11 highway as far as the Brokenhead River and makes a nice change.

Ride three uses the first portion of ride two but turns back at the junction of Traverse Bay Rd N and #11 for a total of 25km. It is well suited to a beginning rider as it is lightly travelled and fairly sheltered. Note that all rides leave from the VB Gate and are best started at 08:00 to avoid traffic on Highway #59 as much as possible.

Route 1: Albert Beach, Pitt Rd, Hillside Rd to Lester Beach via Lakeshore Rd



Route 2: Albert Beach, Pitt Rd, Traverse Bay Rd, #11 Highway to the Brokenhead River.



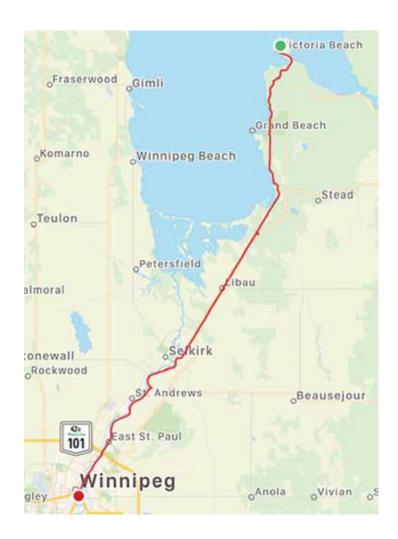
Route 3: The same as route 2 but turns back at junction of #11



# Victoria Beach <sub>o</sub>Wanasi Hillside Bay Hillside Beach Highway 59 Bélair

Route 4: Challenging and recommended for those with off road experience and suitable equipment. You won't get lost but watch for the Trans Canada Trail (Or TGT) signs. Leave from the bakery and follow the signs to Belair Rd. Turn west and return via Lakeshore Rd. The portion from Hillside Rd to Belair has improved since last year but can be very soft in spots.

# **Eight at the Gate Routes**



Route 5, Finishing at "The Forks", same equipment, pack a lunch, choose your rut carefully (the 40ish km from Patricia Beach to East Selkirk does not require a lot of turns).

For information contact Bob Marshall, cell 204 261 4292, email rmarsha@mymts.net or find us on Face Book at "Eight at the Gate".



Shanna Karle, Owner/Broker/REALTOR® Susan (Gee) Thomas, REALTOR® Sue Deighton, REALTOR® Office: 39004 Hillside Beach Rd 204.756.3749 ateahrealty.com

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Welcome back everyone - for another great summer!



### TRIVIA NIGHT IS BACK!

Do you have what it takes to win the title of "VB's Smartest"? Can you answer these questions?

### When was the last Trivia Night?

How do tadpoles breathe?

What is Wonder Woman's "real" name?

(Answers will be posted on the VB Club Facebook page)

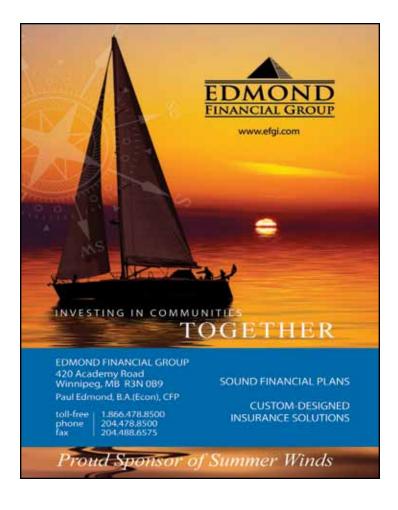
Form a team of ten and register for Trivia Night - **Friday August 12th at 7pm.** Questions will cover a wide range of topics, so everyone will be able to contribute. The cost to register a team is \$200 (\$20/person). Funds raised support our amazing VB Club activities!

Tables are limited, so get your team together early...

Tickets will be sold on a first come, first served basis. Send one team member to register your team on Saturday July 30th in the Village Green starting at 10am. Team registration must be paid in full (cash or cheque) to reserve a table. Looking forward to seeing you then!

\* Can't complete a team of ten? One table will be available to join as an individual.

Victoria Beach TRIVIA NIGHT Friday August 12, 7:00 - 11:00pm. Cash Bar



# LOOKING FOR A GREAT SUMMER READ?

Many are aware that lifelong summer resident Andrew Stelmack has been a fixture on the Victoria Beach Golf Course since he was eight years old. As a child, his parents would have to plead with him to come down to the beach and swim; to take a break from playing up to fifty-four holes a day. Today, it is now down to nine holes a day, but the passion is just as strong. So much so, that he has written a new novel on Canadian golf great Moe Norman called **SEND IN THE CLOWN**. It was released this month on Amazon and Kindle.

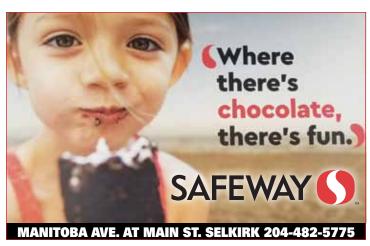
The importance of Victoria Beach in Andrew's own golf journey is evident in telling Moe's story as a number of regular local VB golfers show up in the book, homage is paid to some of the important people in the course's development over the years, and he even dedicates the book to our own Victoria Beach Golf Course and its many players.

Moe's story is a fascinating one and Andrew is looking at it from a whole new perspective. And it is important to note that you do not have to play or like golf to enjoy the book. Far from it. It is a book for everyone and any age. Just like the extremely popular The Queens Gambit wasn't about chess, this book isn't about golf. Golf is merely the vehicle to tell the inspiring life journey of this loved yet often misunderstood Canadian golf hero.

"As an actor, I have always been fascinated by unconventional personalities and 'oddball' characters", says Stelmack. "Not only does Moe fit the bill, but his determination to stay true to himself – despite all costs – is truly inspiring. It's impossible to not fall madly in love with this human being and I simply had to write his story in a way it has yet to be shared, using my skillset as an actor to put myself in his shoes. Not to mention the connection we share for the love of golf. How I too, have always been able to find solace, comfort, and peace at Victoria Beach Golf Course. My 'happy place'. If you have ever had to bury a part of your true self to gain acceptance, or to fit in – and perhaps regretted it – this book is for you."

As mentioned earlier you can buy SEND IN THE CLOWN on Amazon and Kindle. You can also get autographed copies at the VB Golf Course, behind the desk. As well, if you prefer, you can contact Andrew at agstelmack@gmail.com and he would be happy to sign a copy and deliver it to your door.

SEND IN THE CLOWN, a perfect addition for your VB summer reading list!



### "Happy Feet" to meet and greet!



This group is for anybody old and new to the VB community! Are you interested in meeting people? Come on out to the memorial stage at 11am Tuesdays and Thursdays (right after the Seniors Strength and Stretch class) to break the ice! Grab a coffee or treat at the Village Green Bakery and let's go for a walk and talk!

# **VB Novelty Tennis Tournament ITS COMING: GET READY**

The 2022 VB Novelty Tennis Tournament: August 13 & 14, 2022 The format of the tournament will remain as a team tennis event. There will be 4 people per team, playing in two divisions. Winners will be decided by total games won. All matches will be pro-sets, and games will be no-ad deuce.

Teams will be meticulously selected and blended to maximize your enjoyment no matter what your level of play. Amazing prizes this year reflecting our Victoria Beach traditions and the generosity of our local businesses and local celebrities.

Sign-up sheets will be posted at the tennis courts on Friday Aug 5th at noon. Sheets will be taken down at 5pm on Thursday Aug 11th or as soon as the first 48 players have signed up. Teams and draws will be posted no later than 5pm on Friday Aug 12th.

Entry fee is \$5.00 and please pay before you play. All entrants must be members of the VB Club, and have their own shoe tag.

Need more info? Contact Frank Manning at 756-8685 (cottage), 1-914-262-1840 (cell) or fmanningob@aol.com.



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### Remo De Sordi 204.988.0362 rdesordi@tmlawyers.com

### Katherine Bayer 204.988.0462 kbayer@tmlawyers.com

### Alex Nordal-Budinsky 204.988.0390 anordal-budinsky@tmlawyers.com

### **CLASSIFIEDS**

Classified ads are an affordable way of selling new or used items; Expanding your business; Sending your loved one a congratulations message or announcing the birth of your baby, grand baby or engagement. Cost is \$12 for 25 words and \$.25 for each additional word and can be paid by visa or m/c. Please contact Lana at 204-292-2128 or email:news@stonewallteulontribune.ca before Friday 4 p.m.

NEED A HANDYMAN? For prompt, courteous and reliable help, call Mike's Handyman Service at 204-799-1703.

SEEKING COTTAGES FOR RENT NEXT SUMMER: Do your rent your cottage? We would like to rent three cottages in 2023. Our family is planning a VB reunion in August, 2023. We spent many summer vacations in the eighties & nineties with our parents & cousins at our Grandparents' cottage on Sunset between Arthur & Patricia. We want to recreate the excitement, fun & familial experience we shared for our own young children. We'll be coming from Edmonton, Calgary, Pickering & London, England. Our Aunts, Uncles & Manitoba cousins will be at their cottages on Sunset & on 4th. We are interested in renting for one or more weeks, likely August 5-12, 2023 or August 12-19, 2023. Please text or call Megan at (204)296-6667 or email mmmcleod@mymts.net.

FOUR CHAPEL LAWN BURIAL PLOTS FOR SALE. Only \$1,500 each. Buyer's transfer fee may be waived. Call David at 303-921-7063 or drop by at 432-8th for more details.

BOREAL SHORES ART TOUR RETURNS AUG. 20 and 21 – Features 38 artists, 23 locations including 9 in Victoria Beach, Sandy Bay, Albert Beach.

Be sure to visit Jane and Roger Gateson at Flip Flop Studios 305 4th Ave.

For everyone's safety, masks required. (Available at the door) www.borealshoresarttour.ca



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# Full Sports Day Results in August 5 Herald

### **VB Doctor's Office 2022**

There will be doctors from July 1 - August 21, 2022. The VB Summer Medical Clinic is located at 124 Birch Avenue.

COVID protocols will be in place again. One patient in the waiting room at a time, masks are mandatory. Please bring your provincial health card and cash for any prescription purchased. A patient card will be available to fill out once you are in the waiting room.

Hours are as follows:

# EAST BEACHES SEPTIC

P.O. Box 320. Victoria Beach. MB ROE 2CO

204-880-3555

ebseptic@gmail.com

	9:30 to 11:30 AM	5:30 to 7:30 PM
Sunday	No Clinic	✓
Monday	✓	✓
Tuesday	✓	✓
Wednesday	No Clinic	✓
Thursday	✓	✓
Friday	✓	✓
Saturday	✓	✓





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