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98thyear • Issue No. 2

A non-profit service of the Victoria Beach Club

Friday, June 30, 2023

# **VB Welcomes New Tennis Courts!** See page 16 for details on the Grand Opening July 1st

Aerial Photo Courtesy Chris Mason

VICTORIA BEACH CLUB SPECIAL ACTIVITIES 2023								
ACTIVITY	DATE	TIME	LOCATION	CONVENOR				
VB Membership Blitz Summer Celebration Tennis Social Swim Registration Beach Events Big VB Clean Up	Sat., July 1 Sat., July 1 Sun., July 2 Sun., July 2 Sun., July 2	10:00 AM - 1:00 PM 8:00 PM 10:00 AM - Noon 12:00 PM - 2:00 PM All Day	Clubhouse Clubhouse	Yvette Wilson Joe & Dawn Cyr Lindsay & Dave Proteau Andrew Kaul Barb Pritchard, Grayce Dubé & Julie McPetrie				

# A Good Time Was Had by All at the 2022 Jim August Memorial Golf Tournament

The Jim August Memorial Golf Tournament was held on a glorious Fall day last September at the Victoria Beach Golf Course. About seventy-five of Jim's friends and family from Victoria Beach, Sandy Bay, the Whiteshell, Winnipeg, and even Toronto came to play a Texas scramble round together at Jim's beloved beach course.

We would like to thank Karl Hutchison and the golf course staff for the wonderful shape the course was in and for making the accommodations necessary for us to fully enjoy the golfing part of the day. We have a gem in our midst with this course which Jim and all of us have enjoyed over the years.

The Tournament was a success from all perspectives: good weather, excellent golf, a wonderful time to meet and share good times over a meal, and generous contributions to help fund the Jim August Memorial Bursary Fund through the University of Winnipeg Foundation's Opportunities Fund.

That Fund supports Indigenous, new Canadians, refugees and other students from inner city neighbourhoods to continue their post-secondary education at the University of Winnipeg, which was Jim's alma mater.

About \$4,000 for the Fund was raised directly by the tournament through the entry fees and silent auction (with thanks to the generosity of prize donors and sponsors), plus another \$1,500 or so in direct donations to the Fund due to the Tournament.

These contributions raised the first-year total in the Fund to over \$50,000, well beyond initial expectations. As a result, the Foundation will begin providing awards to two deserving students in the Fall of 2023, a year ahead of schedule.

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Special thanks go to several VB cottagers who helped organize the event, including John Gow, Bob Lawler, Terry Angus, Jason Olson (with myself, Drew Perry). Roger Brunet and Stavros Lacovides gathered many of the donations for prizes. Generous help was also provided by Sally Lawler, Andrea Moore, Val Perry, Sharon August, Alison August, Peggy Ansons, Mellanie Gow and Lynda Murray to manage the prizes and dinner. The post-Tournament meal provided by Lori Vialoux was appreciated by all.

Post-dinner speeches by several, including a heartfelt one from Jim and Sharon's daughter Alison, noted that Jim himself would have loved the event. Together we were able to celebrate and remember his rich and full life as a contributor to the well-being of Winnipeg's inner city, as a father and grandfather, and as a close friend to many.

Drew Perry

### **VB Kids Bike Races!!**

You know them, you love them, and they are back for 2023. Kids race, parents cheer, ribbons, hi-fives and fun times! Can't wait to see you all there.

WHERE: Sports Field

WHEN: Saturday July 15, 2023. Registration 9:30am | Races begin 10am



Pin Up For Reference

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# **VICTORIA BEACH CLUB**

#### **2023 SUMMER ACTIVITIES**

Membership wristbands are required at all activities. Follow us for changes/updates on Instagram & Facebook

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Mairen Kops

Julie McPetrie

Julie McPetrie

Julie McPetrie

#### REGULAR ACTIVITIES

Rec. Assistants

(Sports Field)

(VB Golf Course)

Barb Pritchard

\*Other fees may apply

Library Assistants

Peggy Ansons & Sally Lawler

**KIDS ACTIVITIES (All Ages)** Mon. & Fri. 10:00-11:00 AM

**Kids Games:** (Village Green & Sports Field)

**Family Games:** 

(Sports Field) Arts & Crafts:

(Clubhouse) Bike Hikes:

(Leaves from Clubhouse)

**Golf Lessons:** 

**OTHER ACTIVITIES** 

**Duplicate Bridge:** (Clubhouse)

**Art Thursdays:** 

(\*Various dates/locations)

**LIBRARY HOURS:** 

Mon. 6:30 PM

Mon. Wed. & Fri. 7:30-8:30 PM

Wed. 10:00 AM-Noon (ages 7+)

Tues. 10:00-10:45 AM (ages 6-11)

Thurs. 5:30 PM (ages 12-16)

Tues. drop in between 12:00-2:00 PM

Thurs. 12:00-3:00 PM

Mon. & Wed. 9:00 AM-Noon, 7:00-8:00 PM Tues. Thurs. Fri. & Sun. 10:00 AM-Noon, 6:00-8:00 PM

Sat. 10:00 AM-Noon

**FITNESS ACTIVITIES** 

Yoga (Adults & Teens):

(Clubhouse)

Tues. & Thurs. 9:00-10:00 AM **Power Hour:** 

(Memorial Stage or Clubhouse \*weather dependent)

Strength & Stretch: Tues & Thurs 10:15-11:00 AM (Memorial Stage or Clubhouse \*weather dependent)

**Boot Camp:** Mon. Wed. & Fri. 9:00-10:00 AM

(Memorial Stage or in front of VB Store)

**TENNIS COURT ACTIVITIES** 

Tennis Court Attendants **Youth Tennis Lessons:** Ages 5-6 Wed. 11:30 AM-12:15 PM & Fri. 12:30-1:15 PM

Mon. Wed. & Fri. 9:00-10:00 AM, 10:15-11:00 AM

Tues. & Thurs. 1:00-2:00 PM

Ages 10 & over Mon. 12:30-1:30 PM & Thurs. 2:00-3:00 PM

**Junior Tennis Nights:** Mon. & Wed. 6:00-7:30 PM

**Adult Tennis Round Robin:** Mon. & Fri. (Register) 10:45 AM (Play) 11:00 AM -12:30 PM Adult GVS: Tues. Thurs. & Sat. 11:30 AM-1:00 PM (except July 1 & 8)

Tues. & Thurs. July 6:15-7:15 PM / August 6:00-7:00 PM **Family Tennis:** 10 & Under GVS: Tues. & Thurs. July 6:15-7:15 PM / August 6:00-7:00 PM

#### **VICTORIA BEACH CLUB SPECIAL ACTIVITIES 2023**

ACTIVITY	DATE	TIME	LOCATION	CONVENOR
VB Membership Blitz	Sat., July 1	10:00 AM - 1:00 PM	Parking Lot	Yvette Wilson
Summer Celebration Tennis Social	Sat., July 1	8:00 PM	Clubhouse	Joe & Dawn Cyr
Swim Registration	Sun., July 2	10:00 AM - Noon	Clubhouse	Lindsay & Dave Proteau
Beach Events	Sun., July 2	12:00 PM - 2:00 PM	Clubhouse Beach	Andrew Kaul
Big VB Clean Up	Sun., July 2	All Day	Community	Barb Pritchard, Grayce Dubé & Julie McPetrie
Kirbyson Doubles Tennis Clinic	Tues., July 4	2:00-3:30 PM Junior / 3:30-5 PM Adult	Tennis Courts	Geoff Kirbyson
Teen Kickoff to Summer	Wed., July 5	9:30 PM	Clubhouse	Rec Staff
Mega GVS	Sat., July 8	11:00 AM - 1:00 PM	Tennis Courts	Tennis Staff
Book Sale	Sun., July 9	1:00 PM - 3:30 PM	Clubhouse	Library Staff & Families
Soccer Tournament 15+	Sun., July 9	9:30 AM Registration	Sports Field	TBD
Sandcastle Building Contest	Sun., July 9	10:00 AM - Noon	Clubhouse Beach	TBD
Robert Kennedy Singles Tennis Clinic	Mon., July 10	2:00 PM - 4:30 PM	Tennis Courts	Robert Kennedy
Kirbyson Doubles Tennis Clinic	Tues., July 11	2:00-3:30 PM Junior / 3:30-5 PM Adult	Tennis Courts	Geoff Kirbyson
Junior Golf Tournament	Wed., July 12	9:00 AM	Golf Course	Catherine Delaquis & Jon Manness
Girl's Tennis Day	Thurs., July 13	3:00 PM - 5:15 PM	Tennis Courts	Ainsley Clayton
Teen Movie Night	Thurs., July 13	9:30 PM	Clubhouse	Rec Staff
Bike Races		10:00 AM		
	Sat., July 15		Sports Field	Sylvia Furtado & Laura Hilland
Adult Bike Jam	Sat., July 15	6:30 PM	Village Green	Stephen Carroll, Sylvia Furtado, Jamie Hilland & Aileen Hunt
Masters Tennis Tournament	Fri Sun., July 14 - 16	6PM Fri., All Day Sat & Sun.	Tennis Courts	Gavin Adamson, Geoff Kirbyson & Maureen Walker
Children's Masquerade	Sun., July 16	10:00 AM - Noon	Art Vincent Memorial Stage	Dawson Family
VBCOA AGM	Sun., July 16	11:00 AM - 2:00 PM	Clubhouse	VBCOA
Ladies Movie Night	Wed., July 19	6:30 PM	Clubhouse	Rachelle Schott
Teen Movie Night	Thurs., July 20	9:30 PM	Clubhouse	Rec Staff
Men's Golf Tournament	Fri., July 21	TBD	Golf Course	Karl Hutchison
Sports Day	Sat., July 22	10:00 AM - Noon	Sports Field	TBD
Kids Fishing Derby	Sun., July 23	9:00 AM - 11:00 AM	Pier	Pat Yarnell & Tanis Knowles
Volleyball Tournament	Sun., July 23	9:00 AM Registration	Sports Field	Mike Lesiuk
Robert Kennedy Adult Singles Clinic	Mon., July 24	2:00 PM - 4:30 PM	Tennis Courts	Robert Kennedy
Junior Tennis Tournament	Wed Thurs., July 26 - 27	All Dav	Tennis Courts	Vinh Nguyen, Daryn West, Mike Bru, Mike Lesiuk, Jenny Hasenack & Meaghan and Anders Strom
Ladies Golf Tournament	Wed., July 26	All Day	VB Golf Course	Patti Ulrich
Teen Scavenger Hunt	Thurs., July 27	9:30 PM	Clubhouse	Rec Staff
Trivia Night	Fri., July 28	7:00 PM	Clubhouse	Andrika Tittenberger
Kids' Bike Jam	Sat., July 29	10:30 AM - Noon	Village Green	Catherine Delaquis & Maggie Bonnetta
30+ Dance	Sat., July 29	7:30 PM	Clubhouse	Suzy Blunderfield
Swim Races	Sun., July 30	9:30 AM Registration Opens	Clubhouse Beach	Swim Instructors
Teen Movie Night		9:30 PM	Clubhouse	Rec Staff
	Thurs., Aug 3			
Karaoke Night	Fri., Aug 4	7:00 PM	Clubhouse	Jane & Jon Manness
Senior Tennis Tournament	Fri Mon., Aug 4 - 7	All Day (Starts 6:00 PM Friday)	Tennis Courts	John Heppensstall & John Blair
VB Club Raffle	Sat., Aug 5	10:00 AM - 4:00 PM	Village Green	Suzy Blunderfield & Shannon Bowden
VB Art Show	Sun., Aug 6	11:00 AM - 4:00 PM	Clubhouse	Dianne Cameron & James Culleton
VB Kids Soccer Tournament (ages 8-14)	Sun., Aug 6	9:00 AM Registration	Sports Field	Sergio & Andy Almeida
Kirbyson Doubles Tennis Clinic	Tues., Aug 8	2:00-3:30 PM Junior / 3:30-5 PM Adult	Tennis Courts	Geoff Kirbyson
Robert Kennedy Rogers Tennis Tournament	Wed., Aug 9	2:00 PM - 5:00 PM	Tennis Courts	Robert Kennedy
Duplicate Bridge Tournament	Wed., Aug 9	6:30 PM	Clubhouse	Mary McIntosh & Helen Forrest
Teen Farewell to Summer	Thurs., Aug 10	9:30 PM	Clubhouse	Rec Staff
LWF Bike to the Beach	Fri., Aug 11	12:00 PM	Village Green	Scott McDonald & volunteers
Volunteer Appreciation Night	Fri., Aug 11	7:00 PM - 9:00 PM	Clubhouse	Doug Stewart
Cross Country Run	Sat., Aug 12	9:00 AM Registration	Clubhouse	Johnson & Wiebe Family
Dog Show	Sat., Aug 12	11:00 AM Registration	Village Green	Barb Hansford, Paul Infuso, Trish Nesbitt & Al Keith
Novelty Tennis Tournament	Sat Sun., Aug 12 - 13	All Day	Tennis Courts	Brad Nechwediuk, Gavin Adamson & Stino Siragusa
LWF Walk For Water	Sun., Aug 13	10:00 AM	Art Vincent Memorial Stage	Brenda Hearson, Janet Sampson & VB Walk for Water Committee
VB Annual Meeting	Sun., Aug 13	1:00 PM-3:00 PM	Clubhouse	Heather Turzak
55+ Golf Tournament	Mon., Sept 11	All Day	Golf Course	Stuart Mcpherson

#### Victoria Beach Club BOARD

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> SECRETARY Doug Stewart (204) 612-5556

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SPECIAL EVENTS Cathy Bizruchak

SWIMMING Lindsay & Dave Proteau victoriabeachswimming@gmail.com

> TENNIS Barbara Hientzsch Alice Russell Allan Morrish

# **VB Club Executive Message**

Happy July Long Weekend 2023! This summer has been a hot one already and we've still got the whole season ahead to look forward to!

Victoria Beach Club Activities officially kick off Monday, July 3rd, 2023, so make sure you've purchased your VB Club Membership. The easiest way to do so is by using our online service and collecting at your convenience. Membership pickup is at the Parking Lot July 1st from 10am to 1:00pm, then July 2nd at the Clubhouse from 10am to noon, then any time from the library during their regular hours.

Don't forget – wristbands are required for ALL CLUB ACTIVITIES!

In addition to our regular programming, we've got a few new additions to the lineup and more being added along the way! Be sure to follow us on social media at the Victoria Beach Club Facebook group (request permission to join if you aren't a member) and Instagram page (VBCLUBMB) for the most up to date information on any programming, activities and special event changes.

Mark your calendars – as here are the activities coming up this week!

- Summer Celebration Tennis Social Saturday, July 1 8pm at the Clubhouse
- Swim Registration Sunday, July 2nd 10am till noon at the Clubhouse
- Beach Events Sunday, July 2nd at the Clubhouse from noon to 2pm
- Big VB Clean Up Sunday, July 2nd ALL DAY
- Kirbyson Junior Double Tennis Clinic Tuesday, July 4th, 2:00-5:00pm

• Teen Kickoff to Summer Beach Party – Wednesday, July 5th at 9:30pm at the Clubhouse

Thinking about how cool it would be to be even more involved in VB life? You are in luck my friends! There are a couple of openings on our executive at the moment, so please feel free to reach out to me or any other of the Board members to express your interest, we'd be happy to answer any questions you may have. The Director at Large position is responsible for seeking and securing funding for the VB Club programs through grant applications for our many summer students required to run all the activities and events. We are also in search of a Special Event Coordinator who works with the various volunteer convenors to help coordinate the schedule of events for the summer.

All of our wonderful summer events are only possible with the help of our amazing volunteer convenors. We are still in search of convenors for the following three special events this summer. As these are typically very well attended, we really do not want to have to cancel them. We can provide planning documents from past events, and you can spearhead an event with your whole family if you'd like. Get the crew together and save these events from cancellation!

- 15+ soccer tournament on July 9
- Sandcastle building contest on July 9
  - Sports day on July 22

Happy Summertime and see you at the Beach! Liz Kaye, VB Club Board Vice-President

# **Duplicate Bridge**

Mark your Calendars: Duplicate Bridge Tournament Wednesday, August 9, 2023

The annual Duplicate Bridge Tournament is scheduled for August 9, 2023 at the Clubhouse; games start at 6:30 p.m. Come and enjoy the breathtaking sunset as you play. Details to follow in future editions of the Herald.

For over 25 years we have been blessed to have two amazing coordinators for this special event: **Donna Thain and Fran Pollard.** They stepped down after the 2023 tournament. Upon hearing of

their long-standing contribution, Heather Turzak, Club President, encouraged the Club Board to recognize their contribution to the Victoria Beach Club and bridge in particular. A plaque commemorating their extraordinary years of service was presented to Fran and Donna and now has a place of honour in the Club House.

Effective 2023, Fran and Donna are replaced by Mary McIntosh and Helen Forrest with support from Fran and Donna.

# **Ladies Movie Night**

Hey Ladies!! Leave your man at home! Your kids! Your dogs! Just bring yourself! Or even better ask a neighbour to join you! The more amazing ladies enjoying a well-deserved evening out the better! Ladies 18+ please come join us at the clubhouse on Wednesday July 19th, 2023.

Doors will open slightly earlier than usual and there will be cocktails (included in your ticket price) and socializing from 6:30-7:30pm. The movie will start at 7:30pm sharp. Back by popular demand, we will have a DJ right after the movie so anyone who wants to stay can dance the night away.

Cash only at the door- \$20 if you don't have one or forget your club wristband-no exceptions. Only \$15 at the door with club wristbands worn. CASH only. Please call or email me 204-470-9445/ rdevineschott@gmail.com if you have any questions or want to help volunteer.

This is my second year convening and this is my favourite event of the summer where just us ladies get an evening out. If you would like to take this event on next year please let me or any of the club board members know. See you soon! Rachelle Schott

### **VB Doctors Office**

Thanks to all the volunteers who helped with yard work (clearing out dead brush and marking dead trees), kitchen cleaning, eaves trough clearing, poison ivy killing, bed making, window washing, wall and floor scrubbing!

We were a smaller group this year. Sincere thanks goes to Mike, Trish, Alex and Abi Mason, Kurt and Jennifer Engbrecht, Clarice Matthews, Garett Surcon, Dave Teghtsoonian, Kathy Lepa, Linda McMillan and Kathy McKibbin. (Linda and Kathy missing from picture). Also, thanks to Ramona Dixon for stepping up to assist with inventory.

Again, our first doctor arrives July 2. We will have e-transfer available to the RM for prescription medications. E- Transfer address is vicbeach@mymts.net. Please note when making an e-transfer payment, indicate the nature of the transfer in the notation section i.e. prescription! This is important so that the R M can categorize the payment easily. Cheques and cash will also be accepted.

As in previous years, please bring your Manitoba health card with you! There will be a patient card for you to fill out in the waiting room. If you are out of province, please provide the applicable card.

The hours remain the same 9:30 - 11:30am and 5:30 - 7:30pm 7 days a week with the exception that the office is not open in the morning slot Mondays and Wednesdays.

Stay safe and have a wonderful summer!

Kathy McKibbin









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#### Kevin McIntyre B.A. RRC, CFP Division Manager Investors Group Financial Services Inc. (204) 999-1997 24 Mike Bay kevin.mcintyre@ig.ca



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# **Community Safety Officer Message**

Hello everyone!

It's great to be back at The Beach! I'm Tony Ayre, Community Safety Officer Manager.

This year There are 4 other members of the Community Safety Officer group. Mohit Mehra and Laci Gaffray have been with us for 4 and 2 years respectively. Our 2 newest members are Morgan Boyko and Caden Jones, both recent graduates of the provincial CSO course. CSOs and a Constable are usually together but do have the ability to work with another CSO and singly.

I've been asked a few questions about power assisted bicycles, also known as e-bikes so I will provide some information that an e bike owner or operator should be aware of.

- 1. AN E-BIKE ONLY BE POWERED BY AN ELECTRIC MOTOR. I know it sounds obvious!
- 2. JUST AS ON A REGULAR BICYCLE THE DRIVER SHALL USE HAND SIGNALS TO SIGNIFY A RIGHT OR LEFT TURN AND TO SHOW A STOP OR DECREASE IN SPEED.

#### **GENERAL RULES:**

145(1) EXCEPT AS OYHERWISE PROVIDED IN SUBSECTIONS (5) AND (6), A PERSON OPERATING A BICYCLE OR POWER ASSISTED BICYCLE ON A HIGHWAY OR BICYCLE FACILITY HAS THE SAME RIGHTS AND DUTIES AS A PERSON DRIVING A MOTOR VEHICLE ON THE HIGHWAY AND SHALL OBEY ALL SIGNS AND TRAFFIC CONTROLL DEVICES, AND ALL DIRECTIONS OF A PEACE OFFICER.

MINIMUM OPERATOR AGE: POWER ASSISTED BICYCLES 145(2) NO PERSON SHALL OPERATE A POWER ASSISTED BICYCLE ON A HIGHWAY OR BICYCLE FACILITY UNLESS HE OR SHE IS 14 YEARS OF AGE OR OLDER.

#### OWNER MUST NOT ALLOW UNDERAGE OPERATOR

145(3) THE OWNER OF A POWER ASSISTED BICYCLE SHALL NOT ALLOW A PERSON UNDER THE AGE OF 14 TO OPERATE IT.

#### HELMET REQUIRED: POWER ASSISTED BICYCLES

145(4) NO PERSON SHALL RIDE OR OPERATE A POWER ASSISTED BICYCLE ON A HIGHWAY OR BICYCLE FACILITY UNLESS HE OR SHE IS WEARING A PROPERLY FITTED AND FASTENED PROTECTIVE HELMET.

#### **OPERATION NEXT TO CURB**

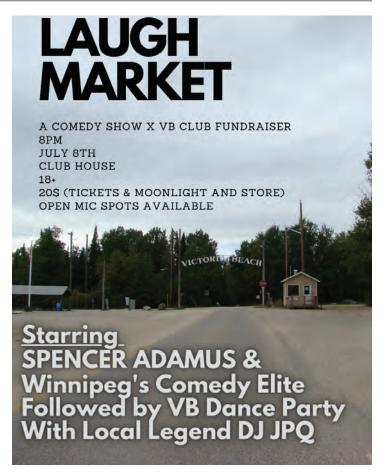
145(5) A PERSON OPERATING A BICYCLE OR POWER ASSISTED BICYCLE ON A HIGHWAY SHALL OPERATE IT

(a) AS CLOSELY AS PRACTICABLE TO THE RIGHT HAND EDGE OR CURB OF THE ROADWAY, UNLESS THE HIGHWAY IS DESIGNATED FOR TRAFFIC IN ONE DIRECTION AND HAS 3 OR MORE TRAFFIC LANES: OR

(b) AS CLOSELY AS PRACTICABLE TO THE RIGHT OR LEFT HAND EDGE OR CURB OF THE ROADWAY, IF THE HIGHWAY IS DESIGNATED FOR TRAFFIC IN ONE DIRECTION AND HAS 3 OR MORE TRAFFIC LANES.

That's a lot to take in so I'll leave you with that for now. All this and more is available in BILL 36; The Highway Traffic Amendment Act.

Enjoy this summer! Tony Ayre CSO Manager





#### VICTORIA BEACH GOLF COURSE - 1923 - 2023 CELEBRATING 100 YEARS OF FAMILY FUN

MEMBERSHIPS:	<u>Seasonal</u>	<b>Monthly</b>	Two Weeks
Adult Couple	\$ 700.00	\$ 385.00	\$ 290.00
Single Adult	\$ 396.00	\$ 260.00	\$ 160.00
Junior - 13 to 17	\$ 220.00	\$ 150.00	\$ 145.00
12 & under	\$ 160.00	\$ 115.00	\$ 100.00
<b>GREEN FEES:</b> 9 holes	Weekdays -	\$ 18.00 Weekend	s - \$ 20.00
Children	(12 & Under) - V	Veekdays \$7.00/round	Weekends \$10.00/round
LOCKERS: Lower L	<u>ocked</u>	Lower Open	Upper Open
Seasonal \$40.0	0	\$ 30.00	\$ 25.00
Monthly \$35.0	0	\$ 30.00	\$ 20.00
Daily \$5.00			
All above fees / memberships in	clude GST. CHII	LDREN 12 & UNDER MA	Y NOT TEE OFF SATURDAY,

All above fees / memberships include GST. CHILDREN 12 & UNDER MAY NOT TEE OFF SATURDAY SUNDAY OR HOLIDAYS UNTIL AFTER 10:00 am AND MUST BE ACCOMPANIED BY AN ADULT. SMALL TOURNAMENTS WELCOME. GIFT CERTIFICATES & DEBIT PAYMENT AVAILABLE. GOLFERS CAN DRIVE INTO THE GOLF COURSE MAY, JUNE, SEPTEMBER & OCTOBER.

### Registration Day - Sunday, July 2nd from 10am-12pm @ the Clubhouse

# Swimming lessons begin on Monday, July 3rd

All registration will be first-come, first-served.

Payment is due upon registration.

Debit, credit or cash (exact change)

Session 1: July 3 – July 21 • Session 2: July 24 – August 11

#### **Registration Day:**

- Bring your copy of VB Club membership proof of purchase (memberships available on-site; wristbands will not be accepted as proof of VB Club membership). If you paid on-line, you will have had your receipt emailed to you at time of purchase.
- Bring debit/credit card (cash must be exact change).
- Know relevant medical conditions of each registrant (asthma, allergies, etc.). Please bring provincial health card numbers.
- Be prepared to sign a waiver on behalf of the participant(s) whom you are registering.
- Know the expected date of arrival/departure of your swimmer.
- Review conversion chart if you have never registered in the new lifesaving society program.
- Be aware that there is a swim test this year for all participants registering for levels off the dock in deep water.



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- Students registering for Bronze Medallion must be 13 years old by the day of the exam (Aug. 11) OR have completed their Bronze Star. Students who have completed the Bronze Star, must show their certification card at registration. Photo of certification card will be accepted.
- Students registering for Bronze Cross must have completed Bronze Medallion and must show their certification card. Pho to of certification card will be accepted.
- Students registering for Bronze Star should have completed Ranger or equivalent swim-ming abilities.
- \*Registration forms will be available to pick up at the membership blitz on July 1st if you would like to complete and bring with you to registration on July 2nd\*

#### TENTATIVE SCHEDULE (subject to change without notice):

	Blake	Paige	Alexis	Chayse	Robin	
9:00		Swimmer 3	Swimmer 4	Bronze Medallion	Star Patrol	
9:30	Registration	Preschool 1/2	Swimmer 1/2	Swimmer 5/6	Bronze Star	
10:00		Preschool 3/4/5	Preschool 1/2	Private	Swimmer 5/6	
10:30	Rookie / Ranger	Swimmer 3	Preschool 3/4/5	Swimmer 4	Fun & Fit	
11:00	Star Patrol		Bronze Star	Preschool 1/2	Swimmer 1/2	
11:30	Preschool 3/4/5	Swimmer 4	Rookie / Ranger	Private	Swimmer 3	
12:00	Private	Swimmer 5/6	Star Patrol	Swimmer 3	Swimmer 4	
12:30	1		Lunch		-	
1:00			Lunen			
1:30	Swimmer 5/6	Star Patrol		Swimmer 1/2	Private	
2:00	Rookie / Ranger	Private	Preschool 3/4/5	Swimmer 4	Swimmer 3	
2:30	Bassa Cours	Preschool 1/2	Swimmer 1/2	Swimmer 5/6		
3:00	Bronze Cross	Preschool 3/4/5 Rookie / Ranger			Preschool 1/2	

Preschool levels to Swimmer Level 3 will be taught at the far end of clubhouse beach. Swimmer 4 and up with be taught off the swim dock.

CONTINUED ON NEXT PAGE



#### **Katherine Bayer**

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#### **Alex Nordal-Budinsky**

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#### **SWIM CONTINUED**

\*Swim Test\* - To register to swimmer level 4 or higher, and including any program that runs off the swim dock in deep water, all participants will be required to complete a swim test on the first day of classes. The swim test will require participants to jump into deep water, be able to comfortably tread water for 30 seconds and swim on their front for a minimum of 25 meters. With the transition to the new program, we want to ensure that everyone is registering for the correct level for their skills. This is to ensure the safety of all participants and the instructor guards. The instructors / guards will have final say on all swim tests. If the participant can not preform all skills, it will be the parent / guardian's responsibility to find another open spot in a lower level class. There are many skills and stroke progressions that can be mastered in the programs taught off the beach. We appreciate everyone working with us through the transition and understanding that safety in aquatic programming is our number one priority.





\*Registration Process\* Small groups will be brought into the clubhouse to register. Clipboards with the registration form will be handed out as you approach the front (or pick up a registration form at membership blitz and come with it completed). Please do not fill out the level and times until you meet with an instructor to ensure there is space in the level. Then you will head over to the registration table with thew swim instructors. The instructors will be available to answer any questions you may have and confirm registration is available in your class or classes. Once you have your spot, you will move to the payment line which will be located by the windows on the west side of the clubhouse. Please ensure you have signed the waiver form and proof of membership, which will also be requested along with payment. After you have paid, we ask that you exit through the north door by the beach. Bios and photos will come out soon! See you on Sunday! The Proteau Family

# Celebrate Canada Day at Beaches Community Centre!

Beaches Community Centre will be a busy place on July 1st as the Country Market will feature over 50 vendors! As an added Canada Day bonus, Sun Country Artisans will be featured inside the community centre.

The market goes from 10:00am to 1:00pm. Beaches welcomes Seth Anderson who is selling wood bike racks - made to order or take home. You can reach him at 204-481-3513. Also joining us is Brendan McAndrew of Cherry Board Shop, as well as JoJo Bags, Chris and Spice and many others. For information on how to be a market vendor contact: vbcountrymarket@gmail.com.

While you're at Beaches, why not enjoy the **best breakfast in the East Beaches** served from 9:00am toil noon.

**Under the B for Beaches Bingo** every Monday night! Canteen opens at 6:00pm with the call at 7:00pm.

**Get your Summer Winds tickets** online at BeachesCC.ca. Summer Winds is on July 21st and 22nd.

July 1st welcomes Seth Anderson selling wood bike racks made to order or take home. You can reach him at 204-481-3513. Also joining us is Brendan McAndrew of Cherry Board Shop, as well as JoJo Bags, Chris and Spice and over 50 others.

Please note that all profits from events are used to support ongoing programming at Beaches Community Centre. Check out our website for all the great programming including pickleball, Yoga, and much more!

Become a Beaches member for as little as \$15/year and save money on many of our events and programs.

The Beaches Community Centre is located on Highway 59N at Ateah Road.

Support your Community Centre!

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- · Liquid waste management
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## VB Bike Jam 2023

This year's VB Bike Jam is fast approaching on Saturday July 15, 2023. It's an amazing evening celebrating bike culture here at the beach and raising money for bike related projects and organizations.

This year, the organizers are looking for two more Pit Stop Hosts in VB and Sandy Bay to round out the evening of biking and merry making. Hosts open their yards for two short parties over the evening and serve a signature drink of your choosing (honorarium provided). We'd love to stop at your place!

Contact aileen@fittogether.ca or talk to one of the committee members to get all the info.

Jamie + Laura Hilland, Aileen Hunt, Sylvia Furtado, Jason Ateah + Lindsay McLeod, VB Bike Day Committee

PS: tickets go on sale Saturday July 1, 10 AM through Eventbrite.



# VB Ladies Golf Tournament

Once again, the popular VB Ladies Golf Tournament is set for **July 26th.** Entries will be accepted at the VB Golf Course **starting on July 4th (cash or debit).** Coming first thing in the morning will give you a better opportunity to choose the starting hole you want.

Be forewarned – this tournament is popular and sells out quickly. Two Tee Times – 8:30 AM and 11:45 AM. (Limit 48 golfers per tee time – must be 18 or older) Lunch will be available at the course for all golfers between 10:30 and 11:30 AM. There are several on course games for both the skilled and unskilled golfer.

Our silent auction proceeds go to support our charity being the Heart and Stroke Foundation. Entry fee is \$32 plus the \$18 green fee (this includes tournament, lunch, 2 beverages and a welcome gift). VBGC members do not have to pay the green fee. Theme is "100 YEARS OF GOLF" in celebration of the VBGC 100th Anniversary. Prizes for best costume(s) pertinent to our theme.

In order to make this tournament great – we are looking for some help from the community:

- **Prize Donation** if you as an individual or business have something you wish to donate to our silent auction Please drop it off at the VB Golf Course prior to July 24th. Donors are recognized at the tournament and in the VB Herald. All proceeds go to the Heart and Stroke Foundation
- **Volunteers** we are still needing a couple of volunteers to help us on the day of the event.

Patti Ulrich







#### Optimist (kids)

- Monday Friday Morning Classes from 9AM - 12PM or afternoons 1PM - 4PM
- · July 3 August 18
- 6 or 8 Sailors to 2 Coaches
- · Beginner Advanced
- Ages 8 13
- Optimist Sailboats

\$200 / Person

#### **Register Today**

#### REGISTER ONLINE AT WWW.VBYC.CA

For inquires contact Sailing School Director & Head Coach Olivia Thompson at vbycsailinglessons@gmail.c om or 204 981 9392

#### **CANSail**

- Monday Friday Afternoon Classes from 1PM - 4PM
- July 3 August 18

for youth and adults ages 14 & up.

- 4 Sailors to 1 Coach
- Beginner Advanced
- Ages 14 & Up
- Laser II (two person)
   Sailboat

\$250 / Person



WWW.VBYC.CA

# Meet your 2023 Rec Staff



#### Alexandra Mason

I'm Alexandra Mason and I am excited to be working head rec for another great summer. This will be my third year working on the rec team. I am going into my second year of university in the faculty of sciences at the University of Manitoba. my favorite thing to do at VB is spending time with family and friends on the beach. I am super excited to see you all at the events this summer! Let's make it a great one!!



#### Valentina Sagriotis

Hi everyone! My name is Valentina Sagriotis and I am so excited to be a part of the rec staff team this year. I've just completed grade 11 at Kelvin High School in the International Baccalaureate program. I love playing sports like volleyball, and especially tennis at the VB courts. I've been coming to VB for many years and love pier jumping and going to the beach with friends. I'm looking forward to making lots of memories this summer!



#### Kalan

Hi I'm Kalan, I go to Grant Park high school, and I love to go pier jumping, biking, and sitting on the beach with friends. When I'm not outside I'm probably getting energy to go back out by eating lots of bakery sweets.



#### Emma

Hi there! My name is Emma, I am 17 years old, and I am going into grade 12 at St. Mary's Academy. I have a love for music, art, and sports. My family has had a cabin in VB for as long as I can remember, and I am so lucky that I get to spend every summer here. I love my friends and family and Mushu, who is my 2-anda-half-year-old, and very friendly, bearded dragon. I am super excited to be returning as one of the Rec Assistants this year and I am looking forward to seeing and meeting everyone. Let's get this summer started!



#### **Josh Stubbs**

Hey everyone! My name is Josh Stubbs. I'm super excited to come back for my second year of Rec. I am 17 years old, and just graduated from J.H. Bruns collegiate. Next year I am going to the U of M to pursue a degree in business. Some of my favourite things to do at V.B. are golf, spike ball on the beach, and participate in Rec activities. I'm very excited for the activities to start and hope to see you all there!



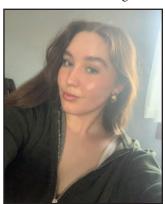
#### Melina

Hi my name is Melina and this will be my first year on rec staff! I just graduated this year from College Pierre Elliot-Trudeau and I am planning on going to the University of Manitoba in the fall. I played multiple sports throughout my 12 years at school. My favourites being volleyball, basketball and soccer. My favourite activities to do at Victoria Beach are going to the pier, tanning on the beach and playing tennis. I am so excited to share such a fantastic summer with all of you this year!



#### Katie Derksen

Hi everyone! My name is Katie Derksen and I'm very excited to be back for my second year working with the rec team, and my first year as co-head. I just finished my grade 12 year at Miles Macdonell Collegiate and this fall I will be attending the University of Winnipeg, in the Faculty of Education. Throughout this past year I spent some time travelling, as well as playing both varsity volleyball and badminton. I'm looking forward to another amazing VB summer full of time with friends and days on the beach. I can't wait to see you all again and have a fun summer together!



#### Maggie Sirrell

Hi my name is Maggie and this will be my first year on rec staff! I am going into grade 12 this following school year at Miles Mac. I have been a competitive dancer for almost 12 years. My favourite things to do at Victoria Beach is going to the beach, going to the pier and playing golf! Cannot wait to enjoy the summer with all of you!

### Summer Events Line-up: Supporting the Lake Winnipeg Foundation

'Bid for Lake Winnipeg' Art Auction July 14-August 13, 2023

This year the auction will showcase artwork donated by generous, lake-loving artists in various locations for 'in-person' bidding. Look for our displays at the Village Green Bakery, VB Store, Saffies Store, and East Beaches Community Centre Saturday Morning Breakfasts with ongoing bidding over the four-week period. For example, plan to visit the Village Green Bakery to bid on a beautiful elm charcuterie board created by Urban Lumber, pottery dipping bowls handcrafted by Janis Klapecki and a \$150.00 gift certificate donated by The Cheesemongers. The lucky owners will be announced at the Walk for Water on August 13th.

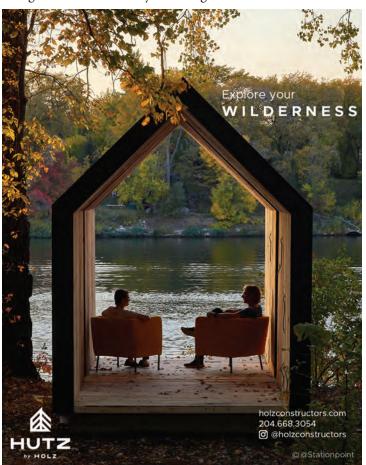
Advocacy and Action for Lake Winnipeg: An Evening with Alexis Kanu July 27, 2023, 7:00pm @ the Social Scene

Don't miss this opportunity to learn from Alexis Kanu, the executive director of the Lake Winnipeg Foundation, as she shares information about their Community-Based Water Monitoring Network and how it is pointing the way towards solutions to promote the health of Lake Winnipeg. You will also be encouraged to consider what you can do to help be the catalysts of change, moving the Foundation's vital work forward.

This education event welcomes everyone, free of charge, and includes door prizes and refreshments. Silver collection optional to help cover the cost of the venue. See you there!

Bike to the Beach: August 11, 2023 Winnipeg to Victoria Beach

Bike to the Beach 2023 takes place on Friday, August 11th. Amateur riders challenge themselves by departing from Winnipeg, riding the 133 km and finishing at the VB Gates. Several 2023 participants will be riding a shorter route starting in Beausejour, also ending in VB. A post-event celebration will take place on the Village Green immediately following their arrival.



Since the first ride in 2020, Bike to the Beach has inspired record-breaking levels of community support. Last year, sixty-four cyclists participated and raised more than \$143,000!

Cyclists are soliciting donations to the Lake Winnipeg Foundation (LWF) for their efforts.

We encourage you to support these determined cyclists in their efforts!

Walk for Water: August 13, 2023, 10:00am, Village Green

Pull on your comfy shoes and your 'Walk for Water' t-shirt (or pick up a new one at the Walk) and join us on the Village Green for the 2023 Walk for Water. You can collect pledges, submit an online donation, write a cheque or simply show your support by walking with us. Join this year's emcees Greg Thomas and Margo Goodhand, LWF Executive Director, Alexis Kanu and staff, Elder Mae and Jamie Goulet, and Mayor Penny McMorris for a short program, and then walk the 2.5 km loop starting and ending on the Village Green in support of the Lake Winnipeg Foundation.

All proceeds of the above events will go directly to the Lake Winnipeg Foundation to support evidence-based advocacy to reduce phosphorus loading to Lake Winnipeg. We look forward to seeing familiar and new faces at all the events!

For more information: www.lakewinnipegfoundation.org Or contact: Janet Sampson (204) 756-8276; Brenda Hearson (204) 792-6186

#### Comedy Night -Victoria Beach Club House

Tickets are limited and now for sale at The Moonlight Inn -\$20.00

On July 8th the VB Clubhouse transforms into The VB Comedy Club - a temple of music and laughter, as Spencer Adamus headlines a bill of CBC Winnipeg Comedy Fest stars. Also, comedians Emmanuel & Tyler Kotowski will be on stage at the VB Comedy Club.



Our own DJ, JPQ (VBYC, The Beer Can, everywhere else in Winnipeg) will be playing special sets of VB dance party classics.

Refreshing beverages, top-shelf entertainment, and the best Club House party you will attend all summer. Come support your club, laugh your summer blues away, and dance to the best songs of all time.

You will not find a better evening of entertainment this July, or maybe ever. This is a fundraiser for the Victoria Beach Club to support all the programs we enjoy.



#### Get your VB Club Membership This Weekend!!

It's time to buy your Victoria Beach Club membership, and this is the weekend to do this!

We are pretty much days away from the best time of the year... six weeks of summer programming filled with a cornucopia of activities and special events for everybody!

Like every year, your 'ticket" to enjoy all the offerings is to purchase a Victoria Beach Club Membership. The only change this year to membership is the cost, which is now \$75.00.

While our Board works hard at getting grants to help with the wages for the students that are employed in the summer, the cost of the "other stuff" has increased (like yoga teachers, swimming equipment, library books, crafts, just to name a few), and that shortfall is covered by membership revenue. It is really the best deal in town when you can enjoy some of these great offerings:

- Opportunity to purchase tags to play Tennis (on the newest courts in Manitoba)
  - Taking out new bestseller beach reads from the library
  - Different fitness classes (from Boot Camps to 80's Aerobics)
- Swim program with certified instructors at half the cost of city programs
- Building your core taking part in yoga classes that are offered three days a week

The list goes on... in a nutshell, we are very fortunate!

As always, we encourage everyone to use the on-line feature to purchase their memberships! Visit victoriabeachclub.com to purchase yours now.

The 2023 Membership Blitz, where everyone can pick up membership packages that are pre-ordered and prepaid will be on the following days and times:

1. July 1, from 10-1, at the parking lot,

2. July 2 from 10-12, at the clubhouse (same time as swim registration).

There will be an opportunity to purchase memberships in person for those that are unable to use the online tool starting July 1 during the Membership Blitz, with the preferred method of payment being debit or credit. After the Blitz, the on-line option will remain available and in addition memberships can be purchased at the Tennis Kiosk all day, and the Library and Swimming Docks during their hours of operations. There will be no door to door canvassing.

\*\*\*Any memberships that are purchased on-line after July 1st or not picked up by noon on July 2 will be available for pick up at the Library during their hours of operations.

Any questions, please do not hesitate to contact me! Yvette Matousek-Wilson, VB Club Membership convenor

- Email: Yvtdav@mymts.net
- Text or call 204-782-3484





# Social Tickets on Sale Sat 11am to 1pm!



Under the Tent at the New Courts

# Celebrate Summer on Saturday, July 1 at the Clubhouse

Start your summer off right with a twirl on the dance floor at the Victoria Beach Summer Kick-off Social on Saturday July 1, 2023. The Clubhouse sets the stage for this special evening with music spun by a D.J. alongside traditional social food and a cash bar stocked with your favourite beverages. There will be a raffle table with exciting baskets full of prizes.

Plus, there will be 3 mega- prize packages attendees can silently bid on to win. All will feature an amazing "Event Experience"; a Jets package consisting of corporate box suite tickets including dinner for 4 , Bomber game tickets on the 40-yard line for 4 and Winnipeg downtown theatre tickets including dinner for four. Come see for yourself and be there to win! This year, profits from the social will go towards maintaining our brand-new tennis courts. Tickets are \$50 with a \$35 charitable donation receipt. Celebrate summer right at the Clubhouse on Saturday, July 1!

Text or call Dawn Cyr 204 296 6871 Carol Falkenberg 204 229 7314 Carol Loader 204 998 4219 or Hedy at 204 391 2364 for tickets before they're gone!



### Summer Fitness at Victoria Beach 2023

Are you Interested in being a coach and helping with the fitness program this summer!? Please contact Julie McPetrie 204-979-2707 for more details. I must have someone that knows CPR and can handle an emergency, as safety is my number one priority.

BOOTCAMP POWI 9-10am (Mon, Wed & Friday) 9-10an

Date	Instructor
Monday July 3 <sup>IV</sup>	Julie
Wednesday July 5th	Julie
Friday July 7th	Julie
Monday July 10 <sup>th</sup>	Laurel
Wednesday July 12 <sup>th</sup>	Laurel
Friday July 14th	Julie
Monday July 17 <sup>th</sup>	TBA
Wednesday July 19th	TBA
Friday July 21"	Julie
Monday July 24	TBA
Wednesday Jul 26th	TBA
Friday July 28th	Julie
Wednesday August 2nd	Julie
Friday August 4 <sup>th</sup>	Laurel
Monday August 7th	Julie
Wednesday August 9th	Julie
Friday August 11th	Julie

POWERHOUR 9-10am (Tuesday & Thursday)

Date	Instructor
Tuesday July 4th	Julie
Thursday July 6th	Julie
Tuesday July 11 <sup>th</sup>	Laurel
Thursday July 13 <sup>th</sup>	Laurel
Tuesday July 18th	TBA
Thursday July 20th	Julie
Tuesday July 25th	TBA
Thursday July 27th	Julie
Tuesday August 1 <sup>rd</sup>	Julie
Thursday August 3 <sup>rd</sup>	Julie
Tuesday August 815	Laurel
Thursday August 10 <sup>th</sup>	Laurel

If the TBA's cannot be filled, I will be offering some make up classes on the weekends with a 10am start time! Please check out future VB Heralds for updates.

SENIORS STRENGTH & STRETCH 10:15-11am (Tuesday & Thursday)

Date	Instructor
Tuesday July 4th	Julle
Thursday July 6th	Karen
Tuesday July 11th	Julie
Thursday July 13	Karen
Tuesday July 18th	TBV -
Thursday July 20 <sup>th</sup>	Karen
Tuesday July 25 <sup>th</sup>	TEA
Thursday July 27th	Karen
Tuesday July 1#	Julie
Thursday July 3 <sup>rd</sup>	Karen
Tuesday July 8th	Julie
Thursday July 10th	Karen

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# Victoria Beach Fam Jam



Interested in making new friends and meeting lifelong members at Victoria Beach. Join us every Tuesday and Thursday at 11:30am for a half hour or longer beside the bakery at the picnic tables and introduce yourself, we would love to meet you! There may even be some yummy snacks and refreshments to tempt you out, so don't be shy!

### **GRAND OPENING CEREMONY of TENNIS FACILITY NOON JULY 1**

Please join us at noon for the grand opening of the new Victoria Beach Tennis Facility. Invited dignitaries will occupy the seating on court 5, while the public can view the ceremony from the bleachers on the Village Green. The new facility is expected to last for the next four decades.

Please stop by the Capital Campaign tent on the Village Green to take part in the silent auction bidding on the four great experience packages that are a part of the Capital Campaign fundraiser. The auction will finish at the Summer Celebration Social at the Clubhouse that evening. Tickets may still be available on July 1st for the Social. Check with the volunteers in the campaign tent to

get vours.

On behalf of the VB Tennis Capital Campaign Committee, please enjoy the courts this summer and for many summers to come. A big THANK YOU to the Capital Campaign Committee consisting of Greg Daniels, Carol Falkenberg, Bruce Henderson, Carol Loader, Duane Lucht, Brent Prusak, Greg Thomas, and Bill Turk as well as the many volunteers, and the community for all your support for this important community project.

John Heppenstall

Chair, VB Tennis Capital Campaign

### Welcome back to the VB Yacht Club!

Welcome back for another spectacular summer at Victora Beach! Things are really ramping up at the VBYC this summer, so be sure to get on deck as there are only smooth transitions and endless possibilities. Our summers may be short by some standards, but we'd like to think that means we make the most of them. VBYC has a full slate of activities to keep you active and on the water in 2023.

The VBYC has a busy summer planned with learn to sail programming weekly from July 3rd to August 18, a Sail Manitoba Youth Development Camp, an August Long Dance, and as always we have races every weekend with a Regatta held on long weekends.

Our annual sailing school is ready to elevate your experience with six weeks of kids, youth, and adult-specific lessons. To register check out www.vbyc.ca. After years of dedication and excellent work, our long-time head coach and sailing school director Olivia Thompson has moved on to the provincial sailing association, Sail Manitoba. We would like to thank Olivia for her tireless efforts in making the sailing school the success it is today! Taking over in 2023 is longtime VBYC coach Andrew Thompson, who is ready to fill his sister's shoes. Along with Andrew, we are excited to have a team of up-and-coming assistant coaches to guide your accent to sailing mastery.

This July 15th and 16th, in partnership with Sail Manitoba, VBYC is proud to host a Sail Manitoba Youth Development Camp in preparation for the 2024 Manitoba Summer Games. Our club is committed to reaching out to the next generation of sailors and this is an excellent opportunity for youth to improve skills, gain confidence and provide more options moving forward in the sport. The camp will be hosted on July 15 & 16, for more information and registration go to www.sailmanitoba.ca.

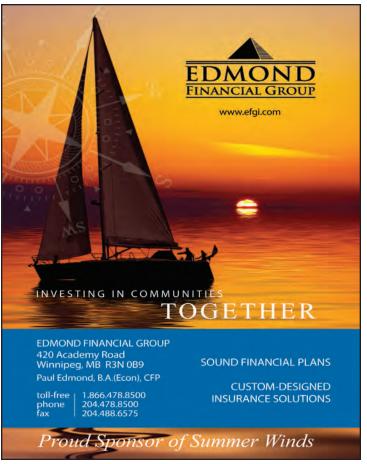
Lift your spirits and let the music move you to new heights at the annual VBYC 'Yacht Club Dance'. Taking place on the Sunday of August Long (6th), enjoy some 'adult-oriented rock' from the very talented Saint Beach Boys, between sets from our local star DJ JPQ spinning all the top hits. Tickets are only 30 beans and are on sale starting Saturday, July 8th at the Parking Lot, VB Store, and Moonlight Inn.

Our club tradition of summer long weekend sailing is on the rise. Join the growing crew of sailors meeting every Saturday and Sunday morning for Hobie Cat races. Don't have a Hobie? No problem, there's lots of space for crew members to join regardless of experience. For more info, email Brad Scott at vbyccommodore@gmail.com. Also check out www.vbyc.ca for our full events schedule, program descriptions, membership information and all other things VBYC.

With all that, we hope you feel inclined to partake in some fun, sailing, and summer breeze at the VBYC this summer. As for us,

you'll know where we'll be at the pinnacle of summer.....
Jeremy Ritsema & Chirs Chipman





# Eight at the Gate - 35 Years

While we started riding as a group 35 years ago we had a gap of about 20 years until we resumed regular rides, meeting at the gate at eight o'clock. Our group has grown over the years. Our regular season, mid-June to early September, sees groups of about six to eight riders midweek, with a dozen riders on weekends. Long weekends can see thirty-five to forty out. We have a wide range of ages (18 to 78) and ability levels (beginner to Olympic caliber) out for the rides. We offer coaching and encouragement, as well as equipment help and advice.

New for this season we will have route maps available at the gate office. Pick one up if you would like to check our routes out on your own. For information contact Bob Marshall, cell 204 261 4292, email rmarsha@mymts.net or find us on Face Book at "Eight at the Gate" See you on the road.













# VB Yoga

Here is this week's schedule! Reminders: There will be 2 classes on Monday, Wednesday, Friday at 9am-10am & 10:15am-11:15am in the Clubhouse. Be sure to add-on your yoga wristband to your VB club membership. You can also do a drop-in class anytime for \$5 cash at the door. Remember to bring your own mat!

**Instructors July 10-14:** 

Monday July 10 - Kelly Cowan's classes are strong yet graceful, fiery yet fluid, she considers all levels of asana, and is driven to have her students feel the flow, gain personal perspectives, & deepen their relationship with themselves.

Wednesday July 12 - Dillon Cherrett has been Teaching Yoga for over 23 Years.

His classes will have an alignment emphasis with a focus on how the poses can be therapeutic and be a great source of relief on the path to becoming

more tension free. You can find Dillon in Winnipeg Teaching at Modo as well as through his mobile studio, Source Yoga Studios, where classes are curated for the workplace as well as for home practice. He can be booked for Therapeutic Massage, Thai Massage, Reiki and Yoga Privates.

He loves outdoor living, running, cycling, beach days, landscaping, and entertaining at the lake. He is thrilled to be teaching for the first time at the Clubhouse!

**Friday July 14** - Phil Rosario has been teaching yoga since 2015. His classes will be Hatha yoga in which you'll practice traditional standing, seated and postures laying down we will move at a medium pace with a focus on mind, body, and breath. You can find Phil teaching regular classes in Winnipeg at Sport Manitoba, Winnipeg Winter Club, Winnipeg Squash Racquet Club, St.Boniface University Sportex, and Altea Active ... He loves skateboarding, his cats, the beach and is super thrilled be returning to teach at The Clubhouse! IG:@philiprosario\_)



# VB kids BIKE JAM

Saturday July 29, 2023

Registration: 10:30am Bike Jam: 10:45-Noon

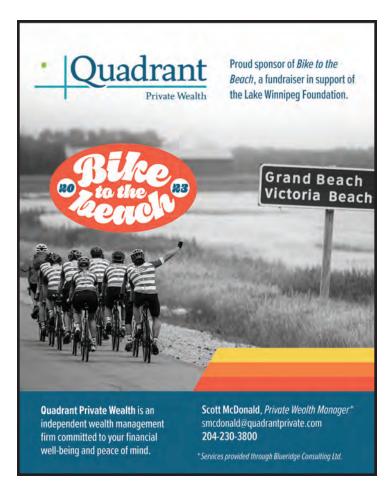
#### The VB Kids Bike Jam Returns!

We are very happy to announce the second annual VB Kids Bike Jam! The Kids Jam is a non-competitive, cycling scavenger hunt, meant to activate young minds and encourage cycling in the community. Children of all ages are welcome, grown-ups are encouraged to tag along with their little ones. We will have several VB Rec Staff available to supervise small groupings as needed. Bike Jam participants will receive a Clue Card Passport, which will guide them to mystery locations around Victoria

Beach. The kids must work together to solve clues, cycle to the locations, and complete mini-activities to earn their travel stamps. Kids and companions, don't lose track of time! You will need to be back at the Village Green by noon to enter to win the kids jam prize pack!

Interested in supporting the event as a location host? Please reach out for info; vbkidsbikejam@gmail.com

Ride safe everyone! – Maggie + Catherine (CONVENORS)









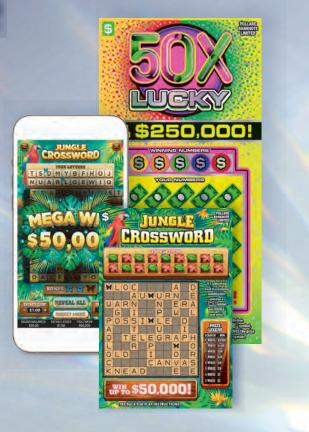
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26 11:00-12:30 Adult RR6	27	28	29	30 11:00-12:30 Adult RR6	Happy Canada Day!
2	3 11:00-12:30 Adulf RR <sup>4</sup> 12:30-1:30 10+ Lesson <sup>3</sup> 6:00-7:30 Junior GVS <sup>3</sup>	11:30-1:00 Adult GVS3 1:00-2:00 7-9 Lessons <sup>3</sup> 2:00 - 5:00 Kirbyson Doubles Clinic2/3 (sign-up required) 6:15-7:15 Family Tennis 8:10 and under GVS <sup>3</sup>	11:30-12:15 5-6 Lesson <sup>2</sup> 6:00-7:30 Junior GVS <sup>3</sup>	11:30-1:00 Adulf GVS <sup>3</sup> 1:00-2:00 7-9 Lessons <sup>3</sup> 2:00-3:00 10+ Lessons <sup>3</sup> 6:15-7:15 Family Tennis 8:10 and under GVS <sup>3</sup>	7 11:00-12:30 Adult RR <sup>4</sup> 12:30-1:15 5-6 Lesson <sup>2</sup>	MEGA GVS 11:00-1:00
,	11:00-12:30 Adult RR <sup>4</sup> 12:30-1:30 10+ Lesson <sup>3</sup> 2:00-4:30 Robert Kennedy Singles Clinic <sup>2</sup> (sign-up required) 4:00-7:30 Junior GVS <sup>3</sup>	11:30-1:00 Adult GVS <sup>1</sup> 1:00-2:00 7-9 Lessons <sup>1</sup> 2:00 -5:00 Kirbyson Doubles Clinic 2/3 (sign-up required) 6:15-7:15 Family Tennis 8: 10 and under GVS <sup>2</sup>	11:30-12:15 5-6 Lesson? 6:00-7:30 Junior GVS <sup>3</sup>	11:30-1:00 Adult GVS <sup>1</sup> 1:00-2:00 7-9 Lessons <sup>1</sup> 2:00-3:00 10+ Lessons <sup>1</sup> 3:00-8:15 Girts Tennis Day3 6:15-7:15 Family Tennis 8: 10 and under GVS <sup>1</sup>	11:00-12:30 Adult RR <sup>4</sup> 12:30-1:15 5-6 Lesson <sup>2</sup> Masters Tennis Tournament 6:00pm Start	Masters Tennis Tournament
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### POLLARD banknote limited

# REWARDING CAREER

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# **Art Thursday Returns!**

Each week on Thursday various artists and crafters will be sharing their talents with the community. Each artist/crafter will provide a class description and fee (if applicable) along with how you can register. Watch the VB Herald and the VB Club Facebook page for classes and updates!

On rainy days we will meet in the clubhouse. Otherwise, we will meet beside the Village Green Bakery.

NOTE: Some artists have limited space and some require advance signup on their websites.

We are always looking for new ideas for classes. If you have an idea or would like to teach, please send an email to artthursdays@shaw.ca

For the latest updates on classes and times you can follow on Instagram:

- @Victoriabeachherald
- @VBclubmb

#### MONDAY DUPLICATE BRIDGE

We hope everyone had a good winter and look forward to seeing you at the clubhouse for duplicate bridge. Our first evening will be Monday, July 3rd. Please arrive at 6:15. Game will start at 6:30. Cost is \$2. Please bring a partner and your own beverage.

Peggy p\_ansons@yahoo.ca Sally rlawler@shaw.ca

Name	Class	Price	Date	Time	Location	Contact
Nancy-Lou Ateah	Take Home VB Memories Mixed Media	530.00	July 06	TBA	TBA	nancylouateah@me.com
Ken Strahl	Garden Tour	\$10	July 13	1:00 PM	TBS	kstrahl49@gmail.com
Earth and Hide	Belt Making	570 - 5105	July 13	1:00 to 2:30 PM	Villiage Green	chuck@earthandhide.com
Cori Jaye	Paint your Pet - Acrylic Paint Class	\$59.99	July 13	Noon to 3:00 PM	VB Clubhouse	corijaye.com
Alex Martin	VB Forest Interpretive Walk	525	July 15	1:00 to 4:00 PM	Villiage Green	alexjfmartin@gmail.com
Doug & Dan Mackie	Walking Sticks, Canes, Pendants	TBA	July 15	11:00am to 5:00PM	Villiage Green	dmackies@mymts.net
Earth and Hide	Clutch Making	595	July 20	1:00 to 4:00 PM	Villiage Green	chuck@earthandhide.com
Earth and Hide	Tote Making	\$205-305	July 27	1:00 to 4:00 PM	Villiage Green	chuck@earthandhide.com
Raymond Lyttle	Tiny Worlds - Mixed Media	550	July 27	2:00 - 4:40PM	VB Clubhouse	ray-lyttle@outlook.com
Cori Jaye	Parent & Child Paper Marbling	\$89.99	July 27	Noon to 3:00 PM	VB Clubhouse	corijaye.com
Raymond Lyttle	Hope Clouds - Painting	550	August 03	2:00 - 4:40PM	VB Clubhouse	ray-lyttle@outlook.com
Corl Jaye	Painting Butterflies	\$59.99	August 10	12:30 to 3:30	VB Clubhouse	corljaye.com
Raymond Lyttle	Write, illustrate & Bind a Mini Book	\$50	August 10	2:00 - 4:40PM	VB Clubhouse	ray-lyttle@outlook.com
Heather Wallace	Sourdough Bread with Heather	TBA.	TBA	TBA	TBA	TBA
Raymond Lyttle	Faces and Places - Painting	\$50	August 17	2:00 - 4:40PM	VB Clubhouse	ray lyttle@outlook.com
Ellie Topnik	Art with Elie Topnik	TBA.	TBA	TBA	TBA.	TBA







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Welcome back everyone - for another great summer!



























# 2023 VICTORIA BEACH JUNIOR GOLF TOURNAMENT

2 DIVISIONS: competitive + recreational
Wednesday July 12, 2023, VB Golf Club @ 9AM

Join the kids of VB in celebrating the 100 year anniversary of the Victoria Beach Golf Club! This year in addition to the competitive tourney, we are introducing a recreational division for kids who are keen to join but new to the game.

COMPETITIVE DIVISION (ages 10-16) 9 hole stroke play

RECREATIONAL DIVISION (ages 6-10) fun chip + putt team scoring

Registration deadline: Sunday, July 9th at 6pm

#### To register:

Call the golf club at (204) 756-2435 or stop by the course.

Please provide: golfers full name, current age, division

Kids may register as a team of 3-4 for the rec division, or sign up solo to be placed with others in rec or competitive. Clubs required (sharing within rec teams will be permitted).

We are looking for adults to chaperone groups. Please volunteer when registering your golfer or contact jon.manness@gmail.com or catherinedelaquis@yahoo.ca.

### **VB Cottage Owners Association AGM**

Save the Date:

The Annual General meeting of the Victoria Beach Cottage Owners Association will take place at the Clubhouse on Sunday July 16th from 11am -2pm.

There will be important issues affecting the Vehicle Restricted Area to report and discuss so please plan to attend.

The election of the VBCOA Executive Board will be on the agenda so please consider offering your service. Agenda to follow. VBCOA EXEC

# Victoria Beach Car Park

"HAVE A GREAT SUMMER"

from Kevin, Sandra and Parking Lot Staff

Season	Month	3 Weeks	2 Weeks	1 Week	Weekend	Daily
\$50.00	\$42.00	\$40.00	\$38.00	\$25.00	\$13.50	\$8.00

Season Stickers valid only if attached to Left Side Window

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#### **Rural Municipality of Victoria Beach**

Mayor: Penny McMorris

Councillors: Graham Randle, Steve Axworthy, Irwin Kumka, Ian Chadsey CAO: Lon Turner, 705-1661 Portage Ave, Winnipeg Phone: 204-774-4263

Toll Free: 1-800-513-3839 (MB only) Fax: 204-774-9834

Police Chief: Kevin Pawl 204-756-2322

Public Works Lead Hand: Trevor Halgren 204-756-2286

Public Works (after hours emergency): 204-756-2568

Building Inspector: Curtis Beaudoin Wpg Cell 204-291-8207

Website: www.rmofvictoriabeach.ca Email: info@victoriabeach.ca

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#### **CLASSIFIEDS**

Classified ads are an affordable way of selling new or used items; Expanding your business; Sending your loved one a congratulations message or announcing the birth of your baby, grand baby or engagement. Cost is \$15 for 25 words and \$.25 for each additional word and can be paid by visa or m/c. Please contact Lana at 204-292-2128 or email:news@ stonewallteulontribune.ca before Friday 4 p.m.

NEED A HANDYMAN? For prompt, courteous and reliable help, call Mike's Handyman Service at 204-799-1703.

Moved out of Manitoba and must sell 4 inherited Chapel Lawn burial plots. Will sell separately. Asking \$1,600 each (cash). Must meet at Chapel Lawn offices to transfer title. Call (303) 921-7063 anytime or visit 432 8th Avenue, VB between July 15 and August 5 to discuss.

**Victoria Beach Community Church** Please join us on Sunday Mornings at 10:00 a.m. St. Michael's Church -

8th Avenue & Pine Road July 2, 2023 **Speaker: Murray Henderson (Eastern Orthodox)** Masks are Optional

# INSURANCE QUOTES

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#### RMVB Garbage Pickup Summer Schedule

Door-to-Door pick-up is as follows ((June 26 to Sept. 5, 2023): MONDAY - Albert Beach, all areas south of Arthur Road and west of Ateah Road, including Ateah Road

> TUESDAY - All avenues in Restricted Area north of Arthur Road including Sunset Boulevard

WEDNESDAY - Municipal garbage enclosures in all areas. Garbage is to be placed in garbage bags and left in bear resistant containers. Containers are to be placed in the front yard near the road allowance - by no later than 8:30 am.

PICK-UP IS FOR HOUSEHOLD GARBAGE ONLY.

TRAVERSE BAY LANDFILL - PTH #11 - 3 miles east of PTH #11 & #59 intersection - Summer Hours OPEN DAILY - 9:00 AM TO 5:00 PM A pass is required, they can be picked up at the gate, public works, or the municipal office.

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# Big VB Clean July 2nd - Volunteers Wanted

Who remembers the trash can kids? Time to come out of retirement, the community needs you! Who is picking up all the trash left on the ground, beaches, brush along the roadways and paths?

How can we all help?

- Place a trash can at the end of your property on Sunday July 2nd
- Place a trash can at the top of the steps for beach access and remove at the end of the day
  - Remove trash on private and public spaces.

Just take a trash bag with you when:

- Taking your dog for a walk and stop by the dog station on 8Th.
- Going to the Village Green, library, store, playground, Moonlight, tennis courts or bakery?
  - On your way to swim registration bring a extra bag
  - While out for a walk just bring a extra bag
- Remove trash while out golfing, off for a sail, boat ride, cycle or going fishing!

We are looking for community leaders to encourage your neighbours to join in on the fun.

Working together as a community we can make a BIG Difference. Send in your pictures of you with the trash you have collected for prizes.

Thank you to our sponsors Take Pride Winnipeg, Moonlight Inn, Julie McPetrie- VB fitness director/personal trainer and the Victoria Beach Club.

Thank you!

Barbara Pritchard, Grayce Dube & Julie McPetrie bigvbclean@gmail.com



# Victoria Beach Tennis Information and News 2023

Victoria Beach tennis players have been enjoying the new courts this past week. Our Adult Round Robin started on June 26th and 30th. Full programming will start on Monday July 3rd with Adult and Junior GVS, Lessons for our younger players, Clinics and Family Tennis. Check out our calendar online or in the Herald.

The tennis court Grand Opening Ceremony is Saturday, July 1st at the new tennis facility at noon, come celebrate with us!

We are happy to announce that July's programming continues with 4 clinics starting with Geoff Kirbyson's Doubles clinic on July 4th and Robert Kennedy's Singles clinic on the 10th, signup is required and signup sheets will be posted at the courts on the Sunday prior to each event. The cost of each clinic is \$10/person, please pay on day of event.

We will also be hosting our extremely popular MEGA GVS on Saturday, July 8th from 11:00-1:00. This is an adult event and we expect that all 6 courts will the hopping with excited tennis players and fun music. This event is open to all levels of playing abilities and we encourage everyone to come out and enjoy. This is a great way to meet new players and potential new tennis partners.

Alice Russell, Allan Morrish and Barbara Hientzsch VB Tennis Convenors





Gebhardt Paquin Family Wealth Management

