

Victoria Beach HERALD

95th year • Issue No. 3

A non-profit service of the Victoria Beach Club

Friday, July 10, 2020



Cooling off VB Style!

Last Sunday was a very steamy day for Beach Events but some of us found some awesome ways to stay cool and have fun.

VICTORIA BEACH CLUB SPECIAL ACTIVITIES 2020

ACTIVITY	DATE	TIME	LOCATION	CONVENOR
Swim Registration	Sat., July 4	10:00 AM - Noon	Clubhouse	Edwards Family
VB Rookie Mini Tennis Tournament	Tues., July 7	2:00-5:00 PM	Tennis Courts	Robert Kennedy & Tennis Staff
Kirbyson Junior Doubles Clinic	Wed., July 8	2:00-5:00 PM	Tennis Courts	Geoff Kirbyson
Teen Summer Kickoff	Fri., July 10	9:00 PM	Village Green Stage	Rec Staff
Masters Tennis Tournament	Sat., Sun., July 11,12	All Day	Tennis Courts	Bill and Jane Turk & Carol Forsythe
Girls Tennis Day	Tues., July 14	3:00-5:15 PM	Tennis Courts	Natasha Blair, Meagan Strome & Angela Earl
Kirbyson Adult Doubles Tennis Clinic	Wed., July 15	2:00-5:00 PM	Tennis Courts	Geoff Kirbyson
Teen Event	Wed., July 15	9:00 PM	Village Green Stage	Rec Staff

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Pin Up For Reference

JULY							2020	
S	M	T	W	T	F	S		
			1	2	3	4		
5	6	7	8	9	10	11		
12	13	14	15	16	17	18		
19	20	21	22	23	24	25		
26	27	28	29	30	31			

VICTORIA BEACH CLUB

2020 - SUMMER ACTIVITIES - 2020

Membership wristbands are required at all activities.
Follow us on Twitter @Vbclubmb

See Map on Back

AUGUST							2020	
S	M	T	W	T	F	S		
							1	
2	3	4	5	6	7	8		
9	10	11	12	13	14	15		
16	17	18	19	20	21	22		
23 th	24 th	25	26	27	28	29		

REGULAR ACTIVITIES

ACTIVITIES ARE SUBJECT TO CHANGE WITH ADDITIONS/DELETIONS OR REVISIONS SHOULD CHANGES OCCUR IN COVID 19 GUIDELINES

OTHER ACTIVITIES

- Children's Games:** Mon. & Fri. 10:00-11:00 AM (Ages 4-10)
(Village Green & Sports Field)
- Family Games:** Mon. Wed. Fri., 7:30-8:30 PM
(Sports Field)
- Arts & Crafts:** Tuesdays 12:30-2:00 PM
(Sports Field) Lily Massé & Rec Assistants
- Bike Hikes:** Wed. 10:00 AM-Noon (Ages 7-12)
(Leaves from Clubhouse) Rec. Assistants
- Swimming Lessons:** July 6 - Aug. 14
Safe Swim Team
- Swimming Inquiries:** Mon. - Fri. 9:30-10:00 AM
Duncan Lamont
- Golf Lessons:** Tuesdays 10:00-10:45 AM (ages 6-11)
Thursdays 5:30 PM (ages 12-16)
(Sports Field)
(VB Golf Course)
- Youth Sport:** Mon. & Fri. 10:00-11:00 AM (Ages 10-14)
- Boot camp with Julie:** Mon. Wed. Fri., 9:15-10:00 AM
(See The Herald for exact dates)
- Kayaking Meetup:** Thursdays July 9 - Aug 13 6:30 PM
(See The Herald for details)

LIBRARY HOURS: Mon. & Wed. 11:00 AM-Noon, 7:00-8:00 PM
Tues., Thurs., Fri., Sat. 10:00 AM-Noon
Sun. Noon-1:00 PM
Library Assistants

FITNESS ACTIVITIES

- Yoga (Adults & Teens):** Mon & Fri 9:00-10:15 AM / 10:45 AM-Noon
(Green space by Pier) Maireen Kops
Wed. 10:00-11:30 AM
- Aerobic Classes:** Tues. & Thurs. 10:00-11:00 AM
(Village Green) Julie McPetrie
- Family Fitness:** Mon. Wed. Fri. 10:00-10:30 AM (See The Herald for exact dates)
(Village Green)
- Boot camp with Julie:** Mon. Wed. Fri., 9:15-10:00 AM
(Village Green)

TENNIS COURT ACTIVITIES

- (Modified with restrictions on numbers and social distancing) Tennis Court Attendants
- Youth Tennis Lessons:** Wed. & Fri., 12:30-1:15 PM (Ages 5-6)
Tues. & Thurs. 1:00-2:00 PM (Ages 7-9)
Mon., 12:30-1:30 pm & Thurs., 2:00-3:00 PM (Ages 10 & over)
 - Junior Tennis GVS:** (ground stroke, volley, smash)
Mon., Wed. & Fri., 6:00-7:30 PM (Ages 11-18)
 - Adult Tennis Round Robin:** Mon. & Fri., 11:00 AM-12:30 PM
 - Adult GVS:** Tues., Thurs. & Saturdays 11:30 AM-1:00 PM
 - Family Tennis:** Tues. & Thurs., July 6:15-7:15 PM / August 6:00-7:00 PM
 - 10 & Under GVS:** Tues. & Thurs., July 6:15-7:15 PM / August 6:00-7:00 PM

VICTORIA BEACH CLUB SPECIAL ACTIVITIES 2020

Masters Tennis Tournament	Sat., Sun., July 11,12	All Day	Tennis Courts	Bill and Jane Turk & Carol Forsythe
Girls Tennis Day	Tues., July 14	3:00-5:15 PM	Tennis Courts	Natasha Blair, Meagan Strome & Angela Earl
Kirbyson Adult Doubles Tennis Clinic	Wed., July 15	2:00-5:00 PM	Tennis Courts	Geoff Kirbyson
Teen Event	Wed., July 15	9:00 PM	Village Green Stage	Rec Staff
200 Metre Open Swim	Sat., July 18	2:00 PM	Pier	Edwards Family & Swim Instructors
Fishing Derby	Sun., July 19	9:00-11:00 AM	Pier	TBD & Rec Staff
Teen Fishing Derby	Mon., July 20	8:00-10:00 PM	Pier	Rec Staff
Robert Kennedy Tennis Lessons	Tues., July 21	2:00-5:00 PM	Tennis Courts	Robert Kennedy
Teen Event	Wed., July 22	9:00 PM	Village Green Stage	Rec Staff
Junior Tennis Tournament	Wed., Thurs., July 22, 23	All Day	Tennis Courts	Kim and Kevin Goetz, Mike Bru, Jenny Hasenack Bru, Kerra & Adrian Frost
800 Metre Open Swim	Sat., July 25	2:00 PM	Pier	Edwards Family & Swim Instructors
Teen Scavenger Hunt	Wed., July 29	9:00-11:00 PM	Village Green Stage	Rec Staff
Seniors Tennis Tournament	Sat., Sun., Mon., Aug 1,2,3	All Day	Tennis Courts	John Blair & John Heppenstall
VB Club Raffle	Sat., Aug 1	10:00 AM-4:00 PM	Village Green	Suzy Blunderfield & Shannon Bowden
VB Rookie Mini Tennis Tournament	Wed., Aug 5	2:00-5:00 PM	Tennis Courts	Robert Kennedy & Tennis Staff
Teen Event	Wed., Aug 5	9:00 PM	Village Green Stage	Rec Staff
Junior Golf Tournament	Thurs., Aug 6		Golf Course	Adam & Ed Boge
Teen Windup Extravaganza	Wed., Aug 12	9:00-11:00 PM	Village Green Stage	Rec Staff
VB Annual Meeting	Sun., Aug 16	11:00 AM	Clubhouse	Suzy Blunderfield
Novelty Tennis Tournament	Sat., Sun., Aug 15,16	All Day	Tennis Courts	Frank Manning

VB Club Rec Program Changes



Crafts - Tuesdays

Will now run in the Clubhouse from noon till 2. Number will be capped to accommodate social distancing recommendations. If we reach capacity, additional children will be permitted to enter as others finish up and leave the building.

Movies - Tuesday/Thursday

Will run in the Clubhouse with a maximum of 50. Same movie will be run twice in the evening at 6pm and 8pm with groups split by age. More details will be provided in the Herald.

VB Club Calendar Addendums



Beach Events

July 5, 2020
Rec staff managed. Stations spaced to minimize crowds.

Sports Day

July 11, 2020
Two timeslots based on age.
No egg toss or balloon bum break relay.

Sandcastle Building Contest

July 12, 2020
Stations will be well spaced out.

Volleyball Tournament

July 25, 2020
Check for details in Herald

Masquerade

July 25, 2020
Check for details in Herald

Volunteer Appreciation

August 7, 2020
Check for details in Herald

Cross Country Run

August 8, 2020
Check for details in Herald

Victoria Beach Club BOARD

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Suzy Blunderfield

PRESIDENT
Suzy Blunderfield
204-292-0397

VICE PRESIDENT
Heather Turzak
(204) 509-6164

SECRETARY
Doug Stewart
(204) 612-5556

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Dave Wilson
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DIRECTOR AT LARGE
Shannon Bowden

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Yvette Wilson

SPECIAL EVENTS
Cathy Bizruchak

SWIMMING
Lori & Greg Edwards

TENNIS
Allan Morrish
Dana Plett



President's Message

Hi, my name is Doug Stewart and I am the new VB Club Secretary. By way of background, I am a third generation VBer and have been coming out here my whole life. I have a wife and two little kids and we take full advantage of all of what VB has to offer, including many of the activities put on by the VB Club. So, when Suzy asked me to join the VB Club Board, I was happy to say yes so that I could give a little bit back to this place that we all love so much.

The COVID-19 pandemic has made the job of the VB Club much more difficult and time consuming this year. We have tried to put on as many of the normal VB events as possible given the social distancing and other restrictions imposed on us. We have also had to adjust how we put on many of our events, so please be patient and follow all the various guidelines and requirements for participation. Also, please regularly consult the VB Club website and other social media for updates regarding VB Club events.

If you would like to support the VB Club, please buy a membership and/or consider making a donation to the Club. Our revenues will be down significantly this year since we are not holding the Flea Market or the 30+ Dance, among other events. You could take the money you would have blown at those two events and donate it to the Club!

Happy summer everyone!

About the Victoria Beach Herald

One of the longest continuously publishing community newspapers in Canada, now in our 95th year, the Victoria Beach Herald is a service of the Victoria Beach Club. The Herald prints nine issues each summer on Fridays from late June to mid-August. The Herald welcomes submissions from readers focused on family events, beach happenings, community issues, etc. Letters to the Editor are always welcome: they must be signed with the author's name and be written with the understanding that many people read the Herald, including youngsters.

Submissions should be sent via email to vbherald@shaw.ca. Those without access to email can place written submissions in the VB Herald mailbox behind the cash counter at the Victoria Beach General Store. Submission deadline is 4PM Fridays with the exception of VB Club event convenor submissions for events occurring on weekend days.

To support pandemic safety measures, the Herald is now available via newspaper boxes placed outdoors at the Parking Lot, the Golf Course, and the Village Green.

Editor

VB Sandcastle Building Contest 2020

Sunday, July 12th from 10am-12pm

This year's Sandcastle building contest will be running on Sunday, July 12th at Clubhouse Beach. There are some necessary changes, but the event will remain a fun and creative activity for people of all ages. We ask that participants organize themselves in "family groups" since you will likely be working close together. Now is the time to begin planning and refining your building techniques. Although there won't be any official judging or categories as in previous years, I know we'll see some original and clever structures.

On the day of the event, groups may email their names and any photos of their sandcastle creations for recognition in the VB Herald to Maggie at magselm@gmail.com.

See you on the beach! Rec Staff

RMVB Police Board Meeting

The RMVB Police Board will be meeting on July 14, 2020. Unfortunately, due to COVID-19 the Public will not be able to attend. If you have an issue/concern you wish to share with the Board you may do so by submitting it to rmvbpb@hotmail.com, by dropping it into the mailbox outside of the RMVB Police Office or by communicating with any of the Board members, John Gow, Al Rear or Mike Bartmanovich. You will receive a written response from the Board so please include your email or postal address in your submission.



VB Country Market

WOW – It's sure been hot days at the VB Country Market this year.

The market is located on Highway 59N and Ateah Road in the parking lot of the Victoria Beach Community Centre. The market runs until Saturday September 5. The hours are 10:00 am to 1:00 pm.

We have a variety of vendors with many new ones joining us each week. The Country Market has found a new HONEY vendor thanks to Carmen who sells Norwex. We are welcoming Golden Bay Honey from Beausejour to the market on July 4th.

The COVID protocols remain in place with sanitization stations at the entrance and exit and within the market. Thank you to all vendors and customers for cooperation during these times.

The Victoria Beach Community Centre will also be open for breakfast from 9:00 am to Noon. Please join us.

For more information, contact Carol Bartmanovich at vbcountrymarket@gmail.com.

See you at the VB Country Market.



Quadrant is a proud supporter of the Bike to the Beach fundraiser, in support of the Lake Winnipeg Foundation.

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IG WEALTH MANAGEMENT

Time at the cottage with family has never been so important, take care, stay safe and enjoy the summer!

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- Cash Flow Management
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FAMILY FITNESS



Whether you have a stroller or a child/children, all ages are welcome to Family Fitness! This workout is also for individuals who just want a 30 minute workout at 10am or for regular boot campers who wish to stay and do MORE! No equipment this year because of Covid-19 and we will spread out for everyone's safety.

I hope to see you at my Bootcamp classes this summer!! For more information please call or text Julie McPetrie #204-979-2707

Where: Village Green (by train)

Time: 10-10:30am

(classes may be subject to change due to my work schedule in the city this year so please check out the VB Herald weekly, VB Instagram or text to confirm at 204-979-2707)

When: July 1, 3, 6, 8, 10, 13, 15, 17, 20, 27, 31

August 3,5,7,10,12,14

As it is with any VB activity the classes are free with membership or day pass. Please wear your wristbands!

Julie McPetrie, CFC, BA Kinesiology



Back by popular demand ☺ YOU make these classes a success! Are you ready for a challenge? No equipment this year because of COVID-19 and we will spread out for everyone's safety.

I hope to see you at my Bootcamp classes this summer!! For more information please call or text Julie McPetrie #204-979-2707

Where: Village Green (by train)

Time: 9:15am-10am

(Classes may be subject to change due to my work schedule in the city this year so please check out the VB Herald weekly, VB Instagram or text to confirm at 204-979-2707)

When: July 1, 3, 6, 8, 10, 13, 15, 17, 20, 22, 24, 27, 29, 31

August 3,5,7,10,12,14

As it is with any VB activity the classes are free with membership or day pass. Please wear your wristbands! Minimum age is 13 years old to attend regular bootcamp.

Julie McPetrie, CFC, BA Kinesiology

Rural Municipality of Victoria Beach

Reeve: Penny McMorris

Councillors: Graham Randle, Mike Bartmanovich, Steve Axworthy, Irwin Kumka

CAO: Raymond Moreau, 705-1661 Portage Ave, Winnipeg Phone: 204-774-4263

Toll Free: 1-800-513-3839 (MB only) Fax: 204-774-9834

Chief Police Constable: Gary Clarke 204-756-2322

Public Works Lead Hand: Trevor Halgren 204-756-2286

Public Works (after hours emergency): 204-756-2568

Building Inspector: Curtis Beaudoin Wpg Cell 204-291-8207

Website: www.rmofvictoriabeach.ca

Email: vicbeach@mymts.net

PLEASE PRACTICE WATER SAFETY AT ALL TIMES. PREVENT FIRES - TAKE CARE
PLEASE STAY OFF THE BANKS & EXERCISE EXTREME CAUTION ON LAKEFRONT PATHS

2020 Victoria Beach Golf Course Rates

MEMBERSHIPS:	Seasonal	Monthly	Two Weeks
Adult Couple	\$ 620.00	\$ 335.00	\$ 250.00
Single Adult	\$ 345.00	\$ 220.00	\$ 130.00
Junior - 13 to 17	\$ 185.00	\$ 120.00	\$ 115.00
12 & under	\$ 130.00	\$ 90.00	\$ 75.00

GREEN FEES: 9 holes Weekdays - \$ 15.00 Weekends - \$ 17.00
Children (12 & Under) - Weekdays \$7.00/round Weekends \$10.00/round

LOCKERS:	Lower Locked	Lower Open	Upper Open
Seasonal	\$ 40.00	\$ 30.00	\$ 25.00
Monthly	\$ 35.00	\$ 30.00	\$ 20.00
Daily	\$ 5.00		

All above fees / memberships include GST. Children 12 & under may not tee off Saturday, Sunday or Holidays until after 10:00 am and must be accompanied by an adult. Small tournaments welcome. Gift Certificates & Debit Payment available. Golfers can drive into the golf course May, June, September & October.

RMVB Garbage Pickup Summer Schedule

Door-to-Door pick-up is as follows (June 29 to Sept. 9, 2020):

MONDAY - Albert Beach, all areas south of Arthur Road and west of Ateah Road, including Ateah Road

TUESDAY - All avenues in Restricted Area north of Arthur Road including Sunset Boulevard

WEDNESDAY - Municipal garbage enclosures in all areas.

Garbage is to be placed in garbage bags and left in containers (preferably bear-resistant ones). Containers are to be placed in the front yard - not on the road allowance - by no later than 8:30 am. PICK-UP IS FOR HOUSEHOLD GARBAGE ONLY.

TRAVERSE BAY LANDFILL: PTH#11 - 3 miles east of PTH#11 & #59 intersection. Summer Hours OPEN DAILY - 9 am to 5 pm.

A pass is required, they can be picked up at the gate, public works, or the municipal office.

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Choose your Adventure: Bike Tours of Victoria Beach

As you may be aware, The annual Victoria Beach & District Walk for Water is not taking place this summer as an important educational event and critical fundraiser for the Lake Winnipeg Foundation. In its place, Lake Winnipeg residents and cottagers have been challenged to seek out creative ways to show appreciation and concern for the health of Lake Winnipeg.

To meet this challenge, we are offering Bike Tours of Victoria Beach. To respect the need to social distance, we will be offering bike tours limited to 15 people. You can choose among three topics; "Building the Beach"; "Leisure and Recreation"; and "Forgotten Places and Personalities". Tours take place on Sunday mornings at 10 am beginning on July 11, starting at the Village Green Bandstand and lasting approximately 2 hours. If there is a strong demand, we can look at other potential dates for your family or friends.

These tours are offered to raise money for Lake Winnipeg Foundation. The cost is \$15 per person with all funds received going to support their ongoing programs and advocacy work. You can either pay us on the day of your tour or make a donation directly to the Lake Winnipeg Foundation. To register for a tour please e-mail Greg Thomas at : gregeghthomas@gmail.com. The "Building the Beach" Tour will be offered July 11, the "Leisure and Recreation Tour" on July 18 and "Forgotten Places and Personalities" on July 25.

Sheila Grover and Greg Thomas

VBPS...APB

Greetings to you all. The Victoria Beach Police has a new FB page, feel free to join us! We have posted some items we have for sale this year! These include yeti mugs, t-shirts, and sweatshirts.

Some interesting stats for June include:

Number of calls for service: 140 including Arrest Warrants, COVID checks, Fraud, Impaired driving offences and Mischief to name a few.

Number of Provincial Offence Notices issued: 21

Number of Parking tickets issued: 20

A friendly reminder that we have a dog bylaw officer: Dwight Legall 1-204-340-6207. No dogs should be off leash within the R.M., nor should they be on any of our beaches from 10 am to 8 pm.

Be COVID careful in cottage country. Provincial protocols require citizens from out of province or country to self-isolate for 14 days.

The Victoria Beach Police Service will continue to serve and protect all within the R.M. of Victoria Beach. Safety is our primary objective and we encourage people to call and report all incidents.

Thank you, merci and miigwech,

Chief Clarke

VB Police Service

2020 Junior Tennis Tournament

Wednesday and Thursday, July 22nd and July 23rd

VB Jr. Tennis Tournament is a go for 2020 and will be fun to enter! Which events will you play in this year?

Ask someone to be your doubles partner and/or coax your mom, dad, aunt or relative to play in the parent-child event. New this year for the Parent-Child Recreation category we will use Junior Tennis balls and participants will be in a 2 match Round Robin without an Overall winner.

Also new this year we will be having prize draws for the participants.

Thanks to our sponsors - Adrian Frost and Thompson Dorfman Sweatman LLP, Lisa Zelistra and Kick It Studios, Kevin McIntyre, Tom Aldridge and IG Wealth Management and Yonex Canada.

Great sportsmanship is based on fairness, respect, positive attitude, and perseverance. Players who demonstrate these attributes during the tournament will be entered into a draw to win Yonex Tennis backpacks.

You may register in a Total of 3 events from the following categories: Singles, Doubles, Mixed Doubles and Parent-Child.

SINGLES

Girls 12 & under	Boys 12 & under (2008+)
Girls 14 & under	Boys 14 & under (2006+)
Girls 16 & under	Boys 16 & under (2004+)
Girls 18 & under	Boys 18 & under (2002+)

DOUBLES

Girls 12 & under	Boys 12 & under (2008+)
Girls 14 & under	Boys 14 & under (2006+)
Girls 18 & under	Boys 18 & under (2002+)

MIXED DOUBLES

12 & under	(2008+)
14 & under	(2006+)
18 & under	(2002+)

PARENT-CHILD

Recreational Round Robin

Competitive

Triple Crown Award will go to a player who wins The Singles, Doubles and Mixed Doubles Events.

IMPORTANT SIGN UP INFORMATION: Tournament sign-up sheets will be posted at the tennis courts on Thursday, July 16th and taken down on Sunday, July 21st at NOON.

You will need to have a phone number when you sign up so we can reach you for the tournament. The draw will be posted at the tennis courts and Tweeted out @vbtennisclub on Tuesday, July 21st no later than 6pm. **COST: \$5.00 per event needs to be paid before your first match.**

VB Jr. Tennis Tournament Convenors Jenny Hasenack Bru, Mike Bru, Kim and Kevin Goetz, Karra Mruss and Adrian Frost

See you at the courts!



Membership News

Membership Blitz 2020 is complete...and went fairly well if I say so myself. It was definitely a team effort and want to thank Keri Wersh and Heather Turzak for their help manning the table with me, and of course to my husband Dave (who yes is also the treasurer) who set up the "Square" for payment and was a godsend when it came to the online registration system, and together we were able to make thorough

lists and make sure no beach family was missed. Also a huge thank you to Terry Davison, who was the creator and continues to be our lifeline for the online platform!!

Of course, there were a couple little hiccups, and with Canada Day in the middle of the week, playing havoc with pickups, it contributed to valuable lessons learned by me which will assist in moving forward for next year; but

with the COVID cloud hanging over our heads, I want to tell all of you how I appreciated everyone being proactive and purchasing their memberships online. Last year at this time we had sold 173 online membership and 243 tennis tags. This year we sold 349 memberships and 524 tennis tags with only 32 in person ...INCREDIBLE!! This is so great for so many reasons, especially for Dave, where he doesn't have to carry \$35,000 to the bank in a disguise :).

So now what ...rest of the summer ...and memberships...here are the deets!

Membership Sales-Post Blitz

1. On-line Membership-this will continue to be an option, for at least for a couple of weeks. Please give at least 48 hours' notice for the packages to put together and made available for pickup in the library. All memberships that were ordered prior to July 4, 2020, and not picked up, will be also available at the Library during their hours of operations.

2. Tennis Courts - memberships can be purchased, includes tennis tags (of course), yoga, and DAY PASSES. **Square is available for payment in addition to cash and cheque**

3. Library-memberships, no tennis tags (pink receipt can be taken to tennis kiosk to purchase tags)

4. Swimming Dock during 9-10 everyday-Same as Library

Any questions, please don't hesitate to contact me

Yvette Matousek-Wilson
204-782-3484
yvtadv@mymts.net

COVID-19 NOVEL CORONAVIRUS INFORMATION FOR COTTAGE OWNERS

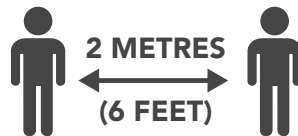
May 12, 2020

Public health officials advise Manitobans to stay home as much as possible to prevent the spread of COVID-19. When people do go out, they should take steps to maintain social distancing.

If you must travel to your cottage or second residence, follow these guidelines:

- **Do not travel** if you or any of your family members require medical care or have symptoms of COVID-19 (fever, cough, runny nose, sore throat, shortness of breath or difficulty breathing). If you have any symptoms, use the screening tool at: www.sharedhealthmb.ca/covid19/screening-tool/ before you travel to see if you need to be tested.
- If you or anyone with you begins to feel ill or experiences COVID-19 symptoms, **return home immediately.**
- **Do not use** local health providers, unless it is an emergency.
- In the event of a medical emergency requiring evacuation, be sure you can contact local authorities. Emergency contact information varies by region. Ensure you collect and take that information with you before you leave home.
- Public officials have advised people not to travel outside Manitoba, with some exceptions. These rules apply only to travel in Manitoba. Authorities in other provinces control restrictions in those provinces.

For information on any travel restrictions or public health orders in place, visit www.manitoba.ca/covid19



- › Travel with immediate family members who live with you.
- › Do not visit others outside of your immediate family.
- › Maintain a two-metre distance from all non-family members.
- › Wash your hands frequently and thoroughly.
- › Take required prescription drugs and medical supplies.
- › Use local restaurant patios and shop at local businesses, but use curbside or pick-up services where available.
- › Avoid tasks that may result in injury

Eight at the Gate

8 at the Gate circa 2014! Why we Ride.



Because it is fun! Beer. Einfeld's cinnamon buns.
 Riding is a great anti-depressant and weight loss pill combined.
 Don't have to keep score or book tee times.
 We ride faster than mosquitoes.
 Don't have to listen to the spin instructor's music choices.
 Riding with a great group of people. Did I mention beer?
 Because injured runners need a place to hang out for a while
 Because I want to prove you're never too old to learn a new sport
 Stay in shape and enjoy the beautiful VB scenery
 I ride for physical fitness and I enjoy it
 Beating a teenager on a sprint and then having his mom pass me on the next climb
 We ride every morning at 08:00 as it says on the shirt. We welcome new riders.
 Call Bob Marshall VB land line 204 756-8255, Cell 204 261-4292 email jmarsha@mymts.net, Face Book, "eightatthegate".

Landline at the lake?
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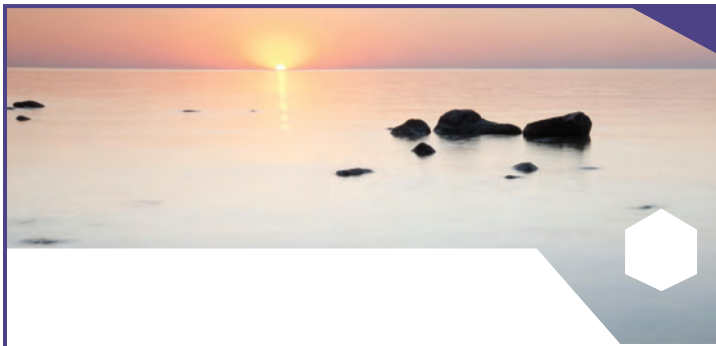
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THE MASTERS TENNIS TOURNAMENT

Yes! We are running the Masters Tennis Tournament!
There will be a few changes this year. The first is that we have moved up one weekend and it will be on Saturday July 11, and Sunday July 12. The other changes are about social distancing which we will be politely reminding everyone to follow. The most important is not congregating between the courts and near the court attendant. Come and pay for your events, check in and find out what court you will likely be on and then move off into a less congested space.
To play in the tournament you must first obtain a VB Club membership (\$ 50 per family) and a tennis membership (\$15/ person). Registration is \$5 per event and a maximum of three events per player.

Reminder to all of Last year’s winners, please return the trophies to the tennis kiosk the weekend of the tournament.
Sign-up sheets will be posted on Friday July 3 and removed on Thursday July 9 by 5 pm. Draws will be posted on Friday July 10. We are looking forward to seeing everyone at the courts!
JANE AND BILL TURK (403) 818-8788, (403) 804-6523

Itching to get out? Scratch these instead!



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Lake Winnipeg Foundation: Summer Art Auction

The annual Victoria Beach & District Walk for Water has been postponed for this year. To help ensure the safety of everyone involved, the walk will be replaced by a virtual "... for Lake Winnipeg" summer campaign throughout July and August. Individuals and families can participate by turning their favourite summer activity into support for Lake Winnipeg – whether it be to express their love of the lake, raise awareness about the importance and health of Lake Winnipeg, raise money, or to donate if able.

As part of this campaign (and thanks to the generosity of many local, lake-loving artists) we are hosting "Bid ... for Lake Winnipeg", an online art auction from July 13 - August 7, 2020

What to expect

The auction features a range of artwork by local artists living on or near Lake Winnipeg, who are inspired by the beauty of the lake and our natural surroundings. All proceeds go to LWF to support a healthy Lake Winnipeg – a win-win!

- We have something for everyone! A mix of mediums and styles – oil painting, pottery, photography, linocuts, and even an artisan paddle. The auction also includes pieces ranging in market value from under \$50, to a large framed photograph of Patricia Beach valued at \$1,000 (from William Pura's Lake Winnipeg exhibit).

- LWF can offer charitable receipts for a portion of winning bids, provided the bid is high enough (at least 125% of the market value).

The artwork

We are excited and grateful to feature local artists. To pique your interest, here are a few of our many participating artists and their contributions:

- **Henry Eric Bergman**, an accomplished artist and long-time cottage owner, created a series of six wood engraving plant prints in the 1940s. They are symbolic of a time before Lake Winnipeg was threatened. This year's auction features two of the six, the Wild Columbine and Wild Rose prints.

- **Jill Patrick** creates lovely wood-cut bathymetric lake maps as well as lakeside community maps. This Victoria Beach cottager has generously donated several of her pieces, including a Lake Winnipeg map and community maps of Sandy Bay, Victoria Beach, and Albert Beach.

- **Jane Gateson** has summered at Victoria Beach since she was 11. She has gifted the auction one of her oil/cold wax on Arches oil paper creations from her Victoria Beach studio. It features one of our beloved shoreline vistas, matted and framed.

- **Robin Jewers**, a Victoria Beach artist who supports LWF through the ongoing sale of her beautiful photo art cards, has donated two of

Continued on pg 12



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Kick off To Summer Party!
 July 10 9:00PM @Clubhouse

Fishing Derby Party on the Pier
 July 20 8:00 @ the Pier

Movie Nights
 9:00PM @Clubhouse
 July 15 August 5

Bonfire on the Beach
 July 22 9:00 PM @Clubhouse Beach

All those kids born in 2007 and earlier welcome!

2020 Teen Events!

Summer Wind Up Extravaganza!
 Aug 12 9:00PM @Clubhouse

Scavenger Hunt
 July 29 9:00PM @ Village Green Stage

her photos and a frame so folks can interchange them.

- **Mark Blieske** (Sunset Paddles), a long-time cottager at Grand Marais, has hand-crafted and painted a paddle specifically for this year's auction. The paddle features multiple different woods and his artistic depiction of a "Boreal Bison" representing where the prairie meets the forest.

- **Gail Bacosa-Puhawan** (Beautiful Mess Studios) has again contributed one of her framed Lake Winnipeg bathymetric paper-cutting maps.

- **Alan Lacovetsky** (Oak Hammock Pottery) has created and gifted a porcelain clay serving platter glazed with an image of "new growth." (It was wood-fired to 1200°C!)

How to bid

Visit lakewinnipegfoundation.org/artauktion2020 for details and a link to the online auction site.

- This auction is online only – photos, descriptions, and dimensions of all 18 pieces will be posted.

- Only the highest bidder wins and pays for the prize.

- Keep your eye on the prize (and the bids!) by checking the site often – bid as often as you want!

- We will notify the winners once the auction closes.

- Payment can be made easily and securely online using Paypal, or by cheque or credit card.

- Important note: We cannot ship the art. All winners must arrange to pick up their piece at LWF's downtown Winnipeg office.

The "Bid ...for Lake Winnipeg" auction opens on Monday, July 13 and runs until end of day Friday, August 7. Bid often to make sure you win the piece you love!

For more information on the "... for Lake Winnipeg" campaign, please visit lakewinnipegfoundation.org and keep a lookout for upcoming Herald articles on the amazing work LWF is doing to improve the health of Lake Winnipeg!

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Beach Events

A few images to capture the fun and frolic at Beach Events last Sunday. Many VB kids came out to have fun, cool down, and enjoy a hot Sunday morning.



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HOWDY VB KIDS!

Rec Program July 13-17

Please bear with us!
We are trying to
make this a great
summer while follow-
ing all the rules to
keep us all safe!

Arts & Crafts Decorated Pots

Tuesday at the Clubhouse
drop in between
12:30-2:00

45 allowed in at one time



Bike Hike

to
Lost Lagoon

We leave from the
Clubhouse at 10:00
Sharp Wednesday
You must have a
helmet to come!

SPORTS GROUND ACTIVITIES

Children's Games:
Mon. & Fri.
10:00-11:00 am (Ages 4-10)

Youth Sport:
Mon. & Fri.
10:00-11:00 am (Ages 10-14)

Family Games:
Mon. Wed. Fri.
7:30-8:30 pm

Golf Lessons

Tuesday: 10:00-10:45
am ages 6-11 at the
Sports Field

Thursday ages 12-16
5:30 pm at the
VB Golf Course

MOVIE NIGHTS- Tuesdays & Thursdays

2 Showtimes 6:00 & 8:30--45 kids allowed per showing
We encourage young children who require a parent /sitter to
please attend the 6:00PM Show



Tuesday July 14
Dora and the Lost City of Gold
PG | 102 Min

Thursday July 16
Dolittle
PG | 101 min



VB Ladies Golf Tournament 2020

Our VB Women's Golf Tournament coordinator's hearts couldn't be fuller due to the outpouring of support from our previous year's golfers and sponsors. The decision to cancel the 2020 tournament was a tough one, but a necessary one since we are unable to provide a gathering for our participants. We are also comforted knowing our East Beaches community is not being put in harms' way with the Novel Coronavirus, for that would be a burden we could not bear.

We want to do a special shout out to our past sponsors many of which are local retail businesses. It's these individuals and companies that have gone above and beyond. They are walking-the-walk of supporting our community. They support us for the good of the nonprofit and charity.

We also want to remain committed to our charitable endeavor of the tournament and encourage each and every one of you if possible to make a donation in honor of 'The Victoria Beach Ladies Golf Tournament' to our most recent benefactors found below as they too are suffering because of the Novel Coronavirus.

Manitoba Heart and Stroke Foundation

www.heartandstroke.ca

East Beaches Animal Shelter

Email them at ebasinformation@gmail.com

Victoria Beach Community Centre

<https://www.vbcommunitycentre.com/>

These organizations are rooted in commitment and passion to making our community a better place. We are all #StrongerTogether because of them and with our help we can ensure their commitment

to the community and all Manitobans remains healthy!

With grateful hearts – the 2020 VB Ladies Golf Tournament Committee

Laura Ateah Ruth Lindsey-Armstrong Stephanie Schultz
Melanie Charbonneau Patti Ulrich

Victoria Beach Cottagers Association Meeting

July 19 Sunday. @ The Victoria Beach Club, Pier Road (clubhouse).
11am - 1pm

This meeting is open to all in the **vehicle restricted area**.

Physical Distancing will be practiced. Please wear a mask. Issues of concern such as widening of the avenues, off road vehicles, garbage relocation etc. will be discussed.

Please refer to our web site vbcoa.ca and join our Facebook page.

Proposed revisions to the constitution will be on the agenda. The proposed name of the organization to be Victoria Beach Cottage Owners Association. Also, there will be a clarification of voting and non-voting membership. There are always issues that affect us directly. Please attend and give us your input!

THE VEHICLE RESTRICTED AREA IS SO IMPORTANT TO US ALL!

Please DO NOT be silent.



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Gramma Lynne's Garden

Thank you to all those kind folks who saw me toiling away last year and this, at 7th and Arthur and Birch and stopped to chat and say thanks. The bench in the garden has a plaque that reads "Here Sits Gramma Lynne 1932-2015". I want to thank the RMVB Council for being supportive of this idea and to Public Works for providing soil, mulch and a much-needed water source. And many thanks to Dianne Cameron for her support, enthusiasm, design input and finding the birch tree!

My mom, Lynne MacFarlane, loved Victoria Beach and she especially loved having kids and grandkids around. I thought it a fitting tribute to spruce up the area outside our cottage and I invite

all of you, as you pass by, to take a moment and sit on the bench. Contemplate how very lucky we are to be part of this community, especially in these very troubling times! And also to remember those dear departed souls who so loved this place.

The garden is a work in progress, and it is my fervent hope that every year it will just keep getting better and better. Thanks to the community for your support for "Gramma Lynne's Garden".

Shannon MacFarlane



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Victoria Beach Community Church – A Look Back The 1920s

Inter-denominational church services at Victoria Beach are almost as old as the Beach itself as a summer resort community, with the first services taking place in 1921 at J.H. Fall's Store (also known as the "Pioneer Store"). This was later followed by a change in location, to a tent at the corner of Arthur Road and Sixth Avenue, which the church used for services until the opening of the Clubhouse, in 1926.

The Victoria Beach News (later the Herald) has always reported on the activities of the Victoria Beach Community Church, beginning with the first issue of the News, published June 15, 1926. In that first issue, the News included the Community Church along with the Community Club, the annual Land and Water Carnival and the Natural History Club as all having as their object, "the highest welfare of the cottager and his family."

According to the News, the average attendance the previous summer (in 1925) was 269 congregants, with one service attracting an astounding 450 people. The offerings received in 1925 allowed the Church board to purchase a number of chairs for the Clubhouse. Services were conducted by visiting ministers representing various Protestant denominations, with singing led by the Victoria Beach Club Orchestra. These ministers were often joined by prominent soloists from Winnipeg churches in the 1920s.

The Community Church was viewed by the News in a very favourable light, describing the services in June 1926 as having a "remarkable leavening effect and the good which comes from them spreads throughout the entire Beach". In a later issue that summer, the News pronounced that the members of all denominations and creeds are "glad of the opportunity to 'start the week' aright".

In addition to reporting on who the presiding ministers and soloists were on a weekly basis, the size of the congregation, along with the offering 'take' was also reported in the Victoria Beach News. By the end of the 1926 season, the News reported that the Church Executive had decided to give the Victoria Beach Club all of the surplus collections received, which had previously paid for the purchase of 50 new chairs. The season' surplus amounted to \$75.00, which it was reported, would be sufficient to give the Clubhouse a "Baptism of Paint".

For the first time in almost a century of worship at Victoria Beach, the Community Church is unable to gather in 2020 due to provincial pandemic regulations and social distancing requirements. We hope to meet again in 2021, and you are most welcome to join us then! Have a wonderful Victoria Beach summer!

Parking Lot Update

Dear Victoria Beach Residents and Cottagers,
Welcome back to another summer in Victoria Beach. Due to COVID-19, we are facing a truly unprecedented situation this summer. Because of this, we have had to make some necessary changes to put the health and safety of our community first.

Below is some information about what you can expect when you arrive in Victoria Beach this summer:

1. Our employees are taking extra measures to guarantee the safety of all VB community members. This includes frequent hand washing, thorough cleaning and sanitization of office surfaces and taxi cabs, and COVID-19 screening before beginning work.
2. We have installed POS terminals in the parking lot office as well as in taxis. We are requesting that you pay with contactless credit/debit card when possible.
3. Taxi cabs are available, but the driver will be responsible for opening and closing doors and loading and unloading the cab. We are asking that all passengers limit touching surfaces in the cab. We have also installed protective screens between the front and back sections of the cab, and nobody will be permitted to sit in the front seat.
4. If a taxi is requested, you will be asked the mandatory COVID-19 questions to ensure the continued health and safety of our employees. We have a safety officer on staff this summer to deal with any questions or complaints.
5. For those who do not pass COVID-19 screening questions or are arriving from outside of Manitoba within the last 14 days, arrangements have been made for a taxi driver to escort them to their cabin and back to the lot. This service has a \$15 fee, based on a 20-minute service.

We ask for your patience and understanding as we make these necessary changes to keep our community safe. This is uncharted territory for everyone, and we are doing the best we can.

Thank you,
Kevin and Sandra Ateah
Victoria Beach Parking Lot



VB Girls' Tennis Tuesday, July 14th

Tennis games, friends and fun...
for girls 4-18 years old

3:00 – 3:45 (ages 4-7)

3:45 – 4:30 (ages 8-12)

4:30 – 5:15 (ages 13 -18)

*COVID-19 protocols in place

*Sign up in person at or call tennis kiosk
204-228-5466

VBTC News and Information

Adult Doubles Clinic with Geoff Kirbyson July 15th 2-5pm Sign up Required
Allan Morrish and Dana Plett
Tennis Convenors

Wow has it been hot. Mother Nature has been good to us I'd say. We're now into our second week of the Tennis season and again thanks to everyone for social distancing at the courts.

The following changes for our spectators will be in place for the Masters Tournament:

1. Benches at the Centre Court Area will be limited to tournament players and convenors and staff only.
2. Benches outside of Courts 4-6 will have markings for social distance requirements.
3. No bikes in the centre area please use the bike racks outside 4-6 or by the 4Ave Entrance.
4. Practice Social Distance while watching the event

Tennis is only a game your health and safety are not. Respect yourself, respect one another, be safe.

Special events this week:

Masters Tennis Tournament July 11-12 all day

Girls Tennis Day July 14th 3-5:15pm. Sign up required


Sailing

Shackleton sailed with 5 men in a jury rigged 20ft open skiff from the ice of Antarctica 800 miles to South Georgia Island only to sail back on a whaling ship and rescue every single last one of his men from peril. Moitessier, leading the first solo, nonstop, around the world race, decided after rounding the great capes to abandon the race and sail around again. VBYC's own Ron Ritsema circumnavigated Lake Winnipeg alone on a Laser. His son Jeremy Ritsema recently put the wings back on his Hobie Cat so he too can find out where the limits are and start from there. These sailors are out for discovery – not for conquest, competition, or accolades but for the discovery of what we are capable of. The discovery starts the first time one sheets in and feels the power of the sail. That sensation is common amongst all these great sailors and every sailor that has ever sailed. We can all sail. Let's sail.

Victoria Beach Club Tennis Calendar

Format of all events subject to change based on Public Health guidelines.

July 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 28	29 11:00-12:30 Adult RR ⁶ 12:30-1:30 10+ Lesson ³ 6:00-7:30 Junior GVS ³	30 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 6:15-7:15 Family Tennis & 10 and under GVS ²	1 11:30-12:15 5-6 Lesson ² Happy Canada Day!  6:00-7:30 Junior GVS ³	2 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 2:00-3:00 10+ Lessons ³ 2:00 – 5:00 Robert Kennedy Singles Clinic^{1/2} (sign-up required) 6:15-7:15 Family Tennis & 10 and under GVS ²	3 11:00-12:30 Adult RR ⁶ 12:30-1:15 5-6 Lesson ² 6:00-7:30 Junior GVS	4 11:30-1:00 Adult GVS ³
5	6 11:00-12:30 Adult RR ⁶ 12:30-1:30 10+ Lesson ³ 6:00-7:30 Junior GVS ³	7 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 2:00-5:00 VB Mini-Tourney Tournament³ (sign-up required) 6:15-7:15 Family Tennis & 10 and under GVS ²	8 11:30-12:15 5-6 Lesson ² 2:00 – 5:00 Kirbyson Junior Doubles clinic^{2/3} (sign-up required) 6:00-7:30 Junior GVS ³	9 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 2:00-3:00 10+ Lessons ³ 6:15-7:15 Family Tennis & 10 and under GVS ²	10 11:00-12:30 Adult RR ⁶ 12:30-1:15 5-6 Lesson ² 6:00-7:30 Junior GVS	11 Masters Tennis Tournament
Masters Tennis Tournament	13 11:00-12:30 Adult RR ⁶ 12:30-1:30 10+ Lesson ³ 6:00-7:30 Junior GVS ³	14 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 3:00-5:15 Girl's Tennis Day³ 6:15-7:15 Family Tennis & 10 and under GVS ²	15 11:30-12:15 5-6 Lesson ² 2:00 – 5:00 Kirbyson Adult Doubles Clinic^{2/3} (sign-up required) 6:00-7:30 Junior GVS ³	16 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 2:00-3:00 10+ Lessons ³ 6:15-7:15 Family Tennis & 10 and under GVS ²	17 11:00-12:30 Adult RR ⁶ 12:30-1:15 5-6 Lesson ² 6:00-7:30 Junior GVS	18 11:30-1:00 Adult GVS ³
19	20 11:00-12:30 Adult RR ⁶ 12:30-1:30 10+ Lesson ³ 6:00-7:30 Junior GVS ³	21 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 2:00 – 5:00 Robert Kennedy Tennis Clinic^{1/2} (sign-up required) 6:15-7:15 Family Tennis & 10 and under GVS ²	22 Junior Tennis Tournament	23 Junior Tennis Tournament	24 11:00-12:30 Adult RR ⁶ 12:30-1:15 5-6 Lesson ² 6:00-7:30 Junior GVS	25 11:30-1:00 Adult GVS ³
26	27 11:00-12:30 Adult RR ⁶ 12:30-1:30 10+ Lesson ³ 6:00-7:30 Junior GVS ³	28 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 6:15-7:15 Family Tennis & 10 and under GVS ²	29 11:30-12:15 5-6 Lesson ² 6:00-7:30 Junior GVS ³	30 11:30-1:00 Adult GVS ³ 1:00-2:00 7-9 Lessons ³ 2:00-3:00 10+ Lessons ³ 6:15-7:15 Family Tennis & 10 and under GVS ²	31 11:00-12:30 Adult RR ⁶ 12:30-1:15 5-6 Lesson ² 6:00-7:30 Junior GVS	Note: The superscript number ¹ following the event indicates the number of courts that will be used for the event.

The VB Club Raffle Needs Your Help!

COVID-19 has certainly changed up how we are doing things during summer 2020 and we are so grateful that we've been able to keep many activities on the schedule. However, two of the Club's major fundraisers, the Flea Market and 30+ Dance are not happening due to crowd limits. The good news is that the raffle is still on! In order to have the most successful raffle to help us to continue the excellent programming in 2021 and beyond ... we need your help. We are kindly asking for cash donations/e-transfers that we will use to purchase prizes. Cash donations work so well as we are able to purchase prizes we know are popular and your donation grows because people buy more raffle tickets to increase their odds of winning! Donating gift cards that we can add to or group with other prizes are also most welcome.

To keep things safe, we regret that we aren't able to accept any products or items that you wish to donate.

If you're able to help out with a cash/e-transfer or gift card donation, please contact one us!

Have a great summer!

VB Club Raffle Conveners

Suzu Blunderfield blundersuzu@gmail.com

Shannon Bowden bowden4@shaw.ca

Sports Day Saturday, July 11, 2020 10:00am – 12:00pm The Sports Field

Yes, we are still running the annual SPORTS DAY! However, slightly abbreviated. Please note the schedule changes this year to accommodate appropriate social distancing and crowd sizes.

Ages 10 and under will go from 10:00am – 11:00 am. Sprints start at 10:00 followed by the Modified Sack Race and then the Slow Bike Race.

Ages 11 and over will start at 11:00 with the Sprints followed by the Modified Sack Race and the Slow Bike Race.

Families are asked to stay in their family groupings and social distance as much as possible. Once your event has finished, we ask that you leave the sports field so that the next participants can get ready for their events.

Unfortunately, we will not be running the Family Relays, Egg Toss or Balloon Bum Break events.

Ice Cream will be available for all participants as usual.

SEE YOU AT THE SPORTS FIELD!!

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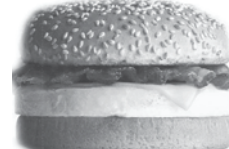





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Hey Swimmers...

Meet your Instructors for the 2020 Season!



Hi I'm **Duncan** and I'm happy to be back for another great year of VB swimming! I just finished my first year of Engineering at the University of Manitoba studying electrical engineering. I'm super excited to spend summer out at the lake smoldering in the sun and making memories. If you see me around VB come and say hi, I'm always happy to talk to you. See you all out at the dock!



Hi my name is **Finlay Gillis** but most people call me Finn, and this is my second year teaching swimming lessons at Victoria beach. I'm just finishing up with my first year of university at the U of M and I am looking forward to a summer of fun and safe swimming. If you happen to see me at some point during the summer feel free to say hi, I look forward to seeing some familiar faces as well as some new ones. Remember stay safe and I'll see you at the beach!



Hi there, I'm **Avery**, and I'm very excited to be back on the swim staff this year! I just finished my first year at the University of Manitoba in the faculty of Engineering and am going into the Mechanical department. If you ever see me around VB, always feel free to say Hi! I'm looking forward to seeing all the new and old faces down at the swim dock/beach for a great summer filled with games, sunny skies and lots of swimming fun!



Hi I'm **Blake**! After coming out of a solid year of school and I am super excited to be back again for another year of swimming lessons at VB! I will be starting my senior year of high school in the fall at Westwood Collegiate. I can't wait to spend summer relaxing, soaking up the sun and of course swimming! It's going to be a really great year for lessons and I hope to see you all at the dock!



Hi my name is **Kieran**. I just finished grade eleven at Kelvin high school. This will be my second year teaching at VB and I'm so excited to see you all again for another summer of swimming. Better hope the water's warm!



Hi! My name is **Matthew**, and I'm really excited to be a part of the VB swim staff this summer. I've just finished grade 11 in French Immersion at Vincent Massey Collegiate, and love playing basketball and spending summers at the beach. I'm hoping to make a lot of fun memories this year!





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VB YOGA

Summer Yoga is on!

We are moving Yoga back into the clubhouse!

Here's what you need to know...

- Please follow all of the covid-19 government and provincial health guidelines.
- Practice physical distancing at all times by keeping a distance of 2 meters apart when entering for class and when placing your mat down.
- Use the hand sanitizer provided when entering and exiting the clubhouse.
- The clubhouse washrooms will remain closed during classes, please go to the washroom before you come.
- Sanitize and bring your own mat to class.
- Please do any chatting/visiting outside before and after classes. We kindly ask that you exit the clubhouse right after class so we can wash the floors.
- The number of Yogis per class will be limited due to spacing, if we cannot fit you in for the 9am class we can reserve a spot for you in the following 10:45am class.
- To attend please wear your yellow yoga membership wristband or prepay for a \$5 day pass at the tennis courts.

Yoga Schedule

Monday - 2 classes: 9:00 - 10:15am & 10:45 - 12:00pm

Wednesday - 1 class: 10:00 - 11:30am

Friday - 2 classes: 9:00 - 10:15am & 10:45 - 12:00pm

Attention Swimmers! The 200m is Coming Soon!

Start stretching! Break out the goggles from quarantine! Meet us at the pier for the 200m swim on July 18th at 2:00. Registration will take place at 1:30. We know you will want to cheer on your loved one; however, we are asking that you find your spot on the pier and stay in your spot until the your swimmer is finished. We will have six lifeguards making sure your swimmer is safe.

See you on the 18th!

Lori and Greg

JULY
 FRI 10 - ASH: SLOW FLOW
 MON 13 - MACKENZIE: MODO
 WED 15 - PHIL: YIN/YANG
 FRI 17 - ADRIENNE: YIN/YANG
 MON 20 - KELLY: SLOW FLOW
 WED 22 - MACKENZIE: MODO
 FRI 24 - KEITH: MINDFULNESS
 MON 27 - ASH: SLOW FLOW
 WED 29 - NOAH: ALIGN FLOW
 FRI 31 - ADRIENNE: YIN/YANG

AUGUST
 MON 3 - ASH: SLOW FLOW
 WED 5 - NATASHA: SLOW FLOW
 FRI 7 - NOAH: ALIGN FLOW
 MON 10 - KELLY: SLOW FLOW
 WED 12 - NATASHA: SLOW FLOW
 FRI 14 - ALERRY: HATHA
 MON 17 - MACKENZIE: MODO

Library News

Hi VB!

We had a great first week at the library. There were so many people that came in to enjoy all of the new books that we have purchased for this summer! There will be a children's story time every Wednesday from 11 to 11:30, and a youth book club on Fridays from 12 to 1. Anyone from the age 10-13 is welcome to come to our youth book club. We hope to see you there!

Alexis and Molly

Special Events News

Welcome to Summer 2020 at Victoria Beach. I hope everyone has been well during these extremely challenging times of COVID-19. A couple messages from me, your special events coordinator. Things may look different this year due to the pandemic, but we have tried our best to bring you as many activities as we can in a safe manner. Calendars have been printed this year but as you can imagine things are rapidly changing.

Please go to Instagram, Facebook for announcements on any changes, additions or deletions of events/activities. I would like to thank all of our convenors for adapting to this new environment. Programming can't run without all the great volunteers, so if you're looking for something to do please consider volunteering. If you have any questions, please let me know. Take care and have a great and safe summer.

Your special events coordinator,

Cathy Bizruchak Cathybiz1969@gmail.com 204-960-5102

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NEED A HANDYMAN? For prompt, courteous and reliable help, call Mike's Handyman Service at 204-799-1703.

PRITCHARD ARTWEAR will be selling at the Country Market each Saturday - filter pocket masks, hoodies, t-shirts, jean jackets and various Victoria Beach themed clothing items and accessories. FB/Instagram Pritchard ArtWear or call 204 791 6624 for further information.

VINYASA FLOW YOGA - Thursdays 10 a.m.-11 a.m. at the Victoria Beach Community Centre (Hwy 59). Drop in \$10 (1/2 proceeds to VB sports club). Please bring your yoga mat, bolsters and blocks if you use them. NAMASTE

WORK WANTED - Need your newspapers delivered? If so call or text 204-384-6034. I also do errands and yard work.

GOLDEN BAY HONEY will be at the Victoria Beach Country Market all summer. Email Goldenbayhoney@gmail.com for preorders on honey or honey related products.



Aerobics & Total Body Conditioning Classes in the Village Green

DATE	INSTRUCTOR
July 2	Julie
July 7	Julie
July 9	Julie
July 14	Julie
July 16	Julie
July 21	Laurel
July 23	Laurel
July 28	Laurel
July 30	Laurel
August 4	Janice
August 6	Janice
August 11	Janice
August 13	Janice

Please bring your own tubing band, mat, towel and water!



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437 8th Ave SOLD \$219,950	13 Irving Dr\$25,000
Victoria Beach Non-Restricted Area	15 Mike Bay\$27,900
7 Ateah Rd.....\$234,900	19 Stucky Dr\$45,000
Wanasing Beach	24 David Rd\$25,000
22 Arthur Rd \$279,900	26 Evergreen\$49,900 (Bunkie & Drilled Well)
	5 Clearwater Cove\$32,500

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Council Corner

Hot enough for you? How many times have you heard that in the last couple of weeks?

It is hot, and we urge everyone to be sure to stay hydrated when out in the heat and watch out for signs of heat exhaustion and heat stroke.

We hope that everyone had a terrific Canada Day!

If you are planning on using the Alexander Landfill, located a few kilometres east on Highway 11, you'll need a Landfill Pass. All residents of VB are entitled to use the Landfill, and you can get a pass at the Gate Information Office.

Our Brushing contractor is having a tough go of it in this heat. They have managed to complete the cleanup in the VRA and are now working on other areas of the RM. A couple of crew members have suffered heat-related injuries, and so the crew will only work until noon on hot days. Thanks to everyone for your patience as the safety of the crew comes first!

Congratulations and thanks to all of our residents for following COVID protocols. Most facilities are open now to all, and this is due to patrons cooperating with COVID protocols put in place by businesses and events.

On that note, anyone arriving in VB who are coming from points outside of BC, AB, and SK to the west and Northwest Ontario to the east MUST self-isolate for 14 days. Please help to keep our businesses and venues open by employing this practice.

We know that dogs enjoy beach time as much as we do, BUT –

remember that dogs are NOT allowed on any beach between 10 am and 8 pm from June 1st thru Labour Day. It doesn't matter if they are leashed or not. Please make sure that your pets get their beach time before 10 am or after 8 pm, and they must be on leash at that time.

Now that curbside garbage pickup has begun for the summer, you'll be seeing the new bear-resistant garbage bins in yards on pick-up day. Details on the new bins can be found on the RM website (rmofvictoriabeach.ca), our Facebook page (RM of Victoria Beach), or by emailing Councillor Mike Bartmanovich at mbartmanovich@victoriabeach.ca.

Until next week, enjoy the fabulous weather, and Stay Safe!

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